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## Plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis (Review)

Simonetti RG, Perricone G, Nikolova D, Bjelakovic G, Gluud C

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[Intervention Review]

# Plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis

Rosa G Simonetti<sup>1</sup>, Giovanni Perricone<sup>2,3</sup>, Dimitrinka Nikolova<sup>4</sup>, Goran Bjelakovic<sup>5</sup>, Christian Gluud<sup>4</sup>

<sup>1</sup>Cochrane Hepato-Biliary Group, Copenhagen, Denmark. <sup>2</sup>S.C. Epatologia e Gastroenterologia, Azienda Socio-Sanitaria Territoriale Grande Ospedale Metropolitano Niguarda, Milan, Italy. <sup>3</sup>Liver Failure Group, UCL Institute for Liver and Digestive Health, UCL Medical School, Royal Free Hospital, London, UK. <sup>4</sup>Cochrane Hepato-Biliary Group, Copenhagen Trial Unit, Centre for Clinical Intervention Research, Department 7812, Rigshospitalet, Copenhagen University Hospital, Copenhagen, Denmark. <sup>5</sup>Department of Internal Medicine, Medical Faculty, University of Nis, Nis, Serbia

**Contact address:** Rosa G Simonetti, Cochrane Hepato-Biliary Group, Blegdamsvej 9, 7811, Copenhagen, 2100, Denmark. [simonettimarino@gmail.com](mailto:simonettimarino@gmail.com).

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## ABSTRACT

### Background

Plasma volume expanders are used in connection to paracentesis in people with cirrhosis to prevent reduction of effective plasma volume, which may trigger deleterious effect on haemodynamic balance, and increase morbidity and mortality. Albumin is considered the standard product against which no plasma expansion or other plasma expanders, e.g. other colloids (polygeline, dextrans, hydroxyethyl starch solutions, fresh frozen plasma), intravenous infusion of ascitic fluid, crystalloids, or mannitol have been compared. However, the benefits and harms of these plasma expanders are not fully clear.

### Objectives

To assess the benefits and harms of any plasma volume expanders such as albumin, other colloids (polygeline, dextrans, hydroxyethyl starch solutions, fresh frozen plasma), intravenous infusion of ascitic fluid, crystalloids, or mannitol versus no plasma volume expander or versus another plasma volume expander for paracentesis in people with cirrhosis and large ascites.

### Search methods

We searched the Cochrane Hepato-Biliary Group Controlled Trials Register, the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, Embase, LILACS, CNKI, VIP, Wanfang, Science Citation Index Expanded, and Conference Proceedings Citation Index until January 2019. Furthermore, we searched FDA, EMA, WHO (last search January 2019), [www.clinicaltrials.gov/](http://www.clinicaltrials.gov/), and [www.controlled-trials.com/](http://www.controlled-trials.com/) for ongoing trials.

### Selection criteria

Randomised clinical trials, no matter their design or year of publication, publication status, and language, assessing the use of any type of plasma expander versus placebo, no intervention, or a different plasma expander in connection with paracentesis for ascites in people with cirrhosis. We considered quasi-randomised, retrieved with the searches for randomised clinical trials only, for reports on harms.

### Data collection and analysis

We used standard methodological procedures expected by Cochrane. We calculated the risk ratio (RR) or mean difference (MD) using the fixed-effect model and the random-effects model meta-analyses, based on the intention-to-treat principle, whenever possible. If the

fixed-effect and random-effects models showed different results, then we made our conclusions based on the analysis with the highest P value (the more conservative result). We assessed risks of bias of the individual trials using predefined bias risk domains. We assessed the certainty of the evidence at an outcome level, using GRADE, and constructed 'Summary of Findings' tables for seven of our review outcomes.

### Main results

We identified 27 randomised clinical trials for inclusion in this review (24 published as full-text articles and 3 as abstracts). Five of the trials, with 271 participants, assessed plasma expanders (albumin in four trials and ascitic fluid in one trial) versus no plasma expander. The remaining 22 trials, with 1321 participants, assessed one type of plasma expander, i.e. dextran, hydroxyethyl starch, polygeline, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus another type of plasma expander, i.e. albumin in 20 of these trials and polygeline in one trial. Twenty-five trials provided data for quantitative meta-analysis. According to the Child-Pugh classification, most participants were at an intermediate to advanced stage of liver disease in the absence of hepatocellular carcinoma, recent gastrointestinal bleeding, infections, and hepatic encephalopathy. All trials were assessed as at overall high risk of bias. Ten trials seemed not to have been funded by industry; twelve trials were considered unclear about funding; and five trials were considered funded by industry or a for-profit institution.

We found no evidence of a difference in effect between plasma expansion versus no plasma expansion on mortality (RR 0.52, 95% CI 0.06 to 4.83; 248 participants; 4 trials; very low certainty); renal impairment (RR 0.32, 95% CI 0.02 to 5.88; 181 participants; 4 trials; very low certainty); other liver-related complications (RR 1.61, 95% CI 0.79 to 3.27; 248 participants; 4 trials; very low certainty); and non-serious adverse events (RR 1.04, 95% CI 0.32 to 3.40; 158 participants; 3 trials; very low certainty). Two of the trials stated that no serious adverse events occurred while the remaining trials did not report on this outcome. No trial reported data on health-related quality of life.

We found no evidence of a difference in effect between experimental plasma expanders versus albumin on mortality (RR 1.03, 95% CI 0.82 to 1.30; 1014 participants; 14 trials; very low certainty); serious adverse events (RR 0.89, 95% CI 0.10 to 8.30; 118 participants; 2 trials; very low certainty); renal impairment (RR 1.17, 95% CI 0.71 to 1.91; 1107 participants; 17 trials; very low certainty); other liver-related complications (RR 1.10, 95% CI 0.82 to 1.48; 1083 participants; 16 trials; very low certainty); and non-serious adverse events (RR 1.37, 95% CI 0.66 to 2.85; 977 participants; 14 trials; very low certainty). We found no data on health-related quality of life and refractory ascites.

### Authors' conclusions

Our systematic review and meta-analysis did not find any benefits or harms of plasma expanders versus no plasma expander or of one plasma expander such as polygeline, dextrans, hydroxyethyl starch, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus albumin on primary or secondary outcomes. The data originated from few, small, mostly short-term trials at high risks of systematic errors (bias) and high risks of random errors (play of chance). GRADE assessments concluded that the evidence was of very low certainty. Therefore, we can neither demonstrate or discard any benefit of plasma expansion versus no plasma expansion, and differences between one plasma expander versus another plasma expander.

Larger trials at low risks of bias are needed to assess the role of plasma expanders in connection with paracentesis. Such trials should be conducted according to the SPIRIT guidelines and reported according to the CONSORT guidelines.

## PLAIN LANGUAGE SUMMARY

### Plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis

#### Background

People with cirrhosis (scarring of the liver tissue) can accumulate fluid (ascites) in their abdomen which may be hard or impossible to treat with diuretics (drugs that increase urinary excretion of water and salt). Abdominal paracentesis, evacuation of fluid from the abdomen through a needle, can be done. Paracentesis can alter the equilibrium between circulation and the abdomen fluid and lead to renal dysfunction and alteration of the fluid balance. We studied if infusion of special fluids, so called plasma expanders, could stop these alterations and reduce complications and mortality.

#### Objective

To assess the benefits and harms of any intravenous fluid infusion (acting as plasma expansion) in people with cirrhosis and ascites treated by paracentesis.

#### Review methods and criteria

The evidence is current up to 22 January 2019.

This systematic review assessed the role of plasma expanders evaluated in 27 trials including 1592 participants. Four trials compared albumin and one trial compared intravenous ascitic fluid infusion versus no plasma expander. Twenty-one trials compared one plasma expander such as dextran, polygeline, hydroxyethyl starch, fresh frozen plasma, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus albumin. One trial compared intravenous ascitic fluid infusion versus polygeline. Primary outcomes were mortality due to

any cause; serious adverse events; and health-related quality of life. Secondary outcomes were refractory ascites (ascites that could not be treated medically); renal impairment; other complications due to liver cirrhosis such as gastrointestinal bleeding, hepatic encephalopathy (decline in brain function due to liver disease) or infections; and non-serious adverse events.

**Trial funding sources**

Ten trials seemed not to have been funded by industry; twelve trials were considered unclear about funding; and five trials were considered funded by industry or a for-profit institution.

**Key results**

Our systematic review could not show any benefit or harm of plasma expansion versus no plasma expansion or of one plasma expander like dextran, polygeline, hydroxyethyl starch, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus albumin on primary or secondary outcomes.

**Certainty of the evidence**

The data came from only few, small, mostly short-term trials, at high risks of systematic errors (bias) and high risks of random errors (play of chance). Accordingly, we concluded that the certainty of evidence for each of our prespecified review outcomes was very low.

## SUMMARY OF FINDINGS

**Summary of findings for the main comparison. Plasma expanders versus no plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis**

**Plasma expanders versus no plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis: primary and secondary outcomes**

**Patient or population:** cirrhotic participants with large ascites treated by paracentesis

**Settings:** specialised units in an intensive or semi-intensive setting

**Intervention:** plasma expander

**Comparison:** no plasma expander

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	No plasma expander	Plasma expander				
<b>All-cause mortality</b> mean follow-up 64 days (1-222)	<b>Medium risk population</b>		RR 0.52 (0.06 to 4.83)	248 (4)	⊕⊕⊕⊕ very low <sup>1</sup>	
	<b>180 per 1000</b>	<b>94 per 1000</b> (11 to 869)				
<b>Serious adverse events</b> mean follow-up 15 days (1-30)	<b>See comment</b>	<b>See comment</b>	<b>See comment</b>	108 (2)	⊕⊕⊕⊕ very low <sup>2</sup>	Two trials reported that no serious adverse events occurred
<b>Health-related quality of life</b>						No data provided in any of the six trials
<b>Refractory ascites</b>						No data provided in any of the six trials
<b>Other liver-related complications</b> mean follow-up 64 days (1-222)	<b>Medium risk population</b>		RR 1.61 (0.79 to 3.27)	248 (4)	⊕⊕⊕⊕ very low <sup>4</sup>	
	<b>90 per 1000</b>	<b>145 per 1000</b> (71 to 294)				



<b>Non-serious adverse events</b> mean follow-up 91 days (1-222)	<b>Medium risk population</b>		<b>RR 1.04</b> (0.32 to 3.4)	158 (3)	⊕⊕⊕⊕ very low <sup>5</sup>
	<b>62 per 1000</b>	<b>64 per 1000</b> (20 to 210)			

\* **Assumed risk** is the risk in comparison group. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio

GRADE Working Group grades of evidence

**High certainty:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low certainty:** We are very uncertain about the estimate.

1 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); heterogeneity: high heterogeneity (76%) (-1 level); imprecision: the required information size as calculated by GRADE was not reached (-1 level)

2 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: there were no events (-2 levels)

3 Downgraded 5 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); high heterogeneity (67%) (-1 level); imprecision: there were few events and the CI included appreciable benefit and harm (-2 levels)

4 Downgraded 3 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not met (-1 level)

5 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: there were few events and the CI included appreciable benefit and harm (-2 levels)

## Summary of findings 2. Other plasma expanders versus albumin for people with cirrhosis and large ascites treated with abdominal paracentesis

### Other plasma expanders versus albumin for people with cirrhosis and large ascites treated with abdominal paracentesis: primary and secondary outcomes

**Patient or population:** cirrhotic participants with large ascites treated by paracentesis

**Settings:** specialised units in an intensive or semi-intensive setting

**Intervention:** all plasma expanders except albumin

**Comparison:** albumin

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Albumin	Experimental plasma expanders				

<b>All-cause mortality</b> mean follow-up 208 days (3-638)	<b>Medium risk population</b>		RR 1.03 (0.82 to 1.30)	1014 (14)	⊕○○○ very low <sup>1</sup>
	<b>183 per 1000</b>	<b>188 per 1000</b> (150 to 238)			
<b>Serious adverse events</b> mean follow-up 93 days (6-180)	<b>Medium risk population</b>		RR 0.89 (0.10 to 8.30)	118 (2)	⊕○○○ very low <sup>2</sup>
	<b>18 per 1000</b>	<b>16 per 1000</b> (1.8 to 149)			
<b>Health-related quality of life</b>					No data provided in any of the 20 trials
<b>Refractory ascites</b>					No data provided in any of the 20 trials
<b>Renal impairment</b> mean follow-up 174 days (3-628)	<b>Medium risk population</b>		RR 1.17 (0.71 to 1.91)	1107 (17)	⊕○○○ very low <sup>3</sup>
	<b>49 per 1000</b>	<b>57 per 1000</b> (35 to 94)			
<b>Other liver-related complications</b> mean follow-up 147 days (3-638)	<b>Medium risk population</b>		RR 1.10 (0.82 to 1.48)	1083 (16)	⊕○○○ very low <sup>4</sup>
	<b>185 per 1000</b>	<b>203 per 1000</b> (152 to 274)			
<b>Non-serious adverse events</b> mean follow-up 194 days (3-638)	<b>Medium risk population</b>		RR 1.37 (0.66 to 2.85)	977 (14)	⊕○○○ very low <sup>5</sup>
	<b>25 per 1000</b>	<b>34 per 1000</b> (16 to 71)			

\* **Assumed risk** is the risk in comparison group. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio

GRADE Working Group grades of evidence

**High certainty:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low certainty:** We are very uncertain about the estimate.

- 1 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level); publication bias (-1 level)
- 2 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: there were few events and the CI included appreciable benefit and harm (-2 levels)
- 3 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level); publication bias (-1 level)
- 4 Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level); publication bias (-1 level)
- 5 Downgraded 3 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level).

## BACKGROUND

### Description of the condition

Ascites is associated with increased mortality in people with cirrhosis (D'Amico 1986; Salerno 1991; D'Amico 2006). Ascites is graded as mild, moderate, and large (AASLD 2009; AASLD 2012; EASL 2018). It has been shown that people with mild or moderate ascites respond positively to dietary sodium restriction and diuretics (Runyon 1998; AASLD 2009; AASLD 2012; EASL 2018). However, people with large ascites may have respiratory problems, in which case paracentesis is usually used to provide relief (Ginès 1987). Paracentesis can be partial, defined as repeated sessions of paracentesis, or total, when performed in one session (Titó 1990). Abdominal paracentesis seems to be associated with lower incidence of adverse events and quicker resolution compared with diuretic treatment (Ginès 1987). Moreover, repeated paracentesis is used in people with large ascites who are unresponsive to intensive diuretic treatment and dietary sodium restriction, or in those who experience adverse effects from these treatments (e.g. hypotension, hyponatraemia, hyperkalaemia, renal impairment, or hepatic encephalopathy). This type of ascites is defined as refractory (Arroyo 1996; Runyon 1998; Moore 2003; AASLD 2009; AASLD 2012; EASL 2018).

Paracentesis may induce hypovolaemia and haemodynamic changes with circulatory dysfunction which is expressed by a marked increase of the plasma renin activity in about 27% to 40% of the people undergoing paracentesis, as reported by Ruiz-del-Arbol 1997 and Vila 1998. This syndrome, referred to as post-paracentesis circulatory dysfunction (or paracentesis-induced circulatory dysfunction), may be associated with shorter time to readmission, and shorter survival (Ginès 1996), but it is not clear if its prevention would reduce morbidity and mortality.

### Description of the intervention

The intravenous infusion of fluids, acting as a plasma expander, could counterbalance the deleterious effects of paracentesis.

The results of haemodynamic (García-Compeán 1993; Luca 1995) and clinical studies (Ginès 1988; Ginès 1996) suggest that the risk of hypovolaemia and circulatory dysfunction may be reduced by the intravenous infusion of albumin. As albumin is expensive, volume expansion is also carried out by administering cheaper colloids (polygeline, dextrans, hydroxyethyl starch solutions, fresh frozen plasma), crystalloids, mannitol or by intravenous infusion of the removed ascitic fluid. The effects of these interventions have been compared with that of albumin in randomised clinical trials, but the results have been heterogeneous (Planas 1990; Smart 1990; Salerno 1991; Bruno 1992; Fassio 1992; Ginès 1996; Moreau 2006; Al Sebaey 2012).

### How the intervention might work

Paracentesis can increase arterial vasodilation in people with cirrhotic ascites, which may lead to reduced effective circulating plasma volume and may result in a reduction of arterial pressure and activation of the renin-angiotensin-aldosterone system (RAAS) as well as the sympathetic nervous system (SNS). This, in turn, may lead to increased sodium and water retention, and renal vasoconstriction (Ruiz-del-Arbol 1997; Saló 1997; Vila 1998).

Plasma expansion could prevent or improve the haemodynamic derangement induced by the paracentesis, by filling up the vascular system, and balancing the decreased vascular resistance - thus, preventing the subsequent activation of vasoconstrictive systems (Ginès 1988). The use of albumin is based on its effect on intravascular volume and also on its anti-inflammatory and vasoconstrictive properties (Garcia-Martinez 2013; Garcia-Tsao 2018).

### Why it is important to do this review

The benefits of albumin and other colloids have been questioned for a long time. Many randomised clinical trials have been conducted to assess the role of albumin or colloids in the intensive care setting, and several Cochrane systematic reviews have been published on this topic (Cochrane Injuries Group Albumin Reviewers 1998; Schierhout 1998a; Alderson 2002; Roberts 2011; Perel 2013; Lewis 2018). In the Cochrane review by Perel and colleagues, no benefit was found for colloids, including albumin, when compared with crystalloids for fluid resuscitation in critically ill people with trauma, burns, or following surgery. However, the review found evidence of increased mortality due to the use of hydroxyethyl starch (Perel 2013). These results are not consistent with results of two other systematic reviews (He 2015; Qureshi 2016). More recently, Lewis and colleagues updated the Perel 2013 review, excluding the participants scheduled for elective surgery, and the review authors confirmed that colloids compared with crystalloids for fluid replacement probably made little or no difference in mortality of critically ill people. The review authors did not find increased mortality due to hydroxyethyl starch solutions either (Lewis 2018). hydroxyethyl starch seems to increase mortality in people with severe sepsis, following the studies by Haase 2013, Haase 2014, and Perner 2014. These results continue to raise a debate, above all, on the use of albumin and other plasma expanders in intensive care patients (Bapat 1998; Beale 1998; Chalmers 1998; Corder 1998; Frame 1998; Goodman 1998; Gosling 1998; Kaag 1998; Lawler 1998; Makin 1998; McAnulty 1998; Nadel 1998; Nel 1998; Offringa 1998; Petros 1998; Riordan 1998; Roberts 1998; Schierhout 1998b; Shwe 1998; Soni 1998; Watts 1998; Wyncoll 1998; Roberts 1999; Hartog 2014; Haase 2014).

In patients with cirrhosis, albumin has been used with different results in connection with paracentesis (Ginès 1987; Ginès 1988; Titó 1990), or in connection with diuretics (Gentilini 1999; Romanelli 2006), or in people having spontaneous bacterial peritonitis, or other bacterial infections (Sort 1999; Guevara 2012; Kwok 2013; Salerno 2013; Thévenot 2015), or in patients with hepatorenal syndrome with or without the use of vasoconstrictors (Martín-Llahí 2008; Boyer 2016), or in patients with hyponatraemia (McCormick 1990; Jalan 2007; Bajaj 2018). Recently, an increased survival with long-term albumin administration was observed in a large open-label randomised trial including participants with decompensated cirrhosis and uncomplicated ascites treated by diuretics (Caraceni 2018) and in a non randomised study including cirrhotic participants with refractory ascites (Di Pascoli 2019). On the contrary, in participants with cirrhosis awaiting liver transplantation, treatment with albumin and midodrine neither prevented complications of cirrhosis nor improved survival (O'Brien 2018; Solà 2018). Conflicting opinions have been recently published on the use of albumin in this peculiar setting of patients (Bernardi 2019; O'Brien 2019).

A meta-analysis of randomised clinical trials of albumin for a series of indications including treatment of people with cirrhosis and tense ascites (probably comparable to large ascites) showed no effect on mortality (Wilkes 2001). Several other meta-analyses have followed, including only people with cirrhosis and large ascites (Wong 2008; Bernardi 2012; Wang 2015). In the meta-analyses of Bernardi and colleagues in paracentesis-treated people, albumin versus no treatment reduced post-paracentesis circulatory dysfunction and hyponatraemia, and albumin versus alternative treatments (other plasma-expanders and vasoconstrictors) reduced post-paracentesis circulatory dysfunction, hyponatraemia, and mortality. There was no reduction of other complications (Bernardi 2012). Similar results were obtained in the meta-analysis by Wang and colleagues, in which albumin was compared with other plasma expanders and with vasoconstrictors (Wang 2015). Wong and colleagues reported data on paracentesis performed with or without albumin, or another plasma expander, and they observed no consistent effect on morbidity or mortality between the interventions (Wong 2008). The latest meta-analysis, published by Kütting and colleagues, concluded that there was insufficient evidence of benefit on mortality due to albumin substitution in hepatocellular cancer-free cirrhotic participants undergoing large volume paracentesis (Kütting 2017).

Despite the conflicting conclusions of these systematic reviews, plasma expansion with albumin after large volume paracentesis is recommended in several guidelines (AASLD 2012; AISF 2016; EASL 2018) with a high grade of recommendations, referring to the Bernardi 2012 meta-analysis.

The current systematic review will not assess the benefits and harms of plasma expanders in cirrhotic patients for long-term administration or in people with spontaneous bacterial peritonitis or hepatorenal syndrome, or when used after paracentesis compared with diuretics, or transjugular intrahepatic portosystemic shunt (TIPS). Our objectives are described below.

## OBJECTIVES

To assess the benefits and harms of any plasma volume expanders such as albumin, other colloids, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus no plasma volume expander or versus another plasma volume expander for paracentesis in people with cirrhosis and large ascites.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

Randomised clinical trials examining plasma volume expanders administered in connection with abdominal paracentesis procedure in people with cirrhosis and large ascites. Trials could have been unpublished or published as full papers, abstracts, or poster presentations. We included trials irrespective of blinding, language, and date of publication. We considered quasi-randomised studies that were retrieved with the searches for randomised clinical trials for report on harms only, as uncommon adverse events are rarely captured in randomised clinical trials (Storebø 2018). We are aware that by using these selection methods we are putting more focus on benefits than on harms of these interventions.

#### Types of participants

Adults with liver cirrhosis and large ascites, either diuretic-responsive or refractory ascites. The diagnosis of cirrhosis could have been established by clinical and laboratory data, or liver histology. We excluded trials including people with cirrhosis having spontaneous bacterial peritonitis, acute-on-chronic liver failure (ACLF), or hepatocellular carcinoma, or people with prior surgical and para-surgical therapy (surgical large-caval anastomosis, liver transplantation, and transjugular intrahepatic portosystemic shunt (TIPS)).

Ascites is defined as refractory if it could not be mobilised, or the early recurrence of which could not be prevented because of a lack of response to sodium restriction and diuretic treatment (diuretic-resistant ascites), or because of development of diuretic-induced complications (e.g. hypotension, hepatic encephalopathy, functional renal impairment, hyponatraemia, etc.) that precluded the use of an effective diuretic dosage (diuretic-intractable ascites) (Arroyo 1996; Moore 2003). We recorded the definition of refractory ascites used in the trials if it differed from the provided definition above (Arroyo 1996; Moore 2003). We labelled 'trials without refractory ascites' those in which participants with refractory ascites were excluded or, if not clearly stated, those trials in which diuretic treatment had been reported until hospital admission, and the mean levels of blood urea, blood creatinine, and blood sodium were normal, because we expected that the proportion of refractory ascites, if present, was low.

#### Types of interventions

- Plasma volume expansion using albumin, other colloids, intravenous infusion of ascitic fluid, crystalloids, or mannitol versus no plasma volume expander (i.e. placebo or no intervention), administered in connection with paracentesis.
- Plasma volume expansion using one plasma volume expander versus another plasma volume expander, administered in connection with paracentesis.

We included randomised clinical trials with collateral interventions if used in the same way in the trial comparison groups.

#### Types of outcome measures

##### Primary outcomes

1. All-cause mortality at the end of the maximal follow-up.
2. Serious adverse events at the end of the maximal follow-up, excluding those for which definition of other liver-related complications could be applied (see below). We considered an event as a serious adverse event if it fulfilled the definition of serious adverse events of the International Conference on Harmonization (ICH) Guidelines (ICH 1997), that is, any event that leads to death, is life-threatening, requires inpatient hospitalisation or prolongation of existing hospitalisation, results in persistent or significant disability, congenital birth or anomaly, and any important medical event which may have jeopardised the patient or requires intervention to prevent it. We considered all other adverse events as non-serious.
3. Health-related quality of life as measured by the trials.

##### Secondary outcomes

1. Refractory ascites (see the definition above).



2. Renal impairment.
3. Other complications due to liver cirrhosis such as gastrointestinal bleeding, hepatic encephalopathy, or infections (which we defined as 'other liver-related complications'). This outcome did not include the outcomes listed under exploratory outcomes.
4. Non-serious adverse events.

#### Exploratory outcomes

1. Recurrence of ascites, defined as ascites that requires repeated paracentesis or hospitalisation, or both.
2. Hypotension as defined by the trial authors.
3. Hyponatraemia as defined by the trial authors.
4. Post-paracentesis circulatory dysfunction, defined as an increase in the plasma renin activity of more than 50 per cent of the pretreatment value to a level of more than 4 ng/mL/h on the sixth day after paracentesis (Ginès 1996).

### Search methods for identification of studies

#### Electronic searches

We identified relevant studies by searching the Cochrane Hepato-Biliary Group Controlled Trials Register (January 2019), the Cochrane Central Register of Controlled Trials (CENTRAL in the Cochrane Library, Issue 1, 2019), MEDLINE (1946 to January 2019), Embase (1974 to January 2019), LILACS (1982 to January 2019), three Chinese database including CNKI, VIP, and Wanfang (to August 2015), Science Citation Index Expanded (1900 to January 2019), and Conference Proceedings Citation Index (1990 to January 2019).

We also searched databases of ongoing trials ([www.clinicaltrials.gov/](http://www.clinicaltrials.gov/) and [www.controlled-trials.com/](http://www.controlled-trials.com/)) (with links to several databases). In addition, we searched the European Medicines Agency (EMA, [www.ema.europa.eu](http://www.ema.europa.eu)), US Food and Drug Administration (FDA, [www.fda.gov](http://www.fda.gov)), and the World Health Organization International Clinical Trials Registry Platform (ICTRP 2011) until January 2019. For detailed search strategies, see [Appendix 1](#). We did not apply any language or document type restrictions. We contacted authors of the included trials to request missing information.

#### Searching other resources

We checked references of included trials, meta-analyses, and other publications that were retrieved with the searches for randomised clinical trials in order to identify further trials of relevance to our review.

#### Data collection and analysis

We performed the systematic review and meta-analyses following recommendations of Cochrane (Higgins 2011), and the Cochrane Hepato-Biliary Group (Gluud 2015). In the case of cross-over trials, we included data only from the first period (Higgins 2011). We performed the analyses using Review Manager 5.3 (RevMan 2014) and Trial Sequential Analysis version 0.9 (Wetterslev 2008; Thorlund 2011; TSA 2011). We assessed the evidence according to recommendations from Jakobsen and colleagues (Jakobsen 2014).

#### Selection of studies

Two of the authors, RGS and GP, independently of each other, identified the trials for inclusion in accordance with the inclusion

criteria of the updated review protocol and listed the excluded studies with the reasons for their exclusion. RGS and GP resolved disagreements through discussions.

#### Data extraction and management

Two authors, RGS and GP, independently extracted data. We resolved disagreements by discussion. Data extraction encompassed:

- trial inclusion and exclusion criteria;
- the comparability between the groups randomised to alternative treatments regarding baseline prognostic variables: aetiology of cirrhosis; mean age; proportion of males/females; participants with Child-Pugh stages A, B, or C (Pugh 1973); proportion of participants with hepatic encephalopathy, with previous gastrointestinal bleeding episodes, with type of ascites (that is, large ascites: either diuretic-responsive, or refractory ascites), or with arterial hypotension; mean arterial pressure; renal impairment; hyponatraemia. Furthermore, we recorded plasma renin activity, plasma aldosterone levels, urinary sodium excretion, and information on liver biochemistry (serum bilirubin, albumin, and prothrombin time or international normalised ratio);
- treatments during the trial: type and dose of plasma expander, and timing of administration of plasma expander in connection to paracentesis; for intravenous infusion of ascitic fluid, whether or not the ascitic fluid was filtered and concentrated; type of paracentesis (partial or total paracentesis); total amount of ascitic fluid removed; length of the procedure; sodium restriction and diuretics (type and dose) before and after paracentesis; timing for clinical and laboratory assessment;
- sample size calculation performed and reported;
- completeness and length of follow-up of treatment groups and reasons for withdrawals;
- presence of, absence of or unknown for-profit support.

#### Assessment of risk of bias in included studies

Due to the risk of overestimation of beneficial intervention effects and underestimation of harmful intervention effects in randomised clinical trials at unclear risk of bias or at high risk of bias (Schulz 1995; Moher 1998; Kjaergard 2001; Wood 2008; Savović 2012a; Savović 2012b), we assessed the influence of the risk of bias on our results. We used the domains with definitions provided below to assess the risk of bias in the included trials (Higgins 2011; Gluud 2015).

#### Allocation sequence generation

- Low risk of bias: sequence generation was achieved using computer random number generation or a random number table. Drawing lots, tossing a coin, shuffling cards, and throwing dice are adequate if performed by an independent research assistant not otherwise involved in the trial.
- Unclear risk of bias: the method of sequence generation was not specified.
- High risk of bias: the sequence generation method was not random.

#### Allocation concealment

- Low risk of bias: the participant allocations could not have been foreseen in advance of, or during enrolment. Allocation was controlled by a central and independent randomisation unit. The allocation sequence was unknown to the investigators (for

example, if the allocation sequence was hidden in sequentially numbered, opaque, and sealed envelopes).

- Unclear risk of bias: the method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during enrolment.
- High risk of bias: the allocation sequence was likely to be known to the investigators who assigned the participants.

#### **Blinding of participants and personnel**

- Low risk of bias: any of the following: no blinding or incomplete blinding, but the review authors judge that the outcome is not likely to be influenced by lack of blinding; or blinding of participants and key study personnel ensured, and it is unlikely that the blinding could have been broken.
- Unclear risk of bias: any of the following: insufficient information to permit judgement of 'low risk' or 'high risk'; or the trial did not address this outcome.
- High risk of bias: any of the following: no blinding or incomplete blinding, and the outcome is likely to be influenced by lack of blinding; or blinding of key study participants and personnel attempted, but likely that the blinding could have been broken, and the outcome is likely to be influenced by lack of blinding.

#### **Blinding of outcome assessment**

- Low risk of bias: any of the following: no blinding of outcome assessment, but the review authors judge that the outcome measurement is not likely to be influenced by lack of blinding; or blinding of outcome assessment ensured, and unlikely that the blinding could have been broken.
- Unclear risk of bias: any of the following: insufficient information to permit judgement of 'low risk' or 'high risk'; or the trial did not address this outcome.
- High risk of bias: any of the following: no blinding of outcome assessment, and the outcome measurement is likely to be influenced by lack of blinding; or blinding of outcome assessment, but likely that the blinding could have been broken, and the outcome measurement is likely to be influenced by lack of blinding.

#### **Incomplete outcome data**

- Low risk of bias: missing data were unlikely to make treatment effects depart from plausible values. The study used sufficient methods, such as multiple imputation, to handle missing data.
- Unclear risk of bias: there was insufficient information to assess whether missing data in combination with the method used to handle missing data were likely to induce bias on the results.
- High risk of bias: the results were likely to be biased due to missing data.

#### **Selective outcome reporting**

- Low risk of bias: the trial reported the following predefined outcomes: all-cause mortality, serious adverse events, refractory ascites, renal impairment, other complications due to liver cirrhosis such as gastrointestinal bleeding, hepatic encephalopathy, or infections, and non-serious adverse events. If the original protocol was available, the outcomes should be those called for in that protocol. If the trial protocol was obtained from a trial registry (e.g. [www.clinicaltrials.gov](http://www.clinicaltrials.gov)), the outcomes

sought should have been those enumerated in the original protocol if the trial protocol was registered before or at the time when the trial was begun. If the trial protocol was registered after the trial was begun, those outcomes were not considered to be reliable.

- Unclear risk of bias: the study authors did not report all predefined outcomes fully, or it was not clear whether data on this outcomes were recorded or not.
- High risk of bias: the study authors did not report all-cause mortality or more secondary predefined outcomes.

#### **Other bias**

- Low risk of bias: the trial appeared to be free of other bias domains that could put it at risk of bias.
- Unclear risk of bias: the trial might or might not have been free of other domains that could have put it at risk of bias.
- High risk of bias: there are other factors in the trial that could put it at risk of bias.

RGS and GP judged a trial to be at an overall low risk of bias when the trial was assessed as having a low risk of bias in all the above domains. RGS and GP judged a trial to be at an overall high risk of bias when the trial was assessed as having an unclear risk of bias or a high risk of bias in one or more of the above domains.

RGS and GP resolved disagreements by discussion.

#### **Measures of treatment effect**

##### **Dichotomous outcomes**

We used the risk ratio (RR) with 95% CI. We used both fixed-effect and random-effects meta-analysis models.

##### **Continuous outcomes**

We planned to use the mean difference (MD) with 95% CI or the standard mean difference (SMD) with 95% CI, depending on whether the scales used in the trials were the same or different.

#### **Unit of analysis issues**

The participants as randomised to the intervention groups of the clinical trials. In trials with a two parallel group design, we compared the experimental intervention group versus the control group. In the trials with a parallel group design with more than two intervention groups, we compared separately each of the experimental groups with the control group divided proportionately according to number of experimental groups.

In cross-over trials, we only included the data from the first trial period in order avoid residual effects from the treatment ([Higgins 2011](#)). In order to avoid repeated observations on trial participants, we used participant trial data at the longest follow-up ([Higgins 2011](#)).

#### **Dealing with missing data**

We tried to obtain missing data from authors of the included trials. We investigated attrition bias (i.e. dropouts, losses to follow-up, and withdrawals). We performed our analyses based on the intention-to-treat principle, whenever possible.

Regarding the primary outcomes, we included participants with incomplete or missing data in sensitivity analyses by imputing them according to the following two extreme case scenarios ([Hollis 1999](#)):

- Extreme case analysis favouring the experimental intervention ('best-worst' case scenario): none of the dropouts/participants lost from the experimental arm, but all of the dropouts/participants lost from the control arm experienced the outcome, including all randomised participants in the denominator.
- Extreme case analysis favouring the control ('worst-best' case scenario): all dropouts/participants lost from the experimental arm, but none from the control arm experienced the outcome, including all randomised participants in the denominator.

### Assessment of heterogeneity

We checked for heterogeneity through visual inspection of the forest plots by using a standard  $\chi^2$  test and a significance level of  $\alpha = 0.1$ . In view of the low power of such tests, we also examined heterogeneity by using the  $I^2$  statistic (Higgins 2002);  $I^2$  values of 50% or more indicate a substantial level of heterogeneity (Higgins 2003). When heterogeneity was found, we attempted to determine potential reasons for it by examining individual trial characteristics and subgroups. For heterogeneity adjustment of the required information size, we used diversity, the  $D^2$  statistic (Wetterslev 2009).

### Assessment of reporting biases

Whenever we had 10 or more trials, we drew funnel plots to assess reporting biases from the individual trials by plotting the risk ratio (RR) on a logarithmic scale against its standard error (Egger 1997; Higgins 2011).

For dichotomous outcomes, we tested asymmetry using the Harbord test in case  $\tau^2$  was less than 0.1 (Harbord 2006), and we used Rücker 2008 in case  $\tau^2$  was more than 0.1. We planned to use the regression asymmetry test (Egger 1997) and the adjusted rank correlation coefficient (Begg 1994) for our continuous outcome, health-related quality of life.

### Data synthesis

#### Meta-analysis

For the statistical analyses, we used Review Manager 5 (RevMan 2014). For dichotomous outcomes, we calculated the Mantel-Haenszel risk ratios (RRs). We planned to use the mean difference (MD) for the continuous outcome, health-related quality of life.

We performed the analyses using the intention-to-treat (ITT) principle, including all randomly assigned participants, irrespective of completeness of data.

Review Manager 5 does not include trials with zero events in both intervention groups when calculating RR (RevMan 2014). To account for trials with zero events, we used Trial Sequential Analysis with a continuity correction (Thorlund 2011; TSA 2011).

We compared the intervention effects in subgroups of trials using RevMan 2014.

We intended to calculate the number-needed-to-treat for an additional beneficial outcome (NNTB).

### Trial Sequential Analysis

As a sensitivity analysis for our GRADE assessment of imprecision (see below), we used Trial Sequential Analysis which considers

choice of statistical model (fixed or random) and diversity (Thorlund 2011; TSA 2011). We calculated the diversity-adjusted required information size (DARIS, i.e. the number of participants needed in a meta-analysis to detect or reject a certain intervention effect) (Brok 2008; Wetterslev 2008; Brok 2009; Wetterslev 2009; Thorlund 2010; Wetterslev 2017).

The underlying assumption of Trial Sequential Analysis is that testing for statistical significance may be performed each time a new trial is added to the meta-analysis. We added the trials according to the year of publication, and, if more than one trial was published in a year, we added the trials alphabetically according to the last name of the first author. On the basis of the DARIS, we constructed the trial sequential monitoring boundaries for benefit, harm, and futility (Wetterslev 2008; Wetterslev 2009; Thorlund 2011; Wetterslev 2017). These boundaries determine the statistical inference one may draw regarding the cumulative meta-analysis that has not reached the DARIS; if the trial sequential monitoring boundary for benefit or harm is crossed before the DARIS is reached, firm evidence may be established and further trials may be superfluous. However, if the boundaries for benefit or harm are not crossed, it is most probably necessary to continue doing trials in order to detect or reject a certain intervention effect. However, if the cumulative Z-curve crosses the trial sequential monitoring boundaries for futility, no more trials may be needed.

In our Trial Sequential Analysis of the two primary dichotomous outcomes, we based the DARIS on the event proportion in the control group; assuming a plausible relative risk reduction for mortality of 10% and a relative risk reduction for serious adverse events of 5%; a risk of type I error of 2.5% due to the three primary outcomes (Jakobsen 2014); a risk of type II error of 20%; and the diversity of the included trials in the meta-analysis. For the continuous outcome, health-related quality of life, we planned to estimate the DARIS using a minimal relevant difference of 10% of the mean response observed in the control group; the standard deviation of the meta-analysis; alpha of 2.5% due to the three primary outcomes (Jakobsen 2014); beta of 20%; and the diversity as estimated from the trials in the meta-analysis (Wetterslev 2009). We also calculated the Trial Sequential Analysis-adjusted confidence intervals (CI) (Thorlund 2011; Wetterslev 2017).

In our Trial Sequential Analysis of secondary outcomes, we based the DARIS for dichotomous outcomes on the event proportion in the control group; we made an assumption of a relative risk reduction of 10% for refractory ascites, renal impairment, other liver-related complications, and non-severe adverse events; a type I error risk of 2.0% due to the four secondary outcomes (Jakobsen 2014); a risk of type II error of 20%; and the diversity of the included trials in the meta-analysis.

A more detailed description of Trial Sequential Analysis and software program can be found at [www.ctu.dk/tsa/](http://www.ctu.dk/tsa/) (Thorlund 2011).

### Assessment of significance based on the standard meta-analysis method and Trials Sequential Analysis method

We conducted both fixed-effect and random-effects model meta-analyses. If the fixed-effect and random-effects models showed different results, then the most conservative result (the analysis with the highest P value, i.e. closest to the null hypothesis) was chosen as the main result of the two analyses (Jakobsen 2014).



We considered a P value of 0.025 or less, two-tailed, as statistically significant if the DARIS was reached due to our three primary outcomes (Jakobsen 2014). We considered a P value of 0.02 or less, two-tailed, as statistically significant if the required information size was reached due to our four secondary outcomes. We used the eight-step procedure to assess if the thresholds for significance were crossed (Jakobsen 2014). We presented heterogeneity using the  $I^2$  statistic (Higgins 2002). We presented the results of the individual trials and meta-analyses in the form of forest plots.

Where data were only available from one trial, we used Fisher's exact test for dichotomous data (Fisher 1922). We planned to use Student's t-test for continuous data such as 'health-related quality of life' (Student 1908).

### Subgroup analysis and investigation of heterogeneity

We planned to perform the following subgroup analyses:

- risk of bias, analysing separately randomised clinical trials at low risk of bias and trials at high risk of bias;
- type of plasma expanders, analysing separately randomised clinical trials according to the plasma expander used;
- refractory ascites, analysing separately randomised clinical trials including participants with refractory ascites and trials including participants without refractory ascites;
- modality of paracentesis, analysing separately randomised clinical trials in which partial paracentesis repeated until disappearance of ascites were used, and randomised clinical trials in which total, one-session paracentesis were used;
- length of follow-up, analysing separately randomised clinical trials with up to one month follow-up (short follow-up trials) and trials with a follow-up longer than one month (long follow-up trials);
- trials without for-profit support compared to trials with or unknown for-profit support (see Appendix 2 for definition) (Lundh 2017).

To determine whether a statistically significant subgroup difference was detected, we considered the P value from the test for subgroup differences. We used the test to assess the difference between the pooled effect estimates for each subgroup. A P value of less than 0.1 showed a significant subgroup effect.

### Sensitivity analysis

For sensitivity analyses, see [Dealing with missing data](#) and 'Summary of findings' tables paragraphs.

### 'Summary of findings' tables

We assessed the certainty of the evidence using the GRADE system to present review results in 'Summary of findings' (SoF) tables, using GRADEPro 3.6 (<http://ims.cochrane.org/revman/grade>). In SoF tables, we included three [Primary outcomes](#) as well as four [Secondary outcomes](#). We designed two SoF tables as we have two comparisons ([Summary of findings for the main comparison](#); [Summary of findings 2](#)). A SoF table consists of three parts: information about the review, a summary of the statistical results, and the grade of the certainty of evidence. The assessment of certainty of the available evidence is comprised of the number of studies, the types of studies (randomised or observational), and five factors including within study risk of bias, inconsistency of results (heterogeneity), indirectness of evidence (population, intervention, control, outcomes), imprecision of results, and publication bias that affect the certainty of the evidence (Guyatt 2008; Balshem 2011; Guyatt 2011a; Guyatt 2011b; Guyatt 2011c; Guyatt 2011d; Guyatt 2011e; Guyatt 2011f; Guyatt 2011g; Guyatt 2011h; Guyatt 2013a; Guyatt 2013b; Guyatt 2013c; Mustafa 2013). The five factors are used to judge whether the certainty of the collected evidence should be downgraded or upgraded.

As sensitivity analysis, we compared imprecision evaluation with GRADE based on the GRADE Handbook, with GRADE based on authors' choice of plausible relative risk reduction (RRR) and multiplicity correction, and according to our Trial Sequential Analysis (TSA) with a similar choice of plausible RRR and multiplicity correction, in addition to considering the choice of meta-analytic model and diversity (Jakobsen 2014; Castellini 2018; Gartlehner 2018).

## RESULTS

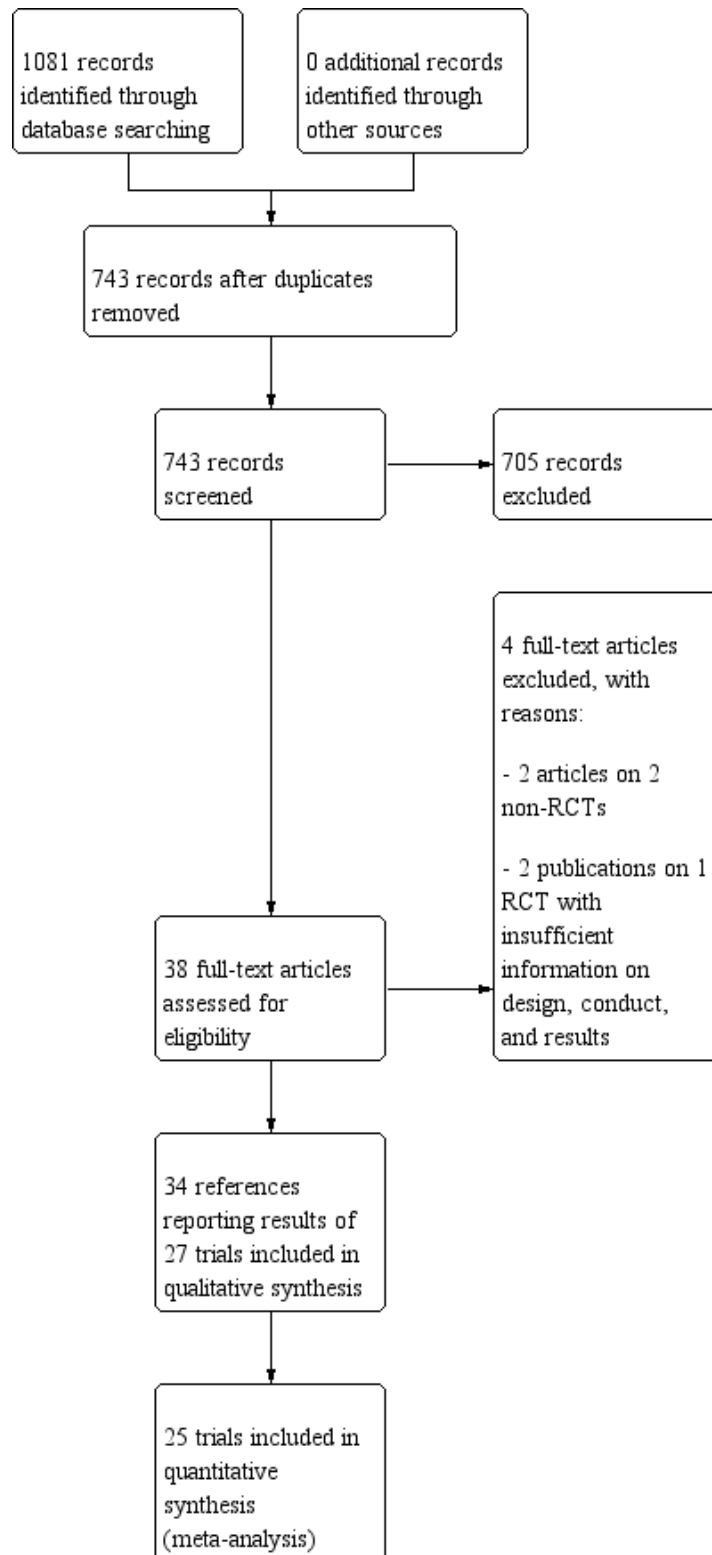
### Description of studies

See: [Characteristics of included studies](#); [Characteristics of excluded studies](#).

### Results of the search

The reference flow is summarised in the study flow diagram (Figure 1). For detailed search strategies, see [Appendix 1](#).

**Figure 1. Study flow diagram.**



We identified 1079 references through electronic searches of the Cochrane Hepato-Biliary Group Controlled Trials Register (n = 86), Cochrane Central Register of Controlled Trials (CENTRAL) in the Cochrane Library (n = 146), MEDLINE (n = 98), Embase (n = 234), LILACS (n = 21), Science Citation Index EXPANDED and Conference

Proceedings Citation Index – Science (Web of Science) (n = 212), and three Chinese database including CNKI (China National Knowledge Infrastructure) (n = 154), VIP (n = 88), and Wanfang (n = 40). We also searched databases of ongoing trials ([www.clinicaltrials.gov/](http://www.clinicaltrials.gov/) and [www.controlled-trials.com/](http://www.controlled-trials.com/)) (with links to several databases). One

not yet recruiting trial was retrieved ([NCT03202524](#)). In addition, we searched European Medicines Agency (EMA), US Food and Drug Administration (FDA), and the World Health Organization International Clinical Trials Registry Platform (ICTRP 2011) until January 2019. One ongoing trial without interim data was retrieved ([EudraCT 2010-019783-37](#)). We did not apply any language or document type restrictions.

After the removal of 338 duplicates, we obtained 743 references. We then excluded 705 clearly irrelevant references through screening titles and reading abstracts. We retrieved 38 full-text articles for further assessment. No references were identified through scanning reference lists of the identified randomised trials. Thirty-four references were reports of 27 trials which fulfilled the inclusion criteria of our review.

Two trials were used only in a qualitative synthesis ([García-Compeán 2002](#); [Degoricija 2003](#)). [García-Compeán 2002](#) did not report the number of randomised participants for each group. Furthermore, they re-randomised participants if readmitted for paracentesis during the follow-up. [Degoricija 2003](#) did not report the number of events per intervention group.

## Included studies

### Trial characteristics

We included 27 randomised clinical trials. Twenty-four trials were published as full-text articles and three trials as abstracts.

Two trial publications were in Korean ([Kang 1998](#); [Baik 2000](#)) and two trials in Spanish ([Bertrán 1991](#); [Hernández Pérez 1995](#)) languages. The remaining 23 trials were published in English.

The trials were conducted in Canada, China, Croatia, France, Germany, India, Italy, Korea, Pakistan, Russia, Spain, and the United States. All trials were performed in specialised units in intensive care or semi-intensive care settings.

All trials had a parallel group design except one which used a crossover trial design ([Sola-Vera 2003](#)). From the 26 trials with a parallel group design, one trial had three intervention groups ([Ginès 1996](#)), one had six intervention groups ([Descos 1983](#)), and two trials had five intervention groups ([Degoricija 2003](#); [Al Sebaey 2012](#)). The remaining 22 trials had two intervention groups.

Ten trials seemed not to have been funded by industry ([Descos 1983](#); [Ginès 1988](#); [Planas 1990](#); [Simonetti 1991](#); [Fassio 1992](#); [Luca 1995](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Al Sebaey 2012](#); [Khan 2015](#)). Twelve trials were considered unclear about funding ([Bertrán 1991](#); [Bruno 1992](#); [Méndez 1991](#); [García-Compeán 1993](#); [Hernández Pérez 1995](#); [Kang 1998](#); [Mehta 1998](#); [Baik 2000](#); [Zhao 2000](#); [García-Compeán 2002](#); [Degoricija 2003](#); [Abdel-Khalek 2010](#)). Five trials were considered funded by industry or a for-profit institution ([Smart 1990](#); [Salerno 1991](#); [Ginès 1996](#); [Graziotto 1997](#); [Altman 1998](#)).

### Participant characteristics

The trials included 1592 randomised participants with a mean sample size of 59 participants (range 12 to 289 participants). The mean age of the participants was 56.4 years with a mean range of 42.0 to 61.3 years. The mean proportion of males in the trial groups was 67.7%. The reported aetiology of cirrhosis was alcoholic in 60.9% of the participants (range 13% to 94%; 20 trials) and

viral in 27.8% of the participants (range 2% to 70.6%; 17 trials). According to the Child-Pugh classification, most participants had an intermediate to advanced stage of cirrhosis. Nine trials reported a mean Child-Pugh score of 10.4 points (range 9.6 to 12), and seven trials reported that between 33% and 60% of the participants were in class B Child-Pugh, and between 37% to 58% of the participants were in class C Child-Pugh. One trial reported that 65% of the participants were in class C and for the remaining 35%, the class was not reported. In three trials, the proportion of participants in class A Child-Pugh ranged between 2.9% and 8.3% ([Bertrán 1991](#); [Bruno 1992](#); [Sola-Vera 2003](#)). In the remaining eleven trials, this information was not provided. Almost all trials excluded participants with hepatocellular carcinoma as well as recent gastrointestinal bleeding, infections, or hepatic encephalopathy. In [Salerno 1991](#), 30% of participants had hepatocellular carcinoma. Seven trials assessed the effects of treatments in people with refractory ascites according to authors' diagnostic definitions ([Smart 1990](#); [Méndez 1991](#); [Salerno 1991](#); [Simonetti 1991](#); [Graziotto 1997](#); [Mehta 1998](#); [Abdel-Khalek 2010](#)) (*Characteristics of included studies*). The remaining 20 trials included participants without refractory ascites because the mean value of blood urea was  $21.86 \pm \text{SD } 8.58$  mg/dL and the mean value of serum creatinine was  $0.96 \pm \text{SD } 0.12$  mg/dL (*Characteristics of included studies*). The proportion of people with renal impairment was reported in 10 trials ([Ginès 1988](#); [Planas 1990](#); [Fassio 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Altman 1998](#); [Zhao 2000](#); [García-Compeán 2002](#); [Sola-Vera 2003](#); [Moreau 2006](#)); it ranged from 0% in [Altman 1998](#) and [Fassio 1992](#) to 28% in [García-Compeán 2002](#), with a mean of 12%. Seventeen trials reported mean arterial pressure of 88 (SD 5.6) mmHg, and 15 trials reported the mean renin activity of 10.42 (SD 5.73) ng/mL/hour.

### Paracentesis characteristics

All trial participants were treated with paracentesis. Total paracentesis completed in a single session was used in the experimental and control groups of 20 trials ([Descos 1983](#); [Planas 1990](#); [Bertrán 1991](#); [Méndez 1991](#); [Salerno 1991](#); [Bruno 1992](#); [García-Compeán 1993](#); [Hernández Pérez 1995](#); [Luca 1995](#); [Ginès 1996](#); [Graziotto 1997](#); [Kang 1998](#); [Mehta 1998](#); [Baik 2000](#); [García-Compeán 2002](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#); [Al Sebaey 2012](#); [Khan 2015](#)). Partial paracentesis, repeated until disappearance of ascites, was used in both intervention groups of four trials ([Ginès 1988](#); [Fassio 1992](#); [Altman 1998](#); [Zhao 2000](#)). Single-session paracentesis was used in the experimental group and partial paracentesis in the control group of two trials ([Smart 1990](#); [Simonetti 1991](#)); the paracentesis was repeated until disappearance of ascites on alternate days in [Simonetti 1991](#) and every day in [Smart 1990](#). A single paracentesis of 6 L was performed in [Degoricija 2003](#).

### Intervention characteristics

Out of the 27 trials, five trials, including 271 participants, assessed plasma volume expansion versus no plasma volume expansion ([Descos 1983](#); [Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)). Four of these trials used albumin as a plasma expander ([Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)) and the remaining trial with six trial groups assessed plasma volume expansion with intravenous infusion of filtrated ascitic fluid versus intravenous infusion of unmodified ascitic fluid versus no plasma expansion, or versus several different diuretic treatments ([Descos 1983](#)). For the purpose of our review, we put together, in the

experimental group, the data from people treated with intravenous infusion of filtrated or unmodified ascitic fluid.

Twenty-two trials, including 1321 participants, assessed the effect of a plasma volume expander versus another plasma volume expander. Overall, the experimental treatments were Dextran 70 in five trials (Planas 1990; Bertrán 1991; Fassio 1992; Hernández Pérez 1995; Ginès 1996) and Dextran 40 in one trial (García-Compeán 2002); polygeline in five trials (Salerno 1991; Ginès 1996; Degoricija 2003; Moreau 2006; Khan 2015); hydroxyethyl starch in five trials (Méndez 1991; Altman 1998; Kang 1998; Abdel-Khalek 2010; Al Sebaey 2012); fresh frozen plasma in one trial (Degoricija 2003); intravenous infusion of ascitic fluid in four trials (Smart 1990; Simonetti 1991; Bruno 1992; Graziotto 1997); saline solution in one trial (Sola-Vera 2003); and mannitol(um) in one trial (Zhao 2000). In 21 trials, albumin was used as the control intervention. Dextran 70 and polygeline were assessed in a three-armed trial compared with albumin (Ginès 1996). Albumin, fresh frozen plasma and polygeline plus bed rest, no plasma expanders without bed rest and diuretic treatment without paracentesis and bed rest were compared in a 5-armed trial. For the purpose of this review, we used the data from the first three intervention groups (Degoricija 2003). Hydroxyethyl starch, terlipressin, midodrine, and albumin in two different doses (6 g/L of ascitic fluid in one group and 3 g/L in another group) were compared in a five-armed trial (Al Sebaey 2012). For the purpose of this review, we compared the hydroxyethyl starch group with the two albumin groups, put together (Al Sebaey 2012). We did not use the data from the other two intervention groups of this trial. Intravenous infusion of ascitic fluid was compared with polygeline in one trial (Mehta 1998).

Overall, 175 participants were treated with Dextran 70, 209 with polygeline, 135 with hydroxyethyl starch, 77 with intravenous ascitic fluid infusion, 35 with 3.5% saline, and 32 with mannitol, and 10 participants with fresh frozen plasma versus 579 participants treated with albumin. The number of participants treated by Dextran 40 is unknown (see above, García-Compeán 2002).

The dose of the plasma expanders for each litre of removed ascitic fluid was as follows: for albumin 2 g to 10 g, for dextran 6 g to 8 g, for hydroxyethyl starch 7.7 g to 13 g, for polygeline 4 g to 8 g, for 3.5% saline 170 mL, for mannitol 8 g to 16 g, and for fresh frozen plasma 100 mL.

The mean volume ( $\pm$  SD) of removed ascitic fluid reported in 24 trials was 8.1 L (SD 2.96) (range 4.0 L to 15.9 L). Diuretic treatment was used after paracentesis in 13 trials.

If recurrence of ascites occurred during the follow-up period, the participants in seven trials were treated with the same schedule to which they were randomised originally (Ginès 1988; Planas 1990; Salerno 1991; Simonetti 1991; Fassio 1992; Ginès 1996; Abdel-Khalek 2010). Participants were treated with an alternative treatment in one trial (Sola-Vera 2003). As this trial was a cross-over trial, we used the results from the first period of the trial on day 6 after paracentesis for all outcomes, except for the recurrence of ascites for which data were reported after discharge of trial participants.

### Follow-up and withdrawals

Fifteen trials reported analyses of outcomes within one month: at 24 hours in Luca 1995, at two days in Baik 2000, at three days in Kang 1998, at five days in Méndez 1991 and García-Compeán 1993, at six days in Degoricija 2003, Sola-Vera 2003, Al Sebaey 2012 and Khan 2015, at eight days in Bruno 1992, at 14 days in Hernández Pérez 1995, at 15 days in Altman 1998, and at one month in Descos 1983 and Bertrán 1991. In Mehta 1998, the median follow-up was 17.5 days.

The other 12 trials had a follow-up longer than a month (Ginès 1988; Planas 1990; Smart 1990; Salerno 1991; Simonetti 1991; Fassio 1992; García-Compeán 2002; Ginès 1996; Graziotto 1997; Zhao 2000; Moreau 2006; Abdel-Khalek 2010). In Sola-Vera 2003 (a cross-over trial), the follow-up was longer than one month only for recurrence of ascites, whereas the other outcomes were recorded on day six.

Fifteen trials followed up the participants after their discharge from hospital (Descos 1983; Ginès 1988; Planas 1990; Smart 1990; Salerno 1991; Simonetti 1991; Fassio 1992; Ginès 1996; Graziotto 1997; Altman 1998; Mehta 1998; García-Compeán 2002; Sola-Vera 2003; Moreau 2006; Abdel-Khalek 2010).

In Ginès 1996 and Sola-Vera 2003 trials, participants were followed up after discharge, but the authors reported data on the outcomes of interest only for the first hospitalisation (Ginès 1996), and on the sixth day after paracentesis (Sola-Vera 2003). Therefore, we included them in the analysis of trials with a short follow-up.

The mean follow-up period was 136 days (range 1 to 638) in 25 trials (Descos 1983; Ginès 1988; Planas 1990; Bertrán 1991; Méndez 1991; Salerno 1991; Simonetti 1991; Bruno 1992; Fassio 1992; García-Compeán 1993; Hernández Pérez 1995; Luca 1995; Ginès 1996; Graziotto 1997; Altman 1998; Kang 1998; Baik 2000; Zhao 2000; García-Compeán 2002; Degoricija 2003; Sola-Vera 2003; Moreau 2006; Abdel-Khalek 2010; Al Sebaey 2012; Khan 2015). The median follow-up period was 231 days in Smart 1990 and 17.5 days in Mehta 1998.

In the five trials comparing plasma expansion versus no plasma expansion, the percentage of dropouts and withdrawals was 1.21%. In the twenty-one trials comparing plasma expanders versus albumin, the percentage of reported dropouts and withdrawals was 5.27%.

### Excluded studies

Characteristics of excluded studies table presents the excluded studies with the reason for their exclusion.

Three studies were excluded. Two studies were comparative, and not randomised trials (Zaak 2001; Nasr 2010). One study, published as abstract for the first time in 1990 (Antillon 1990), was still ongoing in 1991 (Antillon 1991). We could obtain no further information on the study.

### Risk of bias in included studies

We based our assessment on published information and on that received from trial authors (Figure 2; Figure 3).

**Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.**

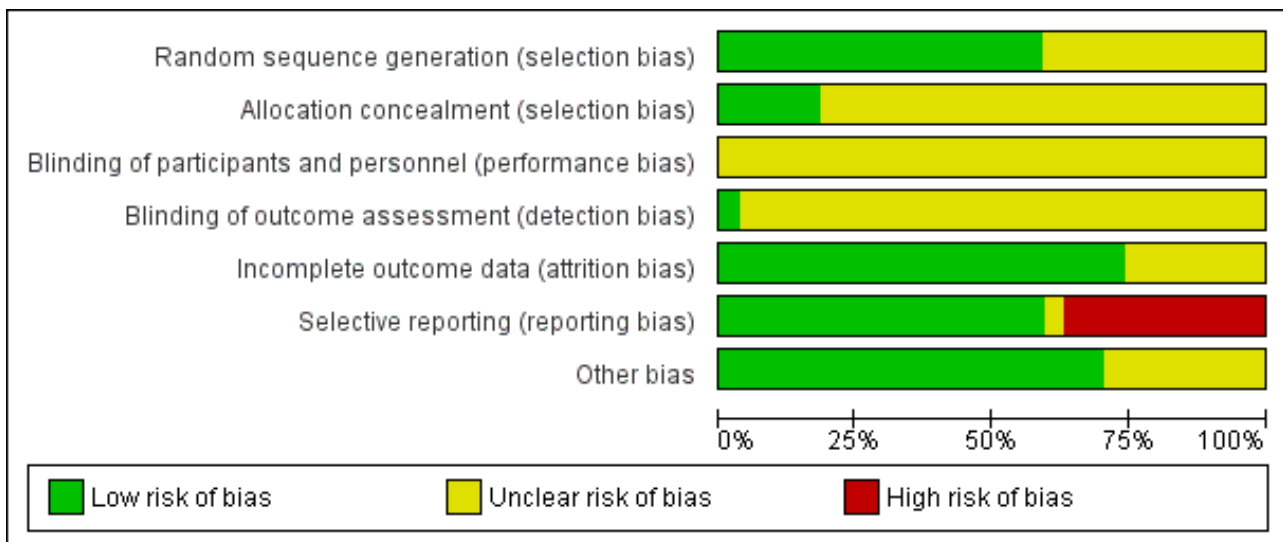
	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Abdel-Khalek 2010	+	?	?	?	+	+	+
Al Sebaey 2012	?	?	?	?	?	-	?
Altman 1998	+	+	?	?	+	-	+
Baik 2000	?	?	?	?	?	-	?
Bertrán 1991	?	?	?	?	?	-	+
Bruno 1992	+	?	?	?	+	+	+
Degoricija 2003	+	?	?	?	?	-	?
Descos 1983	?	?	?	?	+	+	+
Fassio 1992	+	?	?	?	+	+	+
García-Compeán 1993	+	?	?	?	+	+	+
García-Compeán 2002	+	?	?	?	+	-	?
Ginès 1988	+	?	?	?	+	+	+
Ginès 1996	+	?	?	?	?	-	+
Graziotto 1997	?	?	?	?	+	+	+
Hernández Pérez 1995	?	?	?	?	+	-	+
Kang 1998	?	?	?	?	?	+	?
Khan 2015	+	?	?	?	+	?	?
Luca 1995	+	?	?	?	+	+	+
Mehta 1998	?	?	?	?	+	-	+
Méndez 1991	?	?	?	?	?	-	?



**Figure 2. (Continued)**

Méndez 1991	?	?	?	?	?	-	?
Moreau 2006	+	?	?	?	+	+	?
Planas 1990	+	?	?	?	+	+	+
Salerno 1991	+	+	?	?	+	+	+
Simonetti 1991	+	+	?	?	+	+	+
Smart 1990	?	+	?	?	+	+	+
Sola-Vera 2003	+	+	?	+	+	+	+
Zhao 2000	?	?	?	?	+	+	+

**Figure 3. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.**



**Allocation**

**Allocation sequence generation**

Sixteen trials were at low risk of bias regarding allocation sequence generation (Ginès 1988; Planas 1990; Salerno 1991; Simonetti 1991; Bruno 1992; Fassio 1992; García-Compeán 1993; Luca 1995; Ginès 1996; Altman 1998; García-Compeán 2002; Sola-Vera 2003; Degoricija 2003; Moreau 2006; Abdel-Khalek 2010; Khan 2015). The remaining 11 trials were at unclear risk of bias.

**Allocation concealment**

Five trials were at low risk of bias regarding allocation concealment (Smart 1990; Salerno 1991; Simonetti 1991; Altman 1998; Sola-Vera 2003). The risk of bias in the remaining 22 trials was unclear.

**Blinding**

**Blinding of participants and personnel**

All the 27 trials were at unclear risk of bias regarding blinding of participants and personnel.

**Blinding of outcome assessment**

We judged only one trial at low risk of bias regarding blinding of outcome assessment (Sola-Vera 2003). The remaining 26 trials were at unclear risk of bias.

**Incomplete outcome data**

We judged twenty trials to be at low risk of bias regarding attrition bias. The remaining seven trials were at unclear risk of bias (Bertrán 1991; Méndez 1991; Ginès 1996; Kang 1998; Baik 2000; Degoricija 2003; Al Sebaey 2012).

## Selective reporting

Twelve trials aimed to assess haemodynamic or neurohumoral changes after a short follow-up period after paracentesis (Bertrán 1991; Méndez 1991; Bruno 1992; García-Compeán 1993; Hernández Pérez 1995; Luca 1995; Altman 1998; Kang 1998; Baik 2000; Degoricija 2003; Al Sebaey 2012; Khan 2015).

Only four trials reported serious adverse events (Descos 1983; Luca 1995; Moreau 2006; Khan 2015). No trials reported data on refractory ascites. We followed the recommendation of the Cochrane Handbook, which stated that "review authors should look hard for the evidence of collection by study investigators of a small number of key outcomes that are routinely measured in the area in question". In addition, most trials were published before a formal definition of serious adverse events and refractory ascites. So, the lack of the reporting of these two outcomes did not necessarily put the trials at high risk of bias.

Overall, we judged ten trials to be at high risk of bias of selective outcome reporting because information on mortality or more than one secondary outcome was missing (Bertrán 1991; Méndez 1991; Hernández Pérez 1995; Ginès 1996; Altman 1998; Mehta 1998; Baik 2000; García-Compeán 2002; Degoricija 2003; Al Sebaey 2012). One trial was at unclear risk of bias (Khan 2015). The remaining sixteen trials were judged to be at low risk of bias (Descos 1983; Ginès 1988; Planas 1990; Smart 1990; Salerno 1991; Simonetti 1991; Bruno 1992; Fassio 1992; García-Compeán 1993; Luca 1995; Graziotto 1997; Kang 1998; Zhao 2000; Sola-Vera 2003; Moreau 2006; Abdel-Khalek 2010).

## Other potential sources of bias

We could suspect no other potential sources of bias in nineteen trials (Descos 1983; Ginès 1988; Planas 1990; Smart 1990; Bertrán 1991; Salerno 1991; Simonetti 1991; Bruno 1992; Fassio 1992; García-Compeán 1993; Hernández Pérez 1995; Luca 1995; Ginès 1996; Graziotto 1997; Altman 1998; Mehta 1998; Zhao 2000; Sola-Vera 2003; Abdel-Khalek 2010). We judged the remaining eight trials as having unclear risk because they were published as abstracts (Méndez 1991; Al Sebaey 2012), or the information was not enough (Kang 1998; Baik 2000; Moreau 2006; Khan 2015), or because of the characteristics of the design and analysis (García-Compeán 2002; Degoricija 2003).

## Overall risk of bias

We judged all trials to be at high risk of bias because they were assessed as having an uncertain risk of bias or a high risk of bias in one or more of the bias risk domains.

## Effects of interventions

See: [Summary of findings for the main comparison Plasma expanders versus no plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis](#); [Summary of findings 2 Other plasma expanders versus albumin for people with cirrhosis and large ascites treated with abdominal paracentesis](#)

## Plasma expanders versus no plasma expander

### Primary outcomes

#### All-cause mortality

Four trials provided data on mortality with a mean follow-up of 64 days. Three trials had a follow-up less than one month. No mortality occurred in two of the trials (García-Compeán 1993; Luca 1995). The effect of plasma expanders (albumin and ascites infusion) compared with no plasma expander in terms of reduction in all-cause mortality was very uncertain (RR 0.52, 95% CI 0.06 to 4.83; 248 participants; 4 trials;  $I^2 = 76%$ ; [Analysis 1.1](#); Descos 1983; Ginès 1988; García-Compeán 1993; Luca 1995).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was high heterogeneity; and the required information size was not reached ([Summary of findings for the main comparison](#); [Table 1](#)).

Including the two trials with zero deaths in the Trial Sequential Analysis produced a comparable result (RR 0.64; 95% CI 0.14 to 2.93;  $P = 0.56$ ;  $D^2 = 88%$ ).

The Trial Sequential Analysis of this comparison was based on a mortality of 18% in the control group, a relative risk reduction of 10% with albumin or other plasma expanders, a type I error of 2.5%, a type II error of 20% (80% power), and 88% diversity. The DARIS was 143,664 participants. Due to the fact that only 248 participants were recruited (which is 0.17% of the DARIS of 143,664 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

#### Subgroup analysis

We could not perform subgroup analysis of trials according to their risk of bias because all the trials were assessed at high risk of bias; and according to participants with and participants without refractory ascites because all the trials included participants without refractory ascites.

#### Type of plasma expanders

The test for subgroup differences comparing the effects of each type of plasma expander (albumin and ascites infusion) suggested a difference between the plasma expanders used ( $P = 0.04$ ,  $I^2 = 75.3%$ ; [Analysis 1.1](#)). In trials comparing albumin versus no plasma expander, RR was 1.27, 95% CI 0.75 to 2.17; 158 participants; 3 trials;  $I^2$  not calculated because 2/3 of the trials had 0 events, [Analysis 1.1.1](#); Ginès 1988; García-Compeán 1993; Luca 1995) whereas in trials comparing intravenous ascitic fluid infusion versus no plasma expander RR was 0.13, 95% CI 0.02 to 1.13; 90 participants; 1 trial ([Analysis 1.1.2](#); Descos 1983).

#### Modality of paracentesis

The test for subgroup differences comparing the effects of plasma expander versus no plasma expander in people treated by partial or total paracentesis suggested a difference between the two subgroups ( $P = 0.04$ ,  $I^2 = 75.3%$ ; [Analysis 2.1](#)). In trials in which partial paracentesis were used, RR was 1.27, 95% CI 0.75 to 2.17; 105 participants; 1 trial ([Analysis 2.1.1](#); Ginès 1988) whereas the subgroup of trials in which total paracentesis were used, RR was 0.13, 95% CI 0.02 to 1.13; 143 participants; 3 trials;  $I^2$  not calculated

because 2/3 of the trials had 0 events ([Analysis 2.1.2](#); [Descos 1983](#); [García-Compeán 1993](#); [Luca 1995](#)).

#### Length of follow-up

The test for subgroup differences comparing the effects of plasma expander versus no plasma expander in trials with a short follow-up (up to one month) to trials with a long follow-up (more than one month) suggested a difference ( $P = 0.04$ ,  $I^2 = 75.3\%$ ; [Analysis 3.1](#)). In trials with a short follow-up, RR was 0.13, 95% CI 0.02 to 1.13; 143 participants; 3 trials;  $I^2$  not calculated because 2/3 of the trials had 0 events ([Analysis 3.1.1](#); [Descos 1983](#); [García-Compeán 1993](#); [Luca 1995](#)) whereas in the trial with a long follow-up RR was 1.27, 95% CI 0.75 to 2.17; 105 participants; 1 trial;  $I^2$  not applicable ([Analysis 3.1.2](#); [Ginès 1988](#)).

#### For-profit support

In the subgroup of trials without for-profit funding, RR was 0.52, 95% CI 0.06 to 4.83; 213 participants; 3 trials;  $I^2 = 76\%$  ([Analysis 4.1.1](#)). In the only trial without information on for-profit funding, no deaths were reported ([García-Compeán 1993](#)).

#### Sensitivity analysis

The best-worst (RR 0.49, 95% CI 0.06 to 3.76; 248 participants; 4 trials;  $I^2 = 73\%$ ; [Analysis 5.1](#)) and the worst-best scenario analyses (RR 0.87, 95% CI 0.28 to 2.76; 248 participants; 4 trials;  $I^2 = 60\%$ ; [Analysis 6.1](#)) both suggested neutral results.

#### Serious adverse events

Out of the five trials assessing plasma volume expansion versus no plasma volume expansion, two trials reported that there were no serious adverse events ([Descos 1983](#); [Luca 1995](#)). The remaining three trials did not mention if serious adverse events occurred ([Ginès 1988](#); [García-Compeán 1993](#); [Baik 2000](#)) ([Analysis 1.2](#)).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was substantial imprecision due to the lack of events ([Summary of findings for the main comparison](#)). The required information size was not reached ([Table 1](#)).

#### Subgroup analysis

We could not perform subgroup analysis of trials according to their risk of bias because the two trials were assessed at high risk of bias; according to participants with and participants without refractory ascites because the two trials included participants without refractory ascites; according to modality of paracentesis because the two trials performed total paracentesis; according to length of follow-up because the two trials had short follow-up; and according to for-profit funding because the two trials were without for-profit funding ([Subgroup analysis and investigation of heterogeneity](#)).

#### Health-related quality of life

None of the included trials reported health-related quality of life.

#### Secondary outcomes

##### Refractory ascites

None of the included trials provided information on refractory ascites.

#### Renal impairment

Four trials reported data on renal impairment ([Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)). All four trials used albumin as a plasma expander. In two of the trials, renal impairment did not occur ([Luca 1995](#); [Baik 2000](#)). The effect of albumin versus no plasma expander on renal impairment was uncertain (RR 0.32, 95% CI 0.02 to 5.88; 181 participants; 4 trials;  $I^2 = 67\%$ ; [Analysis 1.3](#)).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by five levels because all trials were at high risk of bias; there was high heterogeneity; there were few events and the CI included appreciable benefit and harm ([Summary of findings for the main comparison](#)). The required information size was not reached ([Table 1](#)).

Including the two trials with zero events in Trial Sequential Analysis produced a comparable result (RR 1.02, 95% CI 0.16 to 6.43;  $P = 0.98$ ).

The Trial Sequential Analysis of the four trials assessing plasma expander versus no plasma expander was constructed based on the renal impairment proportion of 9.8% in the control group, a relative risk reduction of 10.0% with plasma expander, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The DARIS was 35,293 participants. Due to the fact that only 181 participants were recruited (0.51% of the DARIS of 35,293 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

#### Subgroup analysis

None of the first three planned subgroup analyses could be performed because the risk of bias in the four trials providing data on renal impairment was high, all the four trials included participants without refractory ascites, and all the four trials used albumin.

#### Modality of paracentesis

The test for subgroup differences comparing the effects of plasma expander versus no plasma expander on renal impairment in participants treated by partial paracentesis and by total paracentesis showed no difference ( $P = 0.11$ ,  $I^2 = 60.5\%$ ; [Analysis 2.2](#)). There was no evidence of a difference in renal impairment after partial paracentesis (RR 0.07, 95% CI 0.00 to 1.16; 105 participants; 1 trial; [Analysis 2.2.1](#); [Ginès 1988](#)) and after total paracentesis (RR 1.06, 95% CI 0.17 to 6.70; 76 participants; 3 trials;  $I^2$  not applicable because 2/3 of the trials had 0 events; [Analysis 2.2.2](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)).

#### Length of follow-up

The test for subgroup differences comparing the effects of plasma expander versus no plasma expander in trials with a short follow-up (up to one month) compared to trials with a long follow-up (more than one month) showed no difference ( $P = 0.11$ ,  $I^2 = 60.5\%$ ; [Analysis 3.2](#)). We found no evidence of a difference in the effect of albumin-treated participants and the untreated participants in trials with up to one month follow-up in renal impairment (RR 1.06, 95% CI 0.17 to 6.70; 53 participants; 2 trials;  $I^2$  not applicable because 1/2 of the trials had 0 events; [Analysis 3.2.1](#); [García-Compeán 1993](#); [Luca 1995](#)), and the same was observed between the albumin-treated participants and the untreated participants in trials with a follow-



up of more than one month (RR 0.07, 95% CI 0.00 to 1.16; 105 participants; 1 trial; [Analysis 3.2.2](#)).

#### For-profit support

The test for subgroup differences comparing for-profit support showed no differences between the two subgroups ( $P = 0.11$ ,  $I^2 = 60.5\%$ ; [Analysis 4.2](#)). We found no difference in renal impairment either in the subgroup of trials without for-profit funding (RR 0.07, 95% CI 0.00 to 1.16; 123 participants; 2 trials;  $I^2$  not applicable because 1/2 trial had 0 events; [Analysis 4.2.1](#)) or in the subgroup of trials without information on for-profit funding (RR 1.06, 95% CI 0.17 to 6.70; 58 participants; 2 trials;  $I^2$  not applicable because 1/2 trial had 0 events; [Analysis 4.2.2](#)).

#### Other liver-related complications

Four trials reported data on other liver-related complications such as gastrointestinal bleeding, hepatic encephalopathy, or infections ([Descos 1983](#); [Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#)). The meta-analysed results of these four trials showed no evidence of a difference in the effect of plasma expander (albumin and infusion of ascitic fluid) versus no plasma expander on other liver-related complications (RR 1.61, 95% CI 0.79 to 3.27; 248 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 1.4](#)).

Including the trial with zero events in Trial Sequential Analysis produced a comparable result (RR 1.61, 95% CI 0.79 to 3.27;  $P = 0.19$ ).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by three levels because all trials were at high risk of bias; and there was imprecision: the required information size was not reached ([Summary of findings for the main comparison](#); [Table 1](#)).

Trial Sequential Analysis was constructed based on risk of other liver-related complications of 9% in the control group, a relative risk reduction of 10% with plasma expander, a type I error of 2.00%, and a type II error of 20% (80% power). There was low diversity ( $D^2 = 0\%$ ). The DARIS was 38,752 participants. Due to the fact that only 248 participants were recruited (0.64% of the DARIS of 38,752 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

#### Subgroup analysis

We could not perform two of the subgroup analyses because the risk of bias in the five trials was high, and because all trials included participants without refractory ascites ([Subgroup analysis and investigation of heterogeneity](#)).

#### Type of plasma expanders

The test for subgroup differences comparing the effects of each type of plasma expander showed no difference between the plasma expanders used ( $P = 0.99$ ,  $I^2 = 0\%$ ) regarding other liver-related complications: albumin versus the no plasma expander (RR 1.61, 95% CI 0.76 to 3.41; 158 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 1.4.1](#); [Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#)) and intravenous infusion of ascitic fluid versus the no plasma expander (RR 1.58, 95% CI 0.17 to 14.53; 90 participants; 1 trial; [Analysis 1.4.2](#); [Descos 1983](#)).

#### Modality of paracentesis

The test for subgroup differences comparing the effects of the modality of paracentesis showed no difference ( $P = 0.97$ ,  $I^2 = 0\%$ ; [Analysis 2.3](#)) regarding other liver-related complications: participants with partial paracentesis (RR 1.63, 95% CI 0.57 to 4.66; 105 participants; 1 trial; [Analysis 2.3.1](#); [Ginès 1988](#)) and participants with total paracentesis (RR 1.59, 95% CI 0.60 to 4.18; 143 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 2.3.2](#); [Descos 1983](#); [García-Compeán 1993](#); [Luca 1995](#)).

#### Length of follow-up

The test for subgroup differences comparing the effects of duration of follow-up showed no difference between the trials with a short follow-up and the trials with a long follow-up ( $P = 0.97$ ;  $I^2 = 0\%$ ; [Analysis 3.3](#)) regarding other liver-related complications: in trials with a follow-up up to one month (RR 1.59, 95% CI 0.60 to 4.18; 143 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 3.3.1](#); [Descos 1983](#); [García-Compeán 1993](#); [Luca 1995](#)) and in the single trial with more than one month follow-up (RR 1.63, 95% CI 0.57 to 4.66; 105 participants; [Analysis 3.3.2](#); [Ginès 1988](#)).

#### For-profit support

The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.98$ ,  $I^2 = 0\%$ ; [Analysis 4.3](#)). We found no evidence of a difference in other liver-related complications either in the subgroup of trials without for-profit funding (RR 1.62, 95% CI 0.63 to 4.19; 213 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 4.3.1](#)) or in the subgroup with the only trial without information on for-profit funding (RR 1.59, 95% CI 0.54 to 4.67; 35 participants; 1 trial; [Analysis 4.3.2](#)).

#### Non-serious adverse events

Non-serious adverse events were reported in three trials; they included local hematoma, fistula, transient fever, hyperkalaemia, leakage, or oedema of the abdominal wall ([Ginès 1988](#); [García-Compeán 1993](#); [Luca 1995](#)). The analysis result of these three trials showed no evidence of a difference between plasma expander and no plasma expander (RR 1.04, 95% CI 0.32 to 3.40; 158 participants;  $I^2 = 0\%$ ; [Analysis 1.5](#)). Including the trial with zero deaths in the Trial Sequential Analysis produced a comparable result (RR 1.04; 95% CI 0.32 to 3.40;  $P = 0.95$ ).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; and there was imprecision: there were few events and the CI included appreciable benefit and harm ([Summary of findings for the main comparison](#)). The required information size was not reached ([Table 1](#)).

Trial Sequential Analysis was constructed based on the risk in the control group of 6.25%, a relative risk reduction of 10% with plasma expansion, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The DARIS was 56,467 participants. Due to the fact that only 158 participants were recruited (which is 0.27% of the DARIS of 56,467 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

### Subgroup analysis

We could not perform three of the subgroup analyses because the risk of bias in the three trials was high, all the three trials included participants without refractory ascites, and non-serious adverse events were reported only in the trial that used albumin.

### Modality of paracentesis

The test for subgroup differences comparing the effects of modality of paracentesis showed no difference between the two subgroups ( $P = 0.98$ ,  $I^2 = 0\%$ ; [Analysis 2.4](#)): plasma expanders versus no plasma expander in trials with partial paracentesis (RR 1.02, 95% CI 0.22 to 4.82; 105 participants; 1 trial; [Analysis 2.4.1](#)) and in trials with total paracentesis (RR 1.06, 95% CI 0.17 to 6.70; 53 participants; 2 trials;  $I^2$  not applicable because 1/2 trials had 0 events; [Analysis 2.4.2](#)).

### Length of follow-up

The test for subgroup differences comparing the effects of duration of follow-up showed no difference between the trials with a short follow-up and the trials with more than one month follow-up ( $P = 0.98$ ,  $I^2 = 0\%$ ; [Analysis 3.4](#)): trials with a short follow-up (RR 1.06, 95% CI 0.17 to 6.70; 53 participants; 2 trials;  $I^2$  not applicable; [Analysis 3.4.1](#); [García-Compeán 1993](#); [Luca 1995](#)) and trials with a long follow-up (RR 1.02, 95% CI 0.22 to 4.82; 105 participants; 1 trial;  $I^2$  not applicable; [Analysis 3.4.2](#); [Ginès 1988](#)).

### For-profit support

The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.98$ ,  $I^2 = 0\%$ ; [Analysis 4.4](#)). We found no evidence of difference in non-serious adverse events either in the subgroup of trials without for-profit funding (RR 1.02, 95% CI 0.22 to 4.82; 123 participants; 2 trials;  $I^2$  not applicable because 1/2 trial had 0 events; [Analysis 4.4.1](#)) or in the subgroup with the only trial without information on for-profit funding (RR 1.06, 95% CI 0.17 to 6.70; 35 participants; [Analysis 4.4.2](#)).

### Exploratory outcomes

#### Recurrence of ascites

Plasma expanders showed no evidence of a difference in effect on the recurrence of ascites (RR 1.30, 95% CI 0.49 to 3.42; 195 participants; 2 trials;  $I^2 = 37\%$ ; [Analysis 1.6](#)).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by three levels because the two trials were at high risk of bias; and there was imprecision: the required information size was not reached ([Table 2](#); [Table 3](#)).

Trial Sequential Analysis was constructed based on the risk of 15.5% in the control group, a relative risk reduction of 10% in the plasma expander group, a type I error of 2.00%, and a type II error of 20% (80% power). Diversity was present ( $D^2 = 51\%$ ). The DARIS was 43,013 participants. Due to the fact that only 195 participants were recruited (which is 0.45% of the DARIS of 43,013 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

### Subgroup analysis

We did not conduct subgroup analysis because there were only two trials.

### Hypotension

Only one of the trials reported that there was no occurrence of hypotension ([Baik 2000](#)) ([Table 2](#); [Table 3](#)).

### Hyponatraemia

Plasma expansion versus no plasma expansion showed no evidence of a difference in effect on the incidence of hyponatraemia (RR 0.53, 95% CI 0.05 to 5.65; 181 participants; 4 trials;  $I^2 = 67\%$ ; [Analysis 1.7](#)). Including the trials with zero events in Trial Sequential Analysis produced a comparable result (RR 0.38, 95% CI 0.11 to 1.38;  $P = 0.15$ ).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was high heterogeneity; and there was imprecision: the required information size was not reached ([Table 2](#); [Table 3](#)).

Trial Sequential Analysis was based on risk of 13% in the control group, a relative risk reduction of 10% with plasma expansion, a type I error of 2.00%, and a type II error of 20% (80% power). Diversity ( $D^2$ ) was 10%. The DARIS was 28,526 participants. Due to the fact that only 181 participants were recruited (which is 0.63% of the DARIS of 28,526 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

### Subgroup analyses

We could not perform three of the subgroup analysis because all the four trials were assessed at high risk of bias, included participants without refractory ascites, and used albumin.

### Modality of paracentesis

The test for subgroup differences comparing the effects of modality of paracentesis showed a difference between the two subgroups ( $P = 0.08$ ,  $I^2 = 67.3\%$ ; [Analysis 2.5](#)): trials using partial paracentesis (RR 0.19, 95% CI 0.04 to 0.80; 105 participants; 1 trial; [Analysis 2.5.1](#); [Ginès 1988](#)) and trials using total paracentesis (RR 2.12, 95% CI 0.21 to 21.27; 76 participants; 3 trials;  $I^2$  not applicable because 2/3 trials had 0 events [Analysis 2.5.2](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)).

### Length of follow-up

The test for subgroup differences comparing the effects of duration of follow-up showed a difference between the two subgroups ( $P = 0.08$ ,  $I^2 = 67.3\%$  [Analysis 3.5](#)): trials with a short follow-up (RR 2.12, 95% CI 0.21 to 21.27; 76 participants; 3 trials;  $I^2$  not applicable because 2/3 trials had 0 events; [Analysis 3.5.1](#); [García-Compeán 1993](#); [Luca 1995](#); [Baik 2000](#)) and trials with a long follow-up (RR 0.19, 95% CI 0.04 to 0.80; 105 participants; [Analysis 3.5.2](#); [Ginès 1988](#)).

### For-profit support

The test for subgroup differences comparing for-profit support showed a difference between the two subgroups ( $P = 0.08$ ,  $I^2 = 67.3\%$ ; [Analysis 4.5](#)). Albumin versus no plasma expansion reduced hyponatraemia in the subgroup of trials without for-profit funding (RR 0.19, 95% CI 0.04 to 0.80; 123 participants; 2 trials;  $I^2$  not applicable because 1/2 trial had 0 events; [Analysis 4.5.1](#)). No evidence of a difference was found in the subgroup of trials without information on for-profit funding (RR 2.12, 95% CI 0.21 to 21.27;

58 participants; 2 trials;  $I^2$  not applicable because 1/2 trial had 0 events; [Analysis 4.5.2](#)).

### **Post-paracentesis circulatory dysfunction**

None of the included trials reported data on post-paracentesis circulatory dysfunction.

### **Plasma expanders versus other plasma expanders**

The trials compared different plasma expanders. Therefore, to achieve maximal homogeneity, we first analysed all the trials in which albumin was used as a control intervention, and then we analysed the trials in which both intervention groups used plasma expanders different from albumin.

### **Experimental plasma expanders versus albumin**

Twenty-one trials compared non-albumin plasma expanders versus albumin ([Planas 1990](#); [Smart 1990](#); [Bertrán 1991](#); [Méndez 1991](#); [Salerno 1991](#); [Simonetti 1991](#); [Bruno 1992](#); [Fassio 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Graziotto 1997](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [García-Compeán 2002](#); [Degoricija 2003](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#); [Al Sebaey 2012](#); [Khan 2015](#)).

As one of these twenty-one trials had three intervention groups, we performed the analysis splitting the trial as if there were two trials performed; i.e. polygeline versus albumin and dextran 70 versus albumin, using half of the participants in the albumin group for each of the comparisons ([Ginès 1996](#)). The trial by [García-Compeán](#)

[2002](#) did not report the number of participants allocated to the treatment groups, and, hence, we could not use their data for quantitative analysis. The trial by [Degoricija 2003](#) did not report the number of events per intervention group, and, hence, we could not use it for quantitative analysis.

### **Primary outcomes**

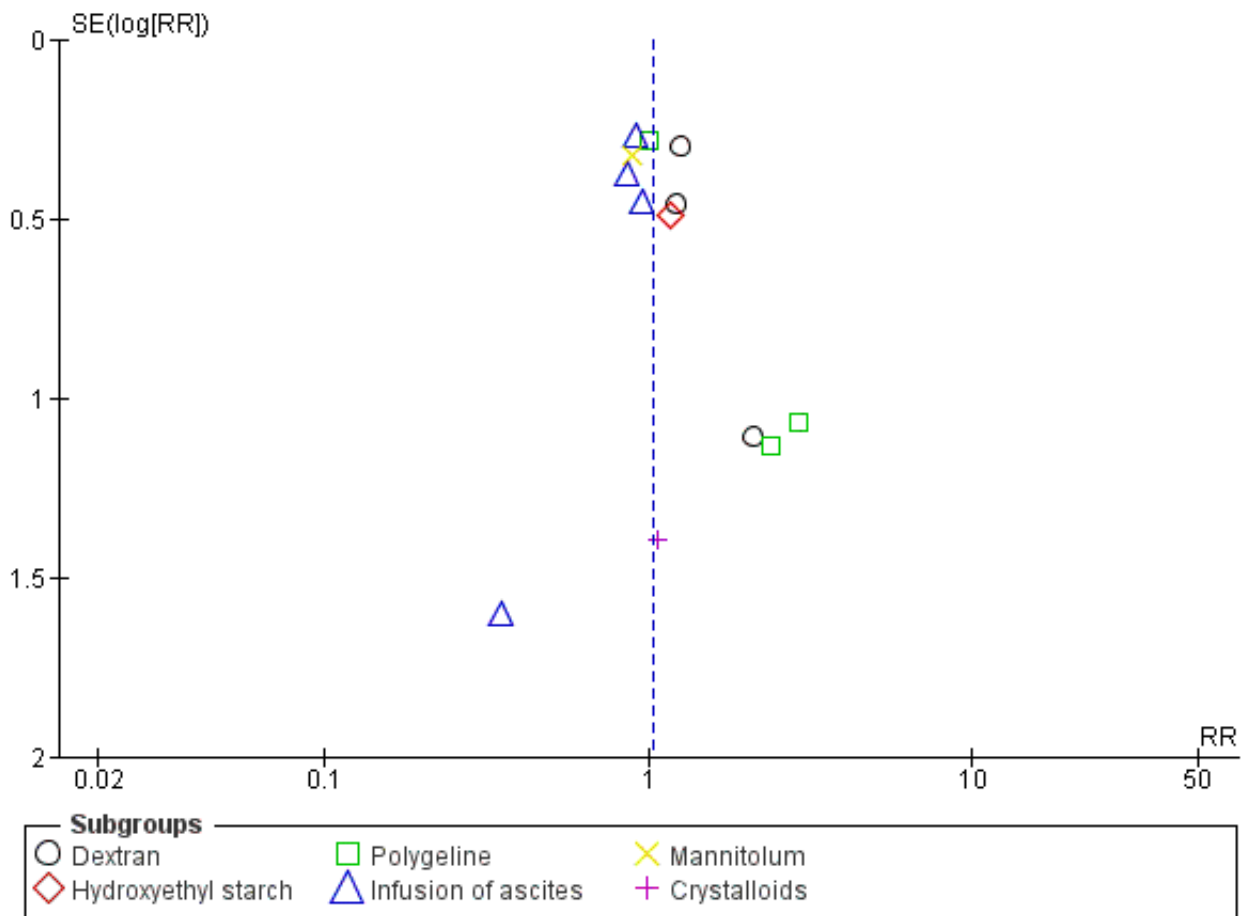
#### **All-cause mortality**

Data on in-hospital mortality were reported by five trials with albumin as the control intervention ([Bruno 1992](#); [Ginès 1996](#); [Kang 1998](#); [Sola-Vera 2003](#); [Khan 2015](#)). In another five trials with a short follow-up, mortality was not reported ([Bertrán 1991](#); [Méndez 1991](#); [Hernández Pérez 1995](#); [Altman 1998](#); [Al Sebaey 2012](#)).

Another nine trials provided mortality after discharge from hospital ([Planas 1990](#); [Smart 1990](#); [Salerno 1991](#); [Simonetti 1991](#); [Fassio 1992](#); [Graziotto 1997](#); [Zhao 2000](#); [Moreau 2006](#); [Abdel-Khalek 2010](#)). [Ginès](#) and colleagues wrote that there was no difference in mortality between the two groups at follow-up after discharge, but the trial did not report the number of events, and we received no reply from the trial authors to our data request ([Ginès 1996](#)).

There was no evidence of a difference in all-cause mortality between the experimental plasma expanders group and the albumin group (RR 1.03, 95% CI 0.82 to 1.30; 1014 participants; 14 trials;  $I^2 = 0\%$ ; [Analysis 7.1](#); [Figure 4](#)). The intervention effect on all-cause mortality did not change after inclusion of the two trials with zero deaths (RR 1.04; 95% CI 0.82 to 1.31;  $P = 0.75$ ;  $D^2 = 0\%$ ).

**Figure 4. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.1 All-cause mortality.**

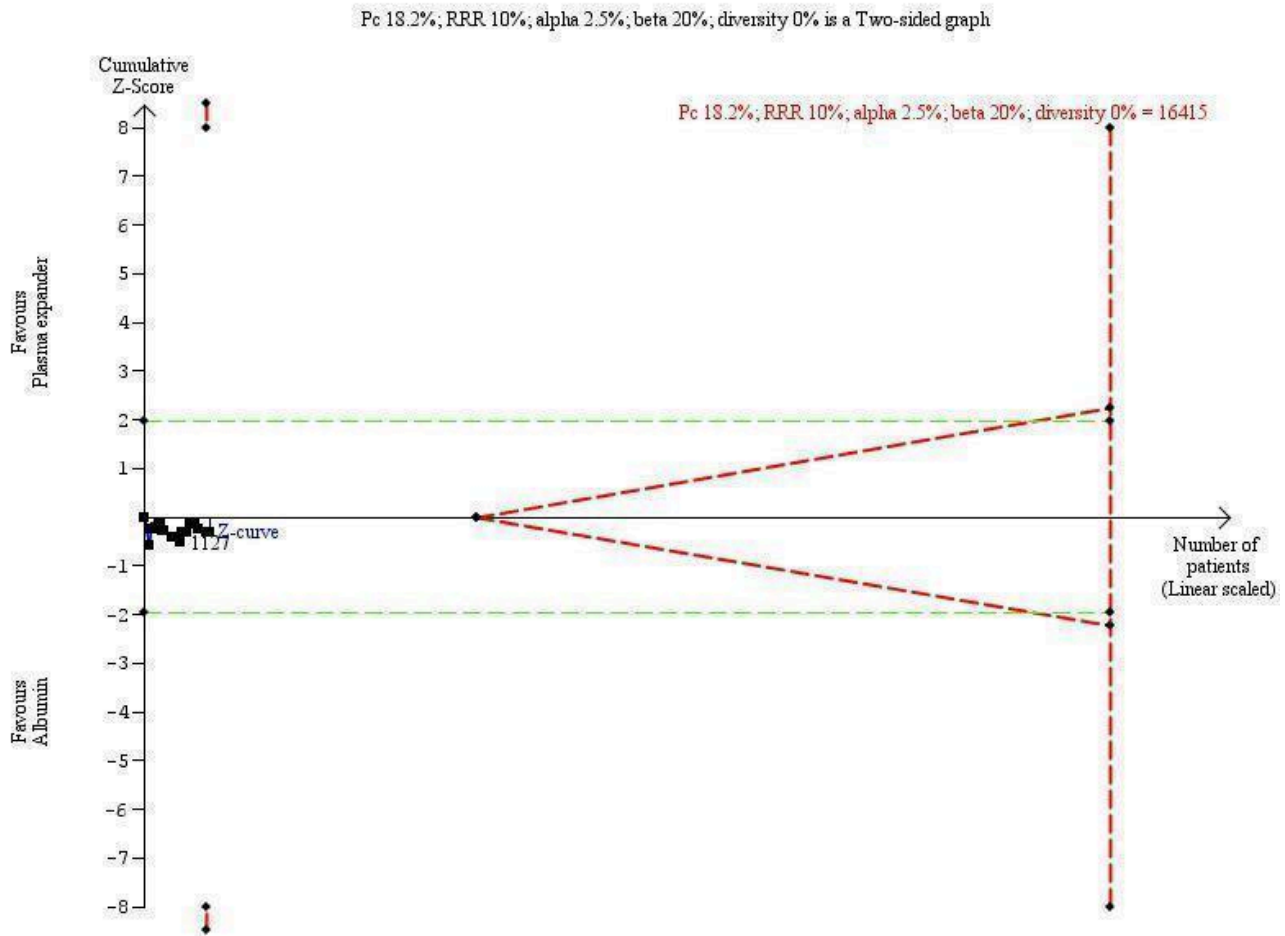


We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was imprecision: the required information size was not reached; there was evidence of publication bias (Summary of findings 2; Table 4; Figure 4).

Trial Sequential Analysis of this comparison was constructed on an all-cause mortality of 18.2% in the albumin group, a relative

risk reduction of 10% with the experimental plasma expanders, a type I error of 2.5%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The DARIS was 16,415 participants. In Trial Sequential Analysis, the information fraction was too small to produce an inner wedge futility area. The cumulative Z curve (blue line) did not approach the monitoring boundaries (red lines) for benefit or harm or futility (Figure 5).

**Figure 5. Experimental plasma expanders versus albumin - 6.1 All-cause mortality. The diversity-adjusted required information size of 16,415 participants was calculated based on a proportion of participants of 18.2% of participants dying in the control group; a relative risk reduction (RRR) of 10% in the plasma expander group; an alpha of 2.5%; a power of 80%; and a diversity of 0%. The cumulative Z score did not cross borders for benefit, harm, or futility.**



**Subgroup analyses**

We could not perform subgroup analysis of trials in terms of all-cause mortality according to their risk of bias because all the trials were assessed at high risk.

**Type of plasma expanders**

The test for subgroup differences comparing the effects of distinct plasma expanders showed no difference between the six subgroups ( $P = 0.89$ ,  $I^2 = 0\%$ ; [Analysis 7.1](#)).

The type of plasma expander compared with albumin showed no evidence of difference in effect on all-cause mortality: dextran (RR 1.28, 95% CI 0.79 to 2.06; 271 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.1.1](#); [Planas 1990](#); [Fassio 1992](#); [Ginès 1996](#)); hydroxyethyl starch (RR 1.16, 95% CI 0.45 to 3.02; 147 participants; 2 trials;  $I^2$  not applicable because 1 out of 2 trials had 0 events; [Analysis 7.1.2](#); [Kang 1998](#); [Abdel-Khalek 2010](#)); polygeline (RR 1.12, 95% CI 0.67 to 1.89; 319 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 7.1.3](#); [Salerno 1991](#); [Ginès 1996](#); [Moreau 2006](#); [Khan 2015](#)); intravenous infusion of ascites (RR 0.89, 95% CI 0.61 to 1.31; 137 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 7.1.4](#); [Smart 1990](#); [Simonetti 1991](#); [Bruno 1992](#);

[Graziotto 1997](#)); mannitol (RR 0.88, 95% CI 0.47 to 1.66; [Analysis 7.1.5](#); [Zhao 2000](#)); and crystalloids (RR 1.06, 95% CI 0.07 to 16.26; [Analysis 7.1.6](#); [Sola-Vera 2003](#)).

**Refractory ascites**

The test for subgroup differences comparing the effects of refractory ascites showed no difference between the two subgroups ( $P = 0.59$ ,  $I^2 = 0\%$ ; [Analysis 8.1](#)): trials including participants without refractory ascites (RR 1.15, 95% CI 0.80 to 1.66; 723 participants; 9 trials;  $I^2 = 0\%$ ; [Analysis 8.1.1](#)) and trials including participants with refractory ascites (RR 1.01, 95% CI 0.75 to 1.37; 291 participants; 5 trials;  $I^2 = 0\%$ ; [Analysis 8.1.2](#)).

**Modality of paracentesis**

The test for subgroup differences comparing the effects of modality of paracentesis showed no difference between the two subgroups ( $P = 0.73$ ,  $I^2 = 0\%$ ; [Analysis 9.1](#)). We found no evidence of a difference in all-cause mortality either in the partial paracentesis subgroup (RR 0.98, 95% CI 0.59 to 1.65; 109 participants; 2 trials;  $I^2 = 0\%$ ; [Analysis 9.1.1](#)) or in the total paracentesis subgroup (RR 1.09, 95% CI 0.84 to 1.41; 905 participants; 12 trials;  $I^2 = 0\%$ ; [Analysis 9.1.2](#)).



### Length of follow-up

The test for subgroup differences comparing the effect of length of follow-up showed no difference between the two subgroups ( $P = 0.48$ ,  $I^2 = 0\%$ ; [Analysis 10.1](#)). In the trials with a short follow-up, we found a RR 1.59, 95% CI 0.47 to 5.33; 458 participants; 5 trials;  $I^2 = 0\%$  ([Analysis 10.1.1](#)); and in the trials with a long follow-up, we found a RR 1.02, 95% CI 0.80 to 1.29; 556 participants; 9 trials;  $I^2 = 0\%$  ([Analysis 10.1.2](#)).

### For-profit support

The test for subgroup differences comparing for-profit support showed no difference ( $P = 0.41$ ,  $I^2 = 0\%$ ; [Analysis 11.1](#)). We found no evidence of a difference in all-cause mortality either in the trials without for-profit funding (RR 1.19, 95% CI 0.79 to 1.81; 357 participants; 6 trials;  $I^2 = 0\%$ ; [Analysis 11.1.1](#)) or in the trials with or unknown for-profit funding (RR 0.97, 95% CI 0.73 to 1.28; 657 participants; 8 trials;  $I^2 = 0\%$ ; [Analysis 11.1.2](#)).

### Sensitivity analysis

Hypothesising the best-worst scenario, mortality was increased by the other plasma expanders in comparison with albumin (RR 1.29, 95% CI 1.04 to 1.60; 1016 participants; 14 trials;  $I^2 = 0\%$ ; [Analysis 12.1](#)). The worst-best scenario analysis showed no evidence of a difference between other plasma expanders versus albumin (RR 0.99, 95% CI 0.96 to 1.03; 1016 participants; 14 trials;  $I^2 = 8\%$ ; [Analysis 13.1](#)).

### Serious adverse events

Two trials reported data on serious adverse events. There was no evidence of a difference between other plasma expanders versus albumin in serious adverse events ([Moreau 2006](#); [Khan 2015](#)) (RR 0.89, 95% CI 0.10 to 8.30; 118 participants; 2 trials;  $I^2 = 0\%$ ; [Analysis 7.2](#)).

We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because: all trials were at high risk of bias; and there was imprecision: there were few events and the CI included appreciable benefit and harm ([Summary of findings 2](#)). The optimal information size as calculated by GRADE was not reached ([Table 4](#)).

The Trial Sequential Analysis of this comparison was based on a risk of 1.8% in the control group, a relative risk reduction of 5% with experimental plasma expanders, a type I error of 2.5%, and a type II error of 20% (80% power). There was no diversity ( $D^2 =$

0%). The DARIS was 809,313 participants. Due to the fact that only 118 participants were recruited (which is 0.01% of the DARIS of 809,313 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate Trial Sequential Analysis-adjusted CIs.

### Subgroup analyses

We could not perform subgroup analysis of trials according to their risk of bias, presence of refractory ascites, type of plasma expanders, modality of paracentesis, or for-profit funding because both trials included participants with and without refractory ascites, used polygeline, performed total paracentesis, and were without for-profit funding.

### Length of follow-up

The subgroup analysis comparing the effects of length of follow-up showed no differences ( $P = 0.39$ ,  $I^2 = 0\%$ ; [Analysis 10.2](#)): in the single trial with a short follow-up ([Khan 2015](#)) (RR 0.33, 95% CI 0.01 to 7.81; 50 participants; [Analysis 10.2.1](#)) and in the single trial with a long follow-up ([Moreau 2006](#)) (RR 2.38, 95% CI 0.10 to 56.53; 68 participants; [Analysis 10.2.2](#)).

### Health-related quality of life

None of the included trials assessed the health-related quality of life.

### Secondary outcomes

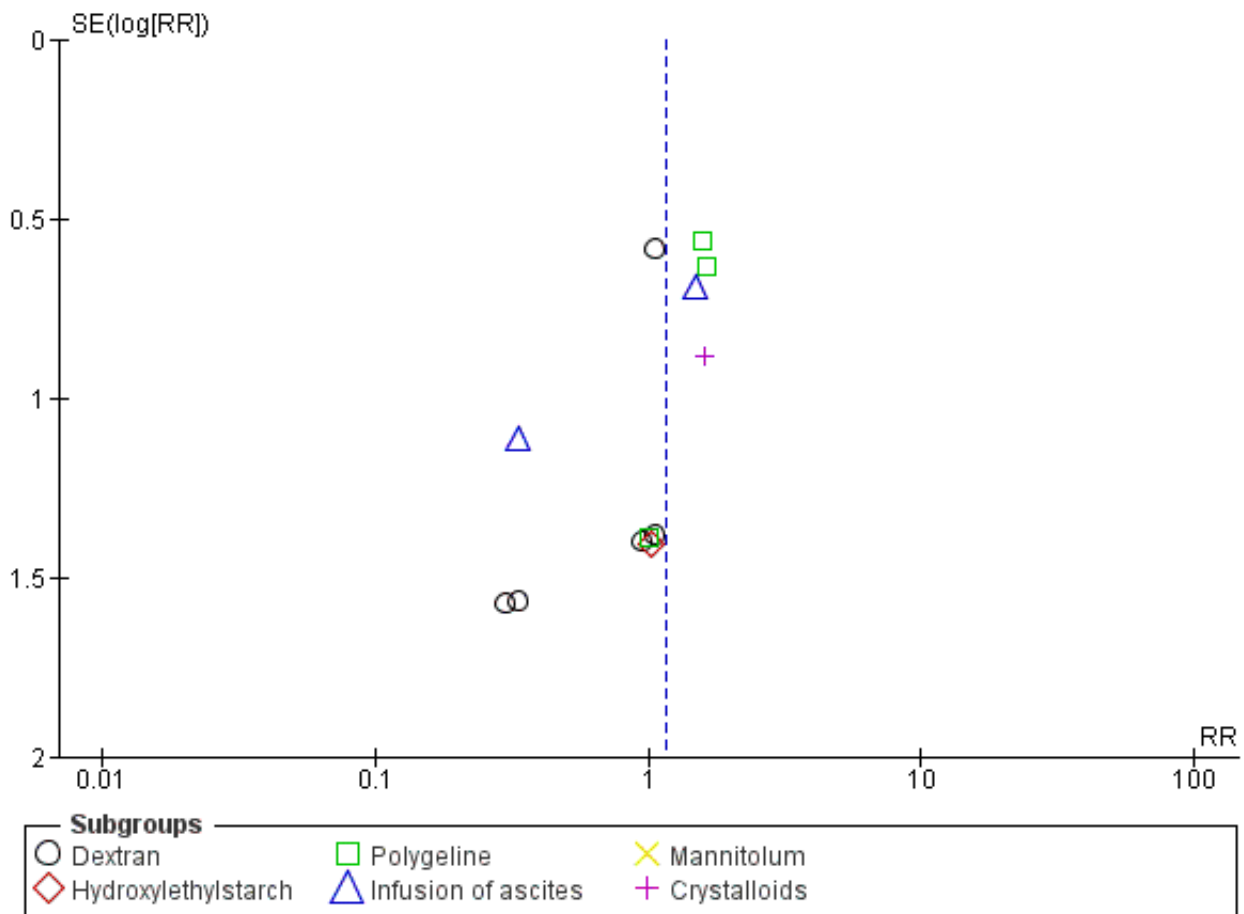
#### Refractory ascites

None of the included trials comparing a plasma expander versus albumin reported data on refractory ascites.

#### Renal impairment

Seventeen trials reported data on renal impairment ([Planas 1990](#); [Smart 1990](#); [Bertrán 1991](#); [Salerno 1991](#); [Simonetti 1991](#); [Bruno 1992](#); [Fassio 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Graziotto 1997](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#); [Khan 2015](#)). There was no evidence of a difference between experimental plasma expanders versus albumin in renal impairment (RR 1.17, 95% CI 0.71 to 1.91; 1107 participants; 17 trials;  $I^2 = 0\%$ ; [Analysis 7.3](#); [Figure 6](#)). Including the six trials with 0 events in Trial Sequential Analysis, renal impairment did not change significantly (RR 1.25, 95% CI 0.65 to 2.07;  $P = 0.39$ ,  $D^2 = 0\%$ ) ([Bruno 1992](#); [Graziotto 1997](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [Khan 2015](#)).

**Figure 6. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.3 Renal impairment.**



We assessed the certainty of the evidence with GRADE as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; the required information size was not reached; and the funnel plot suggested publication bias (Summary of findings 2; Table 4; Figure 6).

Trial Sequential Analysis of this comparison was based on a renal impairment proportion of 5% in the albumin group, a relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The DARIS was 72,651 participants. The Trial Sequential Analysis program could not construct an interpretable figure due to too little information (1.52%) (figure not shown) and Trial Sequential Analysis-adjusted CIs could not be calculated.

**Subgroup analysis**

We could not perform subgroup analysis of trials in terms of renal impairment according to their risk of bias because all the trials were at high risk.

**Type of plasma expanders**

The test for subgroup differences comparing the effects of different plasma expanders showed no difference ( $P = 0.88$ ,  $I^2 = 0\%$ ; Analysis 7.3): trials assessing versus albumin: dextran (RR 0.85, 95% CI

0.34 to 2.08; 304 participants; 5 trials;  $I^2 = 0\%$ ; Analysis 7.3.1), hydroxyethyl starch (RR 1.01, 95% CI 0.06 to 15.90; 207 participants; 3 trials;  $I^2$  not applicable because 2/3 trials had 0 events; Analysis 7.3.2), polygeline (RR 1.53, 95% CI 0.70 to 3.38; 319 participants; 4 trials;  $I^2 = 0\%$ ; Analysis 7.3.3), intravenous infusion of ascites (RR 0.90, 95% CI 0.22 to 3.62; 137 participants; 4 trials;  $I^2 = 24\%$ ; Analysis 7.3.4), and crystalloids (RR 1.59, 95% CI 0.28 to 8.93; 72 participants; 1 trial; Analysis 7.3.6). No events were observed in the only trial in which mannitol was assessed (Zhao 2000) (Analysis 7.3.5).

**Refractory ascites**

The test for subgroup differences comparing the trials including participants without refractory ascites to the trials with participants with refractory ascites showed no difference ( $P = 0.69$ ,  $I^2 = 0\%$ ; Analysis 8.2): trials including participants without refractory ascites (RR 1.24, 95% CI 0.70 to 2.20; 816 participants; 12 trials;  $I^2 = 0\%$ ; Analysis 8.2.1) and trials including participants with refractory ascites (RR 0.98, 95% CI 0.37 to 2.65; 291 participants; 5 trials;  $I^2 = 0\%$ ; Analysis 8.2.2).

**Modality of paracentesis**

The test for subgroup differences comparing different modality of paracentesis showed no difference ( $P = 0.99$ ,  $I^2 = 0\%$ ; Analysis 9.2): trials in which partial paracentesis was used (RR 1.05, 95% CI 0.07 to

15.68; 169 participants; 3 trials;  $I^2$  not applicable because 2/3 trials had 0 events; [Analysis 9.2.1](#)) and trials in which total paracentesis was used (RR 1.04, 95% CI 0.59 to 1.84; 870 participants; 13 trials;  $I^2 = 0\%$ ; [Analysis 9.2.2](#)).

**Length of follow-up**

The test for subgroup differences comparing different lengths of follow-up showed no difference between subgroups ( $P = 0.98$ ,  $I^2 = 0\%$ ; [Analysis 10.3](#)): trials with a follow-up up to one month (RR 1.13, 95% CI 0.56 to 2.25; 551 participants; 8 trials;  $I^2 = 0\%$ ; [Analysis 10.3.1](#)) and trials with more than one month follow-up (RR 1.14, 95% CI 0.58 to 2.22; 556 participants; 9 trials;  $I^2 = 0\%$ ; [Analysis 10.3.2](#)).

**For-profit support**

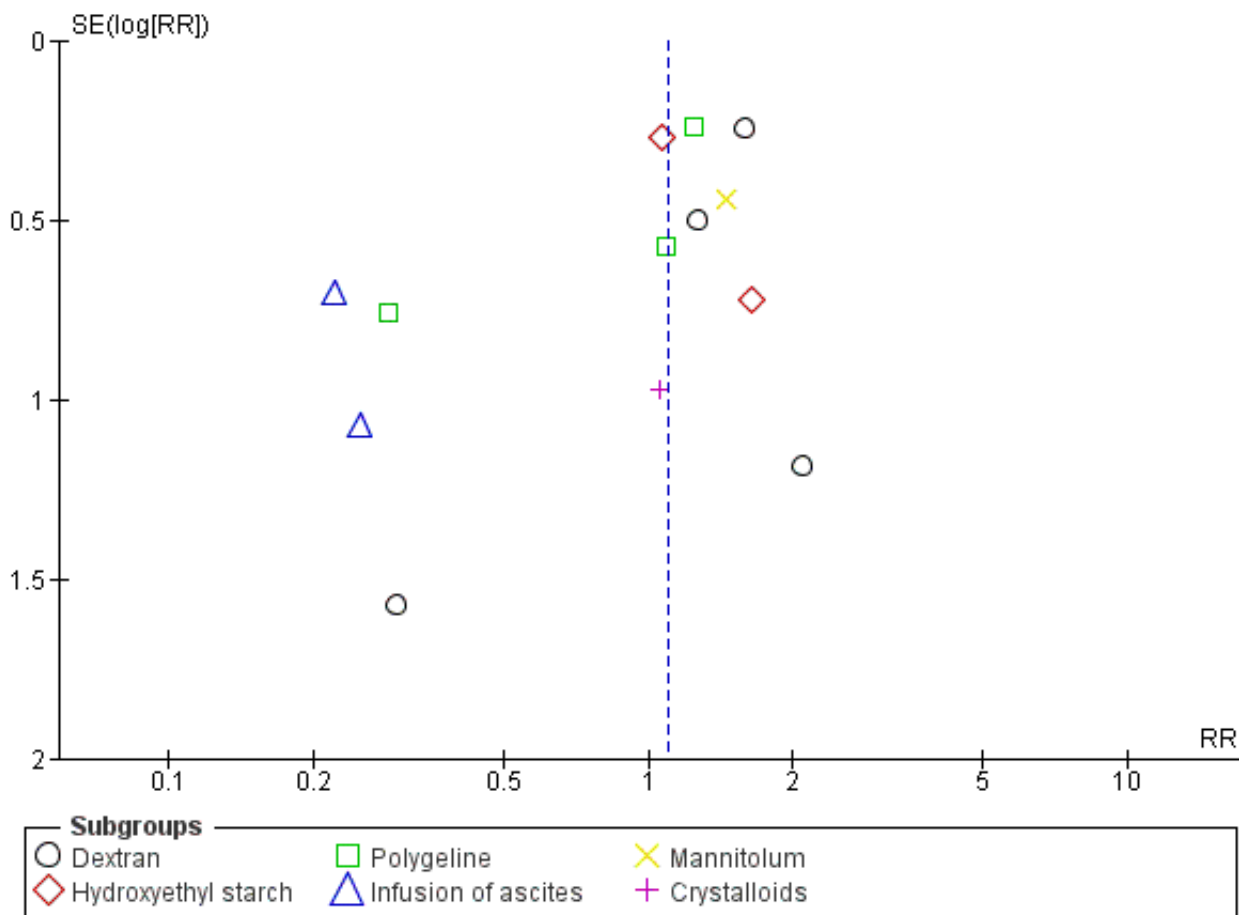
The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.40$ ,  $I^2 = 0\%$ ; [Analysis 11.2](#)). We found no evidence of a difference in renal impairment either in the subgroup of trials without for-profit

funding (RR 1.46, 95% CI 0.72 to 2.97; 357 participants; 6 trials;  $I^2 = 0\%$ ; [Analysis 11.2.1](#)) or in the subgroup of trials with or unknown for-profit funding (RR 0.95, 95% CI 0.48 to 1.90; 750 participants; 11 trials;  $I^2 = 0\%$ ; [Analysis 11.2.2](#)).

**Other liver-related complications**

Other liver-related complications were reported in 16 trials ([Planas 1990](#); [Smart 1990](#); [Bertrán 1991](#); [Salerno 1991](#); [Simonetti 1991](#); [Bruno 1992](#); [Fassio 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#); [Khan 2015](#)). There was no evidence of a difference between experimental plasma expanders versus albumin in other liver-related complications (RR 1.10, 95% CI 0.82 to 1.48; 1083 participants; 16 trials;  $I^2 = 19\%$ ; [Analysis 7.4](#); [Figure 7](#)). The effect of the interventions on the occurrence of other liver-related complications did not change by including the four trials with zero events ([Bruno 1992](#); [Hernández Pérez 1995](#); [Kang 1998](#); [Khan 2015](#)) (RR 1.17, 95% CI 0.92 to 1.48;  $P = 0.20$ ;  $D^2 = 0\%$ ).

**Figure 7. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.4 Other liver-related complications.**



We assessed the certainty of the evidence for this outcome as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was imprecision: the required information size was not reached; and the funnel plot suggested publication bias ([Summary of findings 2](#); [Table 4](#); [Figure 7](#)).

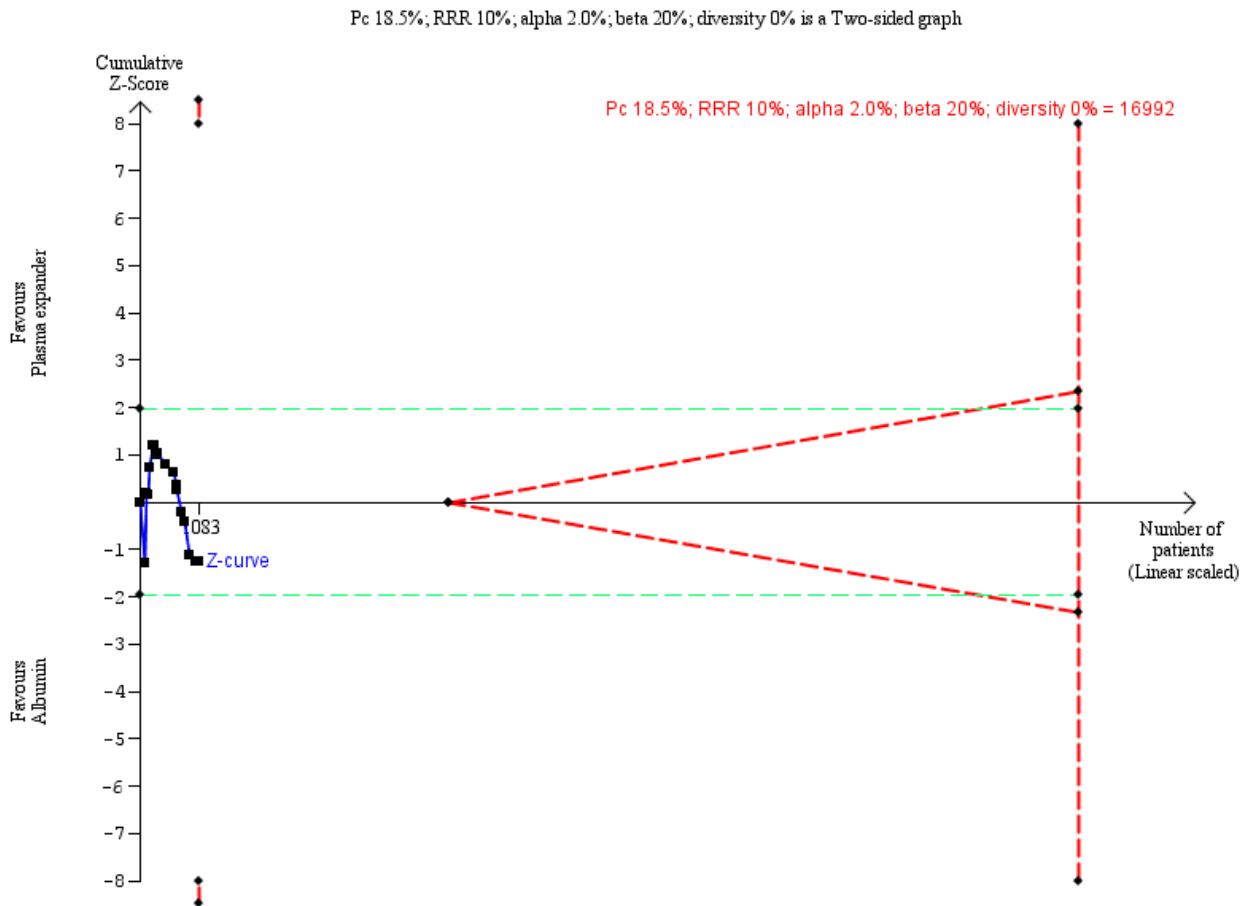
Trial Sequential Analysis of this comparison was based on an incidence of other liver-related complications of 18.5% in the albumin group, a relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The diversity-



adjusted required information size was 16,992 participants. In Trial Sequential Analysis, the accrued information fraction was too small to produce the inner wedge futility area. The cumulative

Z curve (blue line) did not reach the monitoring boundary (red line) suggesting that the results were not stable to adjustments for sparse data and multiple testing (Figure 8).

**Figure 8. Experimental plasma expander versus albumin - 6.4 Other liver-related complications. The diversity-adjusted required information size of 16,992 participants was calculated based on a proportion of participants of 18.5% with other liver-related complications in the control group; a relative risk reduction (RRR) of 10% in the plasma expander group; an alpha of 2.00%; a power of 80%; and a diversity of 0%. The cumulative Z score did not cross borders for benefit, harm, or futility.**



### Subgroup analysis

We could not perform subgroup analysis of trials according to the risk of bias because all the trials were assessed at high risk.

### Type of plasma expanders

The test for subgroup differences comparing the effects of different plasma expanders versus albumin showed a difference ( $P = 0.09$ ,  $I^2 = 47.9\%$ ; Analysis 7.4): dextran (RR 1.49, 95% CI 0.98 to 2.28; 304 participants; 5 trials;  $I^2 = 0\%$ ; Analysis 7.4.1); hydroxyethyl starch (RR 1.13, 95% CI 0.69 to 1.85; 207 participants; 3 trials;  $I^2 = 0\%$ ; Analysis 7.4.2); polygeline (RR 0.91, 95% CI 0.43 to 1.93; 319 participants; 4 trials;  $I^2 = 46\%$ ; Analysis 7.4.3); mannitol (RR 1.45, 95% CI 0.61 to 3.44; 68 participants; 1 trial; Analysis 7.4.5); and crystalloids (RR 1.06, 95% CI 0.16 to 7.10; 72 participants; 1 trial; Analysis 7.4.6). Intravenous infusion of ascites reduced significantly other liver-related complications in comparison with

albumin (RR 0.23, 95% CI 0.07 to 0.73; 113 participants; 3 trials;  $I^2 = 0\%$ ; Analysis 7.4.4).

### Refractory ascites

The test for subgroup differences comparing separately the trials including participants without refractory ascites to trials including participants with refractory ascites showed a difference ( $P = 0.005$ ,  $I^2 = 87\%$ ; Analysis 8.3): trials including participants without refractory ascites (RR 1.36, 95% CI 1.03 to 1.80; 766 participants; 12 trials;  $I^2 = 0\%$ ; Analysis 8.3.1) and in trials including participants with refractory ascites (RR 0.64, 95% CI 0.41 to 1.00; 267 participants; 4 trials;  $I^2 = 61\%$ ; Analysis 8.3.2).

### Modality of paracentesis

The test for subgroup differences comparing the effects of the experimental plasma expanders versus albumin in people treated by total compared to partial paracentesis showed no difference ( $P$

= 0.26,  $I^2 = 20.9\%$ ; [Analysis 9.3](#)): trials with partial paracentesis (RR 1.54, 95% CI 0.76 to 3.11; 169 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 9.3.1](#)) and trials with total paracentesis (RR 0.98, 95% CI 0.67 to 1.42; 864 participants; 13 trials;  $I^2 = 37\%$ ; [Analysis 9.3.2](#))).

**Length of follow-up**

The test for subgroup differences comparing separately the trials with a short follow-up to the trials with a long follow-up showed no difference ( $P = 0.66$ ,  $I^2 = 0\%$ ; [Analysis 10.4](#)): trials with up to one month follow-up (RR 1.17, 95% CI 0.64 to 2.16; 501 participants; 7 trials;  $I^2 = 0\%$ ; [Analysis 10.4.1](#)) and trials with more than one month follow-up (RR 0.99, 95% CI 0.65 to 1.53; 532 participants; 8 trials;  $I^2 = 50\%$ ; [Analysis 10.4.2](#)).

**For-profit support**

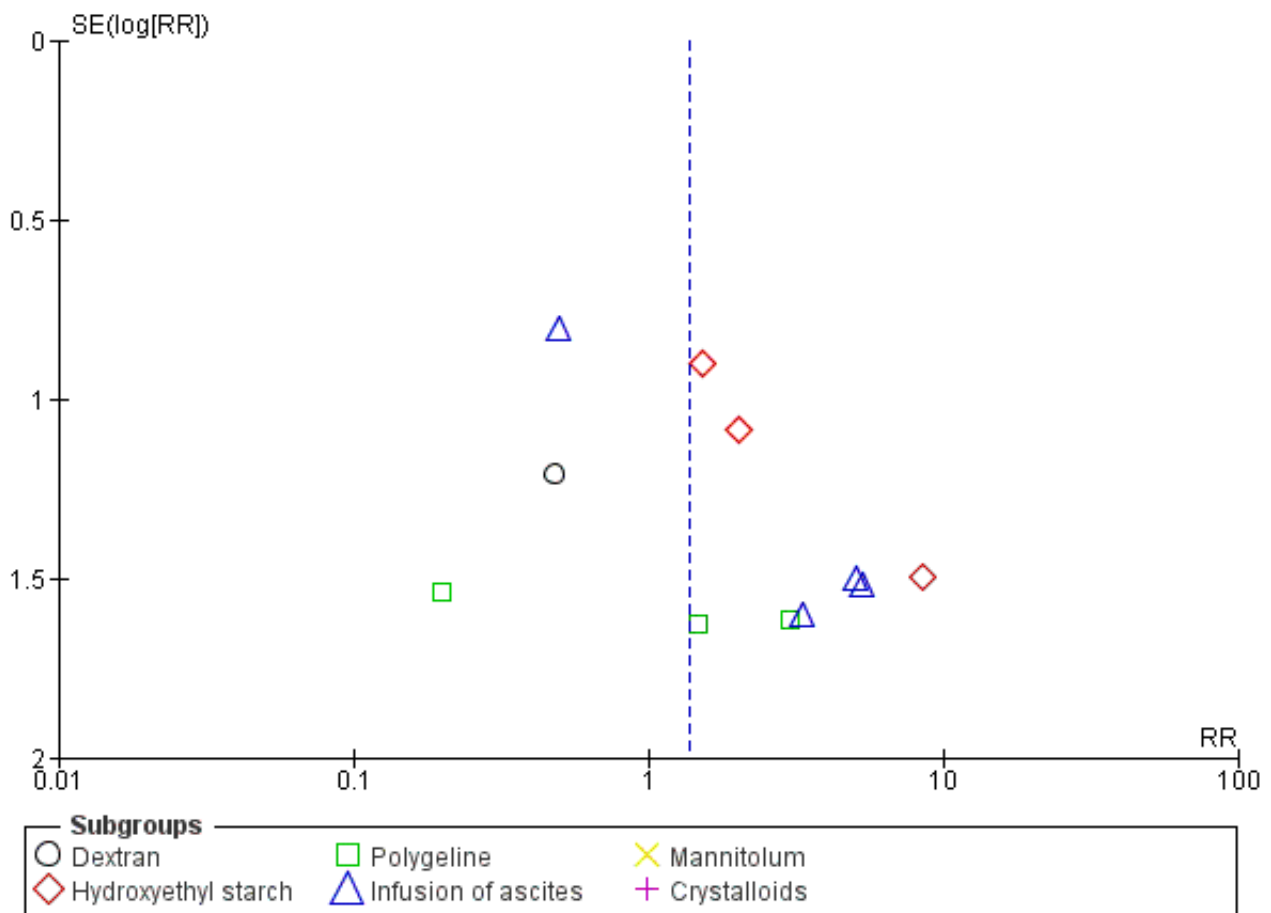
The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.20$ ,

$I^2 = 40.3\%$ ; [Analysis 11.3](#)). Experimental plasma expanders versus albumin led to more participants with other liver-related complications in the subgroup of trials without for-profit funding (RR 1.42, 95% CI 1.03 to 1.97; 357 participants; 6 trials;  $I^2 = 0\%$ ; [Analysis 11.3.1](#)). We found no evidence of a difference in the subgroup of trials with or unknown for-profit funding (RR 1.02, 95% CI 0.69 to 1.50; 726 participants; 10 trials;  $I^2 = 7\%$ ; [Analysis 11.3.2](#)).

**Non-serious adverse events**

Non-serious adverse events were reported in 14 trials ([Planas 1990](#); [Smart 1990](#); [Salerno 1991](#); [Simonetti 1991](#); [Bruno 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Graziotto 1997](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#)). There was no evidence of a difference between the experimental plasma expanders group versus the albumin group in other liver-related complications (RR 1.37, 95% CI 0.66 to 2.85; 977 participants; 14 trials;  $I^2 = 0\%$ ; [Analysis 7.5](#); [Figure 9](#)).

**Figure 9. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.5 Non-serious adverse events.**



Including the four trials with zero events produced a similar result (RR 0.92, 95% CI 0.36 to 2.35;  $P = 0.85$ ;  $D^2 = 0\%$ ) ([Hernández Pérez 1995](#); [Ginès 1996](#); [Zhao 2000](#); [Sola-Vera 2003](#)).

We assessed the level of certainty of the evidence for this outcome as very low. We downgraded the evidence by three levels because

all trials were at high risk of bias; and there was imprecision: the required information size was not reached ([Summary of findings 2](#); [Table 4](#)). There was no publication bias ([Figure 9](#)).

Trial Sequential Analysis of this comparison was based on a non-serious adverse event proportion of 2.5% in the albumin

group, a relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The diversity-adjusted required information size was 148,925 participants. Due to the fact that only 977 participants were recruited (which is 0.65% of the diversity-adjusted required information size of 148,925 participants), the Trial Sequential Analysis program could not construct an interpretable figure and could not calculate the Trial Sequential Analysis-adjusted confidence intervals.

#### Subgroup analysis

We could not perform subgroup analysis of trials according to the risk of bias because all the trials were at high risk.

#### Type of plasma expanders

The test for subgroup differences comparing the effects of different plasma expanders versus albumin showed no difference ( $P = 0.66$ ,  $I^2 = 0\%$ ; [Analysis 7.5](#)): trials assessing dextran (RR 0.48, 95% CI 0.04 to 5.08; 246 participants; 3 trials;  $I^2$  not applicable because 2/3 trials had 0 events; [Analysis 7.5.1](#)); hydroxyethyl starch (RR 2.26, 95% CI 0.66 to 7.71; 207 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.5.2](#)); polygeline (RR 0.91, 95% CI 0.15 to 5.47; 277 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.5.3](#)); intravenous infusion of ascites (RR 1.54, 95% CI 0.41 to 5.71; 137 participants; 4 trials;  $I^2 = 14\%$ ; [Analysis 7.5.4](#)). No events were observed in the mannitol and in the crystalloids subgroups.

#### Refractory ascites

The test for subgroup differences comparing separately the trials including participants without refractory ascites to trials including participants with refractory ascites showed no difference ( $P = 0.88$ ,  $I^2 = 0\%$ ; [Analysis 8.4](#)): trials with participants without refractory ascites (RR 1.47, 95% CI 0.49 to 4.36; 686 participants; 10 trials;  $I^2 = 0\%$ ; [Analysis 8.4.1](#)) and trials with participants with refractory ascites (RR 1.30, 95% CI 0.49 to 3.47; 291 participants; 5 trials;  $I^2 = 0\%$ ; [Analysis 8.4.2](#)).

#### Modality of paracentesis

The test for subgroup differences comparing the effects of experimental plasma expanders versus albumin in participants

treated by partial or total paracentesis showed no difference ( $P = 0.21$ ,  $I^2 = 37.3\%$ ; [Analysis 9.4](#)): trials in which partial paracentesis was performed (RR 8.50, 95% CI 0.46 to 157.71; 98 participants; 2 trials;  $I^2$  not applicable because 1/2 trials had 0 events; [Analysis 9.4.1](#)) and trials in which total paracentesis was performed (RR 1.22, 95% CI 0.57 to 2.58; 879 participants; 13 trials;  $I^2 = 0\%$ ; [Analysis 9.4.2](#)).

#### Length of follow-up

The test for subgroup differences comparing the effects of experimental plasma expanders versus albumin in participants with a short (up to one month) follow-up compared to a long follow-up showed no difference ( $P = 0.26$ ,  $I^2 = 22.6\%$ ; [Analysis 10.5](#)): trials with a short follow-up (RR 2.20, 95% CI 0.73 to 6.59; participants 484; 6 trials;  $I^2 = 0\%$ ; [Analysis 10.5.1](#)) and trials with a long follow-up (RR 0.97, 95% CI 0.41 to 2.32; 493 participants; 8 trials;  $I^2 = 0\%$ ; [Analysis 10.5.2](#)).

#### For-profit support

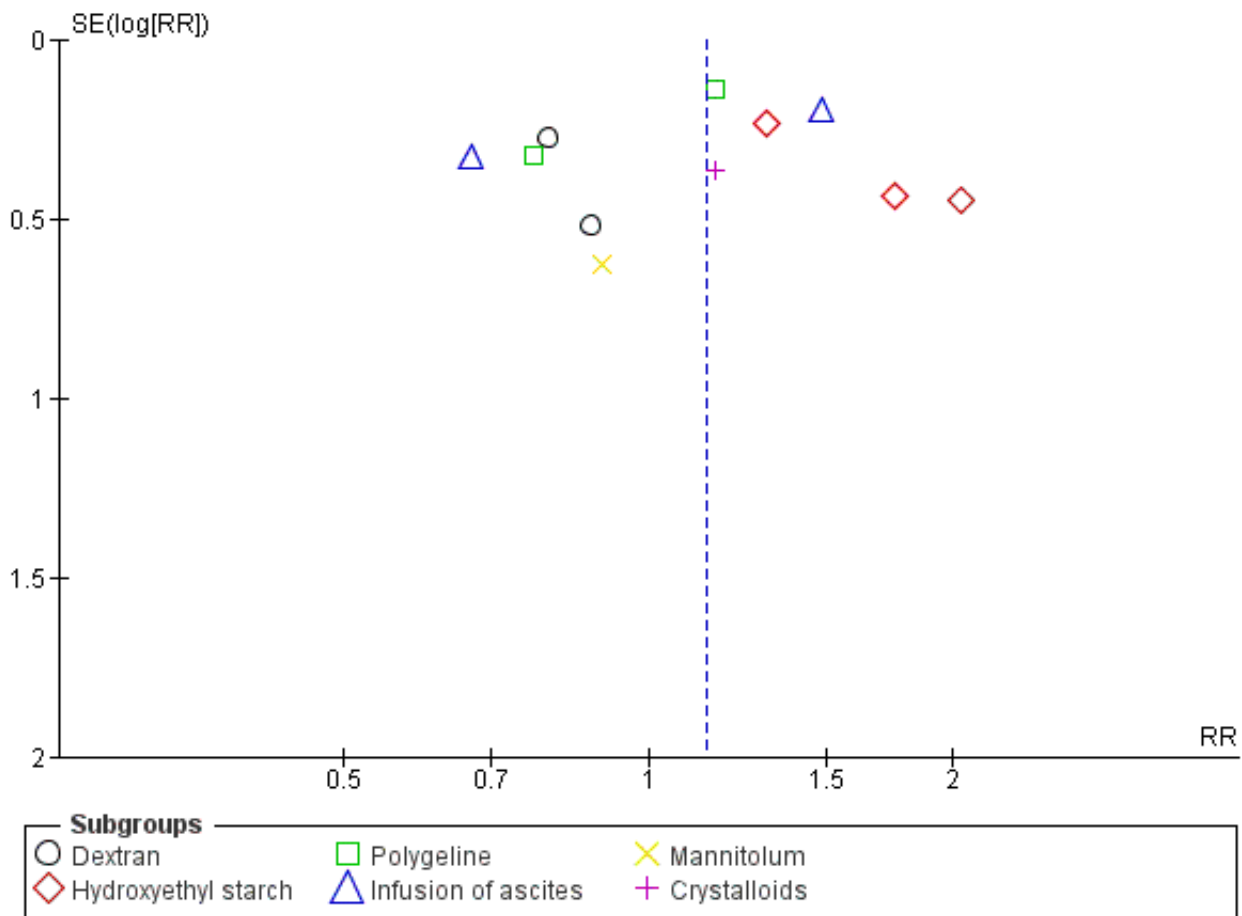
The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.27$ ,  $I^2 = 18.2\%$ ; [Analysis 11.4](#)). We found no evidence of a difference in non-serious adverse events either in the subgroup of trials without for-profit funding (RR 0.62, 95% CI 0.12 to 3.05; 274 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 11.4.1](#)) or in the subgroup of trials with or unknown for-profit funding (RR 1.70, 95% CI 0.75 to 3.85; 703 participants; 10 trials;  $I^2 = 0\%$ ; [Analysis 11.4.2](#)).

#### Exploratory outcomes

##### Recurrence of ascites

Recurrence of ascites was reported in 12 trials ([Planas 1990](#); [Smart 1990](#); [Salerno 1991](#); [Simonetti 1991](#); [Fassio 1992](#); [Méndez 1991](#); [Hernández Pérez 1995](#); [Altman 1998](#); [Zhao 2000](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#)). Experimental plasma expanders had no effect in the recurrence of ascites in comparison with albumin (RR 1.14, 95% CI 0.96 to 1.36; 700 participants; 12 trials;  $I^2 = 8\%$ ; [Analysis 7.6](#); [Figure 10](#)).

**Figure 10. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.6 Recurrence of ascites.**

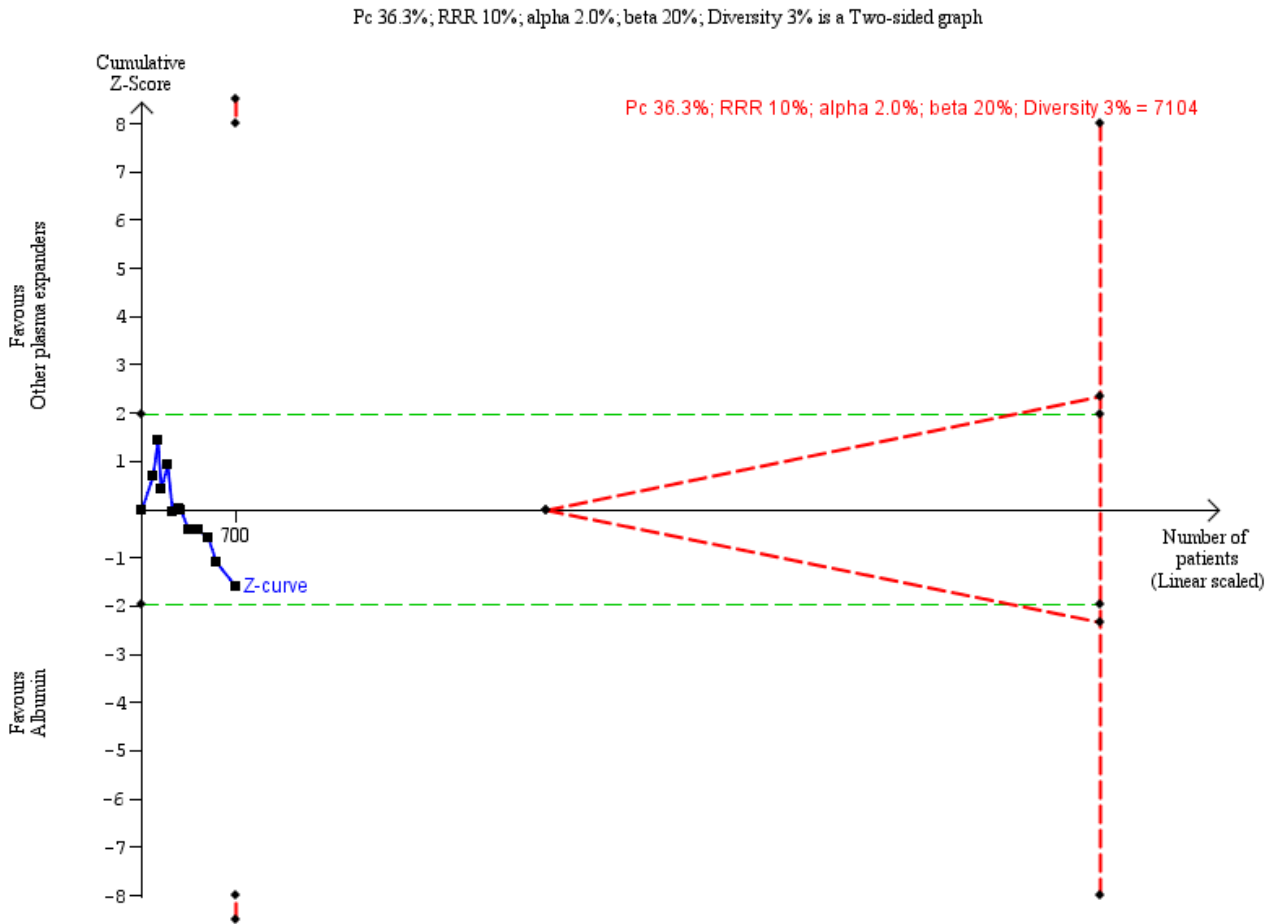


We assessed the level of certainty of the evidence with GRADE as very low. We downgraded the evidence by three levels because all trials were at high risk of bias; and there was imprecision: the required information size was not reached (Table 5; Table 6). There was no evidence of publication bias (Figure 10).

Trial Sequential Analysis of this comparison was based on a recurrence of ascites proportion of 36.3% in the albumin group, a

relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). The diversity ( $D^2$ ) was 3%. The diversity-adjusted required information size was 7104 participants. In Trial Sequential Analysis, the accrued information fraction was too small to produce an inner wedge futility area. The cumulative Z curve (blue line) did not approach the monitoring boundaries (red lines) for benefit or harm, demonstrating too few data (Figure 11).

**Figure 11. Experimental plasma expanders versus albumin - 6.6 Recurrence of ascites. The diversity-adjusted required information size of 7104 participants was calculated based on a proportion of participants of 36.3% of participants suffering recurrence of ascites in the control group; a relative risk reduction (RRR) of 10% in the plasma expander group; an alpha of 2%; a power of 80%; and a diversity of 3%. The cumulative Z score did not cross borders for benefit, harm, or futility.**



**Subgroup analysis**

We could not perform subgroup analysis of trials according to the risk of bias because all the trials were at high risk of bias.

**Type of plasma expanders**

The test for subgroup differences comparing the effects of different plasma expanders versus albumin showed no differences between subgroups ( $P = 0.56$ ,  $I^2 = 0\%$ ; [Analysis 7.6](#)): trials assessing dextran (RR 0.85, 95% CI 0.53 to 1.37; 145 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.6.1](#)); polygeline (RR 1.03, 95% CI 0.69 to 1.54; 122 participants; 2 trials;  $I^2 = 38\%$ ; [Analysis 7.6.3](#)); intravenous infusion of ascites (RR 1.03, 95% CI 0.46 to 2.34; 78 participants; 2 trials;  $I^2 = 79\%$ ; [Analysis 7.6.4](#)); mannitol (RR 0.90, 95% CI 0.26 to 3.07; 68 participants; [Analysis 7.6.5](#)); and crystalloids (RR 1.16, 95% CI 0.57 to 2.39; 72 participants; [Analysis 7.6.6](#)). Hydroxyethyl starch increased the risk of recurrence of ascites in comparison with albumin (RR 1.49, 95% CI 1.03 to 2.15; 215 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.6.2](#)).

**Refractory ascites**

The test for subgroup differences comparing the trials including participants without refractory ascites to trials including participants with refractory ascites did not show differences ( $P = 0.70$ ,  $I^2 = 0\%$ ; [Analysis 8.5](#)): participants without refractory ascites (RR 1.10, 95% CI 0.90 to 1.35; 487 participants; 9 trials;  $I^2 = 0\%$ ; [Analysis 8.5.1](#)) and participants with refractory ascites (RR 1.19, 95% CI 0.86 to 1.66; 235 participants; 4 trials;  $I^2 = 30\%$ ; [Analysis 8.5.2](#)).

**Modality of paracentesis**

The test for subgroup difference comparing the effects of experimental plasma expanders versus albumin in people treated by partial or total paracentesis showed no differences ( $P = 0.60$ ,  $I^2 = 0\%$ ; [Analysis 9.5](#)): participants treated by partial paracentesis (RR 1.28, 95% CI 0.72 to 2.26; 169 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 9.5.1](#)) and participants treated by total paracentesis (RR 1.09, 95% CI 0.91 to 1.30; 533 participants; 9 trials;  $I^2 = 8\%$ ; [Analysis 9.5.2](#)).

**Length of follow-up**

The test for subgroup differences comparing the effects of experimental plasma expanders versus albumin in participants with a short (up to one month) follow-up compared to a long (more than one month) follow-up showed a difference between the subgroups ( $P = 0.03$ ,  $I^2 = 77.9\%$ ; [Analysis 10.6](#)): trials with a short follow-up (RR 2.07, 95% CI 1.12 to 3.83; 96 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 10.6.1](#)) and trials with a follow-up longer than one month (RR 1.03, 95% CI 0.86 to 1.24; 606 participants; 9 trials;  $I^2 = 0\%$ ; [Analysis 10.6.2](#)).

**For-profit support**

The test for subgroup differences comparing for-profit support showed no difference between the two subgroups ( $P = 0.87$ ,  $I^2 = 0\%$ ; [Analysis 11.5](#)). We found no evidence of difference in recurrence of ascites either in the subgroup of trials without for-profit funding (RR 1.16, 95% CI 0.96 to 1.42; 307 participants; 5 trials;  $I^2 = 0\%$ ; [Analysis 11.5.1](#)) or in the subgroup of trials with or unknown for-

profit funding (RR 1.13, 95% CI 0.79 to 1.60; 393 participants; 7 trials;  $I^2 = 28\%$ ; [Analysis 11.5.2](#)).

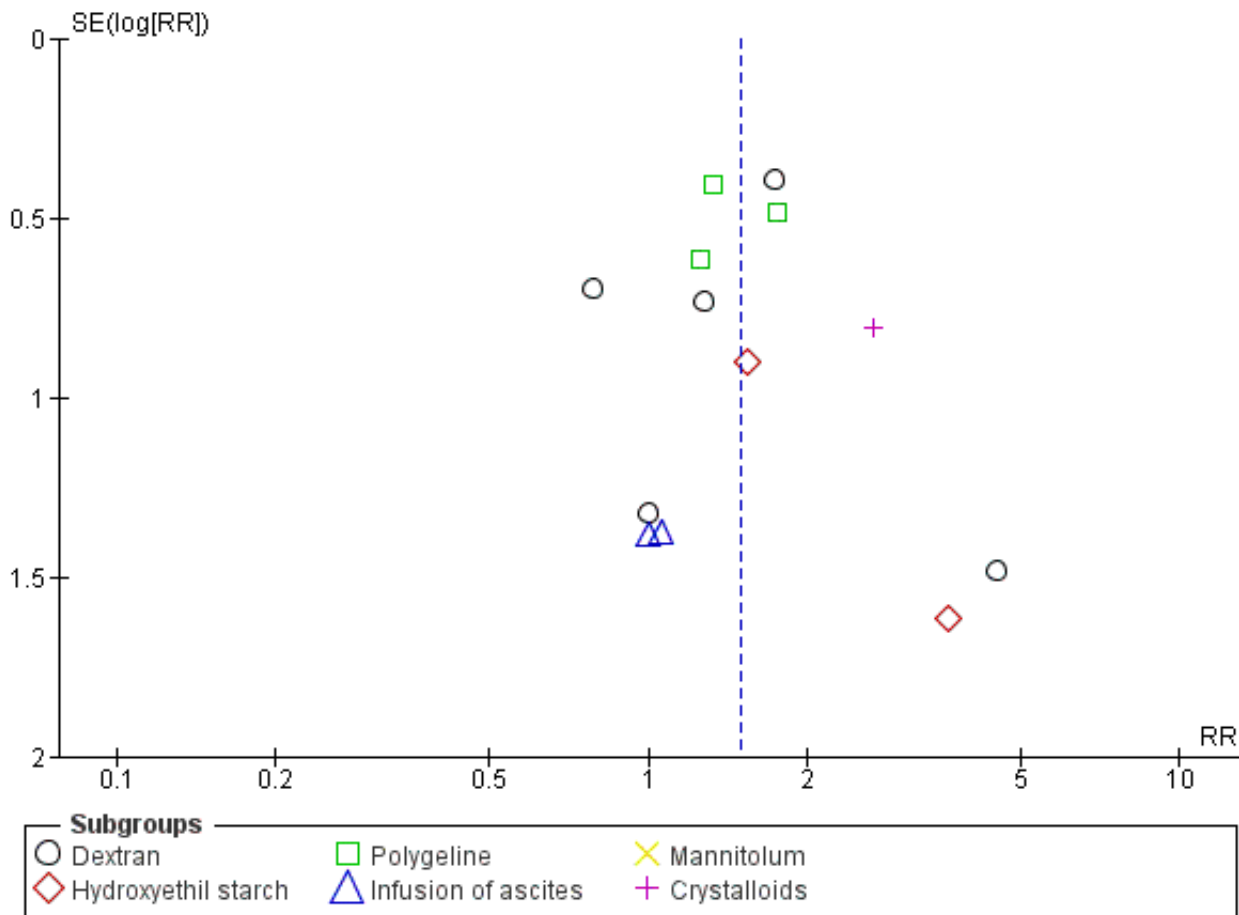
**Hypotension**

One trial mentioned clinical hypotension that was more frequent in the hydroxyethyl starch group (16/67 participants, 24%) than in the albumin group (6/68 participants, 8%) ( $P = 0.02$ ) ([Abdel-Khalek 2010](#)) ([Table 5](#); [Table 6](#)).

**Hyponatraemia**

Hyponatraemia was reported in seventeen trials ([Planas 1990](#); [Smart 1990](#); [Bertrán 1991](#); [Salerno 1991](#); [Simonetti 1991](#); [Bruno 1992](#); [Fassio 1992](#); [Hernández Pérez 1995](#); [Ginès 1996](#); [Graziotto 1997](#); [Altman 1998](#); [Kang 1998](#); [Zhao 2000](#); [Sola-Vera 2003](#); [Moreau 2006](#); [Abdel-Khalek 2010](#); [Khan 2015](#)). Hyponatraemia was more frequent in the experimental plasma expander group than in the albumin group (RR 1.49, 95% CI 1.03 to 2.14; 1107 participants; 17 trials;  $I^2 = 0\%$ ; [Analysis 7.7](#); [Figure 12](#)).

**Figure 12. Funnel plot of comparison: 6 Experimental plasma expanders versus albumin, outcome: 6.7 Hyponatraemia.**



Including the five trials with zero events ([Simonetti 1991](#); [Graziotto 1997](#); [Kang 1998](#); [Zhao 2000](#); [Khan 2015](#)), the result was similar (RR 1.45, 95% CI 1.00 to 2.09,  $P = 0.05$ ).

We assessed the certainty of the evidence for this outcome as very low. We downgraded the evidence by four levels because all trials were at high risk of bias; there was imprecision: the required information size was not reached; and there was publication bias ([Table 5](#); [Table 6](#); [Figure 12](#)).



Trial Sequential Analysis of this comparison was based on a hyponatraemia proportion of 7.3% in the albumin group, a relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The diversity-adjusted required information size was 48,620 participants. The Trial Sequential Monitoring boundary could not be constructed due to too little information (2.28%) (figure not shown).

### Subgroup analysis

We could not perform subgroup analysis of trials according to the risk of bias because all the trials were at high risk of bias.

### Type of plasma expanders

The test for subgroup differences comparing the effects of different plasma expanders showed no difference between the subgroups ( $P = 0.94$ ,  $I^2 = 0\%$ ; [Analysis 7.7](#)). No evidence of a difference in hyponatraemia was reported in the trials assessing dextran (RR 1.44, 95% CI 0.81 to 2.58; 304 participants; 5 trials;  $I^2 = 0\%$ ; [Analysis 7.7.1](#)), hydroxyethyl starch (RR 1.87, 95% CI 0.40 to 8.69; 207 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 7.7.2](#)), polygeline (RR 1.43, 95% CI 0.83 to 2.46; 319 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 7.7.3](#)), intravenous infusion of ascites (RR 1.03, 95% CI 0.15 to 6.93; 137 participants; 4 trials;  $I^2 = 0\%$ ; [Analysis 7.7.4](#)), and crystalloids (RR 2.64, 95% CI 0.55 to 12.75; 72 participants; [Analysis 7.7.6](#)) versus albumin. No events occurred in the mannitol trial ([Zhao 2000](#)) ([Analysis 7.7.5](#)).

### Refractory ascites

The test for subgroup differences comparing the trials including participants without refractory ascites to the trials including participants with refractory ascites did not show a difference between the subgroups ( $P = 0.74$ ,  $I^2 = 0\%$ ; [Analysis 8.6](#)). In the trials including participants without refractory ascites, the experimental plasma expanders increased the risk of hyponatraemia in comparison with albumin (RR 1.53, 95% CI 1.03 to 2.27;  $P = 0.04$ ; 816 participants; 13 trials;  $I^2 = 0\%$ ; [Analysis 8.6.1](#)). In the trials including participants with refractory ascites, no differences between the experimental plasma expanders and albumin were shown (RR 1.29, 95% CI 0.51 to 3.26;  $I^2 = 0\%$ ; 291 participants; 5 trials; [Analysis 8.6.2](#)).

### Modality of paracentesis

The test for subgroup differences comparing the effects of experimental plasma expanders versus albumin in participants treated by total compared to partial paracentesis showed no difference ( $P = 0.52$ ,  $I^2 = 0\%$ ; [Analysis 9.6](#)).

Experimental plasma expanders did not affect hyponatraemia in comparison with albumin in the trials in which partial paracentesis was used (RR 1.00, 95% CI 0.29 to 3.51; 169 participants; 3 trials;  $I^2 = 0\%$ ; [Analysis 9.6.1](#)). Experimental plasma expanders increased the risk of hyponatraemia in comparison with albumin in the trials in which total paracentesis was used (RR 1.54, 95% CI 1.05 to 2.26; 938 participants; 14 trials;  $I^2 = 0\%$ ; [Analysis 9.6.2](#)).

### Length of follow-up

The test for subgroup differences comparing the effects of experimental plasma expanders versus albumin in people with a short (up to one month) follow-up compared to a long follow-up showed no difference ( $P = 0.56$ ,  $I^2 = 0\%$ ; [Analysis 10.7](#)). Experimental

plasma expanders versus albumin resulted in more participants with hyponatraemia in the trials with a short follow-up (RR 1.64, 95% CI 1.01 to 2.68; 551 participants; 8 trials;  $I^2 = 0\%$ ; [Analysis 10.7.1](#)). No difference was found in the trials with more than one month of follow-up (RR 1.31, 95% CI 0.76 to 2.28; 556 participants; 9 trials;  $I^2 = 0\%$ ; [Analysis 10.7.2](#)).

### For-profit support

The test for subgroup differences comparing funding support showed no difference between the two subgroups ( $P = 0.99$ ,  $I^2 = 0\%$ ; [Analysis 11.6](#)). We found no evidence of a difference in hyponatraemia either in the subgroup of trials without for-profit funding (RR 1.48, 95% CI 0.79 to 2.77; 357 participants; 6 trials;  $I^2 = 0\%$ ; [Analysis 11.6.1](#)) or in the subgroup of trials with or unknown for-profit funding (RR 1.49, 95% CI 0.95 to 2.34; 750 participants; 11 trials;  $I^2 = 0\%$ ; [Analysis 11.6.2](#)).

### Post-paracentesis circulatory dysfunction

Post-paracentesis circulatory dysfunction was assessed in three trials including 432 participants ([Ginès 1996](#); [Sola-Vera 2003](#); [Al Sebaey 2012](#)). Post-paracentesis circulatory dysfunction was more frequent in participants treated by experimental plasma expanders in comparison with albumin (RR 1.98, 95% CI 1.31 to 2.99;  $P = 0.001$ ;  $I^2 = 0\%$ ; [Analysis 7.8](#)).

We assessed the level of certainty of the evidence for this outcome as very low. We downgraded the evidence by three levels because all trials were at high risk of bias; and imprecision: the required information size was not reached ([Table 5](#); [Table 6](#)). Trial Sequential Analysis of this comparison was based on a post-paracentesis circulatory dysfunction proportion of 14.8% in the albumin group, a relative risk reduction of 10% with experimental plasma expanders, a type I error of 2.00%, and a type II error of 20% (80% power). There was no diversity ( $D^2 = 0\%$ ). The diversity-adjusted required information size was 22,146 participants. The trial sequential monitoring boundary could not be constructed due to too little information (1.95%).

### Subgroup analysis

We could not perform subgroup analysis of trials according to the risk of bias because all the trials were at high risk. In all three trials, the included participants were without refractory ascites and total paracentesis was used. So we could not perform subgroup analysis according to the presence of refractory ascites and to modality of paracentesis. Post-paracentesis circulatory dysfunction by definition was assessed at six days after paracentesis. So we could not perform subgroup analysis according to length of follow-up.

### Type of plasma expanders

The test for subgroup differences comparing the effects of different plasma expanders showed no difference between the subgroups ( $P = 0.48$ ;  $I^2 = 0\%$ ; [Analysis 7.8](#)). No evidence of a difference in post-paracentesis circulatory dysfunction was reported in comparison with albumin in the trial assessing hydroxyethyl starch (RR 0.67, 95% CI 0.14 to 3.07; 75 participants; [Analysis 7.8.2](#); [Al Sebaey 2012](#)). In comparison with albumin, there was an increased risk for post-paracentesis circulatory dysfunction in the trials evaluating dextran (RR 1.99, 95% CI 1.04 to 3.81; 142 participants; [Analysis 7.8.1](#); [Ginès 1996](#)), polygeline (RR 2.06, 95% CI 1.03 to 4.10; 147 participants;

[Analysis 7.8.3](#); [Ginès 1996](#)), and crystalloids (RR 2.92, 95% CI 1.03 to 8.26; 68 participants; [Analysis 7.8.4](#); [Sola-Vera 2003](#)).

#### For-profit support

The test for subgroup differences comparing funding support showed no difference between the two subgroups ( $P = 0.73$ ,  $I^2 = 0\%$ ; [Analysis 11.7](#)). We found no evidence of a difference in post-paracentesis circulatory dysfunction in the subgroup of trials without for-profit funding (RR 1.56, 95% CI 0.37 to 6.51; 143 participants; 2 trials;  $I^2 = 59\%$ ; [Analysis 11.7.1](#)). Experimental plasma expander versus albumin resulted in more participants with post-paracentesis circulatory dysfunction in the single trial with for-profit funding (RR 2.02, 95% CI 1.26 to 3.24; 289 participants; [Analysis 11.7.2](#)).

#### Reinfusion of ascitic fluid versus polygeline

One trial including 10 participants per comparison group assessed intravenous infusion of ascitic fluid versus polygeline ([Mehta 1998](#)). No procedure-related mortality was reported in the trial, but all-cause mortality was not reported. The trial did not report data on serious adverse events, health-related quality of life, renal impairment, hypotension, hyponatraemia, and post-paracentesis circulatory dysfunction. There was one liver-related complication (spontaneous bacterial peritonitis) in the intravenous infusion of ascitic fluid group, and no events occurred in the polygeline group ( $P = 1.00$ ) ([Analysis 14.1](#)). Non-serious adverse events were more frequent in the intravenous infusion of ascitic fluid group than in the polygeline group (7 and 0, respectively,  $P = 0.003$ ) ([Analysis 14.2](#)). Recurrence of ascites was similar in both treatment groups (9 and 10, respectively,  $P = 1.00$ ) ([Analysis 14.3](#)).

#### Dextran versus polygeline

[Ginès 1996](#) assessed dextran (93 participants) versus polygeline (99 participants). There were no differences between the two treatments in mortality (4/93 (4%) versus 6/99 (6%) ( $P = 0.74$ )); renal impairment (8/93 (9%) versus 10/99 (10%) ( $P = 0.80$ )); other liver-related complications (12/93 (13%) versus 9/99 (9%) ( $P = 0.48$ )); non-serious adverse events (0/93 versus 1/99 (1%) ( $P = 1.00$ )); hyponatraemia (23/93 (25%) versus 19/99 (19%) ( $P = 0.38$ )); and post-paracentesis circulatory dysfunction (34/93 (36%) versus 34/99 (34%) ( $P = 0.76$ )).

#### Comparison of imprecision with GRADE and with Trial Sequential Analysis

The optimal information size (OIS) obtained with GRADE based on the GRADE Handbook, and with GRADE based on authors' choice of plausible relative risk reduction (RRR), and the diversity-adjusted required information size (DARIS) obtained by Trial Sequential Analysis (TSA) were not reached in any primary, secondary, and exploratory outcomes. The agreement in the evaluation of imprecision, obtained by the TSA and GRADE methods, was substantial. We reported the comparison of imprecision evaluation for the primary, secondary and exploratory outcomes in [Table 1](#); [Table 3](#); [Table 4](#); [Table 6](#).

#### Number needed to treat for a beneficial outcome

Number needed to treat for a beneficial outcome (NNTB) was not calculated for each outcome because we judged it was useless to attempt to give an absolute measure of the effect based on a very low level of certainty.

#### Data from the two trials not included in the meta-analysis

In the [García-Compeán 2002](#) trial, the authors reported outcomes referring to the number of paracentesis procedures (48 in dextran group and 48 in albumin group) and not to the number of included participants for each group. There were no deaths during the first hospitalisation, and 18 and 11, respectively during the follow-up in the two groups. Recurrence was observed in 34 and 30 participants in each group. There were no differences between Dextran 40 and albumin in the number and type of complications: renal impairment; hyponatraemia; hyperkalaemia; and local haematoma.

In the [Degoricija 2003](#) trial, it was not possible to extract numerical data on the outcomes of interest for the meta-analysis. The authors reported that the different plasma expanders (albumin, fresh frozen plasma, or polygeline) after a single paracentesis of 6 L, associated with 24-h bed rest before and after the procedure, did not induce significant changes in clinical measurements and laboratory parameters of hepatic and renal function, and plasma renin activity. No local complications related to the procedures were observed.

We judged both the two trials to be at high risk of bias ([Figure 2](#)). No data on benefit or harm were available. Thus, it was not possible to assess the certainty of the evidence.

#### Adverse events reported in non-randomised studies retrieved with the searches for this review

In the [Zaak 2001](#) study, intravenous infusion of ascitic fluid was compared to albumin. Among the 14 participants treated by intravenous infusion of ascitic fluid, there were 11 deaths (78%), 8 complications (57%), 4 cases of hyponatraemia (28%), 1 case of renal impairment (7%), and 3 cases of hepatic encephalopathy (21%). Among the 21 participants treated with albumin, there were 16 deaths (76%), 3 cases of hyponatraemia (14%), 2 cases of renal impairment (9%), and 2 cases of hepatic encephalopathy (9%).

In the [Nasr 2010](#) study, Dextran 70 was compared to albumin. None of the study participants developed serious complications in the form of spontaneous bacterial peritonitis, sepsis, bleeding, or increase in the grade of hepatic encephalopathy until discharge after one week at least.

#### Adverse events reported in other studies with insufficient information on design, conduct, and results, retrieved with the searches for this review

Antillon and colleagues referred to a randomised trial comparing albumin infusion versus no plasma expander after large volume paracentesis in people with cirrhosis and refractory ascites in three publications ([Antillon 1990](#) - abstract; [Antillon 1991](#) - letter of comment to the [Planas 1990](#) trial; [Antillon 1993](#) - comment to the [Bruno 1992](#) trial). In the abstract, they reported three deaths out of seven participants (43%) in the albumin group and two deaths out of seven participants (29%) in the no plasma expander group ([Antillon 1990](#)). In the letter of comment to [Planas 1990](#), Antillon reported that, in their "ongoing trial" including 28 participants, the one-year survival was 45.0% in the albumin group and 41.6% in the no plasma expander group, and that the incidence of hepatorenal syndrome was 50% and 33% in the two groups, respectively ([Antillon 1991](#)). However, they did not report the number of participants in each group. In the comment to the [Bruno](#)



1992 trial, they referred to the trial again as "ongoing" without new results (Antillon 1993). No further information, requested by email and letter, was obtained from the authors.

### Analyses not planned in the protocol

#### *Trials comparing different amounts of albumin*

We assessed the effect of two different doses of albumin in a separate analysis: 4 g/L versus 8 g/L of removed ascites (Alessandria 2011) and 2 g/L versus 6 g/L of removed ascites (Al Sebaey 2013).

The trial by Alessandria 2011 assessed low versus high dose of albumin in 35 participants in each group. There were no differences in the doses administered to the two groups in terms of mortality (3 events in each group,  $P = 1.00$ ); renal impairment (0 events in each group); other complications (4 and 5 events, respectively,  $P = 1.00$ ); and hyponatraemia (3 and 2 respectively,  $P = 1.00$ ).

Post-paracentesis circulatory dysfunction, assessed in the Al Sebaey 2013 and Alessandria 2011 trials, was similar between the two groups: 8/60 events in the low dose albumin group and 10/60 in high dose albumin group (RR 1.00, 95% CI 0.22 to 4.49; 120 participants;  $I^2 = 0$ ) (forest-plot not shown).

#### *Trials including participants with acute-on-chronic liver failure*

One randomised clinical trial, published as abstracts (Arora 2018a; Arora 2018b), compared albumin with no plasma expander after a single < 5 L paracentesis in participants with acute-on-chronic liver failure (ACLF).

Forty participants received albumin (8 g/L of ascitic fluid) and forty received no plasma expander.

Albumin versus no plasma expansion reduced acute kidney injury (12/40 versus 25/40,  $P = 0.0067$ ), hyponatraemia (9/40 versus 27/40,  $P = 0.0001$ ), post-paracentesis circulatory dysfunction (12/40 versus 28/40,  $P = 0.0007$ ), but not hepatic encephalopathy (11/40 versus 20/40,  $P = 0.07$ ). People without post-paracentesis circulatory dysfunction (PPCD) had a higher mortality than people with PPCD (10/40 compared to 26/40,  $P = 0.0006$ ).

Acute-on-chronic liver failure has peculiar pathophysiological, clinical, and prognostic features (Arroyo 2016).

## DISCUSSION

### Summary of main results

The present systematic review with meta-analyses assessed the role of plasma expanders after therapeutic paracentesis for large ascites in people with cirrhosis. The review aimed at answering two questions: whether plasma expanders are needed and whether there are differences between plasma expanders.

Five trials, including 271 participants, compared plasma expanders versus no plasma expander. Albumin was used in four trials (Ginès 1988; García-Compeán 1993; Luca 1995; Baik 2000). Intravenous infusion of concentrated or unmodified ascitic fluid was used in one trial (Descos 1983). Most of the trials were only designed to assess outcomes during hospitalisation. Two trials assessed immediate, within 1 to 2 days, haemodynamic changes after paracentesis (Luca 1995; Baik 2000). Only one trial reported follow-up after discharge (Ginès 1988).

We found very low-certainty evidence that plasma expanders may make little or no difference to mortality. We found very low-certainty evidence that plasma expanders may make little or no difference to serious adverse events, renal impairment, other liver-related complications, non-serious adverse events, recurrence of ascites, and hyponatraemia. We found very low-certainty evidence that albumin decreases the risk of hyponatraemia in the subgroup of trials in which partial paracentesis was used, with a follow-up more than one month, and without for-profit funding. No evidence of a difference was detected for each of the other outcomes in subgroup analyses regarding the type of plasma expander, modality of paracentesis, or duration of follow-up. No trials assessed health-related quality of life, incidence of refractory ascites, or post-paracentesis circulatory dysfunction.

Twenty-one trials, including 1291 participants, assessed different plasma expanders versus albumin (Planas 1990; Smart 1990; Bertrán 1991; Salerno 1991; Simonetti 1991; Bruno 1992; Fassio 1992; Méndez 1991; Hernández Pérez 1995; Ginès 1996; Graziotto 1997; Altman 1998; Kang 1998; Zhao 2000; García-Compeán 2002; Sola-Vera 2003; Moreau 2006; Abdel-Khalek 2010; Al Sebaey 2012; Khan 2015) or versus another plasma expander (Mehta 1998).

We found very low-certainty evidence that experimental plasma expanders may make little or no difference to mortality. No evidence of a difference in mortality was found by analysing each experimental plasma expander (dextran, hydroxyethyl starch, polygeline, intravenous infusion of ascites, mannitol, saline solution) versus albumin. No evidence of a difference in mortality was found in the subgroups of trials including participants with refractory ascites or without refractory ascites, treated by different modality of paracentesis (total one session or partial repeated paracentesis), with different length of follow-up (up to one month or more than one month), and type of funding. No trials assessed health-related quality of life or incidence of refractory ascites. We found very low-certainty evidence that experimental plasma expanders versus albumin may make little or no difference to serious adverse events, renal impairment, other liver related complications, non-serious adverse events, and recurrence of ascites.

We found very low-certainty evidence that experimental plasma expanders versus albumin increased incidence of hyponatraemia.

Hyponatraemia is associated with a significantly higher risk of death in cirrhosis (Ginès 2008; Mohanty 2015). Kim and colleagues demonstrated that serum sodium in patients on the waiting list for liver transplantation is an important predictor of mortality, independent of the model for end-stage liver disease (MELD) score (Kim 2008). Whether this association is attributable to hyponatraemia itself or reflects the fact that patients with hyponatraemia tend to be ill in general, remains to be determined. The MELD-Na, including serum Na, has been shown to predict survival more accurately than MELD alone (Biggins 2006) and it was proposed as a prognostic score in identifying patients for inclusion in the waiting list for liver transplantation. In addition, hyponatraemia is related to a higher risk of hepatic encephalopathy (Guevara 2009; Guevara 2010) and to an impaired health-related quality of life (HRQOL) (Sola 2012). In this systematic review, there was an increased risk of hyponatraemia, but not of mortality, with experimental plasma expanders other than albumin, so the prognostic meaning of the increased risk of hyponatraemia is not clear.

Three trials provided very low certainty of evidence that experimental plasma expanders versus albumin increased the occurrence of post-paracentesis circulatory dysfunction, addressed according to the formal definition proposed by [Ginès 1996](#) and colleagues ([Ginès 1996](#); [Sola-Vera 2003](#); [Al Sebaey 2012](#)). Post-paracentesis circulatory dysfunction is defined as an increase in the plasma renin activity of more than 50% of the pretreatment value to a level of more than 4 ng/mL/h on the sixth day after paracentesis ([Ginès 1996](#), [Ruiz-del-Arbol 1997](#)). Increase of renin activity suggests an activation of neurohumoral mechanism to maintain the correct homeostasis when reduction of effective plasma volume is induced by paracentesis ([Ruiz-del-Arbol 1997](#)), which interferes with the extremely sensible, precarious balance of the homeostatic mechanism in ascitic cirrhotic patients. However, the relationship of post-paracentesis circulatory dysfunction with the prognosis is not definitely documented, as it is an unvalidated surrogate outcome for clinical effects ([Gluud 2007](#); [Jakobsen 2017](#); [Jakobsen 2018](#)). Moreover, in many trials, since renin activity is tested at different time points and by using different cut-off values, the relationship with prognosis is totally lacking.

In the subgroup analysis, we found very low-certainty evidence that experimental plasma expanders versus albumin increased incidence of other liver-related complications in trials including people without refractory ascites and in trials without for-profit funding, recurrence of ascites in trials with a short follow-up, hyponatraemia in trials including people without refractory ascites, in trials in which total paracentesis was used and in those trials with a short follow-up. Regarding the type of plasma expanders, we found very low-certainty evidence that hydroxyethyl starch increased the risk of recurrence; polygeline, dextran, and crystalloids increased the risk of post-paracentesis circulatory dysfunction; and intravenous infusion of ascitic fluid reduced the risk of other liver-related complications. Experimental plasma expanders increased the risk of post-paracentesis circulatory dysfunction in trials with for-profit funding. No differences in the remaining subgroups were observed.

Overall, data to perform the subgroup analyses were lacking.

The differences between experimental plasma expanders versus albumin in some secondary and exploratory outcomes and in some subgroup analyses cannot be taken as proof of any intervention effect, considering the very low certainty of the evidence, the uncertain clinical meaning of the exploratory outcomes, and the number of comparisons that could generate false positive results. However, such differences can act as a stimulus to conduct more randomised clinical trials.

### Overall completeness and applicability of evidence

The included trial participants had a wide range of characteristics, but their stage of cirrhosis was not very advanced, as exclusion criteria in some of the trials were presence of hepatocellular carcinoma, recent gastrointestinal bleeding, hepatic encephalopathy, and recent infection. In the majority of these trials, the participants were without renal failure and hyponatraemia. Some trials did not describe clearly if the trial participants had refractory ascites. So, based on our summary of the evidence, we conclude that the results are applicable to only people with intermediate to advanced stage of cirrhosis, usually treated by paracentesis in the clinics.

The present systematic review with meta-analyses indicates insufficient evidence whether plasma expanders are better than no plasma expanders. This comparison should show that plasma expanders are superior to no plasma expanders before the comparison of different plasma expanders becomes of interest. Without such information, it becomes hard to interpret the comparison between the experimental plasma expanders versus albumin or versus other plasma expanders.

### Quality of the evidence

Our current review has identified a number of methodological concerns. All trials were at high risk of bias. Moreover, there were high risks of random errors. The a priori required number of participants for a meta-analysis to be conclusive was not reached, so this meta-analysis has not enough information to reject or to accept the hypotheses.

Our assessments of risk of bias, and hence the certainty of the evidence, reflects lack of description or poor description of the trial design and performance, as well as incomplete reporting of results. We often failed in our attempts to obtain missing information from authors of the trial reports. Moreover, there is a risk of chance effects due to multiple testing.

We used GRADE to consider the effect of study limitations on our outcomes. The conclusion is that the certainty of information is very low. When we assessed, in a sensitivity analysis, imprecision with Trial Sequential Analysis, then our assessment of the certainty of the evidence was also very low - observations in accordance with previous studies ([Castellini 2018](#); [Gartlehner 2018](#)).

### Potential biases in the review process

We performed a comprehensive literature search for published and unpublished studies, and we combined electronic data searches with manual searches of the reference lists of the identified studies and also conference proceedings and abstract books from relevant national and international society meetings. We included trials regardless of their language of publication and whether they reported data on the outcomes we needed. We contacted relevant authors for additional information.

We consider it unlikely that we have failed to identify any published and unpublished trials. Two review authors independently assessed study eligibility, extracted data, and assessed risk of bias in included studies, and we believe that this has reduced potential biases in the review process. We included only quasi-randomised trials and not observational studies for the assessment of adverse events. This may have biased our review towards assessment of benefits and might have overlooked late or rare harms. We did not seek translation of the full study reports for two studies that were reported in Korean ([Kang 1998](#); [Baik 2000](#)); our judgements and data were limited to information available in the abstract or the tables.

### Agreements and disagreements with other studies or reviews

Several meta-analyses have been published on the use of albumin and other plasma expanders in cirrhotic patients with ascites undergoing paracentesis ([Wong 2008](#); [Bernardi 2012](#); [Wang 2015](#); [Kütting 2017](#)).

The [Wong 2008](#) meta-analysis with nine trials found no difference in mortality and morbidity (renal impairment, hepatic encephalopathy, hyponatraemia) between plasma expansion versus no plasma expansion and between other plasma expanders versus albumin. The [Bernardi 2012](#) meta-analysis with 17 trials found that albumin in comparison with other plasma expanders and vasoconstrictors such as terlipressin, norepinephrine and midodrine, reduced mortality, hyponatraemia, and post-paracentesis circulatory dysfunction and that albumin in comparison with no treatment reduced hyponatraemia and post-paracentesis circulatory dysfunction. However, [Chen 2014](#) and colleagues published a letter in which they presented the Trial Sequential Analysis of the data from the Bernardi's meta-analysis which did not confirm their results and conclusions. On the other hand, Bernardi's reply confirmed the conclusions of the [Bernardi 2012](#) meta-analysis ([Bernardi 2014](#)). The [Wang 2015](#) meta-analysis with 13 trials found that albumin infusion had an advantage over alternative treatments in reducing hospital mortality, hyponatraemia, and post-paracentesis circulatory dysfunction. [Kütting and colleagues \(Kütting 2017\)](#) instead, in their meta-analysis of 21 trials, assessing albumin versus no plasma expanders, other plasma expanders, and vasoconstrictors, found insufficient evidence of benefit in mortality due to albumin substitution in hepatocellular carcinoma-free cirrhotic patients undergoing large volume paracentesis.

We can explain the discrepant conclusions in the afore-mentioned analyses and in our review by the differences in systematic review methodology, tested treatments, and selection of outcomes. Our review is the only one based on a pre-published protocol, which was updated in conformity with the updated Cochrane methodology during the time of the review preparation. We used Trial Sequential Analysis to control the risks of random errors to which the conventional meta-analysis is exposed ([Wetterslev 2008](#); [Thorlund 2010](#); [Jakobsen 2014](#); [Glued 2015](#)).

Our search for randomised clinical trials is current up to January 2019, which resulted in the inclusion of more trials than those included in the mentioned meta-analyses.

We addressed, in two separate comparisons, the role of one plasma expander versus no plasma expander, and the role of different plasma expanders, similar to [Wong \(Wong 2008\)](#) and [Bernardi \(Bernardi 2012\)](#). [Kutting and colleagues](#) analysed together trials in which plasma expanders were tested against no treatment and against other plasma expanders ([Kütting 2017](#)). [Wang](#) did not include trials comparing plasma expanders versus no treatment ([Wang 2015](#)).

In this systematic review, in order to have a higher homogeneity of tested treatments, we chose to evaluate only substances aimed at maintaining a correct balance after paracentesis, by increasing intravascular volume (fluids and/or colloids). We excluded treatments which act by increasing peripheral resistance, such as the vasoconstrictors terlipressin, norepinephrine, and midodrine included in Bernardi's, Wang's and Kutting's meta-analyses ([Bernardi 2012](#), [Wang 2015](#); [Kütting 2017](#)).

We included all the trials assessing every intravenous infusion of fluids which can act as plasma expanders and which have been tested in connection with paracentesis, including intravenous infusion of ascitic fluid after filtration, and in some cases, concentration, excluded in the other meta-analyses. The rationale

of its use is not different from that of other plasma expanders, such as colloids or saline solution.

After the publication of the trial by [Ginès 1988](#), albumin was judged beneficial in connection with paracentesis, but expensive. Many trials were performed testing cheaper plasma expanders, or a modified system of intravenous infusion of ascitic fluid versus albumin. In our systematic review, we decided to test 'other than albumin plasma expanders' as the experimental treatment versus albumin as control treatment, in order to be more adherent to the real structure of the performed trials, whereas in the other meta-analyses, albumin was tested as experimental treatment.

An important difference between this review and the meta-analyses performed by others was the choice of outcomes, which we classified as primary, secondary, and exploratory according to their clinical importance. In particular, hyponatraemia and post-paracentesis circulatory dysfunction were chosen as exploratory outcomes in the present review, whereas in [Bernardi 2012](#) they were chosen as primary outcomes in addition to mortality, and in [Kütting 2017](#) as secondary outcomes. Our choice is due to the putative surrogate character of hyponatraemia and of post-paracentesis circulatory dysfunction (see above).

Moreover, regarding post-paracentesis circulatory dysfunction, we followed the Gines' definition ([Ginès 1996](#)), which is what the scientific community usually refers to. We included the [Al Sebaey 2012](#) trial because the definition of post-paracentesis circulatory dysfunction was only very slightly different from [Ginès 1996](#). On the contrary, [Bernardi 2012](#) and [Kütting 2017](#) defined post-paracentesis circulatory dysfunction in the methods section as an increase of plasma renin activity  $\geq 50\%$  (irrespective of observation time), but then in the results section they reported under the label of post-paracentesis circulatory dysfunction any change of renin activity, irrespective of the rate of increase and timing of the assessment, and any change of aldosterone levels too. The relationship of these humoral changes and differences between treatments with robust clinical and prognostic outcomes has been not analysed and validated.

In a recent trial ([Caraceni 2018](#)), long-term albumin administration in participants with cirrhosis and uncomplicated ascites treated by diuretics increased survival and reduced incidence of complications. This trial did not evaluate the role of albumin after therapeutic paracentesis. Albumin was administered in a weekly fixed schedule associated with the standard medical treatment for up to 18 months. In addition, the great majority of participants had moderate (grade 2) ascites, without refractory ascites. On the contrary, the trials of the present systematic review evaluated the benefits and harms of any plasma volume expanders versus no plasma volume expanders or versus another plasma volume expander after paracentesis, included mostly participants with large ascites, and some trials included participants with refractory ascites. So, Caraceni's trial did not match the question of our systematic review, and its results cannot be applied to patients treated by paracentesis. However, they can raise stimulating issues on the role of albumin as a promising disease-modifying treatment ([Bernardi 2018](#)).

## AUTHORS' CONCLUSIONS

### Implications for practice

Based on the results of key clinical outcomes in this systematic review, we can neither demonstrate nor disprove any benefit of plasma expansion versus no plasma expansion, and differences between one plasma expander versus another plasma expander to be used after therapeutic paracentesis for large ascites in people with cirrhosis. So, the decision to use a plasma expander after large volume paracentesis, and the choice of the type could be based on the physician's and patient's values and preferences.

The increased risk of hyponatraemia and post-paracentesis circulatory dysfunction with other plasma expanders compared to albumin, even considering the limits of their prognostic meaning and the very low level of evidence, could suggest caution in the choice of the plasma expanders in clinical practice.

Regulatory agencies introduced risk reduction minimisation measures, for hydroxyethyl starch. Its use is contraindicated in patients with sepsis, who are critically ill, with renal impairment or undergoing renal replacement therapy, with severe coagulopathy, or with impaired hepatic function and other severe conditions (FDA 2013, EMA 2018; AIFA 2018). According to some regulatory authorities, its use should be limited to managing hypovolaemia due to acute blood loss only when crystalloids are not considered sufficient (AIFA 2018; EMA 2018).

Albumin is considerably more expensive than the other intravenous fluids.

Intravenous infusion of ascitic fluid requires specialised staff and technical devices for filtration and concentration which can reduce its use.

The uncertainty of the results should suggest taking into account alternative treatments that improve the natural history of patients with decompensated cirrhosis, such as transjugular intrahepatic

portosystemic shunt (TIPS) or orthotopic liver transplantation (OLT) when other criteria are satisfied (AASLD 2012; EASL 2016; EASL 2018).

### Implications for research

More large, high-quality randomised clinical trials are necessary to assess the role of plasma expanders in connection with paracentesis in the treatment of ascites in cirrhotic participants. Such randomised clinical trials should be designed according to the SPIRIT guidelines (Standard Protocol Items: Recommendations for Interventional Trials; [www.spirit-statement.org](http://www.spirit-statement.org)) and reported according to the CONSORT guidelines ([www.consort-statement.org](http://www.consort-statement.org)).

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\* Indicates the major publication for the study

**CHARACTERISTICS OF STUDIES**

**Characteristics of included studies [ordered by year of study]**

**Descos 1983**

Methods	RCT comparing paracentesis with reinfusion of ascitic fluid (concentrated or unmodified) and simple paracentesis in patients with liver cirrhosis
Participants	<p><i>Inclusion criteria:</i> patients with alcoholic or cryptogenetic cirrhosis with ascites confirmed by abdominal paracentesis and estimated to be equal to or greater than 5 litres</p> <p><i>Exclusion criteria:</i> age under 20; impossibility of follow-up; the need of emergency treatment for ascites; two recent gastrointestinal haemorrhages; haemorrhagic ascites; chronic hepatic encephalopathy and/or severe alcoholic hepatitis and/or tuberculosis and/or HCC, or the following complications persisting after three weeks (temporary exclusion criteria): active gastrointestinal haemorrhage, acute diarrhoea, hepatic encephalopathy, fever &gt; 38 °C, infected ascites, blood urea &gt; 8 mmol/L (0.050 g%), natraemia &lt; 130 mmol/L, kaliaemia &lt; 2.5 mmol/L or &gt; 5.5 mmol/L, bilirubinaemia &gt; 80 µmol/L or WBC &gt; 12.000/µL</p> <p>We reported baseline data of the participants of the last 3 groups analysing the effect of different plasma expansion.</p> <p>Experimental group A (group 4 in the RCT) - paracentesis with reinfusion of concentrated ascites: 36 participants</p> <p>Experimental group B (group 5 in the RCT) - paracentesis with reinfusion of unmodified ascites: 23 participants</p> <p>Control group (group 6 in the RCT) - simple paracentesis: 31 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p>

**Descos 1983** (Continued)

Age (yr): 57, 56.7, and 57.3. Male (%): 52.7, 56.5, and 74.2. Alcohol consumption (g/d): 158, 170, and 199. Oedema (%): 66.6, 73.9, 87. Bilirubin ( $\mu\text{mol/L}$ ): 46.8, 32.3 and 45.8. Albuminemia (g/L): 27.5, 28.1, and 27.0. Quick's time (%): 50.7, 62, and 53. Ascites protein (g/L): 16.0, 15.1, and 14.8

**Interventions**

All participants were submitted to a 4-7 day period with low sodium diet (500 mg p/d) and water restriction (1 L/day).

Group 1: sodium restriction (500 mg p/d) with spironolactone (maximal dose 400 mg p/d)

Group 2: sodium restriction (500 mg p/d) with two diuretics (spironolactone, maximal dose 400 mg p/d, and furosemide, maximal dose 160 mg p/d, or amiloride and hydrochlorothiazide, maximal dose 20 mg and 200 mg p/d). Potassium chloride was associated according to kalaemia.

Group 3: no sodium restriction and two diuretics (spironolactone, maximal dose 400 mg p/d, and furosemide, maximal dose 160 mg p/d, or amiloride and hydrochlorothiazide, maximal dose 20 mg and 200 mg p/d)

Experimental group A - Group 4 in the RCT (36 participants): sodium restriction (500 mg p/d) plus paracentesis with reinfusion of concentrated ascites. No diuretic treatment was used. If serum Na < 130-135 mmol/L, a hypertonic solution of sodium was given.

Experimental group B - Group 5 in the RCT (23 participants): sodium restriction (500 mg p/d) plus paracentesis with reinfusion of unmodified ascites, over a period of eight hours. If shivering occurred, cortisone and diazepam with or without antibiotics were allowed. Furosemide 40 mg iv could be given, after half an hour, to increase diuresis.

Control group - Group 6 in the RCT (31 participants): sodium restriction (500 mg p/d) plus simple paracentesis (at a rate of 500 mL/h) until no further drainage occurred

We analysed the last three groups, assessing the effect of different plasma expansion.

**Outcomes**

Results were assessed on discharge, or, in the case of hospitalisation of less than one month, one month after the beginning of treatment.

At the time of discharge, the following clinical results of treatment were evaluated:

- weight loss;
- time in hospital;
- duration of treatment;
- ascites regression (total or partial);
- mortality;
- complications of cirrhosis;
- mechanical accidents;
- biochemical accidents.

**Notes**

During the therapeutic observation period, clinical and biochemical data were recorded twice a week.

After mechanical drainage, the participant was kept under observation for 5 days. Further treatment and follow-up (inpatient or outpatient basis) depended on clinical status. In the case of recurrence of ascites within 7 days, diuretics were given as in group 2; when this treatment proved inefficacious, a second mechanical drainage was performed.

Mean time spent in hospital (days): 26.6 in experimental group A, 32.5 in experimental group B and 44.9 in control group

**Descos 1983** (Continued)

In the results section, the number of participants with renal impairment or hyponatraemia for each group was unknown.

Without for-profit funding

No sample size calculation

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method was not specified. The authors wrote that they used a table of random numbers, but it was not clear whether it was to generate the random sequence or to allocate participants.
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The trial authors did not report refractory ascites, but the trial was published before a formal definition of this condition. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Ginès 1988**

Methods	Randomised controlled trial (RCT) of partial paracentesis with and without intravenous albumin in cirrhosis
Participants	<p>One hundred and five cirrhotic patients with tense ascites</p> <p><i>Exclusion criteria:</i> HCC; hepatic encephalopathy, gastrointestinal bleeding or infection at entry; serum bilirubin &gt; 10 mg/dL; prothrombin time &lt; 40%; platelet &lt; 40.000/<math>\mu</math>L; serum creatinine &gt; 3 mg/dL; urinary sodium excretion &gt; 10 mEq/day</p> <p>Before admission to the hospital, 72 participants were being treated with diuretics: 28 with spironolactone (50-400 mg/day), 4 with triamterene (100-300 mg/day) and 40 with furosemide (40-160 mg/day) plus spironolactone (100-400 mg/day).</p> <p>Experimental group – paracentesis and intravenous albumin infusion: 52 participants</p>

**Ginès 1988** (Continued)

Control group – paracentesis without intervention: 53 participants

*Baseline characteristics (values shown are mean where appropriate)*

Age (yr): 56 and 58. Males (%): 61 and 73. Alcoholic cirrhosis (%): 63 and 49. Previous encephalopathy (%): 23 and 13. Previous gastrointestinal bleeding (%): 25 and 19. Previous episodes of ascites (%): 60 and 57. Refractory ascites: unknown. Peripheral oedema (%): 60 and 64. Pleural effusion (%): 8 and 13. Renal failure (%): 13 and 15. Serum bilirubin (mg/dL): 2.9 and 2.5. Prothrombin (%): 61 and 62. Serum albumin (g/L): 29 and 29; BUN (mg/dL) 18.5 and 18.7. Serum creatinine (mg/dL): 1.0 and 1.0. Serum sodium (mEq/L): 133 and 133. Urine sodium (mEq/day): 3.4 and 3.1. Mean arterial pressure (MAP) (mmHg): 85 and 85. PRA (only in 24 participants from each group, ng/mL/h): 6.2 and 5.4. PAC (only in 24 participants from each group, ng/dL): 98 and 81

**Interventions**

After admission, diuretic treatment was withdrawn and participants were given a diet containing 50 mEq/day of sodium. In participants with serum sodium < 130 mEq/L, water ingestion was restricted to 500 mL/day. No NSAIDs and nephrotoxic agent within the 2 months before the study

Experimental group: daily paracentesis (4-6 L) until disappearance of ascites and intravenous albumin infusion (40 g) after each tap

Control group: daily paracentesis (4-6 L) until disappearance of ascites without intervention

Volume of ascites removed, mean: 11.9 L in experimental group and 11.9 L in control group

Number of paracentesis procedures performed per participant, mean: 2.8 in experimental group and 2.9 in control group

Duration of hospitalisation, mean: 10.9 days in experimental group and 12 days in control group

After ascites disappeared, participants were discharged from the hospital with diuretics (spironolactone, furosemide or both).

**Outcomes**

The authors did not specify in the methods the outcomes to be assessed.

They reported data on:

- deaths during hospitalisation and follow-up;
- occurrence of tense ascites during follow-up;
- development of complications, renal impairment, and hyponatraemia during hospitalisation and during follow-up;
- changes in plasma renin activity and aldosterone concentration.

They did not report serious adverse events and refractory ascites incidence.

**Notes**

Randomisation independent in each hospital. Participants with and without renal failure were randomised separately.

Plasma renin activity (PRA) and plasma aldosterone (PA) were measured in 24 participants from each group the day before and 48 h after completion of paracentesis treatment and were repeated 5 days after in 9 participants from control group.

Participants developing tense ascites during follow-up were readmitted to the hospital and treating according to their initial schedule.

Renal impairment:  $\geq 50\%$  increase in serum creatinine or BUN, or both, to a level > 1.5 mg/dL and 30 mg/dL, respectively, after treatment

Hyponatremia: decrease in serum sodium > 5 mEq/L to a level < 130 mEq/L after treatment or a decrease in serum sodium > 5 mEq/L in participants with a serum sodium concentration < 130 mEq/L before treatment

**Ginès 1988** (Continued)

Lost to follow-up: 1 participant in experimental group (10 weeks after discharge from the hospital) and 3 participants in control group (21 and 40 weeks after discharge)

Mean follow-up period after discharge: experimental group, 29.1 weeks; control group, 34.4 weeks

10 participants from experimental group and 11 participants from control group required readmission for tense ascites.

Without for-profit funding

No sample size calculation

Letter sent on 2001. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing data were unlikely to make treatment effects depart from plausible values.
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events and refractory ascites, but the trial was published before a formal definition of these conditions. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Planas 1990**

Methods	RCT comparing dextran-70 versus albumin as plasma expander in cirrhotic patients with tense ascites treated with total paracentesis
Participants	<p>Eighty-eight patients with cirrhosis and tense ascites</p> <p><i>Exclusion criteria:</i> HCC; hepatic encephalopathy, gastrointestinal bleeding, infection at entry; serum bilirubin &gt; 10 mg/dL; prothrombin time &lt; 40%; platelet count &lt; 40.000/mm<sup>3</sup>; serum creatinine &gt; 3 mg/dL; urinary sodium excretion rate &gt; 10 mEq/day</p> <p>Experimental group – total paracentesis and iv dextran-70 infusion: 45 participants</p> <p>Control group – total paracentesis and iv albumin infusion: 43 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p>

**Plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis (Review)**



**Planas 1990** (Continued)

Age (yr): 59 and 59. Males (%): 67 and 58. Alcoholic cirrhosis (%): 71 and 63. Previous episodes of ascites (%): 64 and 58. Previous hepatic encephalopathy (%): 18 and 16. Previous episodes of gastrointestinal haemorrhage (%): 20 and 16. Peripheral oedema (%): 67 and 65. Renal failure (%): 15 and 21. BUN (mg/dL): 16 and 21. Serum creatinine (mg/dL): 0.9 and 1.1. Serum albumin (g/L): 27.6 and 27.9. Serum bilirubin (mg/dL): 2.9 and 3.5. Prothrombin (%): 52 and 55. Serum sodium (mEq/L): 130 and 130. Urine sodium (mL/day): 4 and 3. MAP (mmHg): 84 and 84. PRA (ng/mL/h): 10.5 and 9.3. PAC (ng/dL): 110 and 98

**Interventions**

After admission, participants were given a diet containing 50 mEq/day of sodium. In participants with serum sodium < 130 mEq/L, liquid ingestion was restricted to 500 mL/day.

Experimental group: total paracentesis and iv dextran-70 infusion, 8 g/L of ascites removed (macrodex 6%, containing 6 g of dextran-70 per 100 mL of dextrose solution).

Control group: total paracentesis and iv infusion of albumin, 8 g/L of ascitic fluid removed

Fifty percent of the dextran-70 and albumin were infused immediately after paracentesis and the remaining 50% 6 hours later.

Mean volume of ascites removed: experimental group, 9.4 L (range 3-18.5); control group, 9.5 L (range 3-17)

Mean duration of paracentesis: experimental group, 48 min; control group, 51 min

Duration of hospitalisation: experimental group, 9.9 days; control group, 9.4 days

**Outcomes**

The authors did not specify in the methods the outcomes to be assessed.

They reported data on:

- deaths;

- complications during the first hospital stay: renal impairment ( $\geq 50\%$  increase in serum creatinine or BUN or both to > 1.5 mg/dL and > 30 mg/dL, respectively, after treatment); hyponatraemia (decrease in serum sodium > 5 mEq/L to < 130 mEq/L or, for participants with serum concentration < 130 mEq/L before treatment, a decrease > 5 mEq/L during hospitalisation); encephalopathy; GI bleeding; severe infection;

- changes of standard liver function tests, renal function tests, mean arterial pressure, PRA, aldosterone at 48 hours and 6 days after paracentesis;

- probability of requiring readmission to hospital during follow-up.

**Notes**

Participants with and without renal failure (renal failure was considered present when creatinine > 1.5 mg/dL) were randomised separately to ensure a similar number of cases with renal failure in both therapeutic groups.

After treatment, participants remained in the hospital for 6 days without diuretics. Participants were discharged with diuretics (40 mg/day of furosemide and 200 mg/day of spironolactone in participants without renal failure; 80 mg/day of furosemide and 300 mg/day of spironolactone in participants with renal failure). Participants in whom tense ascites was developing during follow-up were readmitted to the hospital and treated according to the initial schedule.

One participant from each group was transplanted (15 and 2 weeks after inclusion; censored participants).

Lost to follow-up: 1 participant from experimental group (2 weeks after inclusion)

Mean follow-up period: 23.7 weeks from experimental group and 27.5 weeks from control group

Thirty participants from experimental group and 24 from control group were readmitted during follow-up.

**Planas 1990** (Continued)

Mean volume of ascites removed: 9.6 L from experimental group and 9.8 L from control group

Without for-profit funding

No sample size calculation

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing data were unlikely to make treatment effects depart from plausible values.
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events and refractory ascites, but the trial was published before a formal definition of these conditions. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Smart 1990**

Methods	RCT comparing recirculation with partial paracentesis and iv albumin in refractory ascites
Participants	<p><i>Inclusion criteria:</i> forty patients with ascites due to portal hypertension and refractory to diuretic therapy. Refractory ascites was defined as failure to respond to fluid restriction (1500 mL/24 h), sodium restriction (50 mmol/24 h) and a minimum combination of furosemide 80 mg and spironolactone 200 mg daily. Patients were also included if this or lesser therapy was associated with significant hyponatraemia (serum Na &lt; 130 mmol/L), a rising creatinine or the precipitation of encephalopathy.</p> <p><i>Exclusion criteria:</i> liver cancer; within 2 weeks oesophageal variceal haemorrhage; ascitic infection (PMN &gt; 250/mm<sup>3</sup>); severe hepatic encephalopathy.</p> <p>Experimental group - total paracentesis and ascites recirculation: 20 participants.</p> <p>Control group - repeated daily paracentesis of 3-4 L and intravenous albumin: 20 participants.</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 56 and 61. Males (%): 50 and 65. Alcoholic cirrhosis (%): 45 and 45. Peripheral oedema (%): 70 and 85. Renal impairment (%): 60 and 55. Child-Pugh C (%): 60 and 70. Previous treatment for refractory ascites (%): 15 and 20. Previous diuretic complications (%): 60 and 65. Furosemide dose (mg/day):</p>

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**Smart 1990** (Continued)

60 and 60. Spironolactone dose (mg/day): 194 and 178. Serum urea (mmol/L): 9.0 and 10.7. Serum creatinine ( $\mu\text{mol/L}$ ): 127 and 148. Serum bilirubin ( $\mu\text{mol/L}$ ): 49 and 66. Serum albumin (g/L): 31 and 26. Serum sodium (mmol/L): 132 and 128. Serum potassium (mmol/L): 4.3 and 4.1

Interventions	<p>Experimental group: total paracentesis and intravenous infusion of filtrated and concentrated ascites (using Rhodiascit apparatus) at a rate of 250 mL/h approximately</p> <p>Control group: daily partial paracentesis (maximum 4 L) and intravenous infusion of 40 g of human albumin, given as 200 mL of salt-poor albumin (total sodium content 28 mmol), over half an hour</p> <p>A mean of 6 L of waste resulting in a mean weight loss of 6.7 kg was observed in experimental group.</p> <p>Mean number of paracentesis procedures performed overall was 5, which removed a mean volume of ascites of 13.3 L with a resulting weight loss of 10.3 kg, in control group.</p>
Outcomes	<p>The authors did not specify in the methods the outcomes to be assessed.</p> <p>They reported data on:</p> <ul style="list-style-type: none"> <li>- deaths;</li> <li>- recurrence of ascites;</li> <li>- complications;</li> <li>- hospital stay length;</li> <li>- costs.</li> </ul>
Notes	<p>Randomisation was stratified according to serum creatinine.</p> <p>Following the procedure, participants continued on diuretics and, if no fluid recurrence occurred, were discharged to be followed as outpatients.</p> <p>For the discharged participants (excluding those transplanted), the mean duration of hospital stay was 7 days in the experimental group and 11 days in the control group.</p> <p>Lost to follow-up: one participant in each group</p> <p>The median follow-up was 31 (max. 96) weeks in the ascites recirculation group and 35 (max 109) weeks in the paracentesis group.</p> <p>With for-profit funding ("We would like to acknowledge the support of Armour Pharmaceutical Co Ltd. who supplied the 20% albumin solution used in this study")</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method was not specified
Allocation concealment (selection bias)	Low risk	Opaque sealed envelopes
Blinding of participants and personnel (performance bias)	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.

**Smart 1990** (Continued)

All outcomes

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing data were unlikely to make treatment effects depart from plausible values.
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events and refractory ascites, but the trial was published before a formal definition of these conditions. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Salerno 1991**

Methods	RCT comparing polygelin with albumin as plasma expander after total paracentesis in cirrhotic patients with refractory ascites
Participants	<p>Fifty-four cirrhotic patients with refractory massive ascites (34 patients with diuretic-resistant ascites and 20 with recurrent ascites).</p> <p><i>Inclusion criteria:</i> Absolute unresponsiveness to diuretic drugs, defined as progressive increase of body weight and abdominal girth and positive sodium balance while the patient was on a low sodium diet and on the maximal-tolerated doses of diuretics. Diuretic drugs were given stepwise with increasing doses up to 600 mg of spironolactone and 150 mg of furosemide, except for 16 patients for whom the administration was stopped at lower dosages (200-300 mg of spironolactone and 25-100 mg of furosemide) because of the rise of creatinine (&gt; 2.5 mg/dL), the fall of plasma sodium (&lt; 120 mEq/L) or both.</p> <p>Frequent recurrence of massive ascites (at least three episodes during the previous 9 months) in patients taking high doses of diuretic drugs (at least 300 mg of spironolactone plus 50 mg of furosemide)</p> <p><i>Exclusion criteria:</i> Heart failure; primary kidney disease; infection; active gastrointestinal bleeding or severe encephalopathy</p> <p>Thirteen participants with renal failure (creatinine &gt; 1.2 mg/dL and BUN &gt; 25 mg/dL) and 11 participants with HCC were included.</p> <p>Experimental group – paracentesis and polygeline: 27 participants</p> <p>Control group – paracentesis and albumin: 27 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 53.2 and 55.9. Males (%): 74 and 63. Alcoholic cirrhosis (%): 48 and 44. Diuretic resistant ascites (%): 59 and 67. Renal impairment (%): 26 and 22. HCC (%): 22 and 18. Peripheral oedema (%): 37 and 52. Serum albumin (g/L): 30 and 33. Serum bilirubin (mg/dL): 4.6 and 3.9. Prothrombin time (ratio to normal): 1.4 and 1.4. BUN (mg/dL): 20 and 22.1. Serum creatinine (mg/dL): 0.98 and 1.26. Plasma sodium (mmol/L): 130.6 and 131.1. Urine sodium (mmol/day): 20.5 and 16.4. PRA (ng/mL/hr): 11.9 and 13.2. PAC (pg/mL): 801 and 1186. ANF (pg/mL): 30.1 and 37.1. MAP (mmHg): 90.3 and 92.3</p>
Interventions	During hospitalisation, participants were on a low-sodium diet (40 mmol/day), with free access to water (except for participants with plasma sodium < 130 mEq/L, for whom water intake was restricted to

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**Salerno 1991** (Continued)

500 mL/day). Diuretics were discontinued at least 2 days before paracentesis for participants with diuretic-resistant ascites but not for participants with relapsing ascites, who received 200 mg of spironolactone plus 25 mg of furosemide per day.

Experimental group: total paracentesis (one session, large volume paracentesis) and iv infusion of haemaccel (polygelin 3.5%), 150 mL/L of ascites evacuated

Control group: total paracentesis (one session, large volume paracentesis) and iv infusion of 20% human albumin solution, 30 mL/L of ascites evacuated

Infusion was started just at the end of the evacuation and was completed within 4 hr.

Amount of ascitic fluid removed (mean): experimental group, 8.3 L; control group, 8.9 L Duration of hospital stay (mean): experimental group, 24.5 days; control group, 26.8 days

**Outcomes**

The authors did not plan in the protocol the assessment of any outcome.

They reported data on:

- deaths during hospitalisation and follow-up;
- occurrence of tense ascites during follow-up;
- development of complications during hospitalisation: kidney impairment (a 50% increase in creatinine to a level > 1.2 mg/dL), hyponatraemia (decrease in sodium of at least 5 mmol/L to a level < 130 mmol/L), hyperkalaemia (increase in potassium of at least 1.5 mmol/L to a level > 5.5 mmol/L);
- liver disease-related morbidity;
- changes in plasma renin activity and aldosterone concentration.

**Notes**

Separate randomisation for participants with and without renal impairment

Participants were discharged from the hospital while on a low-sodium diet and standard diuretics dose (200 mg of spironolactone and 50 mg of furosemide) and subsequently adjusted.

Mean follow-up: 89.3 weeks for experimental group and 93.6 weeks for control group

No dropouts or withdrawals were reported.

Cost for an average infusion after one-session total paracentesis: \$21 for experimental group and \$305 for control group

With for-profit funding ("We are indebted to Dr. Learco Mottola, Istituto Behring SpA, for support").

No sample size calculation

We emailed Salerno and colleagues on Feb 2013. Reply received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Low risk	Sequentially numbered, sealed, opaque envelopes

**Salerno 1991** (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events, but the trial was published before a formal definition of this condition. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Bertrán 1991**

Methods	RCT comparing dextran-70 versus albumin as plasma expander in cirrhotic patients with tense ascites treated with total paracentesis
Participants	<p>Seventeen cirrhotic patients with tense ascites</p> <p><i>Exclusion criteria:</i> not reported</p> <p>Experimental group – paracentesis with dextran-70: 9 participants</p> <p>Control group – paracentesis with albumin: 8 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 54 and 61. Male (%): 77 and 38. Alcoholism (%): 89 and 62. Child-Pugh class (A-B-C) (number of participants): 1-2-6 and 0-5-3</p>
Interventions	<p>After admission, the participants received a diet containing 50 mEq of sodium/day for 5 days. No diuretics were administered.</p> <p>Experimental group: total paracentesis with iv infusion of dextran-70, 8 g/L of ascitic fluid removed</p> <p>Control group: total paracentesis with iv infusion of albumin, 8 g/L of ascitic fluid removed</p> <p>Half dose of albumin and dextran-70 were infused immediately after paracentesis and half dose 6-8 hours later.</p> <p>Volume of removed ascites (mean): 9.6 L in experimental group and 9.5 L in control group</p>
Outcomes	<p>The authors planned to evaluate the nutritional status of cirrhotic participants before and 2 days after paracentesis, by measuring triceps skinfold thickness, mid-arm muscle circumference, and serum albumin. In addition, in 10 participants (6 from the experimental group and 4 from the control group) serum albumin was measured after 1 month from paracentesis.</p> <p>The authors reported data on:</p> <ul style="list-style-type: none"> <li>- complications;</li> <li>- mortality during hospitalisation.</li> </ul>



**Bertrán 1991** (Continued)

Notes

Unknown for-profit funding

No sample size calculation

A letter was sent on 21 October 2015. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method was not specified
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	High risk	The trial authors did not report mortality, serious adverse events, and non-serious adverse events.
Other bias	Low risk	No other bias identified

**Simonetti 1991**

Methods	RCT comparing total paracentesis and concentrated ascitic fluid reinfusion with repeated paracentesis and iv albumin in the treatment of cirrhotic patients with refractory ascites
Participants	<p><i>Inclusion criteria:</i> 38 patients with tense refractory ascites, defined as failure to respond to low-sodium diet (10 mEq/d), water restriction (500-700 mL/d) and previous diuretic treatment (K-canrenoato up to 600 mg/day and furosemide up to 100 mg/day) and/or with clinical or humoral contraindications to the use of diuretics (e.g. hypotension, hepatic encephalopathy, functional renal failure – BUN &gt; 37 mg/dL and/or serum creatinine &gt; 1.5 mg/dL, hyponatraemia ≤ 125 mEq/L)</p> <p><i>Exclusion criteria:</i> bilirubin &gt; 6 mg/dL; prothrombin time &lt; 40 %, hepatic encephalopathy &gt; I grade; upper digestive bleeding in the last 3 months; infection of ascites in the last 3 months; HCC; platelet count &lt; 40.000/mm<sup>3</sup>; azotaemia &gt; 120 mg/dL and/or serum creatinine &gt; 3 mg/dL; haemorrhagic ascitic fluid; severe cardiac or respiratory failure</p> <p>Experimental group – total paracentesis with reinfusion of filtered and concentrated ascitic fluid (TPRA): 18 participants</p> <p>Control group – courses of paracentesis and iv albumin infusion (RP): 20 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p>

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**Simonetti 1991** (Continued)

Age (yr): 62.7 and 57. Males (%): 50 and 75. Alcohol cirrhosis (%): 13 and 11. HBsAg positive cirrhosis (%): 5 and 5. HCV-related cirrhosis (%): 65 and 65. HCV/alcohol-related cirrhosis (%): 17 and 19. Child-Pugh B (%): 72 and 40. Child-Pugh C (%): 28 and 60. BUN (mg/dL): 30 and 30. Serum creatinine (mg/dL): 1.4 and 1.5. Plasma sodium (mEq/L): 134 and 135. Urine sodium (mEq/day): 24 and 16. PRA (ng/mL/h): 18.4 and 18.7. Plasmatic aldosterone (pg/d): 1695 and 775

**Interventions**

Diuretics were stopped for 6 days before randomisation.

Experimental group: total paracentesis with iv infusion of filtered and concentrated ascitic fluid in a shorter time (2-4 h) and with a smaller final volume of intravenous infused fluid (800-1000 mL) than previously reported (with Rhodiascit)

Control group: partial paracentesis (4 L/day) every other day followed by iv infusion of 40 g albumin after each tap, until disappearance of ascites

Volume of removed ascites (mean, L/course): 10 in experimental group and 11 in control group

**Outcomes**

The authors reported data on:

- deaths after 6 months of follow-up;
- complications after 6 months of follow-up;
- recurrence of ascites;
- length of hospitalisation;
- cost of treatment;
- failure: more than 2 courses/month required or incomplete removal of ascites during a single course.

**Notes**

No dropouts

In experimental group, 68 courses were performed in a mean time of  $129 \pm 59$  days; in control group, 58 courses were performed in a mean time of  $88 \pm 66$  days.

The mean time before a new course became necessary was  $39 \pm 33$  days in the experimental group and  $26 \pm 13$  days in the control group. Mean hospitalisation time necessary for single course was 1 day in the experimental group and  $5 \pm 2.3$  days in the control group.

Failures were one for each group.

The treatment was stopped in:

- 7 participants of experimental group for: increasing hyperazotaemia (4 participants), liver failure (1 participant), umbilical hernia leakage (1 participant), hypertensive gastrointestinal haemorrhage (1 participant);
- 15 participants of control group for: increasing hyperazotaemia (3 participants), hypertensive gastrointestinal haemorrhage (4 participants), spontaneous bacterial peritonitis (3 participants), liver failure (3 participants), poor compliance (2 participants).

There were 6 deaths in the experimental group and 7 deaths in the control group.

Cost for each course: 200.000 lire in the experimental group and 420.000 lire in the control group

Without for-profit funding

Sample size calculated

Lacking information was directly provided from the authors.

**Risk of bias**

**Simonetti 1991** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random table number
Allocation concealment (selection bias)	Low risk	Sealed opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	It was not possible to exclude that the possibility that unblinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	It was not possible to exclude that the possibility that unblinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events, but the trial was published before a formal definition of these conditions. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Méndez 1991**

Methods	RCT comparing hydroxyethyl starch and albumin as plasma expander after total paracentesis in cirrhotic patients with refractory ascites.
Participants	<p>Twenty cirrhotic patients with refractory ascites</p> <p>Experimental group – paracentesis with hydroxyethyl starch 450: 10 participants</p> <p>Control group – paracentesis with iv albumin: 10 participants</p>
Interventions	<p>Experimental group: total paracentesis and hydroxyethyl starch 450 (HES), 7.7 g/L of ascitic fluid removed</p> <p>Control group: total paracentesis and iv infusion of albumin, 8 g/L of ascitic fluid removed</p> <p>Total paracentesis was performed at admission and 5 days later.</p>
Outcomes	<p>The authors reported data on:</p> <ul style="list-style-type: none"> <li>- changes in serum sodium, urea, creatinine, potassium, aldosterone and MAP after two and/or five days of total paracentesis;</li> <li>- recurrence of ascitic fluid;</li> <li>- changes in body weight;</li> <li>- complications.</li> </ul>

**Méndez 1991** (Continued)

Notes	<p>Abstract</p> <p>Both groups showed significant changes in serum Na, urea and creatinine after 2 and/or 5 days of total paracentesis.</p> <p>No significant changes were observed in K, ARP and MAP. The increase in aldosterone reached statistical significance only in experimental group on day 5.</p> <p>Reaccumulation of ascites was lower in the control group than in the experimental group (70.2% vs 43.7% P &lt; 0.01). The difference was less marked in cirrhotic participants without oedema (55% vs 40.9% P &lt; 0.05).</p> <p>No complications were observed.</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply not received</p>
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**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method of random sequence generation was not reported.
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No data
Selective reporting (reporting bias)	High risk	The trial authors did not report most predefined outcomes (mortality, non-serious adverse events, other liver-related complications, renal impairment).
Other bias	Unclear risk	Not evaluable

**Bruno 1992**

Methods	RCT comparing spontaneous ascites filtration and reinfusion with total paracentesis and iv albumin infusion in cirrhotic patients with tense ascites
Participants	<p>Thirty-five cirrhotic patients with recurrent tense ascites and urinary excretion &lt; 20 mmol/day.</p> <p><i>Inclusion criteria:</i> liver cirrhosis with tense ascites and urinary sodium excretion rate lower than 20 mmol/day; serum bilirubin concentration &lt; 85 µmol/L; serum creatinine concentration &lt; 265 µmol/L; prothrombin time &lt; 18 s; platelet count &gt; 50 x 10<sup>9</sup>/L.</p>

**Bruno 1992** (Continued)

*Exclusion criteria:* HCC; severe hepatic encephalopathy (III and IV stage); gastrointestinal bleeding or infection during the previous month; spontaneous bacterial peritonitis; treatment with nonsteroidal anti-inflammatory drugs during the previous month

On the first day of admission to hospital, diuretic treatment was discontinued and the participants were put on a low sodium diet (20 mmol/day), with fluid intake restricted to 500 mL/day in participants with serum sodium levels < 130 mmol/L and to 1 L/day in the remaining participants.

Experimental group – spontaneous ascites filtration and reinfusion: 17 participants

Control group – total paracentesis plus iv albumin infusion: 18 participants

*Baseline characteristics (values shown are mean where appropriate)*

Age (yr): 52 and 55. Males (%): 70 and 55. Alcohol (%): 65 and 50. Hepatitis B antigen positive (%): 18 and 22. Child Pugh A (%): 6 and 0. Child-Pugh B (%): 59 and 61. Child-Pugh C (%): 35 and 39. Na < 130 mmol/L (%): 29 and 50. Serum sodium (mmol/L): 132 and 131. Serum potassium (mmol/L): 4.0 and 4.1. Urine sodium (mmol/day): 8 and 3. Urine potassium (mmol/day): 28 and 24. Body weight (kg): 71.9 and 68.4

Interventions	<p>Experimental group: spontaneous ascites filtration and reinfusion (as described by <a href="#">Landini 1985</a>)</p> <p>Control group: total paracentesis with iv albumin infusion, 4-6 g/L of removed ascites</p> <p>Mean time needed to perform the procedure: 5 hours in the experimental group and 2 hours in the control group</p> <p>Mean volume of ascites removed: 7.0 L in the experimental group and 6.4 L in the control group</p>
Outcomes	<p>The authors reported data also on:</p> <ul style="list-style-type: none"> <li>- haemodynamic, humoral and hormonal changes at 24 h and at 8 days;</li> <li>- deaths during hospitalisation;</li> <li>- development of complications during hospitalisation;</li> <li>- treatment failure: increase in body weight of more than 50% of the weight loss after paracentesis;</li> <li>- no resolution of ascites.</li> </ul>
Notes	<p>Baseline determinations were repeated on the eight day after treatment to assess the efficacy of both procedures.</p> <p>Time of observation: hospital stay</p> <p>Both procedures resulted in improvement of the subjective symptoms in all participants.</p> <p>Dilutional hyponatraemia occurred in one participant from each group.</p> <p>No participants dropped out from the study.</p> <p>Death: one participant control group (while in hospital 10 days after the procedure)</p> <p>Average cost per 10 L of ascites removed: \$156 for spontaneous ascites filtration and reinfusion and \$360 for total paracentesis with iv albumin infusion</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p>



**Bruno 1992** (Continued)

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated list
Allocation concealment (selection bias)	Unclear risk	Sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events, but the trial was published before a formal definition of this condition. Other outcomes were reported.
Other bias	Low risk	No other bias identified

**Fassio 1992**

Methods	RCT comparing dextran-70 with albumin as plasma expander after partial paracentesis in cirrhotic patients with tense ascites
Participants	<p>Forty-one cirrhotic patients with tense ascites</p> <p><i>Exclusion criteria:</i> liver cancer; gastrointestinal bleeding; hepatic encephalopathy; infection; serum urea &gt; 60 mg/dL or serum creatinine &gt; 1.5 mg/dL; prothrombin concentration &lt; 40%; platelet count &lt; 40.000/mm<sup>3</sup>; serum bilirubin &gt; 10 mg/dL; urinary sodium concentration &gt; 20 mEq/L</p> <p>Experimental group – paracentesis with dextran: 20 participants</p> <p>Control group – paracentesis with albumin: 21 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 54 and 54. Male (%): 70 and 81. Alcoholism (%): 75 and 90. Previous episodes of ascites (%): 65 and 52. Peripheral oedema (%): 70 and 62. Child-Pugh score: 10.3 and 9.8. MAP (mmHg): 82 and 82. Serum bilirubin (mg/dL): 3.1 and 2.2. Prothrombin (%): 61 and 60. Serum albumin (g/dL): 2.6 and 2.7. Serum urea (mg/dL): 27 and 29. Serum creatinine (mg/dL): 1.0 and 1.0. Serum sodium (mEq/L): 132 and 132. PRA (measured in 15 participants from each group) (ng/mL/h): 6.9 and 7.7</p>

**Fassio 1992** (Continued)

Interventions	<p>After admission, the participants received a diet containing 50 mEq of sodium/day. Hyponatremic participants had water restriction. Diuretic treatment was stopped for at least 5 days before the paracentesis.</p> <p>Experimental group: daily paracentesis up to 5 L of ascitic fluid removed with iv infusion of dextran-70 (6 g of dextran per 100 mL saline isotonic solution), 6 g for each litre of removed ascites</p> <p>Control group: daily paracentesis up to 5 L of ascitic fluid removed with iv infusion of albumin (20% solution), 6 g for each L of removed ascites</p> <p>Volume of removed ascites (mean): 12.9 L in the experimental group and 10.9 L in the control group</p>
Outcomes	<p>The authors did not plan in a protocol the assessment of any outcome.</p> <p>They reported data on:</p> <ul style="list-style-type: none"> <li>- deaths during hospitalisation and follow-up;</li> <li>- no resolution of ascites;</li> <li>- occurrence of tense ascites during follow-up;</li> <li>- development of complications during hospitalisation;</li> <li>- changes in plasma renin activity and aldosterone concentration at 96 h;</li> <li>- haemodynamic and hormonal effects during first hospitalisation.</li> </ul>
Notes	<p>In 12 participants of each group, PRA was repeated 96 h after the last paracentesis.</p> <p>Participants were given diuretics on the fifth day after paracentesis to prevent recurrence of ascites. Participants were discharged from the hospital and followed closely in the outpatient clinic.</p> <p>Participants who developed tense ascites during the follow-up were readmitted to the hospital and treated according to the initial schedule.</p> <p>Development of renal impairment: serum creatinine and serum urea increased &gt; 50% above 1.5 mg/dL or above 40 mg/dL</p> <p>Hyponatraemia: serum sodium dropped more than 5 mEq below 130 mEq/L</p> <p>One participant from the experimental group and 2 participants from the control group were lost to follow-up.</p> <p>Mean follow-up: experimental group, 32.4 weeks; control group, 26.9 weeks</p> <p>Cost for each participant: \$15.48 for dextran and \$364.27 for albumin (1 g of dextran = 0.20 dollars and 1 g of albumin = 5.37 dollars)</p> <p>Without for-profit funding</p> <p>No sample size calculation</p> <p>We emailed Fassio and colleagues on Feb 2013. Reply received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Sequence generation was achieved using computer random number generation.

**Fassio 1992** (Continued)

Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing data were unlikely to make treatment effects depart from plausible values.
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events and refractory ascites, but the trial was published before a formal definition of these conditions. They did not report non-serious adverse events.
Other bias	Low risk	No other bias identified

**García-Compeán 1993**

Methods	RCT comparing total therapeutic paracentesis (TTP) with and without iv albumin in the treatment of cirrhotic tense ascites
Participants	<p>35 cirrhotic patients with tense ascites (ascites which causes respiratory dysfunction) and the following criteria: no HCC; no hepatic encephalopathy, gastrointestinal haemorrhage, either local or systemic infection; serum bilirubin &lt; 10 mg/dL; prothrombin time &lt; 5 s over the control; platelet count &gt; 50.000/mm<sup>3</sup>; serum creatinine &lt; 3 mg/dL and serum sodium &gt; 125 mEq/L</p> <p>Experimental group – total therapeutic paracentesis (TTP) plus iv albumin infusion: 17 participants</p> <p>Control group – total therapeutic paracentesis (TTP) without intervention: 18 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 54.6 and 56.7. Males (%): 65 and 55. Alcoholic cirrhosis (%): 70 and 72. Child-Pugh B (%): 41 and 50. Child-Pugh C (%): 59 and 50. Previous hepatic encephalopathy (%): 35 and 28. Previous gastrointestinal bleeding (%): 59 and 44. Previous ascites and/or oedema (%): 65 and 67. Refractory ascites (%): 0 and 0. Peripheral oedema (%): 88 and 83. BUN (mg/dL): 20.1 and 18. Creatinine (mg/dL): 0.92 and 1.01. Albumin (g/dL): 1.97 and 2.2. Bilirubin (mg/dL): 2.3 and 1.4. Prothrombin time (s/control): 5.2 and 4.7. Serum sodium (mEq/L): 134 and 135. Urinary sodium (mEq/L): 29 and 34. MAP (mmHg): 82 and 83. PRA not reported. PAC not reported</p>
Interventions	<p>Participants discontinued diuretics 3 days before treatment. A diet containing less than 50 mEq of sodium per day was prescribed.</p> <p>Experimental group: total paracentesis and iv albumin infusion (a solution of 25% human albumin containing a sodium concentration of 30 mEq/L), 5 g per litre of the removed ascites, in 1 hour</p> <p>Control group: total paracentesis without intervention</p> <p>Mean volume of extracted fluid (L): experimental group, 8.4; control group, 8.2</p> <p>Mean time taken for TTP (min): experimental group, 64; control group, 60 min.</p>

**Plasma expanders for people with cirrhosis and large ascites treated with abdominal paracentesis (Review)**

**García-Compeán 1993** (Continued)

Mean dose of infused albumin (g): 40

Outcomes	The authors reported data on: <ul style="list-style-type: none"> <li>- biochemical, haemodynamic and hormonal changes;</li> <li>- complications attributed to total paracentesis;</li> <li>- mortality;</li> <li>- plasma renin activity (PRA) and plasma aldosterone (PA) 6, 12, and 24 hours after treatment.</li> </ul>
Notes	<p>There was no confirmation of the refractoriness of ascites by previous intensive treatment with diuretics in any of the cases.</p> <p>Renal impairment: an increase &gt; 50% in serum creatinine or BUN, or both, to a level &gt; 1.5 mg/dL and 30 mg/dL, respectively, after treatment</p> <p>Hyponatremia: a serum sodium level &lt; 130 mEq/L or a decrease &gt; 5 mEq/L after treatment. Hyperkalemia: an increase &gt; 5 mEq/L</p> <p>Follow-up: 5 days of hospitalisation</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply not received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The trial authors did not report serious adverse events, but the trial was published before a formal definition of this condition. Trial with a short follow-up. Other outcomes were reported.
Other bias	Low risk	Other bias not identified

**Luca 1995**

Methods	RCT evaluating haemodynamic and humoral changes after total paracentesis (TTP) with and without iv albumin in cirrhotic patients with tense ascites
Participants	<p>18 cirrhotic patients with tense ascites</p> <p><i>Inclusion criteria:</i> serum bilirubin &lt; 5 mg/dL; prothrombin time &gt; 40%; platelet count &gt; 40,000/mm<sup>3</sup>; serum creatinine &lt; 3 mg/dL; absence of hepatoma, portal thrombosis, hepatic encephalopathy, infections, and haemorrhage from gastroesophageal varices in the last 2 weeks</p> <p>Experimental group – total paracentesis (TTP) plus iv albumin infusion: 9 participants</p> <p>Control group – total paracentesis (TTP) without intervention: 9 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 59 and 58. Males (%): 78 and 67. Child-Pugh score: 10.6 and 10.2. Alcoholic cirrhosis (%): 33 and 44. Serum bilirubin (mg/dL): 2.4 and 4.0. Prothrombin activity (%): 58 and 57. Plasma albumin (g/L): 25 and 27. Previous variceal bleeding (%): 22 and 11. Peripheral oedema (%): 78 and 78. Urine sodium (mEq/day): 12 and 7. PRA (ng/mL/h): 20.4 and 11.8. Plasma aldosterone (ng/dL): 231 and 159. Atrial natriuretic factor (fmol/mL): 33.4 and 26.1. Cardiac index (L·m<sup>2</sup>/min): 3.8 and 4.6. MAP (mmHg): 80 and 82. Femoral blood flow (mL·m<sup>2</sup>/min): 207 and 240. HVPG (mmHg): 20.8 and 19.7. Azygos blood flow (mL/min): 681 and 885</p>
Interventions	<p>After admission, participants were put on a low-sodium diet (40 mEq/d) and did not receive diuretics or vasoactive drugs.</p> <p>Experimental group: total paracentesis and iv albumin (a solution of 20% albumin; sodium concentration 30 mEq/L) infusion, 8 g per L of the removed ascites. 50% of albumin within 1 hour at a rate of about 170 mL/hr and the other 50% during the following 6 hours</p> <p>Control group: total paracentesis without intervention</p> <p>Paracentesis: 8.6 L in experimental group and 9.1 L in control group. Time of paracentesis: 69 min in experimental group and 59 min in control group 2</p>
Outcomes	<p>The authors reported data on:</p> <ul style="list-style-type: none"> <li>- haemodynamic (systemic and hepatic) and neurohumoral changes at 24 hours;</li> <li>- adverse effects.</li> </ul> <p>The authors gave us data on our predefined outcomes.</p>
Notes	<p>After paracentesis, before randomisation, there were no differences in systemic and splanchnic haemodynamics, vasoactive neurohumoral systems, and plasma volume between groups.</p> <p>Without for-profit funding</p> <p>No sample size calculation</p> <p>We emailed Luca and colleagues on Feb 2013. Reply received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated sequence

**Luca 1995** (Continued)

Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The authors did not report in the article information on mortality, serious adverse events, renal impairment, other liver-related complications and non-serious adverse events because aim of the trial was to assess haemodynamic and neuro-humoral changes 24 h after paracentesis. This information was obtained from the authors.
Other bias	Low risk	No other bias identified

**Hernández Pérez 1995**

Methods	RCT comparing dextran-70 with albumin as plasma expander after total paracentesis in cirrhotic patients with tense ascites
Participants	<p>16 cirrhotic patients with tense ascites and: no hepatic encephalopathy, gastrointestinal bleeding, infection, liver cancer, severe renal failure (serum creatinine &gt; 3 mg/dL), electrolytes alteration; serum bilirubin &lt; 10 mg/dL; prothrombin time &lt; 3.5 s above the limit; platelet count &gt; 40.000/mm<sup>3</sup>.</p> <p>Experimental group – large volume paracentesis with dextran: 8 participants</p> <p>Control group – large volume paracentesis with albumin: 8 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 59.38 and 59.88. Male (%): 25 and 50. Alcoholic cirrhosis (%): 50 and 62. MAP (mmHg): 86.50 and 86.38. Serum albumin (g/dL): 3.16 and 3.14. Prothrombin (%): 61.24 and 66.49. Serum bilirubin (mg/dL): 2.28 and 2.28. Serum creatinine (mg/dL): 0.91 and 0.71. Serum urea (mg/dL): 28.75 and 32.17. Serum sodium (mEq/L): 136.64 and 136.34. Plasma renin (ng/mL/h): 1.91 and 1.58. Plasma aldosterone (pg/mL): 372.95 and 178.79</p>
Interventions	<p>Participants received a diet containing 1 g of sodium daily. The allowed oral fluid intake did not exceed 1 L/day; fluid restriction of 500 mL/day was carried out in participants with serum sodium &lt; 130 mEq/L. Diuretics were not allowed.</p> <p>Experimental group: large volume paracentesis, &gt; 5 L of ascitic fluid removed, with iv infusion of dextran-70 (6 g for each litre of removed ascites)</p> <p>Control group: large volume paracentesis, &gt; 5 L of ascitic fluid removed, with iv infusion of albumin (6 g for each litre of removed ascites)</p>



**Hernández Pérez 1995** (Continued)

50% of the albumin and dextran-70 were infused during paracentesis and the remaining 50% 6 hours later.

The participants were discharged from the hospital on the sixth day with spironolactone 200 mg/die.

Volume of removed ascites, mean: in the experimental group, 6.13 L; in the control group, 6.88 L

Outcomes	The authors reported data on: <ul style="list-style-type: none"> <li>- biochemical and hormonal effects 48 h after treatment;</li> <li>- recurrence of ascites;</li> <li>- complications.</li> </ul>
Notes	If ascites recurred after discharge, the participants were treated using the same plasma expander.  Follow-up: two weeks  Cost for plasma expander was \$20.8 USD in the experimental group and \$266 USD in the control group.  Unknown for-profit funding  No sample size calculation  Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method of sequence generation was not specified.
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	High risk	The study authors did not report mortality. The trial authors did not report serious adverse events, but the trial was published before a formal definition of these conditions.
Other bias	Low risk	No other bias identified

## Ginès 1996

Methods	RCT comparing dextran 70, polygeline, and albumin in cirrhotic patients with ascites treated by total paracentesis
Participants	<p>Two hundred eighty-nine patients with cirrhosis who were admitted for tense ascites</p> <p><i>Exclusion criteria:</i> HCC; current hepatic encephalopathy or bacterial infection; respiratory, renal, cardiac disease; gastrointestinal haemorrhage within the preceding month; serum bilirubin &gt; 10 mg/dL; prothrombin time &lt; 40%; platelet count &lt; 40,000/mm<sup>3</sup>; serum creatinine &gt; 3 mg/dL; treatment with propranolol for prophylaxis of variceal bleeding or re-bleeding</p> <p>Experimental group A (group dextran-70 in the RCT) – total paracentesis and iv dextran-70: 93 participants</p> <p>Experimental group B (group polygeline in the RCT) – total paracentesis and iv polygeline: 99 participants</p> <p>Control group (group albumin in the RCT) – total paracentesis and iv albumin: 97 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 57, 57, and 59. Males (%): 68, 71, and 69. Alcohol abuse (%): 68, 70, and 72. Child-Pugh score: 10, 10, and 10. Previous encephalopathy (%): 16, 18, and 13. Previous gastrointestinal bleeding (%): 20, 13, and 21. Previous ascites (%): 68, 60, and 66. Refractory ascites (%): unknown. Peripheral oedema (%): 60, 62, and 65. Renal impairment (creatinine &gt; 1.5 mg/dL) (%): 16, 17, and 19. Serum bilirubin (mg/dL): 2.8, 2.7, and 2.8. Prothrombin time (%): 58, 61, and 58. Serum albumin (g/dL): 2.6, 2.6, and 2.7. Serum creatinine (mg/dL): 0.9, 1.0, and 0.9. Serum sodium (mEq/L): 133, 133, and 132. Urinary sodium (mEq/day): 6, 7, and 7. MAP (mmHg): 84, 84, and 82. PRA (ng/mL/h): 9.5, 8.6, and 9.2</p>
Interventions	<p>Participants were studied after they received a low-sodium diet (50 mmol/day) without diuretic therapy for 5 days.</p> <p>Experimental group A: total paracentesis (completed removal of ascites in a single tap) and iv dextran-70 (8 g/L of ascitic fluid removed given as a glucose solution of dextran-70) using the same schedule as for albumin</p> <p>Experimental group B: total paracentesis (completed removal of ascites in a single tap) and iv polygeline (8 g/L of ascitic fluid removed given as 3.5% saline solution of polygeline) using the same schedule as for albumin</p> <p>Control group: total paracentesis (complete removal of ascites in a single tap) and iv albumin infusion (8 g/L of ascitic fluid removed, with 50% of the dose within the first 2 hours and 50% 6-8 hours after paracentesis; 20% albumin solution)</p> <p>Volume of ascites removed, mean (L): experimental group A, 7.7; experimental group B, 8.2; control group, 7.5</p>
Outcomes	<p>Authors planned to analyse development of post-paracentesis circulatory dysfunction as main outcome.</p> <p>Death and adverse events during first hospitalisation were also reported.</p>
Notes	<p>Separate randomisation for participants with and without renal impairment (serum creatinine &gt; 1.5 mg/dL)</p> <p>After treatment, participants did not receive diuretics for 6 days. Participants were discharged from hospital with diuretics.</p> <p>The follow-up period started at the end of the first hospitalisation. Participants were examined at least weekly during the first month, monthly for the next two months and bimonthly thereafter. PRA was measured 1 and 6 months after discharge in 122 and 58 participants, respectively. If tense ascites de-</p>

**Ginès 1996** (Continued)

veloped, participants were treated with total paracentesis and the same plasma expander assigned at inclusion.

Post-paracentesis circulatory dysfunction (PICD): increase in PRA of more than 50% of pretreatment value to a level > 4 ng/mL/h on the sixth day after paracentesis. The incidence of PCID was used to calculate sample size.

The incidence of PICD was evaluated according to the plasma expander used and the volume of ascitic fluid drained.

Of the 277 participants surviving to time of discharge, 27 were lost to follow-up after a period ranging from 1 to 30 months.

14 participants underwent liver transplantation 1-15 months after discharge (considered censored at the time of surgery). The remaining 236 participants were followed up to the end of the study or death. Mean follow-up: experimental group A, 293 days; experimental group B, 269 days; control group, 302 days

With for-profit funding (educational grant from Hoechst Ibérica)

Sample size calculation reported for PPCD

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	It was not reported if sealed envelopes were used.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	"Of the 277 patients surviving to time of discharge, 27 were lost to follow-up after a period ranging from 1 to 30 months".
Selective reporting (reporting bias)	High risk	The study authors did not report mortality and serious adverse events during follow-up. They stated "no significant differences were found among the groups in deaths".
Other bias	Low risk	No other bias identified

**Graziotto 1997**

Methods	RCT comparing reinfusion of concentrated ascitic fluid (ARCA) with total paracentesis and iv albumin infusion (PARA) in cirrhotic patients with tense ascites
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**Graziotto 1997** (Continued)

Participants	<p><i>Inclusion criteria:</i> patients with cirrhosis and tense ascites. None had responded to conventional treatment including low-sodium diet and diuretics, K-canrenoato or spironolactone up to 400 mg/day and furosemide up to 120 mg/day.</p> <p><i>Exclusion criteria:</i> severe hepatic encephalopathy (grade III and IV), congestive heart failure, renal failure (serum creatinine &gt; 250 mmol/L), recent major bleeding, neoplastic cell in the ascites and infected ascites (positive culture or PMN leukocytes &gt; 300/microl).</p> <p>Experimental group – reinfusion of concentrated ascites: 12 participants</p> <p>Control group - total paracentesis plus iv albumin: 12 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 54.5 and 59.7. Males (%): 67 and 75. Child-Pugh B (%): 50 and 41.6. Child-Pugh C (%): 50 and 58.4. Serum creatinine (μmol/L): 103.1 and 87.7. Blood urea nitrogen (g/L): 11.3 and 7.3. Serum albumin (g/dL): 3.2 and 3.0. Serum sodium (mmol/L): 132.5 and 130.7. Urinary sodium (mmol/day): 48.5 and 31. Serum bilirubin (μmol/L): 97.2 and 105.5. Prothrombin time (%): 53.8 and 42.9. PRA (mcg/L/hr) 17.4 and 10.6. Serum aldosterone (nmol/L): 1.4 and 1.5. Antidiuretic hormone (ng/L): 4.8 and 5.2. Atrial natriuretic factor (ng/L): 59.4 and 75</p>
Interventions	<p>Experimental group: apheresis and reinfusion of concentrated ascites (ARCA)</p> <p>A mean of 8.8 L of ascites were removed and filtered over 80-245 min and 220-1020 mL of concentrated ascites, containing 23.3-128.5 g of albumin (mean 59.8 g), was iv infused at the end of the apheresis.</p> <p>Control group: total paracentesis (PARA) plus iv infusion of human albumin (20% w/v, 6 g/L of removed ascites)</p> <p>A mean of 6.9 L of ascites were removed over 60-270 min and 100-450 mL of 20% w/v albumin equivalent to 20-90 g of albumin was iv infused at the end of total paracentesis.</p>
Outcomes	<p>Death, liver transplantation and dropouts</p> <p>The following parameters were also recorded: reappearance of tense ascites, the period between the procedure and the need for repeated paracentesis, the number of paracentesis procedures and repeated admission to the hospital.</p>
Notes	<p>Lost to follow-up (dropout): one participant per group</p> <p>The mean follow-up was 577 days in the experimental group and 643 days in the control group.</p> <p>Liver transplantation: 2 participants in the experimental group and 1 participant in the control group.</p> <p>With for-profit funding ("Technical assistance from Dideco Co.")</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply not received</p>
<b>Risk of bias</b>	
<b>Bias</b>	<b>Authors' judgement</b> <b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk                      The method of sequence generation was not specified.
Allocation concealment (selection bias)	Unclear risk                      The authors did not specify if the envelopes were opaque.

**Graziotto 1997** (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	"Two patients were lost at follow-up (dropout), one for each group".
Selective reporting (reporting bias)	Low risk	The study authors did not report serious adverse events and other liver-related complications.
Other bias	Low risk	No other bias identified

**Altman 1998**

Methods	RCT comparing hydroxyethyl starch (HES) with albumin as plasma expander after partial paracentesis in cirrhotic patients with tense ascites	
Participants	Sixty-five patients with cirrhosis admitted for ascites	
	<p><i>Inclusion criteria:</i> cirrhosis with tense ascites; absence of severe associated disease; absence of gastrointestinal bleeding or infection within 2 days before entry; absence of previous porto-systemic anastomosis or portovenous shunt; serum creatinine &lt; 1.4 mg/dL; serum sodium &gt; 120 mEq/L; prothrombin time &gt; 25% of normal; no diuretics in the last five days; and no plasma expansion and/or paracentesis within 10 days before entry</p> <p>Experimental group – repeated daily paracentesis (<math>\leq 5</math> L) and iv 6.5% HES: 27 participants. Control group – repeated daily paracentesis (<math>\leq 5</math> L) and iv albumin: 33 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 56.3 and 55.9. Males (%): 78 and 70. Alcoholic cirrhosis (%): 81 and 85. Previous episodes of ascites (%): 41 and 55. Peripheral oedema (%): 41 and 64. Pugh score: 9.3 and 9.8. Serum urea (mg/dL): 12 and 12.6. Serum creatinine (mg/dL): 0.89 and 0.84. Serum sodium (mEq/L): 134.3 and 134.2. Serum albumin (g/L): 27.3 and 26.3. PT (% of normal): 56.7 and 60.1. MAP (mmHg): 93 and 95</p>	
Interventions	<p>After hospital admission, participants were given a diet containing 20 mEq/day of sodium. Diuretics or anti-inflammatory drugs were not permitted. Water ingestion was free. Beta-blockers and nitrates were permitted.</p> <p>Experimental group: repeated daily large-volume paracentesis (<math>\leq 5</math> L) and iv infusion of 6.5% hydroxyethyl starch solution (HES; sodium chloride concentration 9 g/L), 32.5 g if removed ascites &lt; 2 L and 65 g if removed ascites 2-5 L of ascites</p> <p>Control group: repeated daily large-volume paracentesis (<math>\leq 5</math> L) and iv infusion with 20% human albumin solution (sodium chloride concentration 7 g/L), 20 g if removed ascites &lt; 2 L and 40 g if removed ascites 2-5 L</p> <p>Infusion was started at the end of the evacuation and was completed within 4 h.</p>	

**Altman 1998** (Continued)

Volume of ascites removed (mean): 6.3 L in the experimental group and 7.7 L in the control group

Volume of plasma expander infused (mean): 1538.5 mL in the experimental group and 387.9 mL in the control group

Outcomes	Primary outcome: development of renal failure or hyponatraemia within 15 days after paracentesis. Secondary outcome: tolerance of HES. Complications and cost were also evaluated.
Notes	<p>Sixty-five participants were enrolled in the study. Five participants were not included in the final analysis: 3 participants (2 from the experimental group and 1 from the control group) in whom paracentesis was unsuccessful and ascites could not be drained, so these participants did not receive any infusion of plasma expander; 1 participant from the experimental group received diuretic treatment at the time of the inclusion; 1 participant from the experimental group developed renal impairment (creatinine 3.1 mg/dL) between randomisation and the first paracentesis. Thus, 60 participants were included in the final analysis.</p> <p>Renal failure: a 50% increase in plasma creatinine to a level &gt; 1.4 mg/dL. Hyponatremia: decrease in sodium of at least 10 mmol/L to a level &lt; 120 mmol/L</p> <p>PAC was analysed only in 19 participants. PAC increased (third day) in 5/8 (62%) in the experimental group and 3/11 (27%) in the control group.</p> <p>Mean cost of plasma expander per participant was: 154 FF (US\$30.8) in the experimental group and 1427 FF (US\$285) in the control group.</p> <p>With for-profit funding ("This study was supported by Fresenius France")</p> <p>No sample size calculation</p> <p>We emailed Altman and colleagues on Feb 2013. Reply received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Low risk	Opaque sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	High risk	The study authors did not report mortality and serious adverse events.
Other bias	Low risk	No other bias identified



## Mehta 1998

Methods	RCT comparing ascitic fluid filtration and iv infusion vs infusion of haemacel after total-volume paracentesis in cirrhotic patients with tense or intractable ascites
Participants	<p>Twenty cirrhotic patients with tense ascites or intractable ascites (if the ascites was uncontrolled despite 200 mg/day of spironolactone and 60 mg/day of furosemide, or if patients developed complications related to diuretics)</p> <p><i>Exclusion criteria:</i> poor general condition; infected ascites (spontaneous bacterial peritonitis or its variants); pancreatic ascites; malignancy; recent gastrointestinal bleeding, grade III or IV hepatic encephalopathy; pregnancy</p> <p>All participants were put on a salt-restricted diet (2 g or 88 mEq per day), with fluid intake restricted to 500 mL/day if serum Na &lt; 130 mmol/L. Diuretics were discontinued at recruitment.</p> <p>Experimental group – total volume paracentesis and intravenous infusion of filtrated and concentrated ascitic fluid: 10 participants</p> <p>Control group – total volume paracentesis and intravenous infusion of haemacel: 10 participants.</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 50.8 and 54.7. Males (%): 80 and 80. Alcoholic cirrhosis (%): 70 and 60. Postnecrotic cirrhosis (%): 30 and 40. BUN (mg/dL): 11.4 and 11.2. Serum creatinine (mg/dL): 0.9 and 0.9. Serum sodium (mEq/L): 133.3 and 136. Urinary sodium (mEq/L): 34.2 and 34.8. Serum albumin (g/dL): 2.7 and 2.9. Serum bilirubin (mg/dL): 2.1 and 1.6. Prothrombin time (s, control of 13 s): 15.7 and 16.2. Body weight (kg): 68.6 and 58.4</p>
Interventions	<p>Experimental group: total paracentesis with intravenous reinfusion of filtrated and concentrated ascitic fluid (AFI, performed by a modification of the method described by Landini 1985)</p> <p>Control group: total-volume paracentesis and infusion of haemacel, 150 mL for each litre of ascitic fluid removed</p> <p>Median time for the procedure (hours): 12 and 5.5</p> <p>Median of ascitic fluid drained (L): 10.7 (including a median of 10.2 L of protein-free filtrate and 0.5 L of concentrated ascitic fluid) and 8.0</p> <p>Median volume of fluid infused (L): 0.5 and 1.1</p> <p>Both the groups were off diuretics after the procedure.</p>
Outcomes	<p>The authors did not specify in the methods the outcomes to be assessed.</p> <p>They reported data on:</p> <ul style="list-style-type: none"> <li>- procedure-related mortality during hospitalisation;</li> <li>- development of complications.</li> </ul>
Notes	Median time for termination of the study: 3 weeks in the experimental group and 2 weeks in the control group

**Mehta 1998** (Continued)

Minor febrile reactions not requiring any specific therapy were common in the experimental group (7/10).

Cost for procedure (in rupees): 295 for AFI and 440 for TVP

Unknown for-profit funding

No sample size calculation

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method of sequence generation was not specified.
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	High risk	The authors reported procedure-related mortality. So, it was not clear if they referred to all-cause mortality. They did not report serious adverse events and renal impairment.
Other bias	Low risk	No other bias identified

**Kang 1998**

Methods	RCT comparing hydroxyethyl starch (HES) with albumin after total paracentesis in cirrhotic patients with tense ascites
Participants	<p>Twelve cirrhotic patients with tense ascites</p> <p>Experimental group - total paracentesis and iv HES: 6 participants</p> <p>Control group - total paracentesis and iv albumin: 6 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 49 and 42. Males (%): 67 and 67. Alcoholic cirrhosis (%): 33 and 33. Viral cirrhosis (%): 67 and 67. Child-Pugh class A-B-C (%): 17 - 17 - 66 and 0 - 50 - 50. Serum bilirubin (mg/dL): 3.8 and 4.1. PT (%): 54 and 49. Albumin (g/dL): 2.6 and 2.5. Serum creatinine (mg/dL): 0.8 and 1. BUN (mg/dL): 15 and 18.5. Serum sodium (mEq/L): 130 and 130. Serum potassium (mEq/L): 3.9 and 4.2. Urine sodium (mEq/L): 26 and 36. Mean arterial pressure (MAP): 100 and 100. HR (/min): 84 and 85</p>

**Kang 1998** (Continued)

Interventions	Experimental group: paracentesis and iv HES (8 g/L ascites removed)  Control group: paracentesis and iv albumin (8 g/L of ascites removed)  Volume of ascites removed (mean, L): 4.4 and 4.3
Outcomes	Circulatory and renal dysfunction were the planned outcomes, monitored before, one, and three days after large paracentesis.  Authors reported also complications during 72 h after paracentesis: dizziness, tachycardia, hyponatraemia (decrease more than 5 mEq/L below 130 mEq/L), hyperkalaemia (increase more than 1.5 mEq/L above 5.5 mEq/L), renal impairment (serum creatinine increase > 50% above 1.5 mg/dL), hepatic encephalopathy.
Notes	The article was written in Korean, except for the abstract, tables, and figures.  Unknown for-profit funding  We emailed Kang and colleagues on 3 Jan 2017. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Data not obtainable
Allocation concealment (selection bias)	Unclear risk	Data not obtainable
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Data not obtainable
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Data not obtainable
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Data not obtainable
Selective reporting (reporting bias)	Low risk	This short follow-up trial did not report any serious adverse events.
Other bias	Unclear risk	Data not obtainable

**Zhao 2000**

Methods	RCT comparing mannitol with albumin as plasma expander after partial paracentesis in cirrhotic patients with tense ascites
Participants	Sixty-eight cirrhotic patients with tense ascites, fulfilling the following criteria: no liver cancer; no encephalopathy, gastrointestinal bleeding, or infection; serum bilirubin was less than 171 µmol/L, prothrombin time over 40%, platelet count above 40 x 10 <sup>9</sup> /L, serum creatinine below 264.99 µmol/L and the urinary sodium excretion was less than 10 mmol/L/d

**Zhao 2000** (Continued)

Experimental group – paracentesis and iv mannitol infusion: 32 participants

Control group – paracentesis and iv albumin infusion: 36 participants

*Baseline characteristics (values shown are mean where appropriate)*

Age (yr): 48.6 and 51.9. Males (%): 69 and 67. HBsAg-associated cirrhosis (%): 75 and 67. Peripheral oedema (%): 47 and 50. Renal failure (%): 19 and 22

Interventions	<p>The participants were given a diet with 50 mmol/L/d of sodium and the diuretic treatment was withdrawn.</p> <p>Experimental group: large volume paracentesis (3-6 L/day) and iv infusion of 50 g of mannitol (20% mannitol 250 mL), at a rate of 1-2 mL/min</p> <p>Control group: large volume paracentesis (3-6 L/day) and iv infusion of 20 g of albumin</p> <p>Mean volume of ascites removed (L): experimental group, 3.8; control group, 4.2</p>
Outcomes	<p>The authors did not specify in the methods the outcomes to be assessed.</p> <p>They reported data on:</p> <ul style="list-style-type: none"> <li>- change in biochemical parameters 24 and 48 hours after treatment;</li> <li>- complications during hospitalisation: renal impairment (<math>\geq 50\%</math> increase in serum creatinine or BUN or both to <math>&gt; 132.45 \mu\text{mol/L}</math> and <math>&gt; 10.71 \text{ mmol/L}</math>, respectively, after treatment); hyponatraemia (decrease in serum sodium <math>&gt; 5 \text{ mmol/L}</math> or serum sodium <math>&lt; 130 \text{ mmol/L}</math> after treatment); encephalopathy; gastrointestinal bleeding; severe infection;</li> <li>- deaths at hospitalisation and during follow-up.</li> </ul>
Notes	<p>Participants with and without renal failure (renal failure was considered to be present when serum creatinine concentration was <math>&gt; 132.45 \mu\text{mol/L}</math>) were randomly separated to ensure a similar number of cases with renal failure in both therapeutic groups.</p> <p>After treatment, participants remained in hospital for 2 days without using diuretics.</p> <p>In the follow-up, 2 participants from experimental group and 2 from control group were submitted to portocaval shunt. Of the remaining 64 participants discharged from the hospital, 11 in the experimental group and 9 in the control group were lost in the follow-up.</p> <p>Mean follow-up period after discharge from the hospital was 27.6 weeks in the experimental group and 30.5 weeks in the control group.</p> <p>Number of participants requiring readmission: 21 in the experimental group and 23 in the control group.</p> <p>4 participants in the experimental group and 5 participants in the control group developed ascites again.</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply not received</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Zhao 2000** (Continued)

Random sequence generation (selection bias)	Unclear risk	The method of sequence generation was not specified.
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The study authors did not report serious adverse events
Other bias	Low risk	No other bias identified

**Baik 2000**

Methods	RCT comparing albumin with no plasma expansion after large volume paracentesis in cirrhotic patients with tense ascites
Participants	<p>23 patients with cirrhosis and tense ascites treated by single large volume paracentesis were recruited.</p> <p>Experimental group - paracentesis and iv albumin: 11 participants</p> <p>Control group - paracentesis without iv albumin: 12 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 52.27 and 54.33. Males (%): 72.2 and 83.3. Alcoholic cirrhosis (%): 54.5 and 50. Viral cirrhosis (%): 27.3 and 33.3. Alcoholic + viral cirrhosis (%): 18.2 and 16.7. Child-Pugh score: 9.82 and 10.33. Serum bilirubin (mg/dL): 6.13 and 5.03. Serum creatinine (mg/dL): 0.91 and 0.97. Urine sodium (mM/L): 119.45 and 91.36. Mean arterial pressure (MAP): 92.82 and 87.67. Plasma renin activity (ng/mL/h): 8.48 and 10.83. Plasma aldosterone (ng/dL): 25.11 and 52.09. Systemic vascular resistance index (dyn*s/cm<sup>5</sup>*m<sup>2</sup>): 1995.07 and 2369.17. Cardiac index (L/min*m<sup>2</sup>): 4.03 and 3.12</p>
Interventions	<p>Experimental group: paracentesis and iv albumin (6 g/L of removed ascites)</p> <p>Control group: paracentesis without plasma expansion</p> <p>Volume of ascites removed (mean, L): 4.86 and 4.97</p>
Outcomes	<p>Authors planned the evaluation of:</p> <ul style="list-style-type: none"> <li>- systemic and renal haemodynamic parameters: mean arterial blood pressure, cardiac index, systemic vascular resistance index, resistive index of kidney and serum creatinine;</li> <li>- indices associated with sodium homeostasis: urine sodium and osmolarity;</li> <li>- neurohumoral factors: plasma renin activity and plasma concentration of aldosterone</li> </ul>

**Baik 2000** (Continued)

before and 48 h after a single large volume paracentesis.

They reported also data on complications (hepatic encephalopathy, dizziness, tachycardia, hypotension) during 48 h after a single large volume paracentesis.

**Notes**

The article was written in Korean, except the abstract and tables.

Unknown for-profit funding

We emailed Baik and colleagues on 3 Jan 2017. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Data not obtainable
Allocation concealment (selection bias)	Unclear risk	Data not obtainable
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Data not obtainable
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Data not obtainable
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Data not obtainable
Selective reporting (reporting bias)	High risk	The trial authors did not report in the article information on mortality, serious adverse events, other liver-related complications and non-serious adverse events, because the aim of the trial was to assess haemodynamic and neuro-humoral changes 48 h after paracentesis.  Data not obtained from the authors
Other bias	Unclear risk	Data not obtainable

**García-Compeán 2002**
**Methods**

RCT comparing dextran-40 with albumin as plasma expanders after large volume paracentesis in cirrhotic patients with tense ascites

**Participants**

Sixty-nine cirrhotic patients with tense ascites (ascites causing respiratory dysfunction)

96 large-volume paracentesis procedures were performed.

Multiple punctures to the same patient were at least three months apart. In such cases, the patients were re-randomised to be reassigned to one of the two treatments. Accordingly, the punctures were considered as independent events and were analysed separately. Therefore, clinical, biochemical, haemodynamic, and humoral parameters were assessed for each LVP.



**García-Compeán 2002** (Continued)

*Inclusion criteria:* absence of HCC; absence of hepatic encephalopathy, gastrointestinal bleeding, and either local or systemic infection; serum bilirubin level < 10 mg/dL; prothrombin time > 40%; platelet count > 50.000/microL; serum creatinine < 3 mg/dL; serum sodium > 125 mEq/L

Experimental group – large-volume paracentesis (LVP) with dextran-40

Control group – large-volume paracentesis (LVP) with albumin

*Baseline characteristics (in all included participants, n = 69)*

Males (%): 78. Mean age (yr): 58 ± 10. Alcohol cirrhosis (%): 83%. Viral cirrhosis (%): 7. PBC (%): 4. Autoimmune (%): 1. Cryptogenetic (%): 4

There was no confirmation in any of the participants of the refractoriness of the ascites by previous intensive treatment with diuretics.

*Baseline characteristics (distribution for procedures) (values shown are mean where appropriate)*

Age (yr): 59.4 and 58.9. Male (%): 73 and 71. Alcoholic cirrhosis (%): 79 and 81. Renal impairment (%): 31 and 25. MAP (mmHg): 87 and 89. Serum bilirubin (mg/dL): 2.8 and 3.32. Prothrombin (%): 56.6 and 57.2. Serum albumin (g/dL): 2.9 and 3. BUN (mg/dL): 32 and 34.1. Serum creatinine (mg/dL): 0.9 and 0.8. Serum sodium (mEq/L): 135.9 and 135.7. PRA (ng/mL/h, measured in 19 from group 1 and 16 from group 2): 11 and 11.8. PAC (pg/dL, measured in 21 from group 1 and 15 from group 2): 42.8 and 46.7. Extracted volume (L): 5.7 and 5.2. Child-Pugh score: 10.3 and 10

**Interventions**

Participants were admitted to the hospital at least 5 days before treatment. Diuretics were discontinued 3 days before treatment. A standard diet containing less than 50 mEq/day of sodium was prescribed, and fluid restriction (800 mL/d) was carried out in participants with serum sodium < 130 mEq/L. Other drugs were excluded, except for lactulose, antacids, H2 receptor blockers, and antibiotics.

Experimental group: LVP plus an iv dextran-40 infusion

Control group: LVP plus an iv albumin infusion

8 g of either albumin or dextran were given for each litre of ascites removed.

As soon as paracentesis was started, either a sodium-free low-molecular weight Dextran-40-sorbitol solution or a solution of 20% human albumin containing a sodium concentration of 80 mEq/L were infused for 1 or 2 h.

Volume of ascites removed (mean): experimental group, 5.7 L; control group, 5.2 L

Mean duration of paracentesis (min): 70 in experimental group and 63 in control group

Duration of hospitalisation (days): 9.5 in experimental group and 9 in control group

**Outcomes**

The authors reported data on:

- clinical, biochemical, haemodynamic, and hormonal evaluations before and after paracentesis (24 and 48 h later);
- recurrence of ascites;
- complications during hospitalisation and during follow-up;
- deaths during hospitalisation and during follow-up.

**García-Compeán 2002** (Continued)

Notes	<p>Any repeat punctures on the same participant were at least three months apart.</p> <p>Renal impairment: an increase of &gt; 50% in serum creatinine or BUN. Hyponatraemia: a decrease of &gt; 5 mEq/L. PCD: an increase of &gt; 50% in plasma renin activity from the pre-treatment value to a level of &gt; 4 ng/mL/h 2 days after paracentesis</p> <p>Thirty-nine participants received at least one LVP with dextran-40 infusion and 35 at least one LVP plus albumin infusion. Distribution of the 96 LVPs either with dextran-40 or with albumin in the 69 participants was as follows: one LVP, 52 participants (29 in experimental group and 23 in control group); two LVPs, 10 participants (4 in experimental group, 4 in control group, and 2 in both groups consecutively). Multiple punctures on the same participant were at least three months apart. In such cases, the participants were re-randomised to be reassigned to one of the two treatments. Accordingly, the punctures were considered as independent events and analysed separately.</p> <p>No participants died during hospitalisation. All participants were discharged from the hospital with prescriptions of a low sodium diet and for diuretics. The mean follow-up period was: 13.7 months in the experimental group and 14.4 in the control group.</p> <p>Sixty-four participants required readmission for ascites recurrence: 34 from the experimental group and 30 from the control group.</p> <p>There were no deaths during the first hospitalisation.</p> <p>Twenty-nine participants died during the follow-up period: 18 from the experimental group, and 11 from the control group (<math>p &gt; 0.05</math>).</p> <p>In the absence of data on the number of randomised participants for each group, we couldn't include the data in the analysis.</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p> <p>Letter sent on Feb 2013. Reply not received</p>
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**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocation may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	High risk	The study authors did not report more predefined outcomes. In particular, the authors reported outcomes referring to the number of procedures and not to the number of participants.

**García-Compeán 2002** (Continued)

Other bias	Unclear risk	Not evaluable
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**Sola-Vera 2003**

Methods	<p>RCT comparing saline with albumin as plasma expanders after total paracentesis in cirrhotic patients with tense ascites</p> <p>Cross-over trial</p>
Participants	<p>72 cirrhotic patients with tense ascites</p> <p><i>Exclusion criteria:</i> prothrombin time less than 30%, platelet count less than 30.000/mm<sup>3</sup>, serum creatinine level greater than 240 µmol/L, urinary sodium excretion greater than 20 mEq/24 h, upper gastrointestinal bleeding, hepatic encephalopathy, bacterial infection within the preceding month, HCC, respiratory failure, cardiac failure, and organic renal disease, use of beta-blockers with or without nitrates for preventing variceal bleeding</p> <p>Participants were on a low-sodium diet (&lt; 60 mmol/d) without diuretics for at least 3 days before paracentesis.</p> <p>Experimental group – paracentesis and saline: 35 participants</p> <p>Control group – paracentesis and albumin: 37 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (y): 62.9 and 59.9. Males (%): 57 and 73. Alcoholic cirrhosis (%): 48.6 and 62.1. Peripheral oedema (%): 77 and 76. Renal impairment (creatinine &gt; 130 µmol/L) (%): 14 and 5. Hyponatremia (Na &lt; 130 mEq/L) (%): 37 and 22. MAP (mmHg): 81.5 and 83.1. Serum bilirubin (mmol/L): 46.9 and 56.3. Serum albumin (g/L): 26.7 and 25.6. INR: 1.4 and 1.6. Serum creatinine (µmol/L): 95.6 and 83.4. Serum sodium (mEq/L): 131.1 and 132. Urinary sodium (mEq/d): 11.2 and 10.6. Child-Pugh A (%): 0 and 0. Child-Pugh B (%): 48 and 54. Child-Pugh C (%): 52 and 46. PRA (ng/mL/h): 5.4 and 5.2. PAC (pmol/L): 1386.6 and 1899.6. NOx (nmol/L): 10.6 and 9.4</p>
Interventions	<p>Experimental group: total volume paracentesis and iv infusion of saline, 170 mL of 3.5% saline solution per litre of ascites removed at 999 mL/h</p> <p>Control group: total volume paracentesis and iv albumin (20% albumin solution), 8 g/L of ascites removed</p> <p>Infusion of saline or albumin began 3 hours after starting the paracentesis.</p> <p>Participants did not receive diuretics in the forthcoming 6 days.</p> <p>Volume of ascites removed (mean): 6.4 L in the experimental group and 6.4 L in the control group</p> <p>Mean duration of paracentesis: 82.8 min in the experimental group and 91.1 min in the control group</p> <p>Volume of plasma expander infused (mL): experimental group, 1.071; control group, 259.2</p>
Outcomes	<p>The authors reported data on:</p> <ul style="list-style-type: none"> <li>- incidence of paracentesis-induced circulatory dysfunction (PICD);</li> <li>- mortality during hospital stay;</li> <li>- complications during hospital stay.</li> </ul>

**Sola-Vera 2003** (Continued)

Notes	<p>Haematologic and biochemical analysis, PRA, PAC and serum nitritis/nitrates were valuated 6 days after paracentesis.</p> <p>Participants developing a second episode of tense ascites during follow-up were readmitted and treated by total paracentesis and alternative plasma expander (11 participants initially treated with saline and 10 participants initially treated with albumin); mean time between first and second paracentesis was 69.0 days.</p> <p>PICD was estimated according to the changes in the activity of the renin-angiotensin system and defined as an increase in PRA of more than 50% of the pre-paracentesis value to a level of more than 4 ng/mL/h on the sixth day after paracentesis. PICD was also evaluated according to the volume of ascitic fluid removed.</p> <p>The effect of paracentesis on PRA and PAC was assessed in 33 participants from the experimental group and 35 participants from the control group.</p> <p>Duration of hospitalisation (from randomisation to discharge or death): 8.4 days in the experimental group and 10.6 days in the control group</p> <p>Cost of plasma expander per paracentesis: US\$ 2.1 in the experimental group and US\$ 186.4 in the control group</p> <p>Without for-profit funding</p> <p>Sample size calculated to assess PPCD</p> <p>We emailed Sola-Vera and colleagues on Feb 2013. Reply received</p>
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**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Low risk	Opaque sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participants were blinded. Personnel were not blinded. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Outcome assessors were blinded.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The study authors did not report serious adverse events.
Other bias	Low risk	No other bias identified

**Degoricija 2003**

Methods	RCT comparing fresh frozen plasma, haemaccel and albumin in cirrhotic patients with ascites treated by paracentesis and bed rest
Participants	<p><i>Inclusion criteria:</i> alcohol-induced Child-Pugh C liver cirrhosis with tense ascites; sinus rhythm of the heart</p> <p><i>Exclusion criteria:</i> hepatic encephalopathy grade III and IV; hepatocellular or metastatic liver carcinoma; gastrointestinal bleeding within 4 weeks; systemic infection (sepsis or peritonitis); serum creatinine <math>\geq 180</math> micromol/L; platelet count <math>\leq 20 \times 10^9</math>/L; serum sodium <math>\leq 125</math> mmol/L; chronic obstructive pulmonary disease; heart failure</p> <p>We reported baseline data of the participants of the first 3 groups analysing the effect of different plasma expanders.</p> <p>Group 1 - paracentesis + albumin + bed rest: 10 participants</p> <p>Group 2 - paracentesis + fresh frozen plasma + bed rest: 10 participants</p> <p>Group 3 - paracentesis + polygeline + bed rest: 10 participants</p> <p><i>Baseline characteristics:</i></p> <p>Age (median, yr): 51, 54, and 52. Male (%): 80, 60, and 70. Alcohol aetiology (%): 60, 70, and 60. Alcohol + viral aetiology (%): 40, 30, and 40. Child-Pugh C score (median): 12, 12.2, and 12.5. Prothrombin time (%): 54.3, 55, and 42.7. Serum bilirubin (micromol/L): 56.8, 57.2, and 70.2. Serum albumin (g/L): 28.44, 30.3, and 28.5. Serum urea (mmol/L): 4.5, 4.6, and 4.6. Serum creatinine (micromol/L): 100, 82, and 82. Serum sodium (mmol/L): 134, 135, and 135. Mean arterial pressure (mmHg, mean): 99.2, 105.3, and 105.2. Plasma renin activity (ng/mL/h): 8.0, 5.5, and 5.4</p>
Interventions	<p>The participants were kept on a diet containing 40 mEq/day sodium; liquid ingestion was restricted to 1L/day in participants with peripheral oedema +2 and +3 or serum sodium <math>&lt; 130</math> mmol/L and diuretic treatment, cigarettes, alcohol, coffee, and tea were withdrawn. The use of diazepam, antibiotics, ranitidine, lactulose, and antacids was allowed where indicated.</p> <p>After diuretic discontinuation for 2-7 days (5 days on average), participants were randomly allocated into 5 groups.</p> <p>Group 1: Paracentesis 6 L + infusion of 200 mL of 20% low sodium albumin (Human-Albumin 20% Behring, Centeon Pharma GmbH, Marburg, Germany), with 6.6 g of albumin/L of ascites removed, and 25 mmol of sodium + bed rest</p> <p>Group 2: Paracentesis 6 L + 600 mL of fresh frozen plasma (Fresh Frozen Plasma, Croatian Institute of Transfusion Medicine; Zagreb, Croatia), with 3 g of albumin/L of ascites removed, and 81 mmol sodium + bed rest</p> <p>Group 3: Paracentesis 6 L + 900 mL of polygeline (haemaccel, Hoechst Marion Roussel, Horsholm, Denmark), with 5.25 g of polygeline/L of ascites removed, and 130.5 mmol of sodium + bed rest</p> <p>Group 4: Paracentesis 6 L; no bed rest</p> <p>Group 5: Furosemide 40 mg iv/day; no bed rest</p> <p>All participants were treated with spironolactone 200 mg/day.</p>
Outcomes	<ul style="list-style-type: none"> <li>- Measurements of blood pressure, heart rate, body weight, and urine volume were done every morning on days 2-6, and blood pressure and heart rate were measured on day 1 two, four, and six hours after the beginning of paracentesis.</li> <li>- On day 1, 2, 3, and 6, urine was collected for 24 h to measure creatinine clearance.</li> <li>- Blood samples for plasma renin activity, plasma aldosterone concentration, and atrial natriuretic peptide were obtained on days 1, 2, 3, and 6.</li> </ul>

**Degoricija 2003** (Continued)

Notes	<p>We have included in the analysis the first three groups, because they compared the role of different plasma expanders after a single paracentesis of 6 L, associated with bed rest.</p> <p>It was not possible to extract numerical data on the outcomes of interest for the meta-analysis. The authors reported that the different plasma expanders (albumin, fresh frozen plasma, or polygeline) after a single paracentesis of 6 L, associated with 24-h bed rest before and after the procedure, did not induce significant changes in clinical measurements and laboratory parameters of hepatic and renal function, and plasma renin activity. No local complications related to the procedures were observed.</p> <p>We emailed Degoricija and colleagues on 6th February 2019.</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p> <p>Reply not received</p>
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**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Insufficient information to assess whether missing data in combination with the method used to handle missing data were likely to induce bias on the results
Selective reporting (reporting bias)	High risk	The study authors did not report the predefined outcomes. No information obtained from the authors
Other bias	Unclear risk	Other bias not evaluable

**Moreau 2006**

Methods	RCT comparing polygeline and albumin as plasma expander after paracentesis in cirrhotic patients with ascites
Participants	<p><i>Inclusion criteria:</i> cirrhotic patients with ascites who needed to receive a plasma expander for at least one of the following three indications: ascites removal by paracentesis, renal impairment (estimated creatinine clearance below 50 mL/min without findings of organic nephropathy) and marked hyponatraemia (serum sodium &lt; 120 mmol/L). During the study, only patients with ascites were included.</p> <p>Other inclusion criteria: age 18 to 74 years, no allergy to albumin or gelatins, no asthma, no coronary disease, no cardiac failure, no respiratory disease, no HCC, and serum potassium &lt; 6 mmol/L</p>



**Moreau 2006** (Continued)

*Exclusion criteria:* septic shock, spontaneous bacterial peritonitis, gastrointestinal bleeding or dehydration within the previous 2 weeks; therapeutic paracentesis within the last week; serum creatinine > 2.49 mg/dL; treatment with nonsteroidal anti-inflammatory drugs, aminoglycoside, vasopressin analogues, somatostatin or analogues; other disease that could affect short-term prognosis; presence of TIPS or peritoneal-venous shunt; liver transplantation scheduled within the next 3 months

Experimental group – polygeline: 38 participants

Control group - albumin: 30 participants

*Baseline characteristics (values shown are mean where appropriate)*

Age (yr): 56 and 54. Males (%): 79 and 87. Alcoholic cirrhosis (%): 92 and 97. Alcohol and HCV infection (%): 8 and 3. Child-Pugh score: 10.2 and 10. Previous gastrointestinal bleeding (%): 32 and 27. Duration of ascites (months): 24 and 18. Previous paracentesis (%): 76 and 72. Serum bilirubin (mg/dL): 3.6 and 3.2. Prothrombin time (%): 57 and 56. Serum albumin (g/L): 25 and 26. Serum sodium (mmol/L): 132 and 134. Serum creatinine (mg/dL): 0.9 and 0.9

**Interventions**

Experimental group: 3.5% polygeline (haemaccel®)

Control group: 20% human albumin

One unit of colloid provided 17.5 of polygeline or 20 g of albumin.

Treatment modalities at inclusion and during follow-up:

- Ascites requiring paracentesis: after ascites removal, 1 U of the assigned colloid if < 4 L of removed ascites, 2 U if 4 to 6 L, 3 U if 6 to 8 L and 4 U if > 8 L

- Renal impairment or marked hyponatraemia (with or without paracentesis): 2 U of the assigned colloid if estimated dry body weight ≤ 50 kg, 3 U if 50-66 kg and 4 U if > 66 kg.

If the condition persisted > 2 days a second infusion was administered.

Treatment modalities for other indications, during follow-up:

- Spontaneous bacterial peritonitis: two infusions (at diagnosis and 2 days later) with a dose related to dry body weight

- Severe sepsis or conditions with decreased blood volume: a dose chosen by the investigator up to a maximum of 4 U of the assigned colloid

If the complication persisted, additional infusion at the same dose could be administered after an interval of at least 2 days between each infusion and with no more than 3 infusions in 8 days.

In participants with hepatorenal syndrome, according to centre's protocol, the plasma expander used was only the assigned study colloid.

NSAIDs and aminoglycoside were not allowed. A diuretic treatment and a low-sodium diet were prescribed.

Sixty-eight participants were included for ascites removal by paracentesis. Among these, 5 participants had also renal impairment.

**Outcomes**

Primary end points planned in the protocol:

- a composite of renal impairment and marked hyponatraemia;

- survival.

**Moreau 2006** (Continued)

Because of the premature discontinuation of the trial (for safety concerns about bovine-derived products), the new primary end point was the occurrence of a first liver-related complication such as death, recurrent ascites requiring paracentesis, renal impairment (serum creatinine > 130 µmol/L with an increase > 50%), hyponatraemia (Na < 130 mmol/L with a decrease > 5 mmol/L), bacterial infection, encephalopathy, portal hypertensive bleeding, and any other complication related to cirrhosis.

Secondary end points: occurrence of each of the first liver-related complications; first occurrence of renal impairment or hyponatraemia; incidence of liver-related complications; incidence of recurrent ascites; total number of fluid-loading sessions and total amount of colloid units; unblinded colloid administration; placement of TIPS or a peritoneal-venous shunt, administration of vasopressin analogue, somatostatin or an analogue or liver transplantation; safety

**Notes**

RCT, double-blind, with a 6-month follow-up period. Randomisation using stratification in the centres and hyponatraemia or renal impairment

The trial was prematurely discontinued because of safety concerns about bovine-derived products that emerged during the study period.

Of the 81 participants enrolled, 78 were included in the safety population (44 in the experimental group and 34 in the control group), and 68 were included in the efficacy population (38 in the experimental group and 30 in the control group).

Completed 6 months of follow-up: 16% in the experimental group and 40% in the control group. Premature trial discontinuation: 29% in the experimental group and 33% in the control group. Unblinded colloid administration: 24% in the experimental group and 10% in the control group. Dropout (medical decision or withdrawal or consent): 24% in the experimental group and 7% in the control group. Lost to follow-up: 7% in the control group.

The total median cost adjusted to a 30-day period was €4612 in the experimental group and €1915 in the control group.

Without for-profit funding

An a priori sample size was calculated, but the trial was discontinued prematurely for safety concerns.

Letter sent on Feb 2013. Reply not received

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers generated by SAS V6.12 statistical software
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described, so the intervention allocation may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	In the <i>Study design and treatment protocol</i> section, the authors stated: "The 100 ml units of albumin and 500 ml units of polygeline were placed in identical carton boxes to mask the contents from investigators and patients. Only designated nurses at each centre were aware of the allocated treatment for each patient to regulate flow to obtain the same time of infusion per unit of colloid." But, as shown in table 2 of the RCT, 9/38 (24%) patients in the experimental group and 3/30 (10%) patients in the control group received unblinded colloid administration.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results

**Moreau 2006** (Continued)

Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Low risk	The study authors did not report only refractory ascites.
Other bias	Unclear risk	The trial was discontinued prematurely for safety concerns

**Abdel-Khalek 2010**

Methods	RCT comparing hydroxyethyl starch 6% with albumin as plasma expanders for treatment of patients with liver cirrhosis and tense ascites following total paracentesis
Participants	<p>One-hundred and thirty-five patients (60% with cirrhosis and schistosomal periportal fibrosis combined, 26.7% with posthepatic cirrhosis, and 13.3% with schistosomal periportal fibrosis) with tense ascites</p> <p><i>Inclusion criteria:</i> cirrhotic patients with tense ascites with absolute unresponsiveness to low-sodium diet and maximal tolerated doses of diuretic therapy and need to receive a plasma expander for paracentesis for ascites</p> <p><i>Exclusion criteria:</i> serum bilirubin level &gt; 5 mg/dL, prothrombin activity &lt; 40%, urinary sodium excretion &gt; 10 mEq/day, severe hyponatraemia (&lt; 125 mEq/L), serum creatinine &gt; 2 mg/dL, platelet count &lt; 40,000/mm<sup>3</sup>, gastrointestinal haemorrhage within the previous 3 months, sepsis, hepatic encephalopathy, hepatic malignancy, terminal cardiac or respiratory disease, and treatment with propranolol for primary or secondary prophylaxis of portal hypertensive bleeding</p> <p>Experimental group – paracentesis and iv HES: 67 participants</p> <p>Control group – paracentesis and iv albumin: 68 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 46 and 47.97. Males (%): 80.6 and 76.5. Combined cirrhosis and fibrosis (%): 58.2 and 61.8. Posthepatitis (%): 28.4 and 25. Pure schistosomal (%): 13.4 and 13.2. Child-Pugh score (mean): 10.98 and 11.01. MAP (mmHg): 90 and 90.5. Serum creatinine (mg/dL): 1.3 and 1.29. Serum sodium (mEq/L): 135 and 134.9. Serum albumin (g/dL): 2.9 and 2.9. Serum bilirubin (mg/dL): 1.50 and 1.49. Prothrombin activity (%): 67.4 and 67.5. PRA (ng/mL/h): 13.95 and 13.95. PAC (ng/dL): 148.8 and 147. Urine sodium (mEq/day): 5.85 and 5.55</p>
Interventions	<p>On admission, participants were kept on a low-sodium diet (50 mEq/day) and bed rest regimen. Diuretic administration was discontinued at least 5 days before paracentesis. No vasoactive drugs were allowed before or during the study. The allowed oral fluid intake did not exceed 1.5 L/day.</p> <p>Experimental group: one-session nearly-total paracentesis (performed in 4-8 h) and simultaneous iv infusion of poly O-2-hydroxyethyl starch, average molecular weight 200,000, molar substitution 0.45-0.55, in isotonic sodium chloride solution, Hemohes 6% (HES 6%). The infusion was given in a schedule similar to albumin infusion, using a solution containing 6 g per 100 mL of the solution.</p> <p>Control group: one-session nearly-total paracentesis (performed in 4-8 h) and simultaneous iv albumin administration, 8 g/L of ascitic fluid removed, using 20% human albumin solution. Half of the required albumin was given during paracentesis and the other half was given 6-8 h after paracentesis to avoid acute intravascular fluid overload.</p>

**Abdel-Khalek 2010** (Continued)

Volume of fluid removed (L): experimental group, 15.91; control group, 15.92. Duration of paracentesis (h): experimental group, 6.29; control group, 6.25

Outcomes	<p>The authors reported data on:</p> <ul style="list-style-type: none"> <li>- death;</li> <li>- recurrent episodes of massive ascites;</li> <li>- renal impairment;</li> <li>- hepatic encephalopathy;</li> <li>- portal hypertensive bleeding;</li> <li>- any other cirrhosis-related complication.</li> </ul>
Notes	<p>Participants remained hospitalised for 7 days without diuretic therapy. Participants were then discharged from hospital on diuretic therapy. The 131 participants who were discharged from the hospital were followed closely until the end of the study or death.</p> <p>The follow-up period started at the end of the first hospitalisation and lasted 6 months. Participants were examined at least weekly during the first month, monthly for the next two months, and bimonthly thereafter. If tense ascites developed, participants were treated with large-volume paracentesis and the same plasma expander assigned at inclusion.</p> <p>Complications during hospitalisation: renal impairment (&gt; 50% increase in plasma creatinine to a level &gt; 1.5 mg/dL), hyponatraemia (decrease in sodium &gt; 5 mEq/L to a level &lt; 130 mEq/L), and hyperkalaemia (an increase &gt; 1.5 mEq/L to a level &gt; 5.5 mEq/L)</p> <p>Post-paracentesis circulatory dysfunction: increase in PRA of more than 50% of pre-treatment value to a level &gt; 4 ng/mL/h on the first day after paracentesis</p> <p>Duration of hospital stay (days): experimental group, 12.01; control group, 11.98</p> <p>Unknown for-profit funding</p> <p>No sample size calculation</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random numbers generated by statistical software
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described, so that intervention allocation may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias)	Low risk	No missing data

**Abdel-Khalek 2010** (Continued)

## All outcomes

Selective reporting (reporting bias)	Low risk	The study authors did not report any serious adverse events.
Other bias	Low risk	No other bias identified

**Al Sebaey 2012**

Methods	RCT comparing other plasma expanders or vasoconstrictors versus albumin for the prevention of paracentesis-induced circulatory dysfunction in cirrhosis	
Participants	<p>One hundred and twenty-five cirrhotic patients (69 males, mean age 50 years) treated with large volume paracentesis for tense ascites</p> <p><i>Inclusion criteria:</i> absence of hypertension, cardiac or respiratory disease, encephalopathy, sepsis, SBP, creatinine &gt; 1.5 mg/dL and GI bleeding</p> <p>We analysed the three arms HES, low dose albumin, and standard dose albumin out of the five arms including also terlipressin and midodrine.</p> <p>Experimental group (group HES in the RCT) - large volume paracentesis and iv HES: 25 participants</p> <p>Control group (standard dose albumin and low dose albumin in the RCT) - large volume paracentesis and iv albumin: 50 participants (25 participants standard dose albumin and 25 participants low dose albumin)</p>	
Interventions	<p>Experimental group: LVP and iv HES (130/0.4 6% iv solution, 8 g/L of ascites removed, 50% within 2 hours and 50% 6 hours after paracentesis)</p> <p>Control group: LVP and iv albumin (standard dose: 20% solution, 6 g/L of ascites removed, 50% within 2 hours and 50% 6 hours after paracentesis; low dose: 2 g/L of ascites removed)</p> <p>Volume of ascites removed was <math>13 \pm 0.14</math> L/participant (all five arms) and was not different between groups.</p>	
Outcomes	Incidence of paracentesis-induced circulatory dysfunction	
Notes	<p>Abstract</p> <p>Plasma renin activity (PRA) was assessed at baseline and on day 6. Paracentesis-induced circulatory dysfunction: increase in PRA &gt; 50% of pretreatment value on day 6</p> <p>Medication cost was significantly less in all groups compared to standard albumin.</p> <p>Without for-profit funding</p> <p>No sample size calculation</p> <p>Letter sent. Reply not received</p>	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The method of random sequence generation was not reported.

**Al Sebaey 2012** (Continued)

Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not reported. There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No data
Selective reporting (reporting bias)	High risk	The study authors did not report most predefined outcomes. It was planned to assess PPCD and the trial had a follow-up of 6 days.
Other bias	Unclear risk	Not evaluable

**Khan 2015**

Methods	RCT comparing polygeline and albumin after paracentesis in cirrhotic patients
Participants	<p>Fifty cirrhotic patients with tense ascites were enrolled.</p> <p><i>Inclusion criteria:</i> cirrhosis with tense ascites; serum bilirubin &lt; 10 mg/dL; serum creatinine &lt; 3 mg/dL; PT &lt; 4 seconds prolonged (&lt; 40% of normal); platelets &gt; 40,000/microL</p> <p><i>Exclusion criteria:</i> hepatocellular carcinoma; hepatic encephalopathy; recent upper GI bleed, or subacute bacterial peritonitis</p> <p>Experimental group - paracentesis and iv polygeline: 25 participants</p> <p>Control group - paracentesis and iv albumin: 25 participants</p> <p><i>Baseline characteristics (values shown are mean where appropriate)</i></p> <p>Age (yr): 51.2 and 53. Males (%): 53.2 and 26.6. Weight (kg): 49.8 and 52.4. HCV-related cirrhosis (%): 100 and 100. Previous encephalopathy (%): 12 and 20. Previous upper gastrointestinal bleeding (%): 16 and 12. Recurrent ascites (%): 48 and 44. Serum bilirubin (mg/dL): 1.9 and 2.3. Prothrombin (sec): 14.3 and 14.6. Serum albumin (g/L): 31 and 29; Urea (mg/dL) 45.2 and 43.7. Serum creatinine (mg/dL): 1.3 and 1.4. Serum sodium (mEq/L): 134.9 and 134.5. Mean arterial pressure (MAP) (mmHg): 98.2 and 99</p>
Interventions	<p>Experimental group: paracentesis followed by iv infusion of polygeline (125 ml/L of fluid removed)</p> <p>Control group: paracentesis followed by iv infusion of albumin (6 g/L of fluid removed)</p> <p>Half of the dose was given rapidly over half an hour and the remaining half slowly over another four hours.</p> <p>Volume of ascites removed (mean): experimental group, 4.8 L; control group, 3.5 L</p>
Outcomes	<p>One day before, the procedure samples for urea, creatinine, blood glucose, and electrolytes were taken and these were repeated six days later. Mean arterial pressure (MAP) and heart rate were measured before and after the procedure.</p>



**Khan 2015** (Continued)

Notes	<p>The authors reported that in the control group, one participant developed signs of ileus and peritonitis 48 hours after the procedure. The participant was managed with iv antibiotics and conservative measures. The participant was discharged in good condition.</p> <p>Without for-profit funding</p> <p>No sample size calculation</p> <p>We emailed Khan and colleagues on 3 Jan 2017. Reply received</p>
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**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random number table
Allocation concealment (selection bias)	Unclear risk	The method used to conceal the allocation was not described so that intervention allocations may have been foreseen in advance of, or during, enrolment.
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	There was insufficient information to assess whether blinding was likely to induce bias on the results.
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data
Selective reporting (reporting bias)	Unclear risk	The study was planned to assess events after a short follow-up. Data were obtained from the authors.
Other bias	Unclear risk	Not evaluable

AFI: ascitic fluid filtration and concentrate infusion  
 ANF: atrial natriuretic factor  
 ARCA: apheresis and reinfusion of concentrated ascites  
 BUN: blood urea nitrogen  
 HBsAg: hepatitis B surface antigen  
 HCC: hepatocellular carcinoma  
 HCV: hepatitis C virus  
 HES: hydroxyethyl starch  
 HVP: hepatic venous pressure gradient  
 iv: intravenous  
 K: potassium  
 LVP: large-volume paracentesis  
 MAP: mean arterial pressure  
 Na: sodium  
 NOx: nitric oxide metabolites  
 PA: plasma aldosterone  
 PAC: plasma aldosterone concentration  
 PARA: total paracentesis plus intravenous albumin  
 PICD: paracentesis-induced circulatory dysfunction

PMN: polymorphonuclear cells  
 PPCD: post-paracentesis circulatory dysfunction  
 PRA: plasma renin activity  
 PT: prothrombin time  
 RCT: randomised clinical trial  
 RP: repeated paracentesis plus albumin infusion  
 SBP: spontaneous bacterial peritonitis  
 TPRA: total paracentesis with reinfusion of filtered and concentrated ascitic fluid  
 TTP: total therapeutic paracentesis  
 TVP: total-volume paracentesis  
 U: urinary  
 WBC: white blood cells

### Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
<a href="#">Antillon 1990</a>	It was published as an abstract, but because of insufficient information provided in the abstract, we could not use any of the data. We could find no subsequent full text publication, reporting on the finalised trial. In <a href="#">Antillon 1991</a> (see below), the study was defined as an "ongoing" trial. The abstract read that albumin infusion was compared with no plasma expander after large volume paracentesis in people with cirrhosis and refractory ascites. The authors reported 3 deaths out of 7 participants (43%) in the albumin group and 2 deaths out of 7 participants (29%) in the no plasma expander group. Despite our email and letter inquiries, sent to the authors of the study, we could not obtain any further information on the trial. Letter sent on August 2015
<a href="#">Antillon 1991</a>	A letter of comment to <a href="#">Planas 1990</a> study (included in our review). In this letter of comment, Antillon et al were referring to an "ongoing trial" with 28 participants. They reported one-year survival of 45% in the albumin group and 41.6% in the no plasma expander group as well as incidence of hepatorenal syndrome of 50% in the albumin group and 33% in the no plasma expander group. However, <a href="#">Antillon 1991</a> did not report the number of participants in each group. Because of insufficient information on design, trial conduct, and discrepant results with what was already published in the <a href="#">Antillon 1990</a> (abstract), we excluded the trial. Despite our email and letter inquiries, sent to the authors of the study, we could not obtain any further information on the trial. Letter sent on August 2015
<a href="#">Nasr 2010</a>	Non-RCT: Prospective study comparing albumin versus dextran-70 after large volume paracentesis in patients with massive hepatic ascites
<a href="#">Zaak 2001</a>	Non-RCT: Prospective study comparing human albumin versus reinfusion of ultrafiltrate-ascitic fluid after total paracentesis in cirrhotic patients with tense ascites

RCT: randomised clinical trial

### Characteristics of ongoing studies [ordered by study ID]

#### [EudraCT 2010-019783-37](#)

Trial name or title	Two doses of albumin after large paracentesis in cirrhotics with refractory ascites: a randomized study
Methods	Randomised controlled trial, open-label
Participants	Patients with decompensated liver cirrhosis and refractory ascites indicated for large (more than 5 L) volume paracentesis

**EudraCT 2010-019783-37** (Continued)

Principal inclusion criteria: subject is 18 years of age or older; male or non-pregnant female; de-compensated liver cirrhosis with refractory ascites and indication for paracentesis more than 5 L; informed consent

Principal exclusion criteria: women who are pregnant or lactating; known or suspected hypersensitivity to albumin; acute coronary artery disease; pulmonary oedema, decompensation of heart failure; documented sustained severe hypertension (systolic blood pressure > 200 mmHg or diastolic blood pressure > 110 mmHg) at enrolment; subject has been previously enrolled in this study; renal and postrenal anuria; bleeding from oesophageal varices in last six months; severe anaemia (Hb < 80 g/L); haemorrhagic diathesis; known active malignancy or other serious medical comorbidity such that the subject's life expectancy is < 12 months; patients with ongoing significant active alcohol abuse; subject is part of the staff personnel directly involved with this study, or is a family member of the investigational staff

Interventions	<p>Arm A</p> <p>Large volume paracentesis + iv albumin infusion, 5 g/L ascites removed</p> <p>Arm B</p> <p>Large volume paracentesis + iv albumin infusion, 10 g/L ascites removed</p>
Outcomes	Survival; renal functions; Child-Pugh, MELD score; albumin level; blood pressure, heart rate, vasopressor/s need; cardiac output/index, BNP level; time to readmission to the hospital during follow-up
Starting date	Information not available
Contact information	Information not available
Notes	<p>Planned number of subjects to be included: 100 participants</p> <p>Trial status: ongoing</p> <p>Sponsor information: Name of sponsor: Hospital Trebic; Country: Czech Republic; Status of the sponsor: non-commercial</p>

**NCT03202524**

Trial name or title	Fresh frozen plasma as a substitute for albumin in patients receiving a large volume paracentesis
Methods	Randomised controlled trial, open-label
Participants	<p>Inclusion Criteria: age 18 years or older; cirrhosis of the liver based on biopsy or clinical and radiographic criteria; ability to provide informed consent (Grade 0 to 1 HE); grade 3 ascites or refractory ascites; ascites requiring frequent large volume paracentesis of at least 5 litres at least once a month; no diuretic use</p> <p>Exclusion Criteria: inability to obtain informed consent; age less than 18; hepatic encephalopathy grade &gt; 1; septic shock; active infection; respiratory failure; heart failure with reduced ejection fraction of ≤ 50%; moderate or severe pulmonary hypertension; history of stroke; unstable coronary artery disease; chronic kidney disease (GFR &lt; 60); GI bleed within 2 weeks; any licorice within 2 weeks of starting the study; any beta blocker use within the last 2 weeks; any diuretic use within 2 weeks; absence of paracentesis within 2 weeks; absence of volume expanders within 2 weeks; INR &gt; 1.7</p>
Interventions	<p>Active comparator: albumin</p> <p>Participants undergoing large volume paracentesis will receive 50 mL of 25% albumin for every 2 L of ascites removed from their abdomen.</p>

**NCT03202524** (Continued)

Experimental: fresh frozen plasma

Participants undergoing large volume paracentesis will receive 2 units of FFP for the first 4 L of removed ascites followed by 50 mL of 25% albumin for every additional 2 L of removed ascites.

Outcomes	Primary outcome measures: Incidence of post-paracentesis circulatory dysfunction (PPCD) [time frame: 6 days], defined as an increase in plasma renin activity of more than 50% of baseline to > 4 ng/mL/h on the 6th day post paracentesis
Starting date	July 2017
Contact information	Jacques C Beauvais, MD, 347-610-7305, jabeauva@montefiore.org Samuel Sigal, MD, 718-920-4768, ssigal@montefiore.org
Notes	Estimated enrolment: 100 participants  Not yet recruiting  Sponsors and Collaborators: Montefiore Medical Center Principal Investigator: Samuel Sigal, Montefiore Medical Center

BNP: brain natriuretic peptide

FFP: fresh frozen plasma

GFR: glomerular filtration rate

HE: hepatic encephalopathy

INR: international normalised ratio

MELD: model for end-stage liver disease

PPCD: post-paracentesis circulatory dysfunction

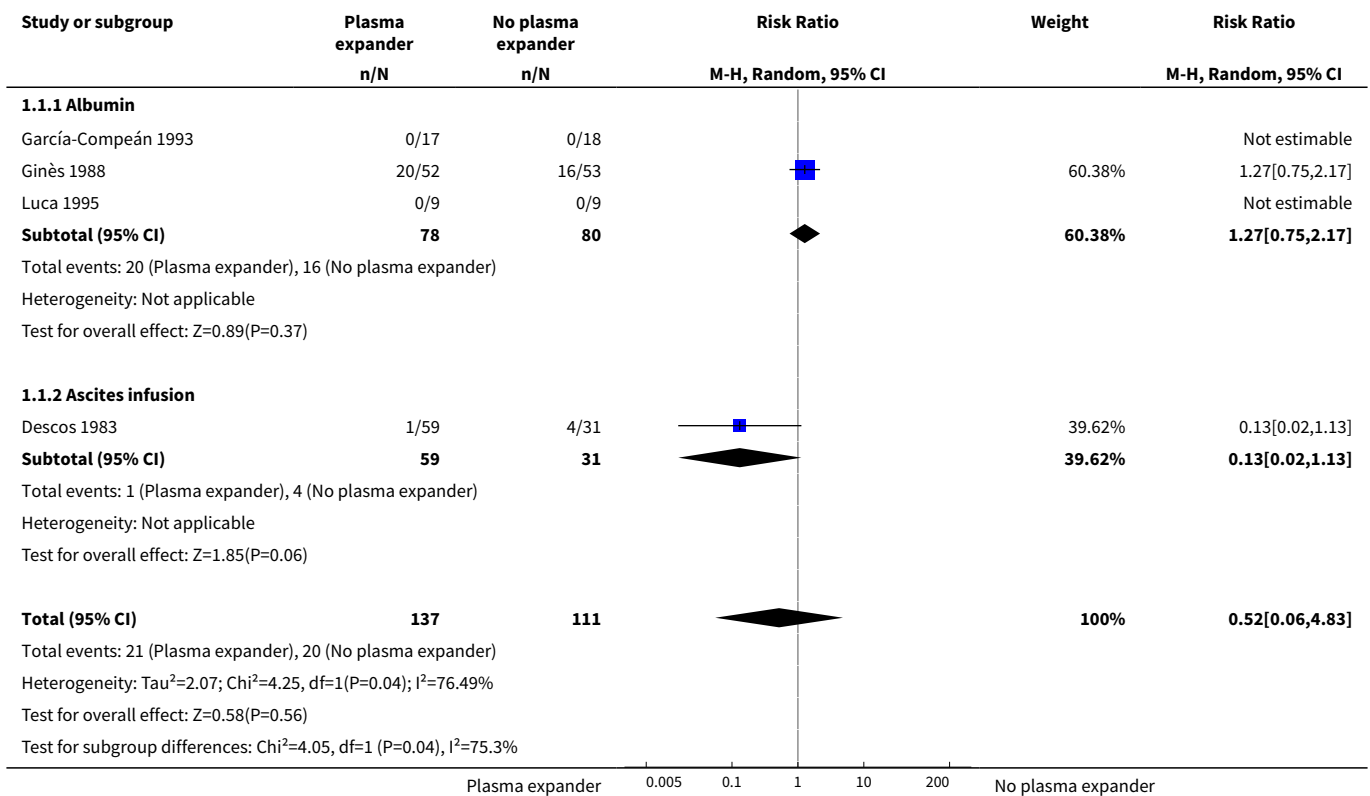
## DATA AND ANALYSES

### Comparison 1. Plasma expanders versus no plasma expander

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 All-cause mortality</b>	4	248	Risk Ratio (M-H, Random, 95% CI)	0.52 [0.06, 4.83]
1.1 Albumin	3	158	Risk Ratio (M-H, Random, 95% CI)	1.27 [0.75, 2.17]
1.2 Ascites infusion	1	90	Risk Ratio (M-H, Random, 95% CI)	0.13 [0.02, 1.13]
<b>2 Serious adverse events</b>	2	108	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
2.1 Albumin	1	18	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
2.2 Infusion of ascites	1	90	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
<b>3 Renal impairment</b>	4	181	Risk Ratio (M-H, Random, 95% CI)	0.32 [0.02, 5.88]
<b>4 Other liver-related complications</b>	4	248	Risk Ratio (M-H, Random, 95% CI)	1.61 [0.79, 3.27]

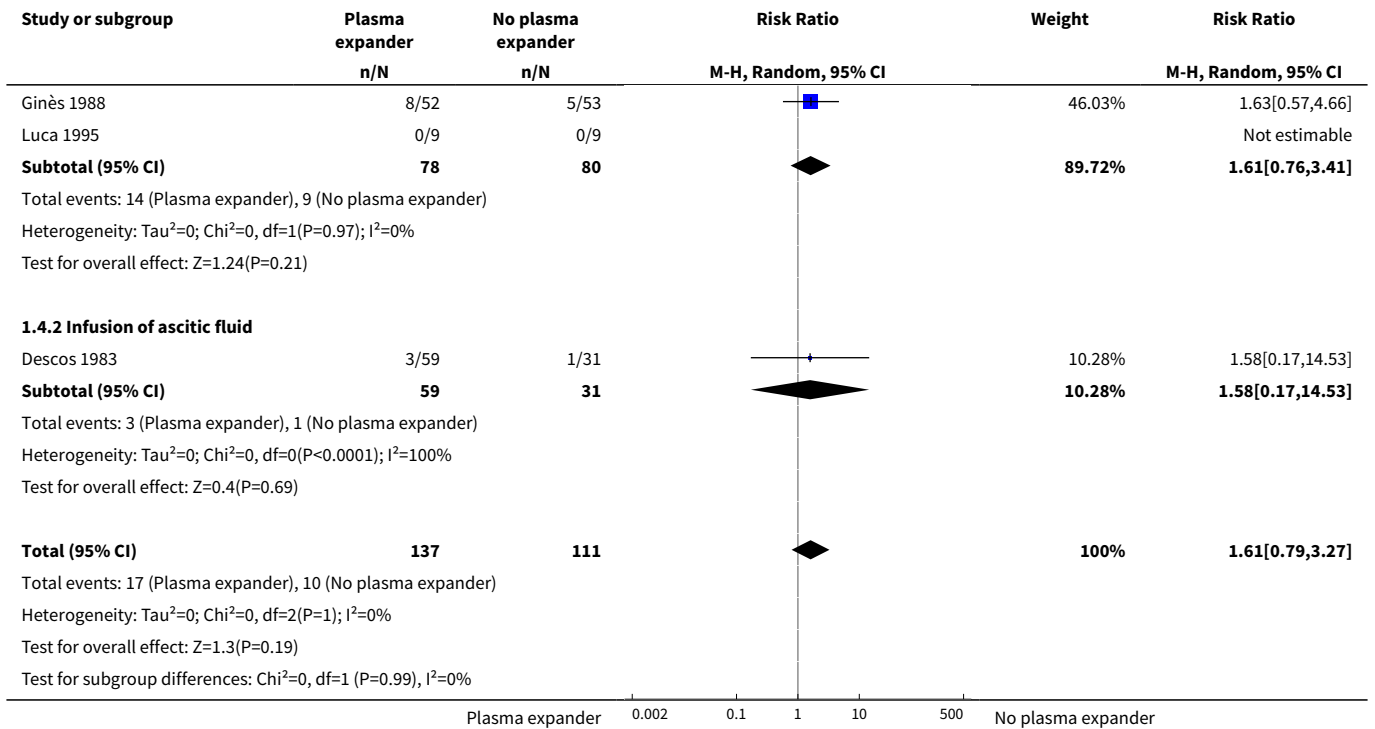
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.1 Albumin	3	158	Risk Ratio (M-H, Random, 95% CI)	1.61 [0.76, 3.41]
4.2 Infusion of ascitic fluid	1	90	Risk Ratio (M-H, Random, 95% CI)	1.58 [0.17, 14.53]
5 Non-serious adverse events	3	158	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.32, 3.40]
5.1 Albumin	3	158	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.32, 3.40]
6 Recurrence of ascites	2	195	Risk Ratio (M-H, Random, 95% CI)	1.30 [0.49, 3.42]
6.1 Albumin	1	105	Risk Ratio (M-H, Random, 95% CI)	0.93 [0.43, 1.99]
6.2 Ascites infusion	1	90	Risk Ratio (M-H, Random, 95% CI)	2.63 [0.61, 11.25]
7 Hyponatraemia	4	181	Risk Ratio (M-H, Random, 95% CI)	0.53 [0.05, 5.65]

**Analysis 1.1. Comparison 1 Plasma expanders versus no plasma expander, Outcome 1 All-cause mortality.**

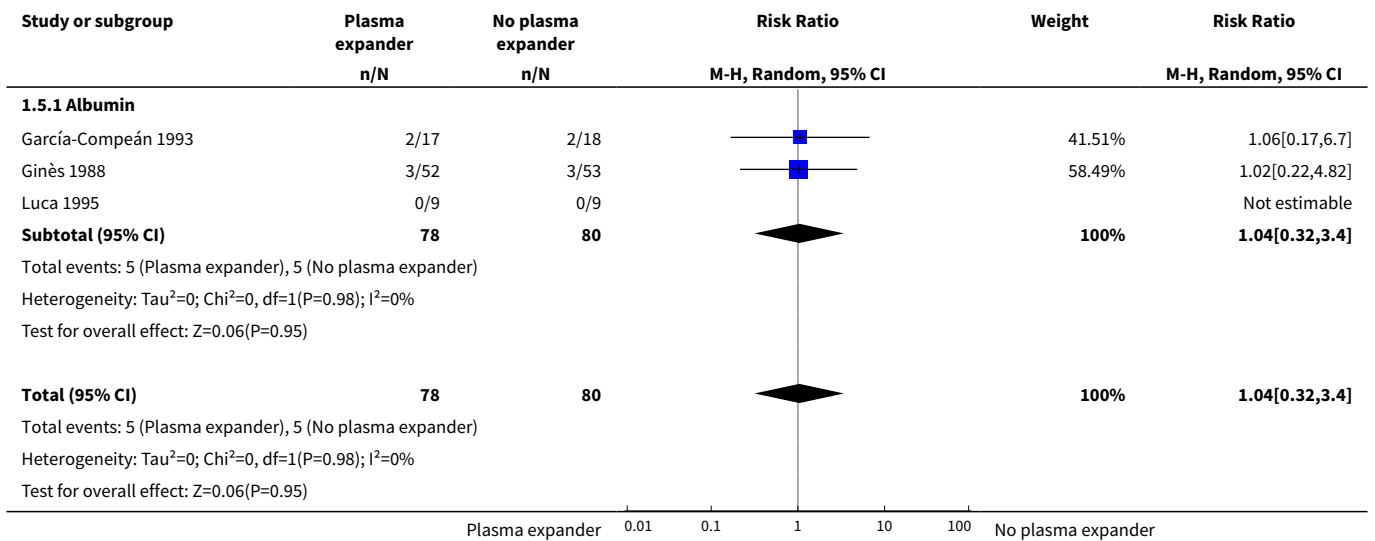




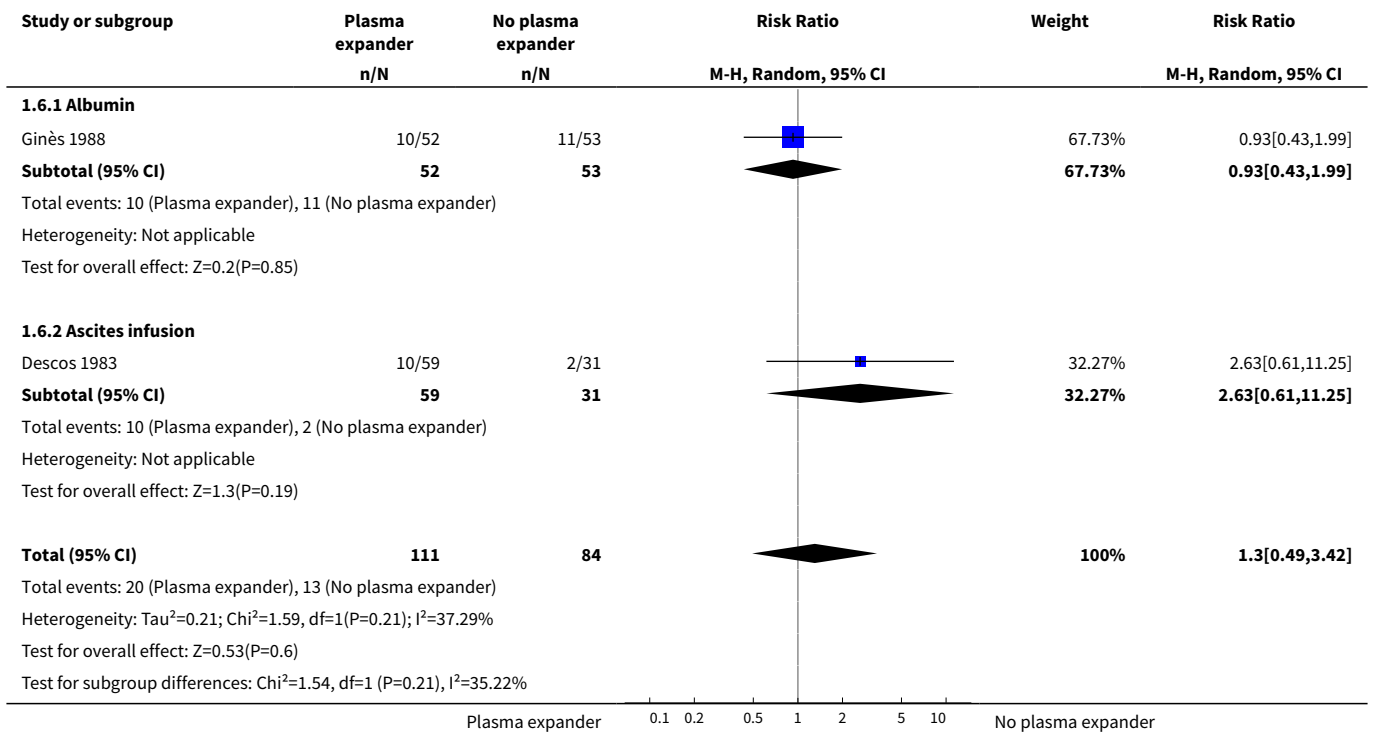




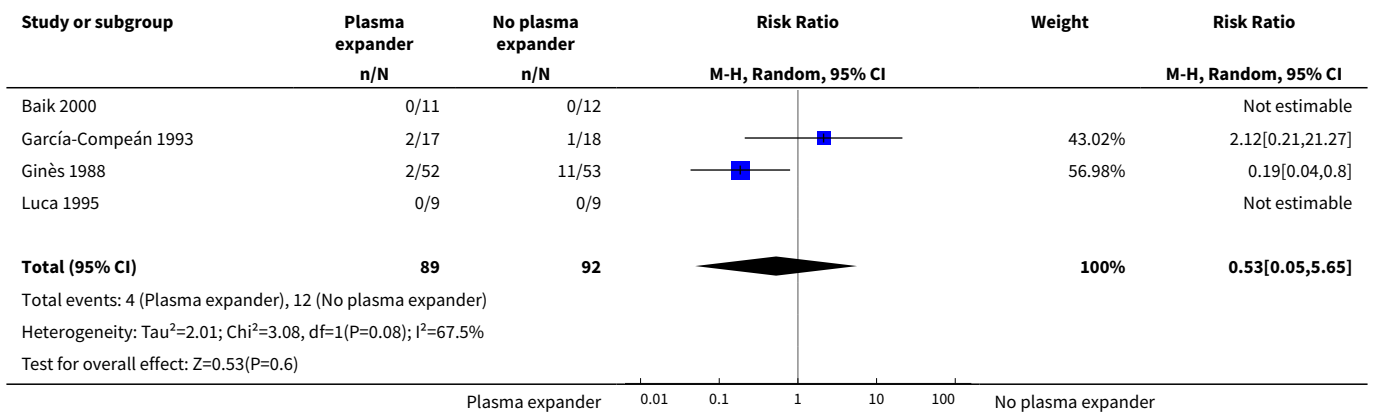
**Analysis 1.5. Comparison 1 Plasma expanders versus no plasma expander, Outcome 5 Non-serious adverse events.**



**Analysis 1.6. Comparison 1 Plasma expanders versus no plasma expander, Outcome 6 Recurrence of ascites.**



**Analysis 1.7. Comparison 1 Plasma expanders versus no plasma expander, Outcome 7 Hyponatraemia.**

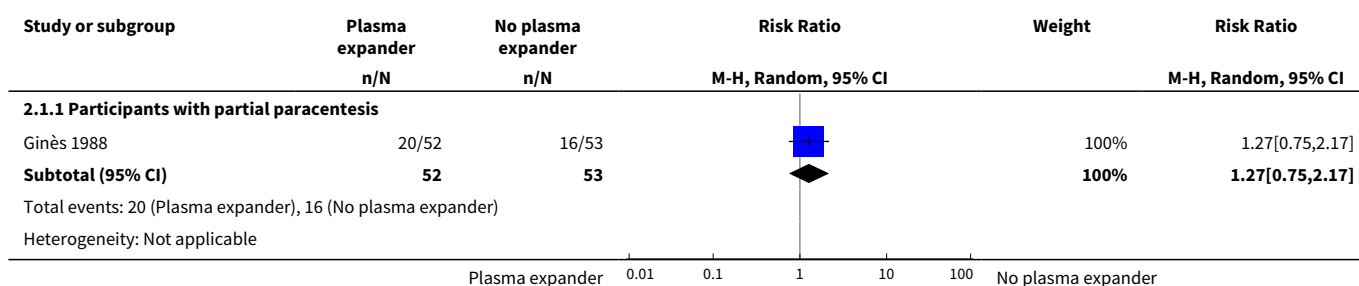


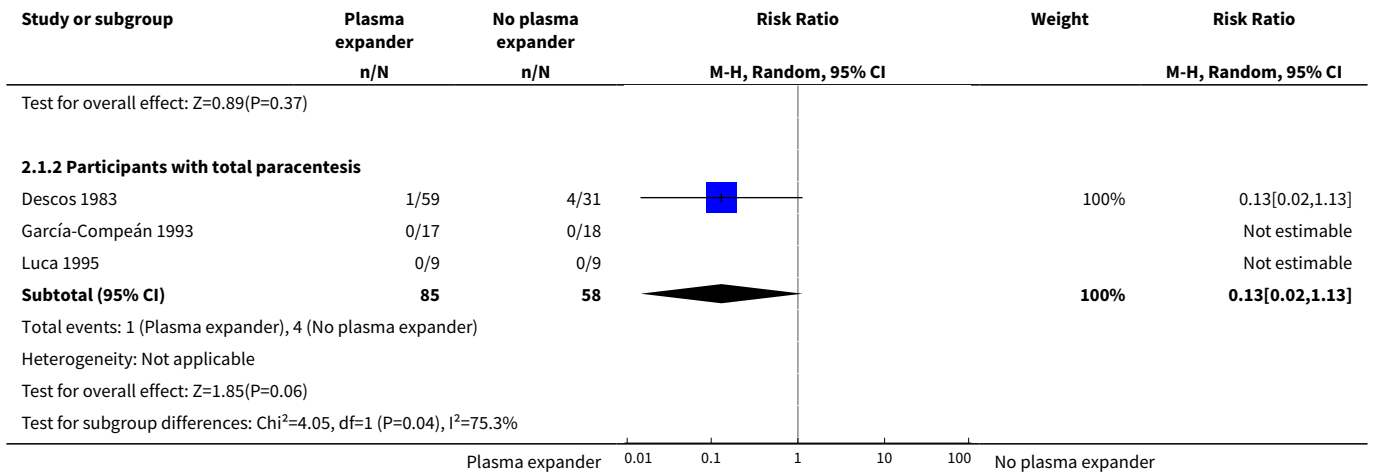
**Comparison 2. Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only

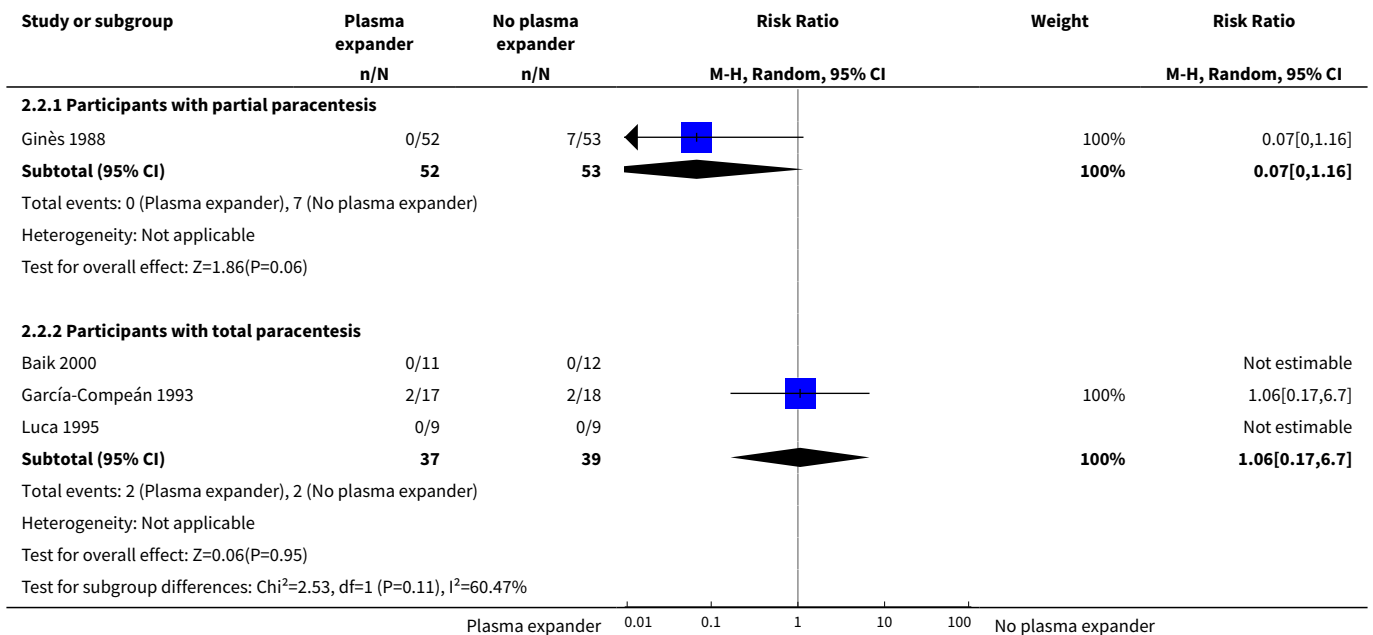
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 Participants with partial paracentesis	1	105	Risk Ratio (M-H, Random, 95% CI)	1.27 [0.75, 2.17]
1.2 Participants with total paracentesis	3	143	Risk Ratio (M-H, Random, 95% CI)	0.13 [0.02, 1.13]
<b>2 Renal impairment</b>	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Participants with partial paracentesis	1	105	Risk Ratio (M-H, Random, 95% CI)	0.07 [0.00, 1.16]
2.2 Participants with total paracentesis	3	76	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
<b>3 Other liver-related complications</b>	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Participants with partial paracentesis	1	105	Risk Ratio (M-H, Random, 95% CI)	1.63 [0.57, 4.66]
3.2 Participants with total paracentesis	3	143	Risk Ratio (M-H, Random, 95% CI)	1.59 [0.60, 4.18]
<b>4 Non-serious adverse events</b>	3		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Participants with partial paracentesis	1	105	Risk Ratio (M-H, Random, 95% CI)	1.02 [0.22, 4.82]
4.2 Participants with total paracentesis	2	53	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
<b>5 Hyponatraemia</b>	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 Participants with partial paracentesis	1	105	Risk Ratio (M-H, Random, 95% CI)	0.19 [0.04, 0.80]
5.2 Participants with total paracentesis	3	76	Risk Ratio (M-H, Random, 95% CI)	2.12 [0.21, 21.27]

**Analysis 2.1. Comparison 2 Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis, Outcome 1 All-cause mortality.**

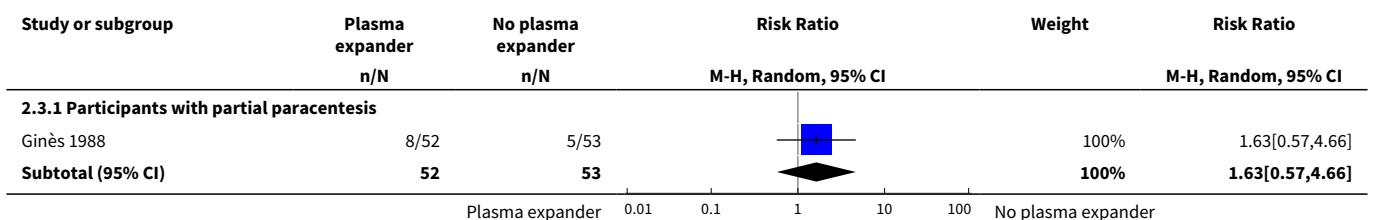


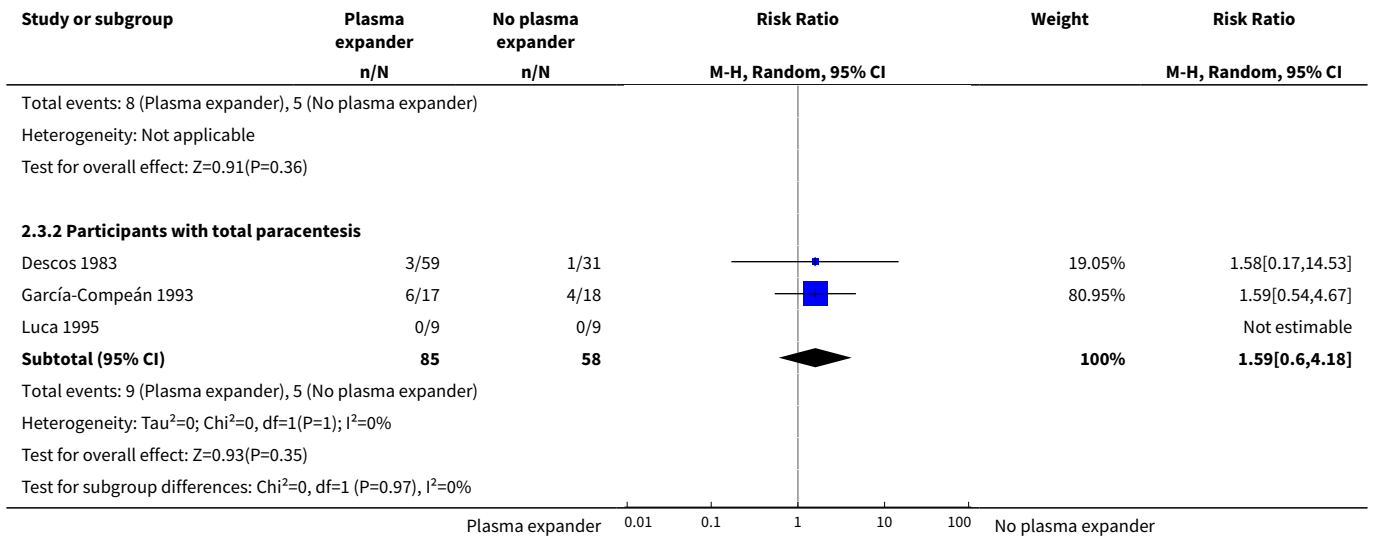


**Analysis 2.2. Comparison 2 Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis, Outcome 2 Renal impairment.**

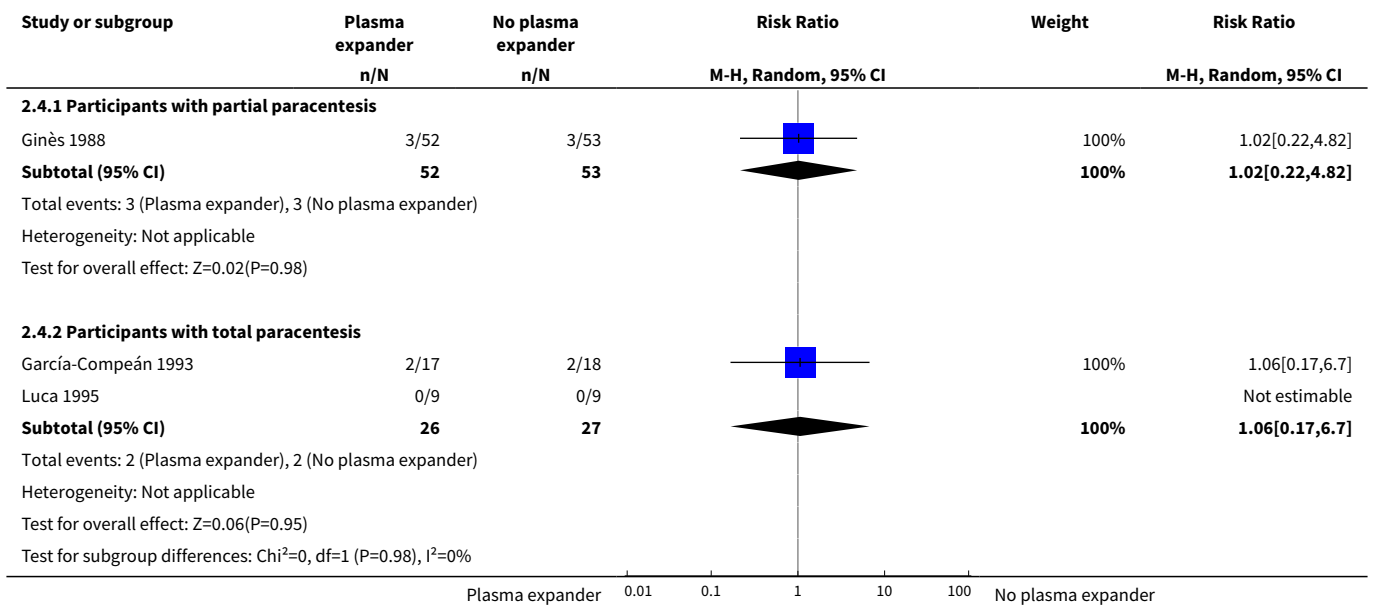


**Analysis 2.3. Comparison 2 Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis, Outcome 3 Other liver-related complications.**

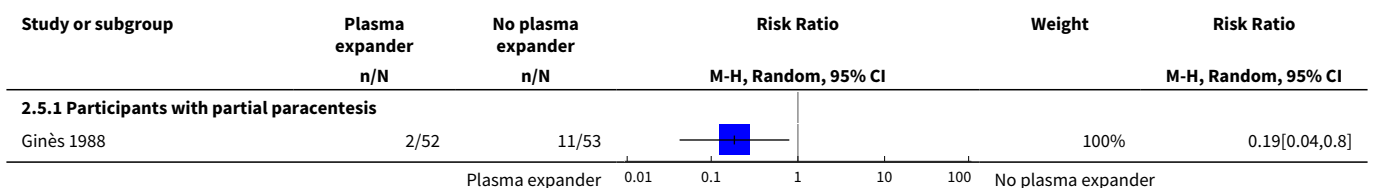


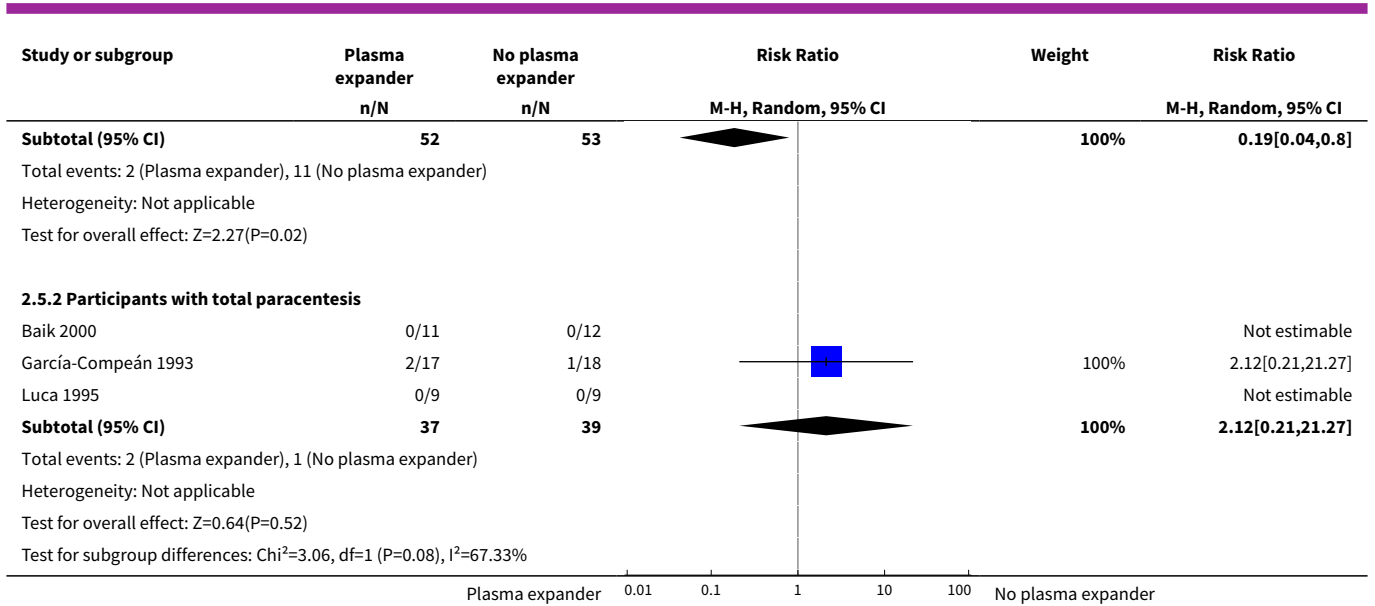


**Analysis 2.4. Comparison 2 Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis, Outcome 4 Non-serious adverse events.**



**Analysis 2.5. Comparison 2 Subgroup analysis of plasma expanders versus no plasma expander regarding modality of paracentesis, Outcome 5 Hyponatraemia.**



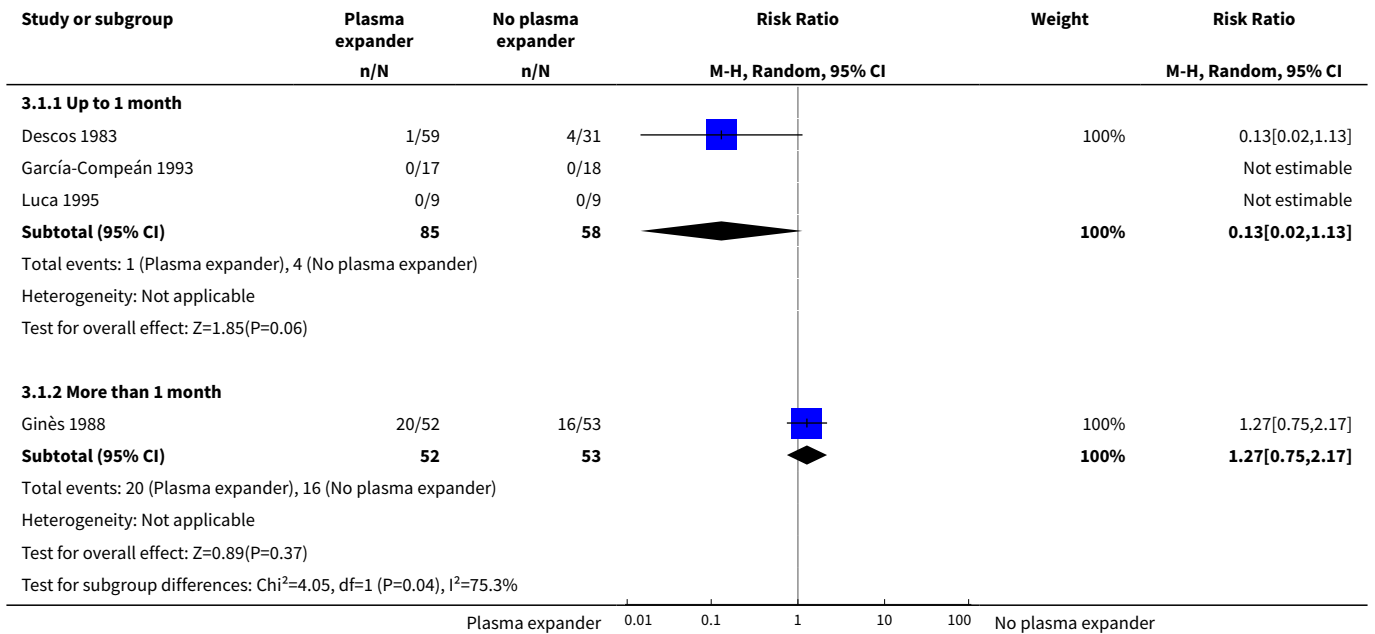


**Comparison 3. Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up**

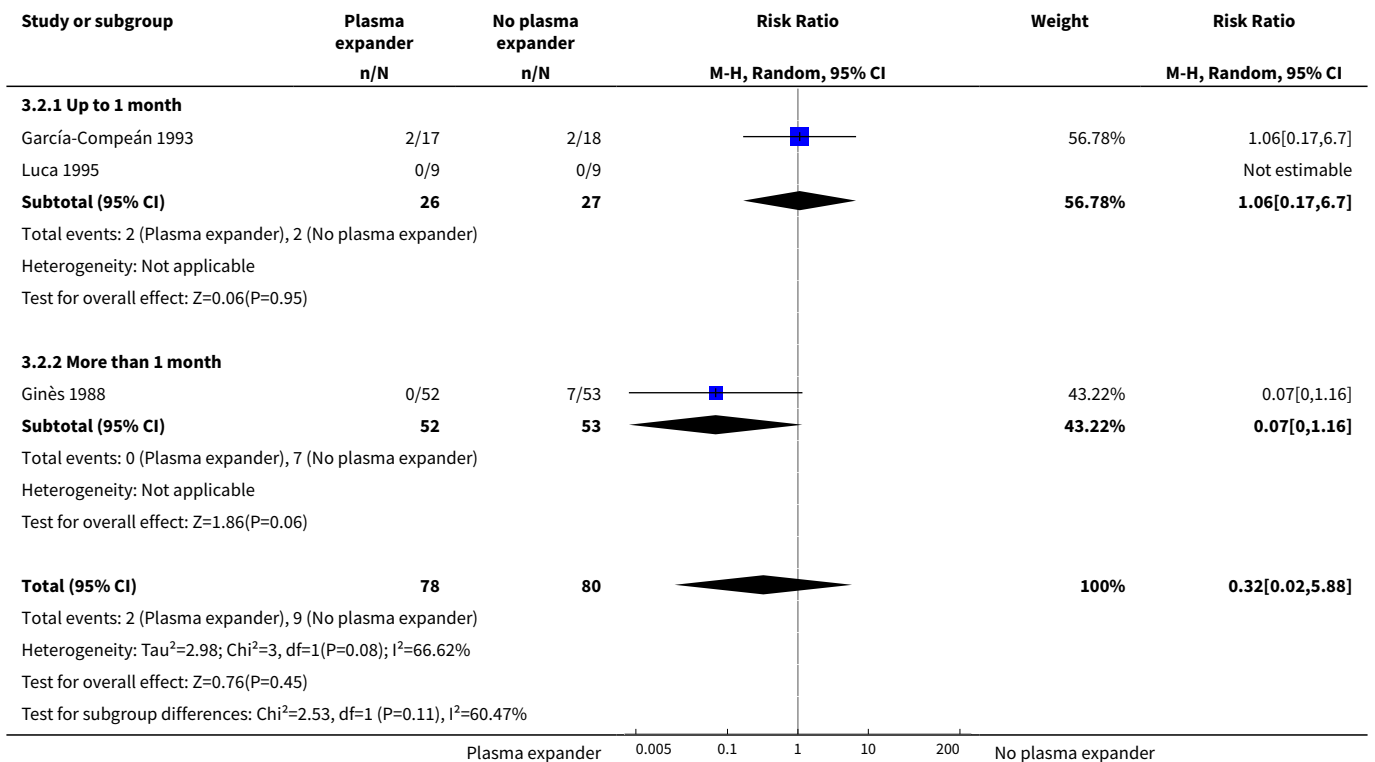
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 All-cause mortality</b>	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Up to 1 month	3	143	Risk Ratio (M-H, Random, 95% CI)	0.13 [0.02, 1.13]
1.2 More than 1 month	1	105	Risk Ratio (M-H, Random, 95% CI)	1.27 [0.75, 2.17]
<b>2 Renal impairment</b>	3	158	Risk Ratio (M-H, Random, 95% CI)	0.32 [0.02, 5.88]
2.1 Up to 1 month	2	53	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
2.2 More than 1 month	1	105	Risk Ratio (M-H, Random, 95% CI)	0.07 [0.00, 1.16]
<b>3 Other liver-related complications</b>	4	248	Risk Ratio (M-H, Random, 95% CI)	1.61 [0.79, 3.27]
3.1 Up to 1 month	3	143	Risk Ratio (M-H, Random, 95% CI)	1.59 [0.60, 4.18]
3.2 More than 1 month	1	105	Risk Ratio (M-H, Random, 95% CI)	1.63 [0.57, 4.66]
<b>4 Non-serious adverse events</b>	3	158	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.32, 3.40]
4.1 Up to 1 month	2	53	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
4.2 More than 1 month	1	105	Risk Ratio (M-H, Random, 95% CI)	1.02 [0.22, 4.82]
<b>5 Hyponatraemia</b>	4	181	Risk Ratio (M-H, Random, 95% CI)	0.53 [0.05, 5.65]
5.1 Up to 1 month	3	76	Risk Ratio (M-H, Random, 95% CI)	2.12 [0.21, 21.27]
5.2 More than 1 month	1	105	Risk Ratio (M-H, Random, 95% CI)	0.19 [0.04, 0.80]



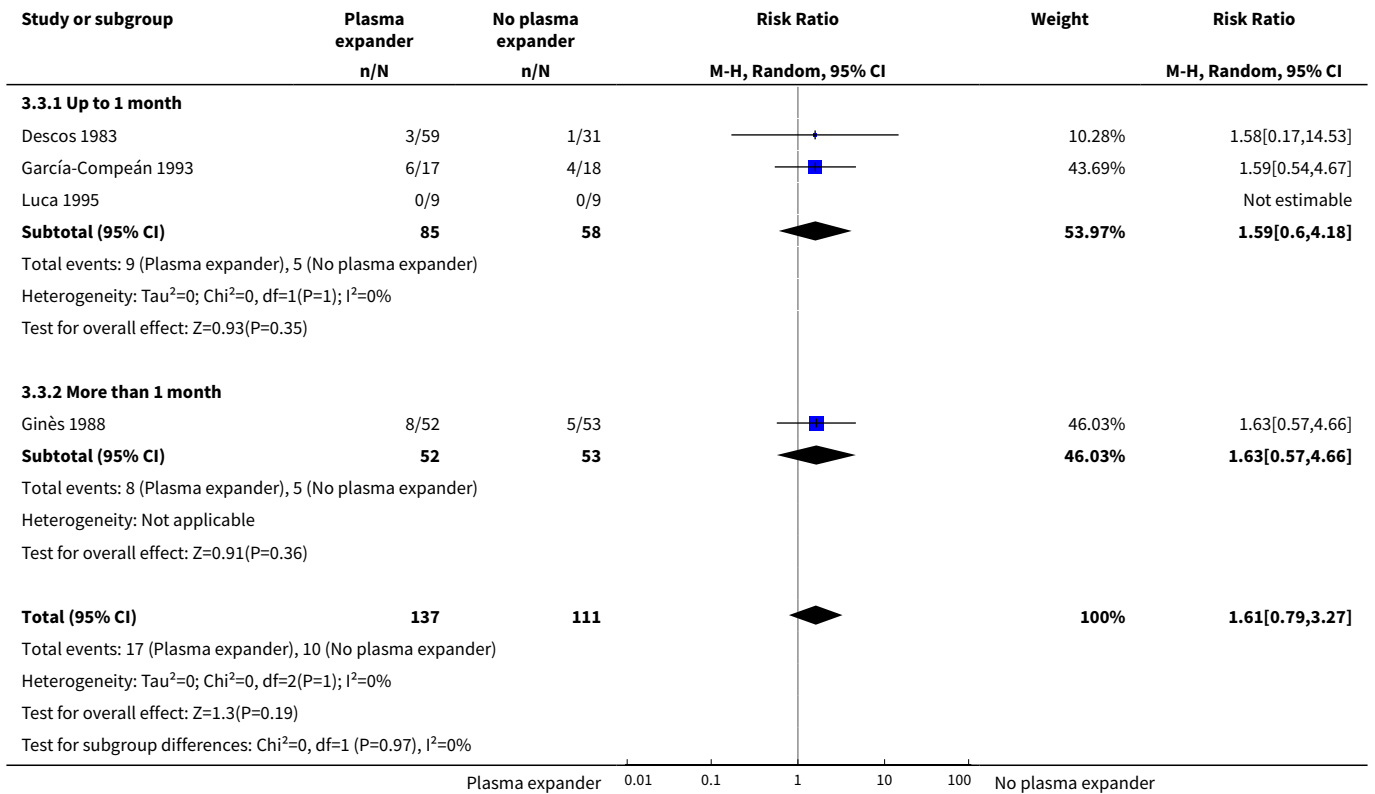
**Analysis 3.1. Comparison 3 Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up, Outcome 1 All-cause mortality.**



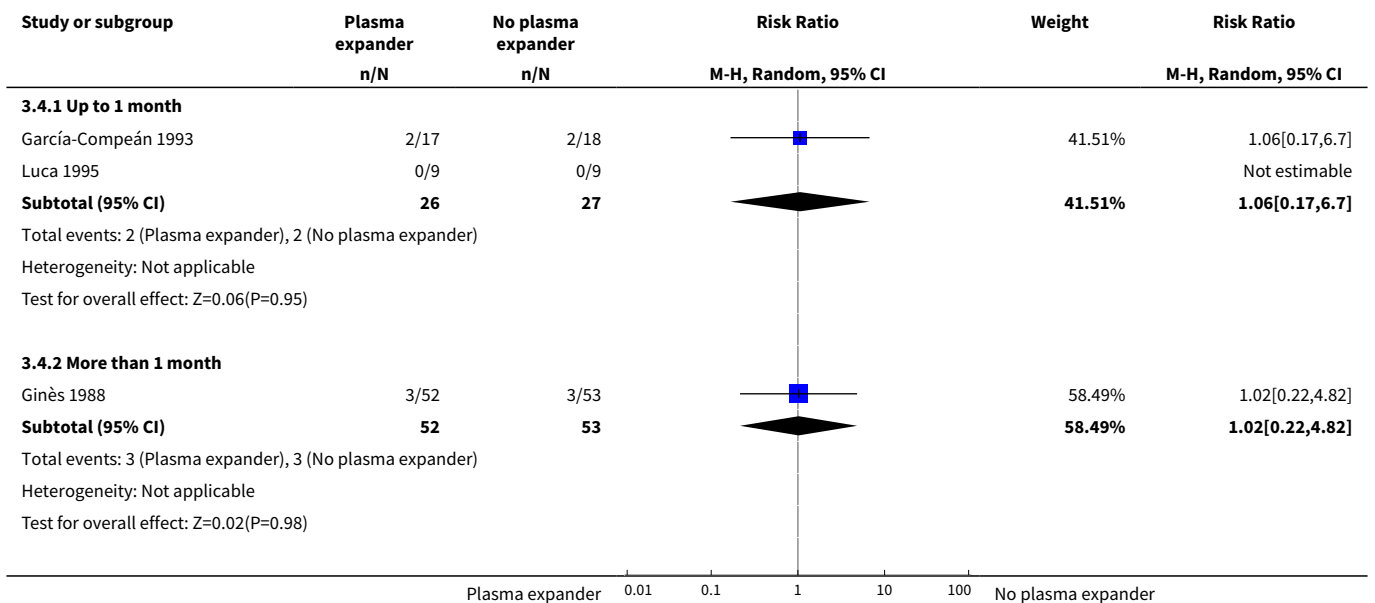
**Analysis 3.2. Comparison 3 Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up, Outcome 2 Renal impairment.**

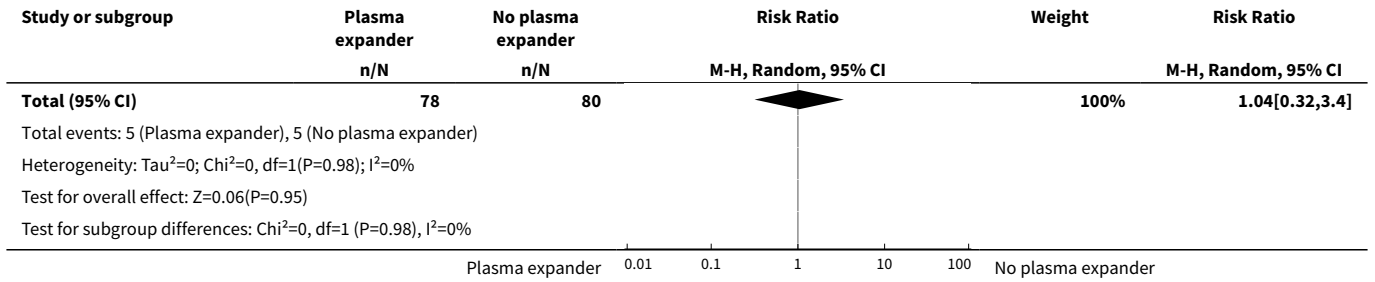


**Analysis 3.3. Comparison 3 Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up, Outcome 3 Other liver-related complications.**

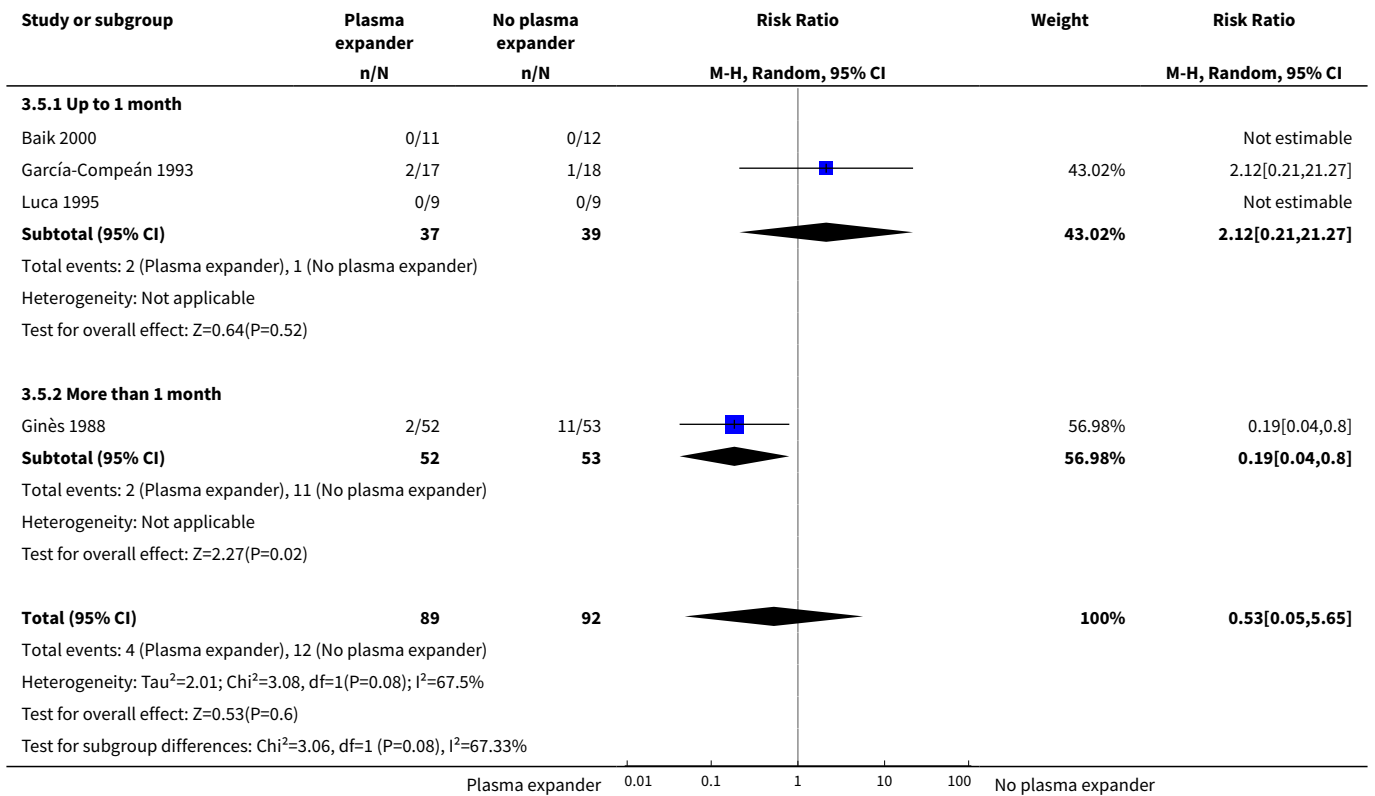


**Analysis 3.4. Comparison 3 Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up, Outcome 4 Non-serious adverse events.**





**Analysis 3.5. Comparison 3 Subgroup analysis of plasma expanders versus no plasma expander regarding duration of follow-up, Outcome 5 Hyponatraemia.**

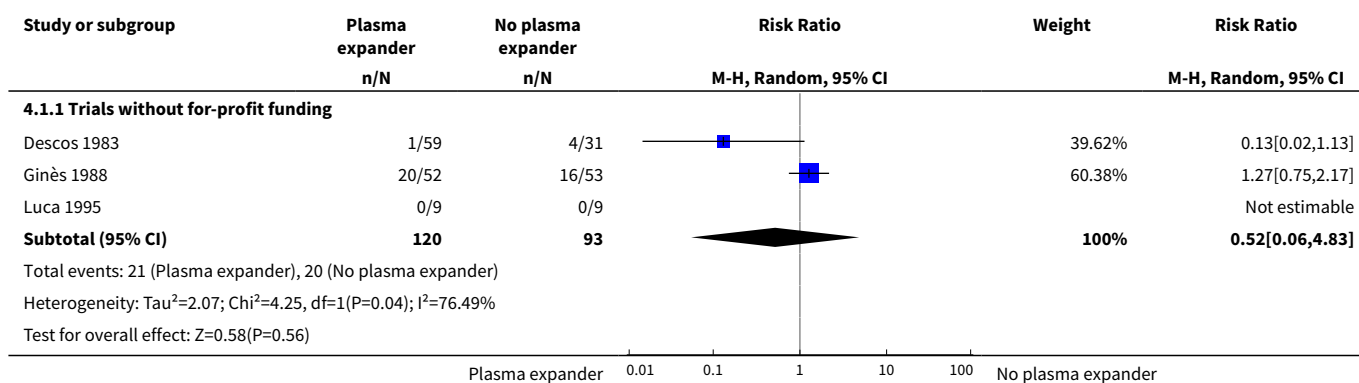


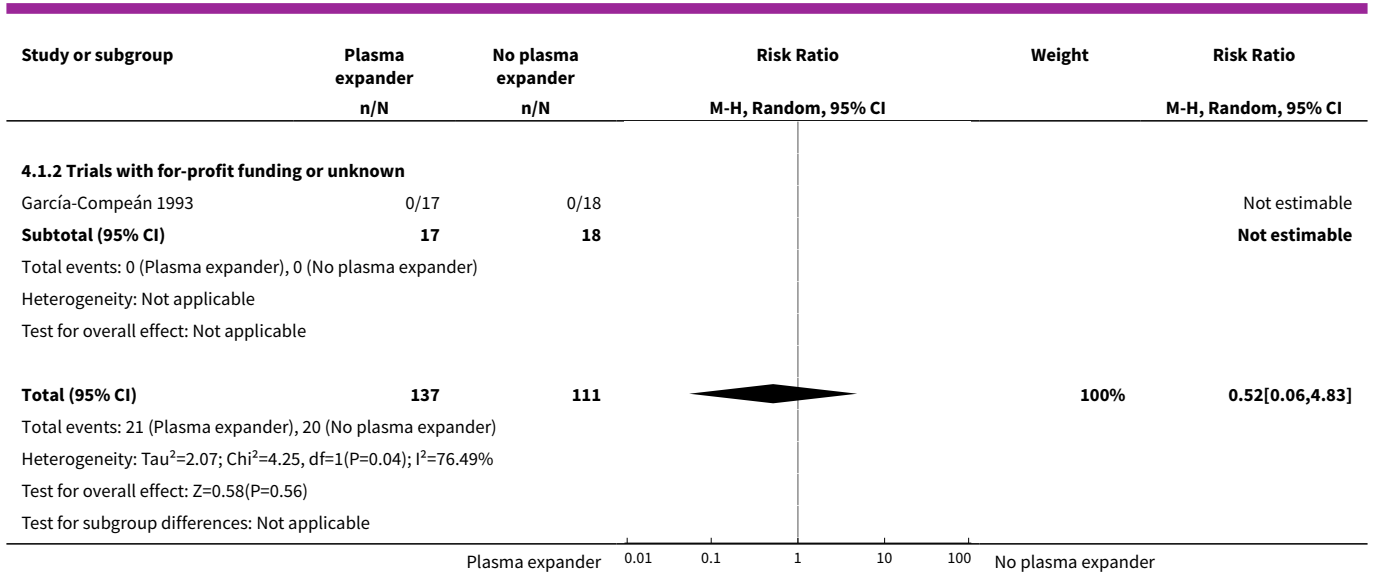
**Comparison 4. Subgroup analysis of plasma expanders versus no plasma expander regarding funding**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	4	248	Risk Ratio (M-H, Random, 95% CI)	0.52 [0.06, 4.83]
1.1 Trials without for-profit funding	3	213	Risk Ratio (M-H, Random, 95% CI)	0.52 [0.06, 4.83]

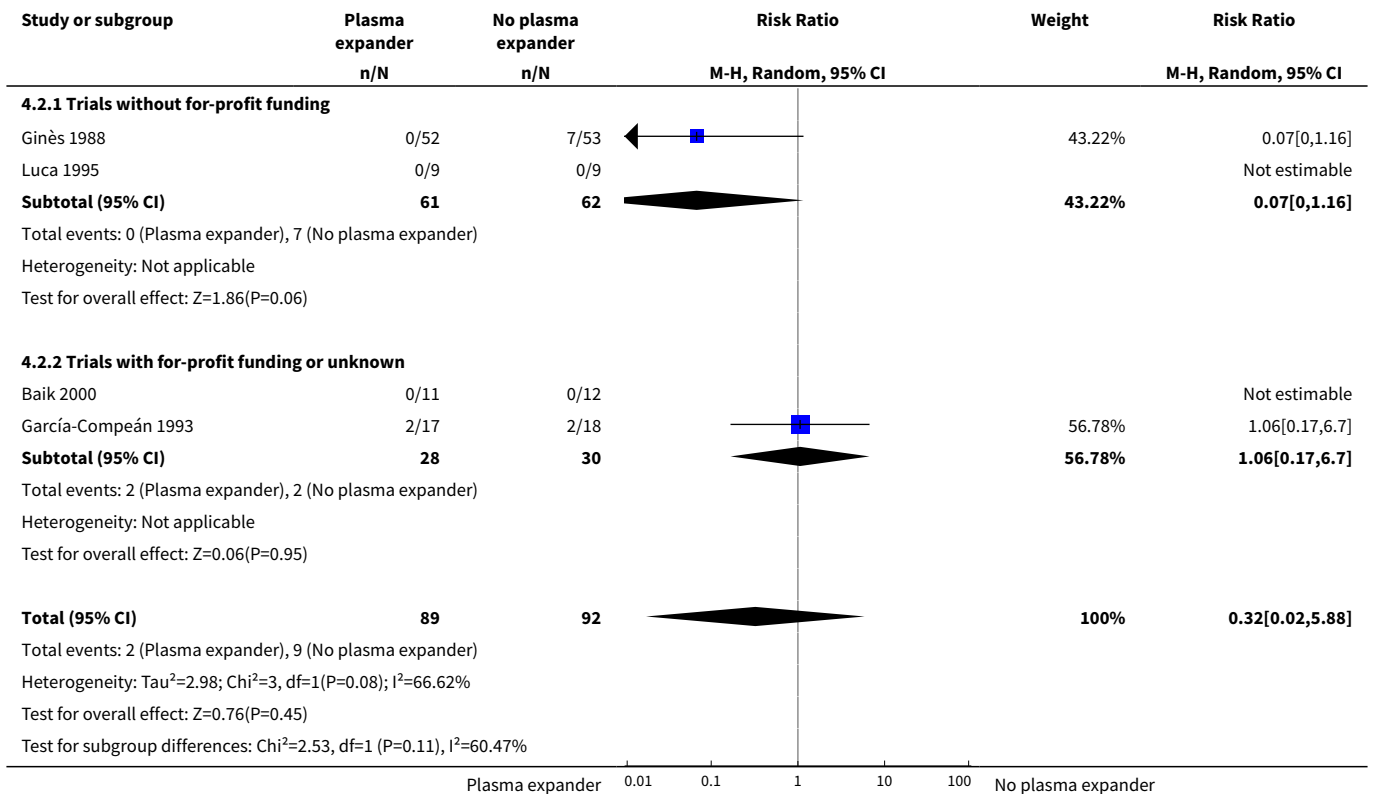
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 Trials with for-profit funding or unknown	1	35	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
<b>2 Renal impairment</b>	4	181	Risk Ratio (M-H, Random, 95% CI)	0.32 [0.02, 5.88]
2.1 Trials without for-profit funding	2	123	Risk Ratio (M-H, Random, 95% CI)	0.07 [0.00, 1.16]
2.2 Trials with for-profit funding or unknown	2	58	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
<b>3 Other liver-related complications</b>	4	248	Risk Ratio (M-H, Random, 95% CI)	1.61 [0.79, 3.27]
3.1 Trials without for-profit funding	3	213	Risk Ratio (M-H, Random, 95% CI)	1.62 [0.63, 4.19]
3.2 Trials with for-profit funding or unknown	1	35	Risk Ratio (M-H, Random, 95% CI)	1.59 [0.54, 4.67]
<b>4 Non-serious adverse events</b>	3	158	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.32, 3.40]
4.1 Trials without for-profit funding	2	123	Risk Ratio (M-H, Random, 95% CI)	1.02 [0.22, 4.82]
4.2 Trials with for-profit funding or unknown	1	35	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.17, 6.70]
<b>5 Hyponatraemia</b>	4	181	Risk Ratio (M-H, Random, 95% CI)	0.53 [0.05, 5.65]
5.1 Trials without for-profit funding	2	123	Risk Ratio (M-H, Random, 95% CI)	0.19 [0.04, 0.80]
5.2 Trials with for-profit funding or unknown	2	58	Risk Ratio (M-H, Random, 95% CI)	2.12 [0.21, 21.27]

**Analysis 4.1. Comparison 4 Subgroup analysis of plasma expanders versus no plasma expander regarding funding, Outcome 1 All-cause mortality.**

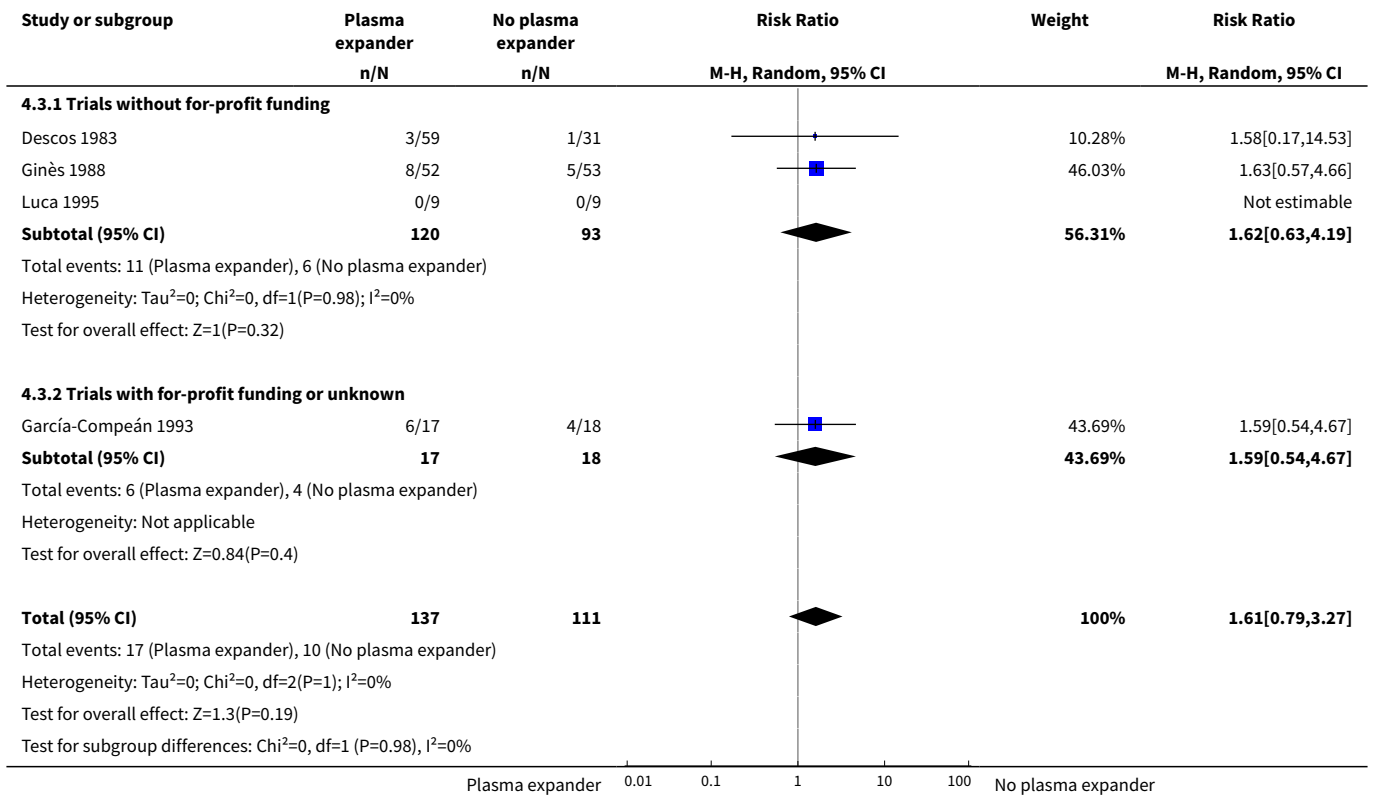




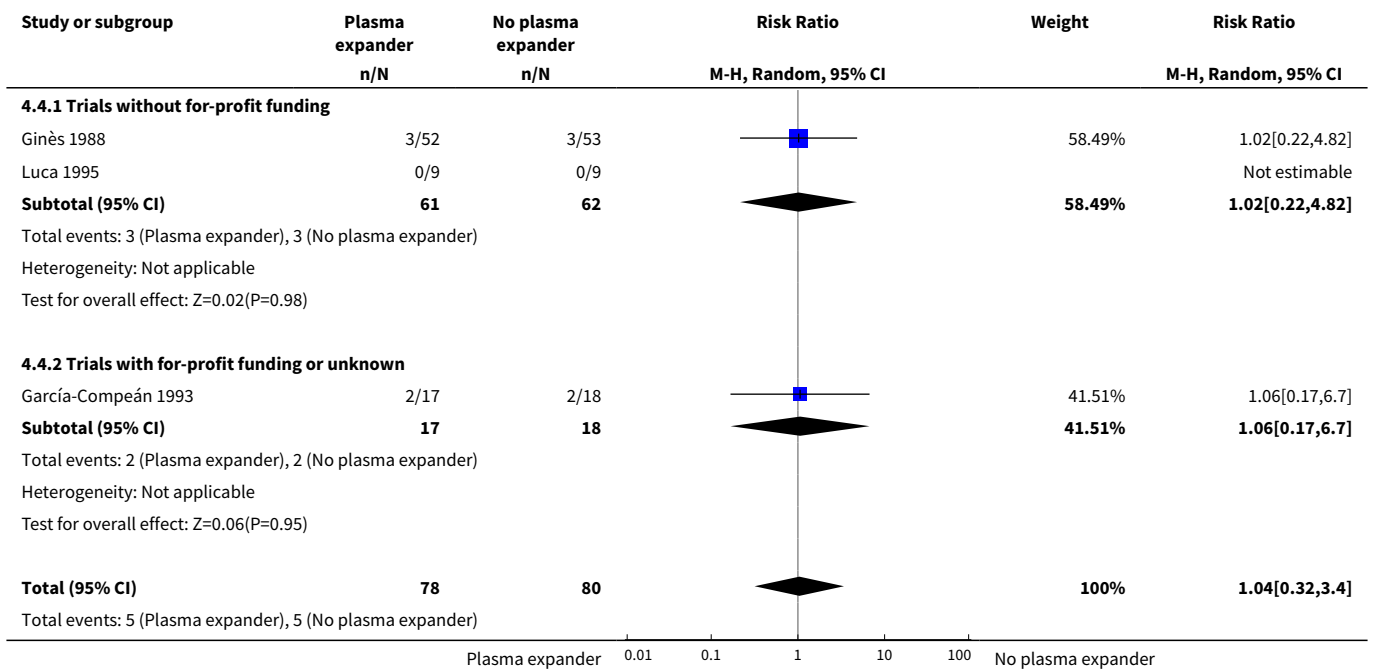
**Analysis 4.2. Comparison 4 Subgroup analysis of plasma expanders versus no plasma expander regarding funding, Outcome 2 Renal impairment.**

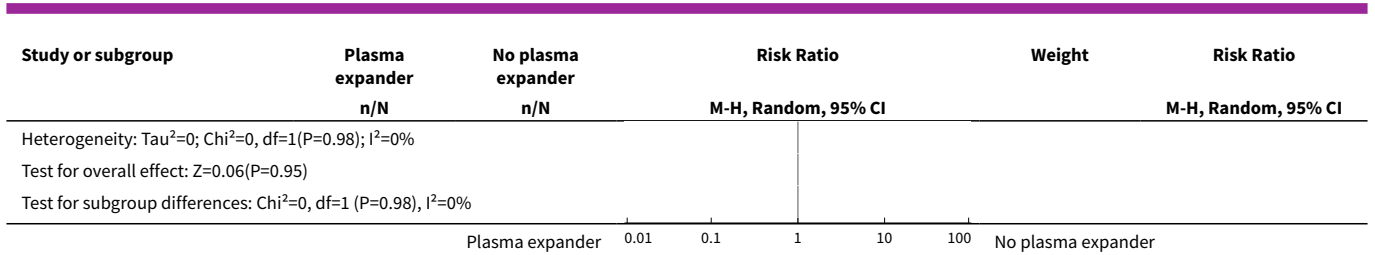


**Analysis 4.3. Comparison 4 Subgroup analysis of plasma expanders versus no plasma expander regarding funding, Outcome 3 Other liver-related complications.**

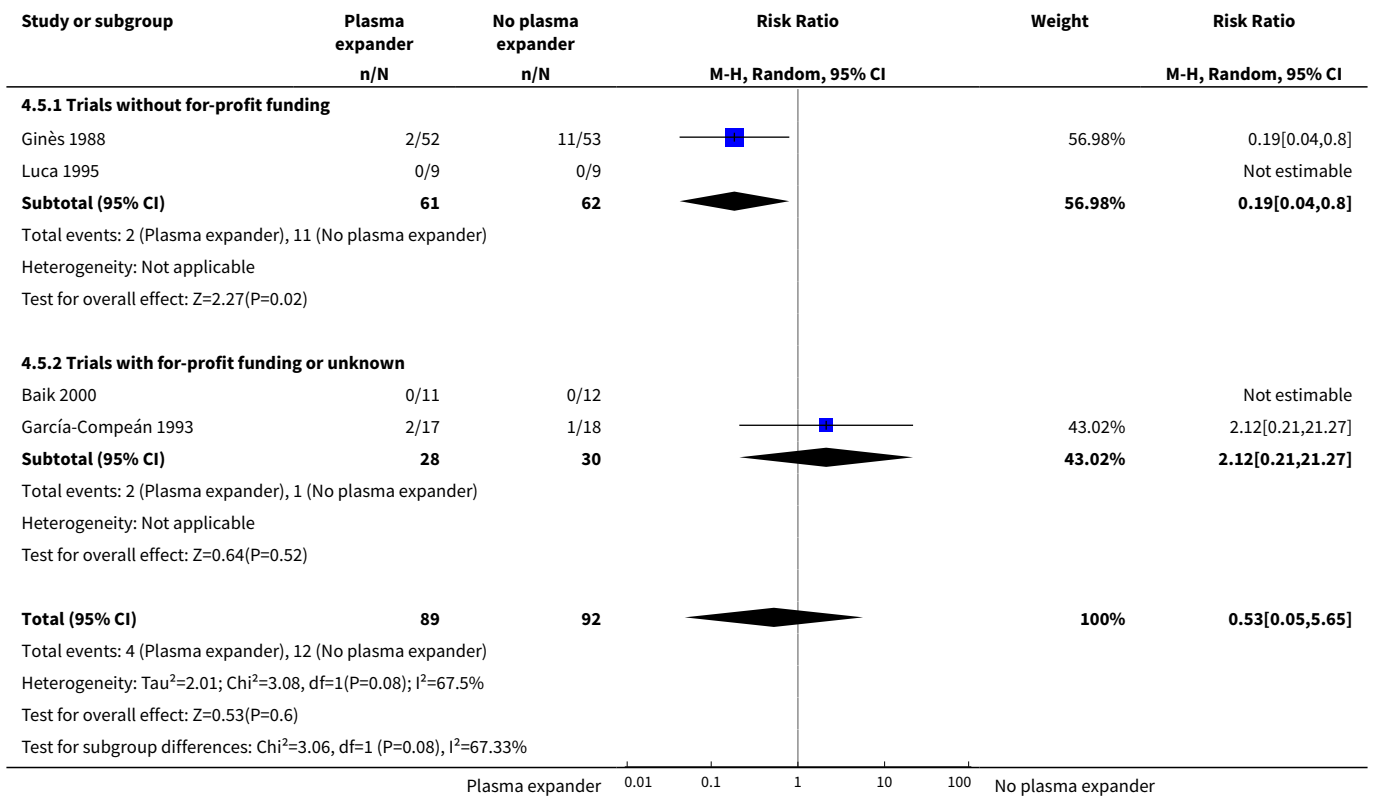


**Analysis 4.4. Comparison 4 Subgroup analysis of plasma expanders versus no plasma expander regarding funding, Outcome 4 Non-serious adverse events.**





**Analysis 4.5. Comparison 4 Subgroup analysis of plasma expanders versus no plasma expander regarding funding, Outcome 5 Hyponatraemia.**

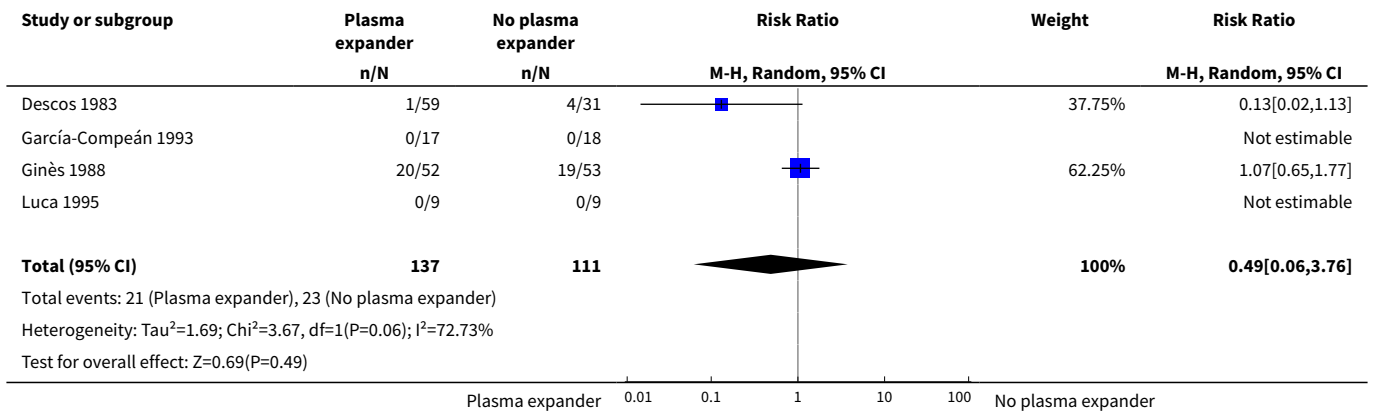


**Comparison 5. Plasma expanders versus no plasma expander: best-worst case scenario analysis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	4	248	Risk Ratio (M-H, Random, 95% CI)	0.49 [0.06, 3.76]



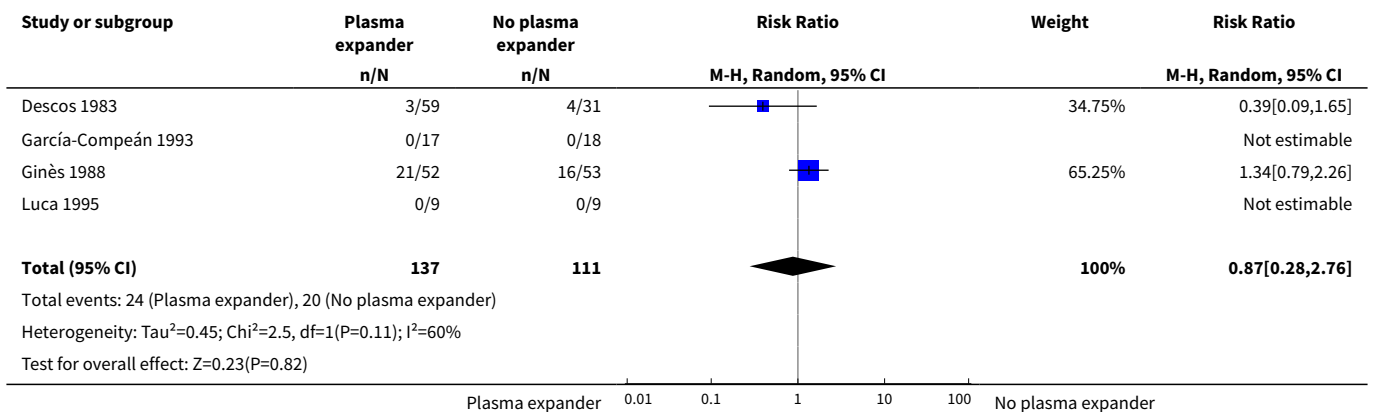
**Analysis 5.1. Comparison 5 Plasma expanders versus no plasma expander: best-worst case scenario analysis, Outcome 1 All-cause mortality.**



**Comparison 6. Plasma expanders versus no plasma expander: worst-best case scenario analysis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	4	248	Risk Ratio (M-H, Random, 95% CI)	0.87 [0.28, 2.76]

**Analysis 6.1. Comparison 6 Plasma expanders versus no plasma expander: worst-best case scenario analysis, Outcome 1 All-cause mortality.**



**Comparison 7. Experimental plasma expanders versus albumin**

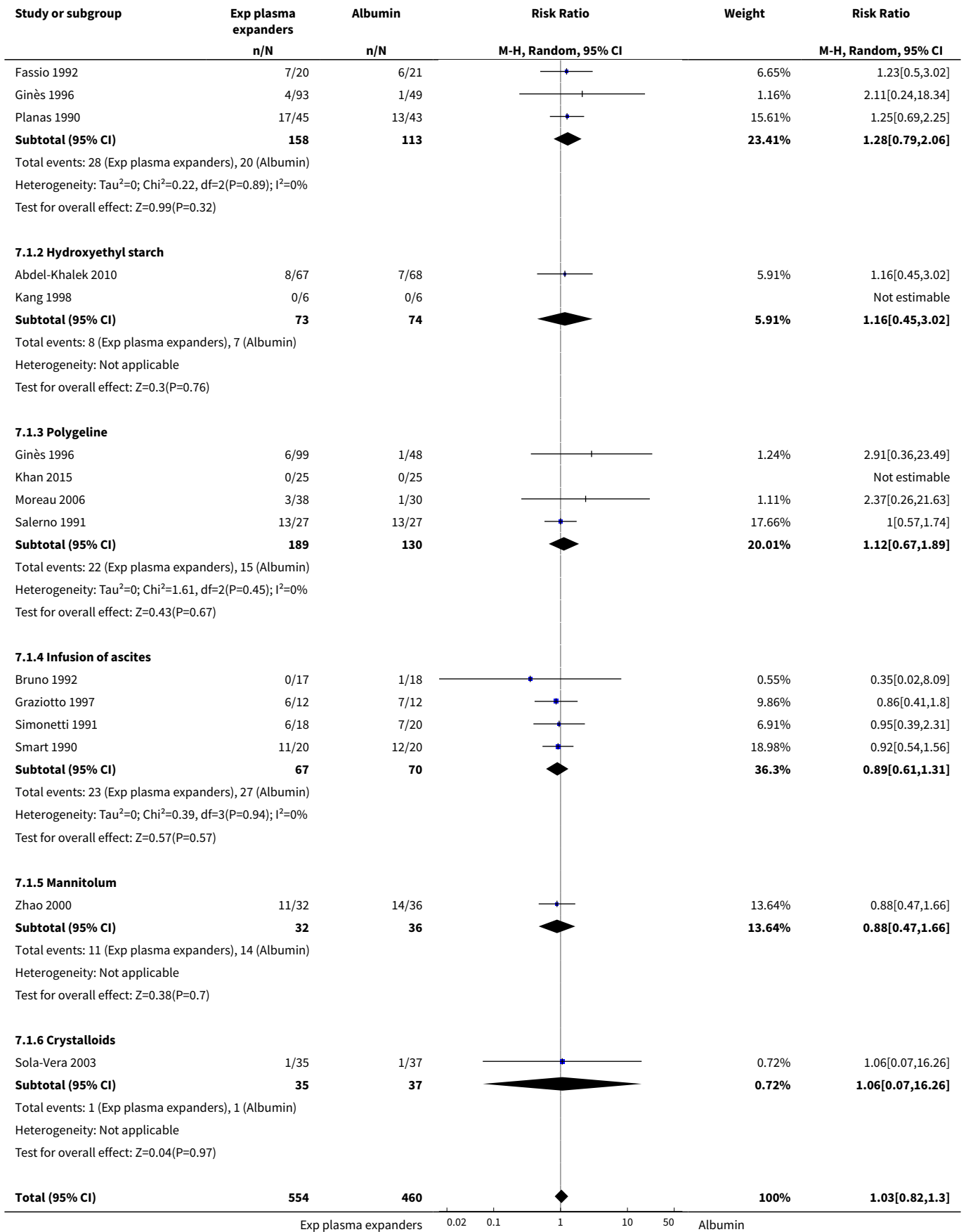
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	14	1014	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.82, 1.30]

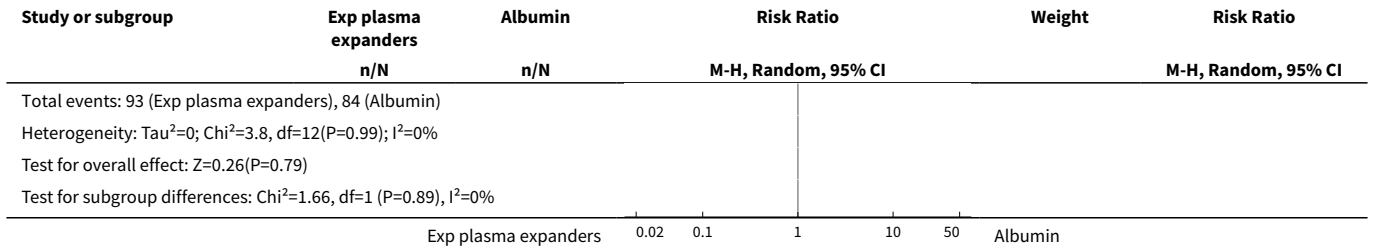
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 Dextran	3	271	Risk Ratio (M-H, Random, 95% CI)	1.28 [0.79, 2.06]
1.2 Hydroxyethyl starch	2	147	Risk Ratio (M-H, Random, 95% CI)	1.16 [0.45, 3.02]
1.3 Polygeline	4	319	Risk Ratio (M-H, Random, 95% CI)	1.12 [0.67, 1.89]
1.4 Infusion of ascites	4	137	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.61, 1.31]
1.5 Mannitolum	1	68	Risk Ratio (M-H, Random, 95% CI)	0.88 [0.47, 1.66]
1.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.07, 16.26]
<b>2 Serious adverse events</b>	2	118	Risk Ratio (M-H, Random, 95% CI)	0.89 [0.10, 8.30]
<b>3 Renal impairment</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.17 [0.71, 1.91]
3.1 Dextran	5	304	Risk Ratio (M-H, Random, 95% CI)	0.85 [0.35, 2.08]
3.2 Hydroxyethylstarch	3	207	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.06, 15.90]
3.3 Polygeline	4	319	Risk Ratio (M-H, Random, 95% CI)	1.53 [0.70, 3.38]
3.4 Infusion of ascites	4	137	Risk Ratio (M-H, Random, 95% CI)	0.90 [0.22, 3.62]
3.5 Mannitolum	1	68	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
3.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	1.59 [0.28, 8.93]
<b>4 Other liver-related complications</b>	16	1083	Risk Ratio (M-H, Random, 95% CI)	1.10 [0.82, 1.48]
4.1 Dextran	5	304	Risk Ratio (M-H, Random, 95% CI)	1.49 [0.98, 2.28]
4.2 Hydroxyethyl starch	3	207	Risk Ratio (M-H, Random, 95% CI)	1.13 [0.69, 1.85]
4.3 Polygeline	4	319	Risk Ratio (M-H, Random, 95% CI)	0.91 [0.43, 1.93]
4.4 Infusion of ascites	3	113	Risk Ratio (M-H, Random, 95% CI)	0.23 [0.07, 0.73]
4.5 Mannitolum	1	68	Risk Ratio (M-H, Random, 95% CI)	1.45 [0.61, 3.44]
4.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	1.06 [0.16, 7.10]
<b>5 Non-serious adverse events</b>	14	977	Risk Ratio (M-H, Random, 95% CI)	1.37 [0.66, 2.85]
5.1 Dextran	3	246	Risk Ratio (M-H, Random, 95% CI)	0.48 [0.04, 5.08]
5.2 Hydroxyethyl starch	3	207	Risk Ratio (M-H, Random, 95% CI)	2.26 [0.66, 7.71]
5.3 Polygeline	3	277	Risk Ratio (M-H, Random, 95% CI)	0.91 [0.15, 5.47]
5.4 Infusion of ascites	4	137	Risk Ratio (M-H, Random, 95% CI)	1.54 [0.41, 5.71]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
5.5 Mannitolum	1	38	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
5.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
<b>6 Recurrence of ascites</b>	12	700	Risk Ratio (M-H, Random, 95% CI)	1.14 [0.96, 1.36]
6.1 Dextran	3	145	Risk Ratio (M-H, Random, 95% CI)	0.85 [0.53, 1.37]
6.2 Hydroxyethyl starch	3	215	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.15]
6.3 Polygeline	2	122	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.69, 1.54]
6.4 Infusion of ascites	2	78	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.46, 2.34]
6.5 Mannitolum	1	68	Risk Ratio (M-H, Random, 95% CI)	0.9 [0.26, 3.07]
6.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	1.16 [0.57, 2.39]
<b>7 Hyponatraemia</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.14]
7.1 Dextran	5	304	Risk Ratio (M-H, Random, 95% CI)	1.44 [0.81, 2.58]
7.2 Hydroxyethyl starch	3	207	Risk Ratio (M-H, Random, 95% CI)	1.87 [0.40, 8.69]
7.3 Polygeline	4	319	Risk Ratio (M-H, Random, 95% CI)	1.43 [0.83, 2.46]
7.4 Infusion of ascites	4	137	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.15, 6.93]
7.5 Mannitolum	1	68	Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
7.6 Crystalloids	1	72	Risk Ratio (M-H, Random, 95% CI)	2.64 [0.55, 12.75]
<b>8 Post-paracentesis circulatory dysfunction</b>	3	432	Risk Ratio (M-H, Random, 95% CI)	1.98 [1.31, 2.99]
8.1 Dextran	1	142	Risk Ratio (M-H, Random, 95% CI)	1.99 [1.04, 3.81]
8.2 Hydroxyethyl starch	1	75	Risk Ratio (M-H, Random, 95% CI)	0.67 [0.14, 3.07]
8.3 Polygeline	1	147	Risk Ratio (M-H, Random, 95% CI)	2.06 [1.03, 4.10]
8.4 Crystalloids	1	68	Risk Ratio (M-H, Random, 95% CI)	2.92 [1.03, 8.26]

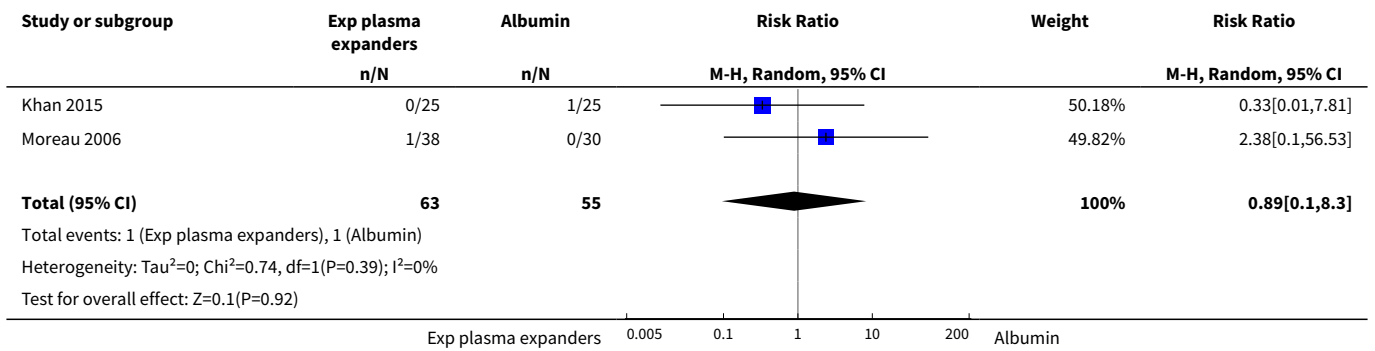
**Analysis 7.1. Comparison 7 Experimental plasma expanders versus albumin, Outcome 1 All-cause mortality.**

Study or subgroup	Exp plasma expanders	Albumin	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Random, 95% CI		M-H, Random, 95% CI
<b>7.1.1 Dextran</b>					
	Exp plasma expanders		0.02 0.1 1 10 50	Albumin	

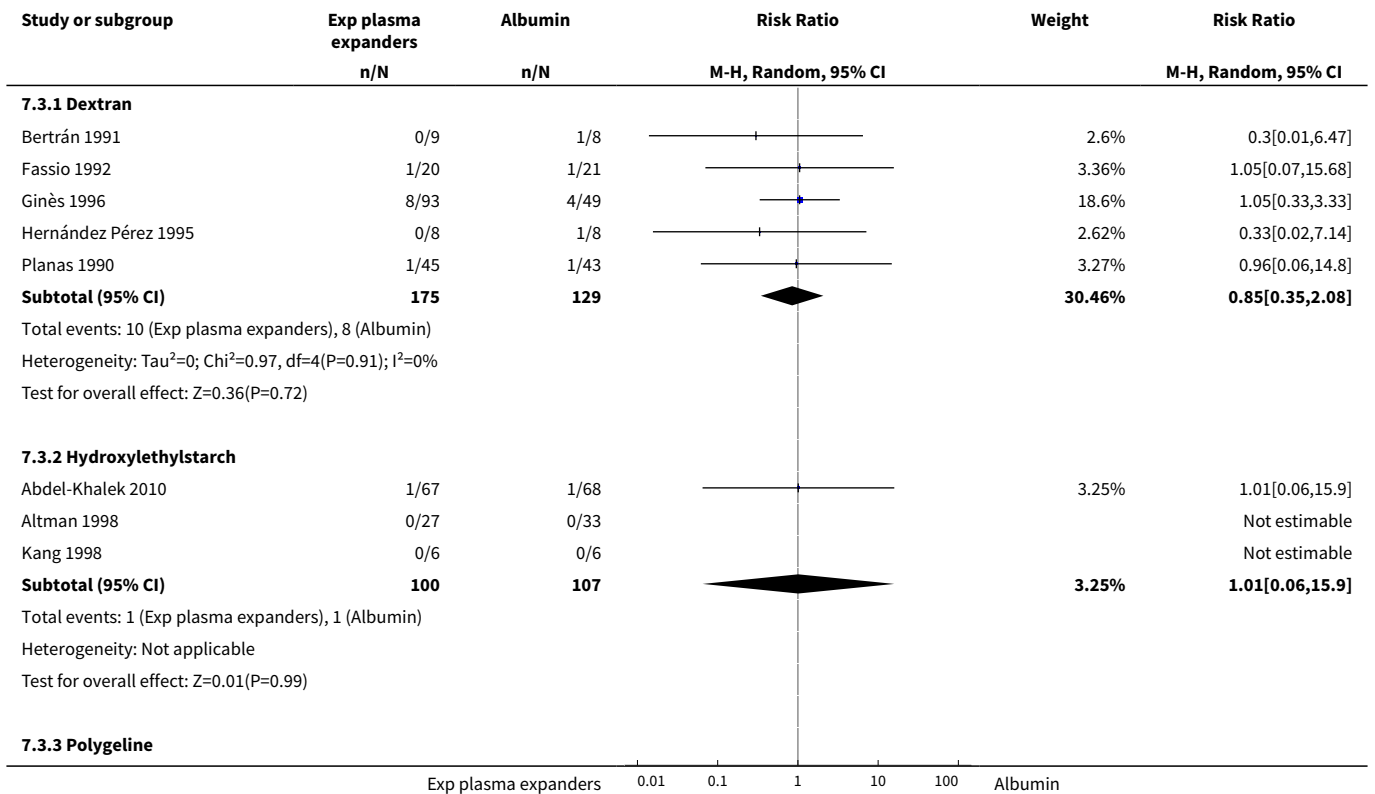


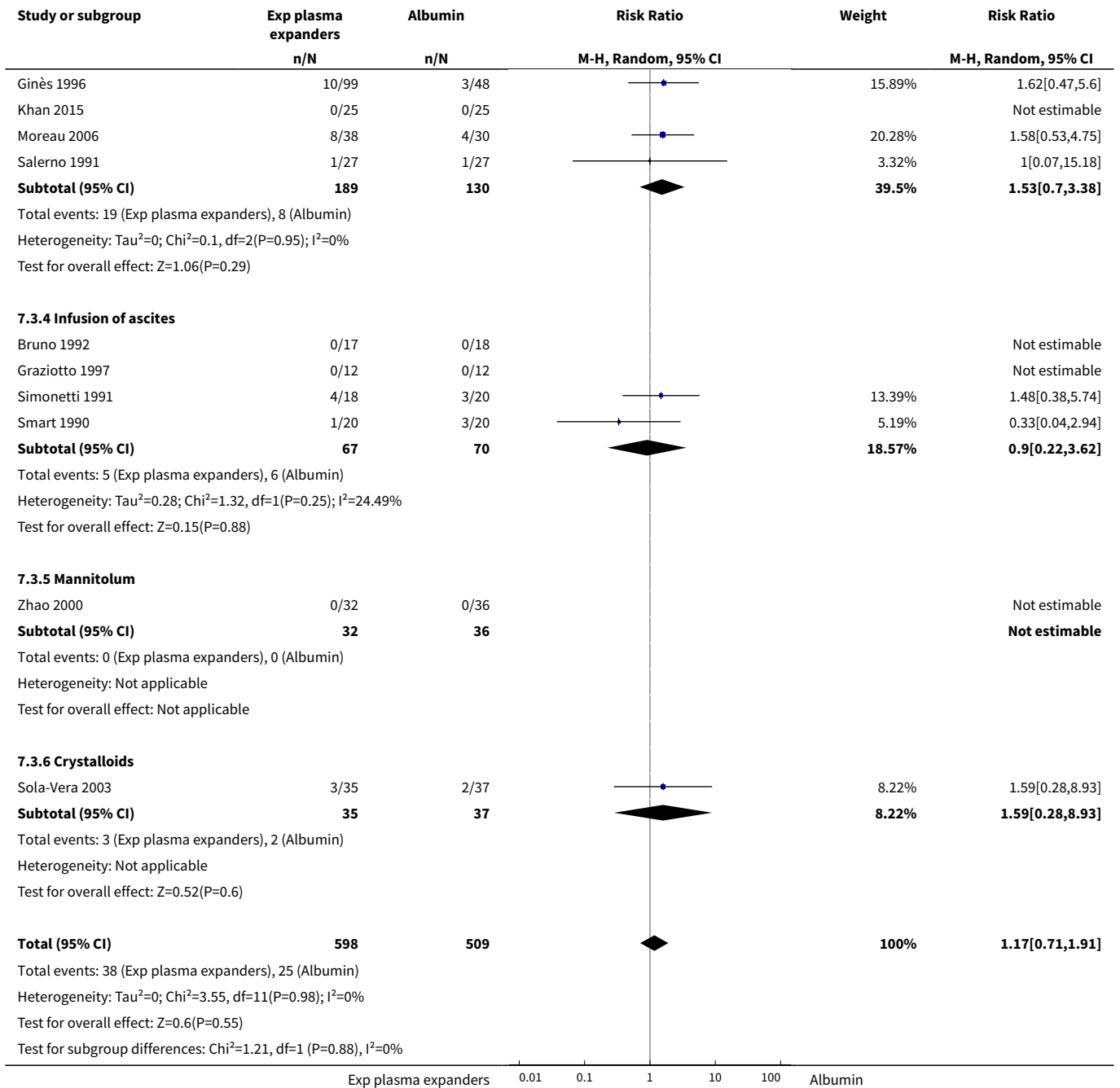


**Analysis 7.2. Comparison 7 Experimental plasma expanders versus albumin, Outcome 2 Serious adverse events.**

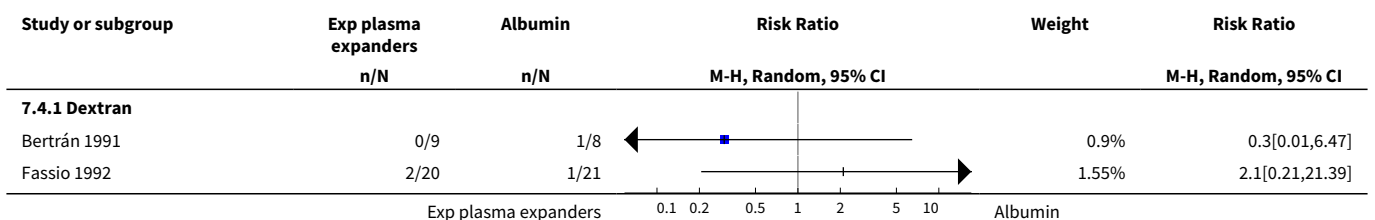


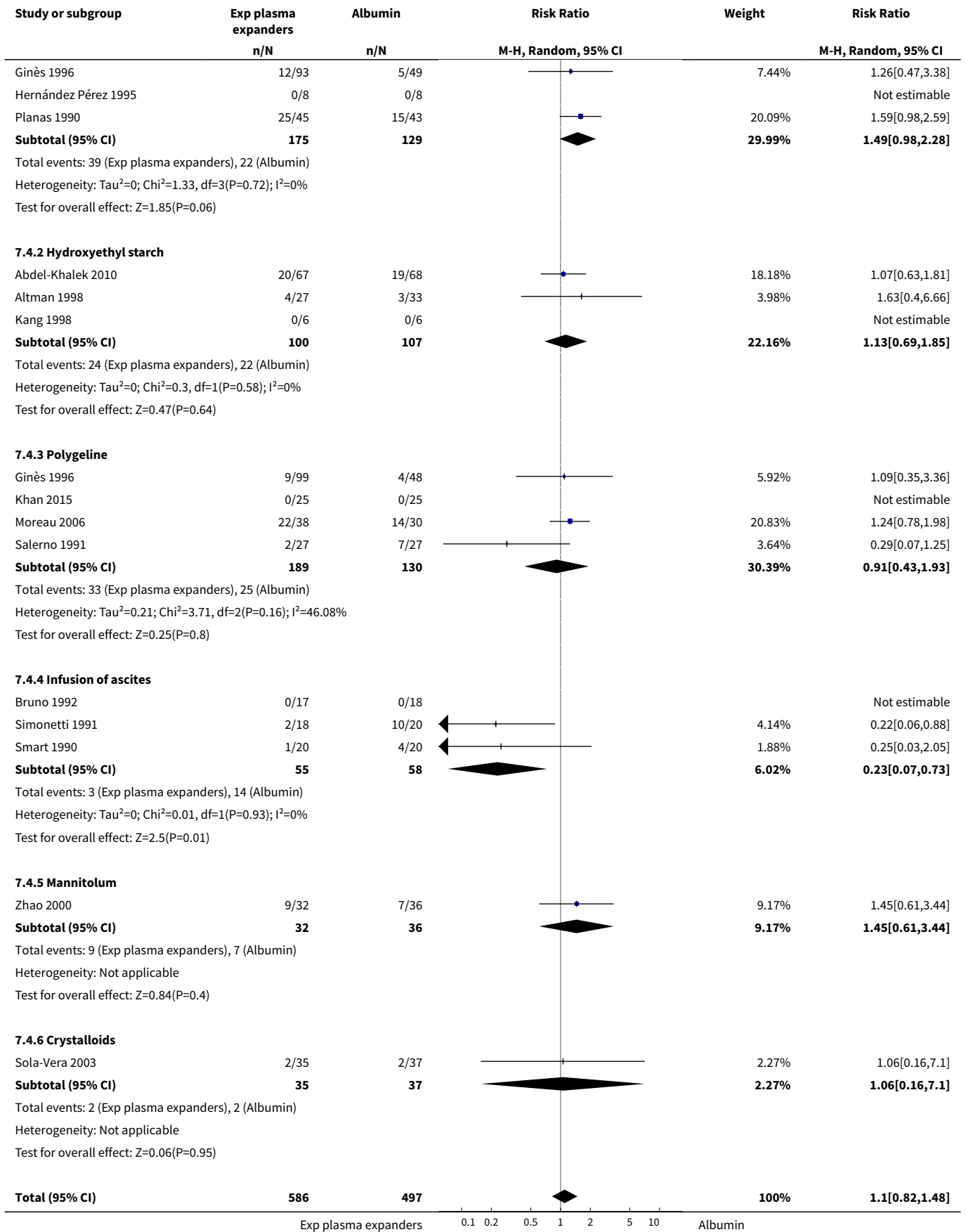
**Analysis 7.3. Comparison 7 Experimental plasma expanders versus albumin, Outcome 3 Renal impairment.**



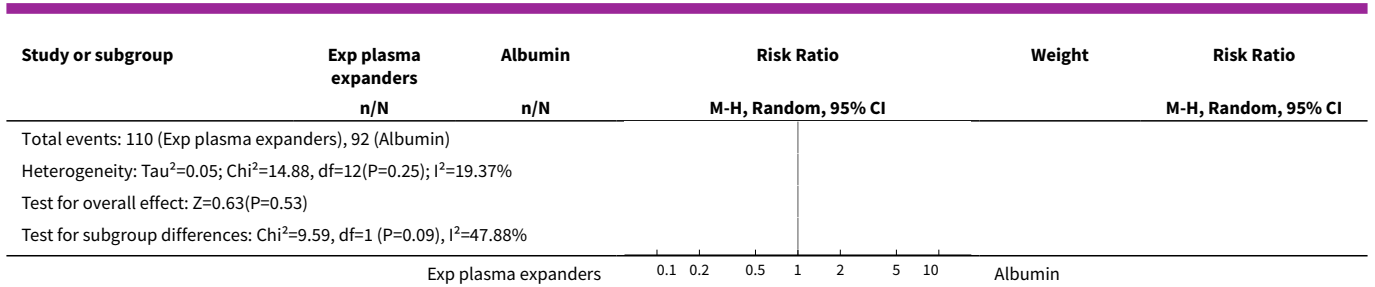


**Analysis 7.4. Comparison 7 Experimental plasma expanders versus albumin, Outcome 4 Other liver-related complications.**

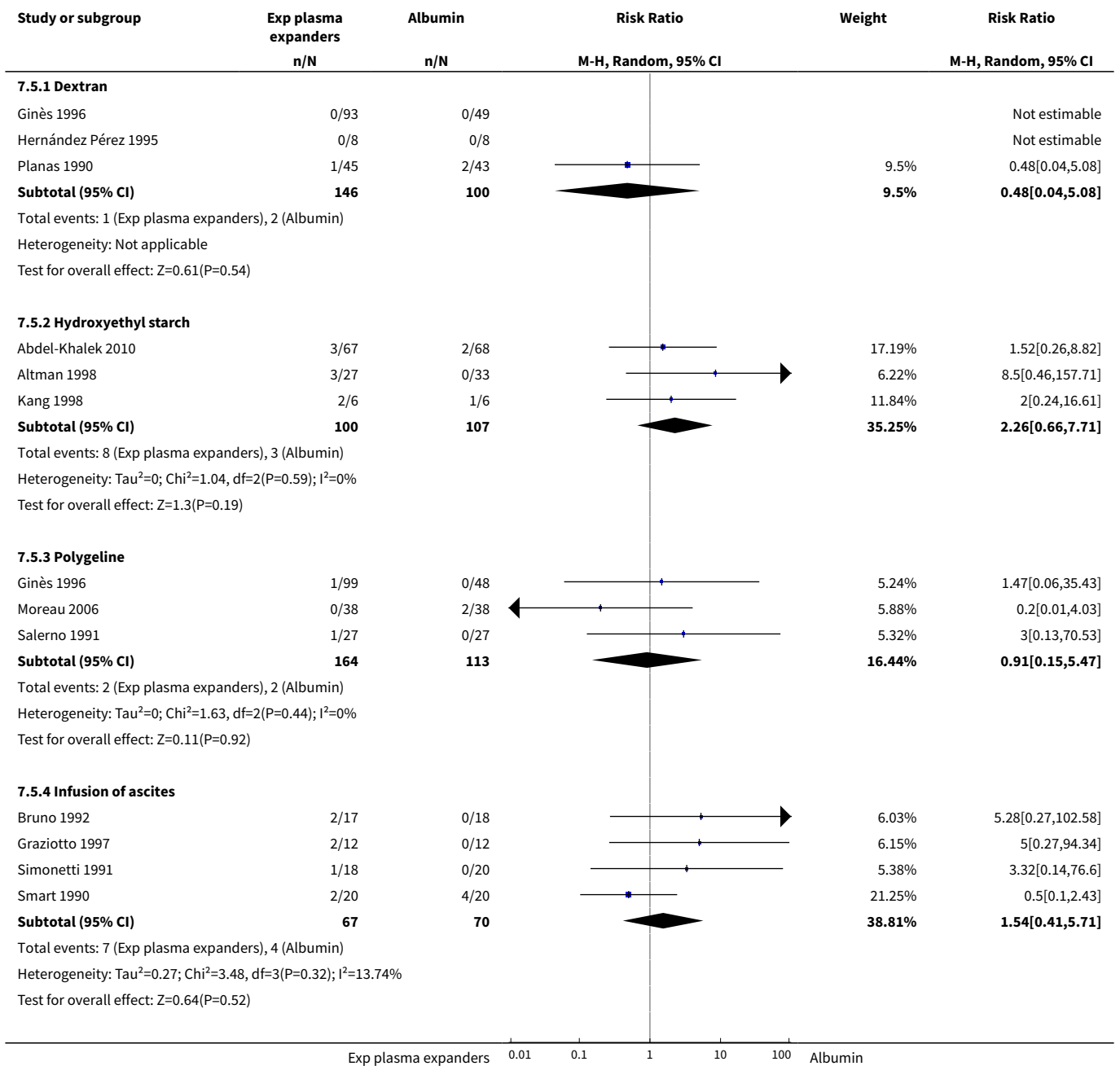


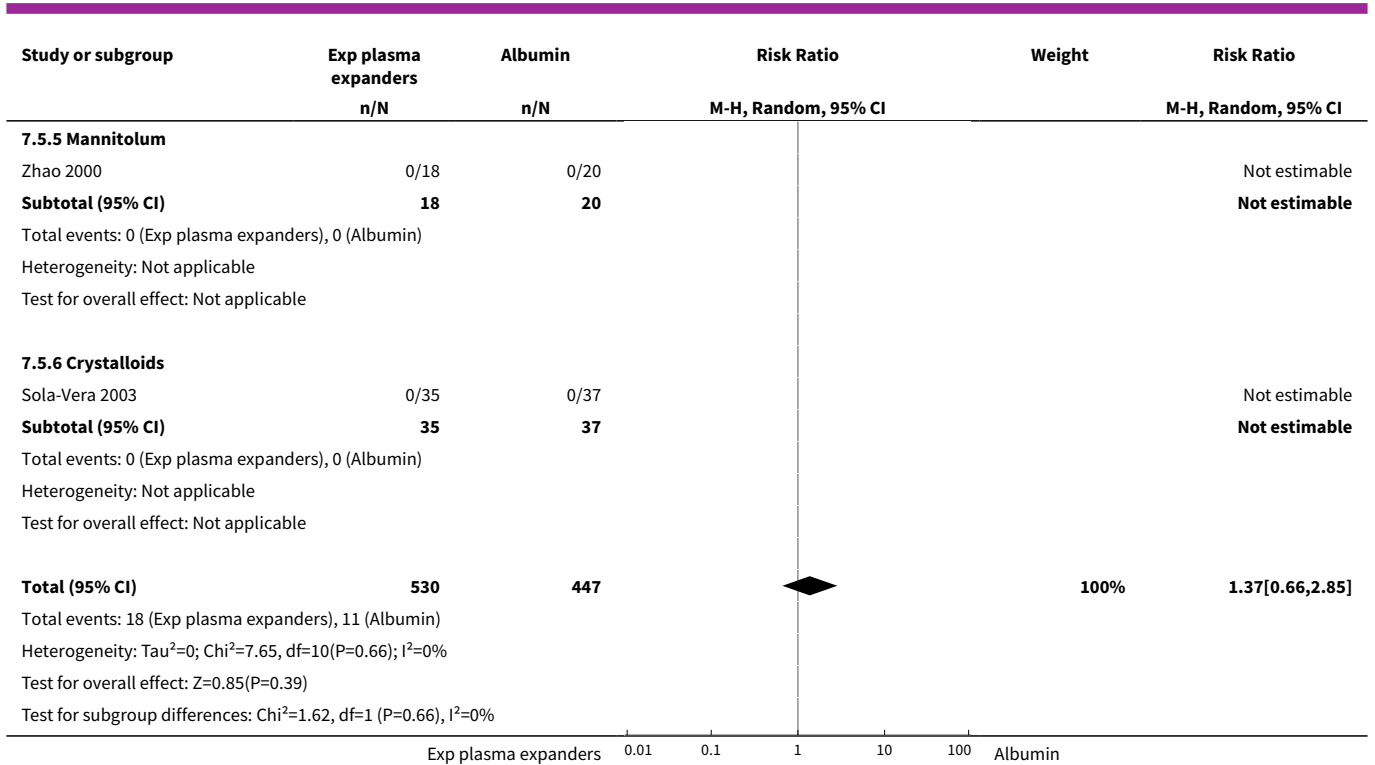




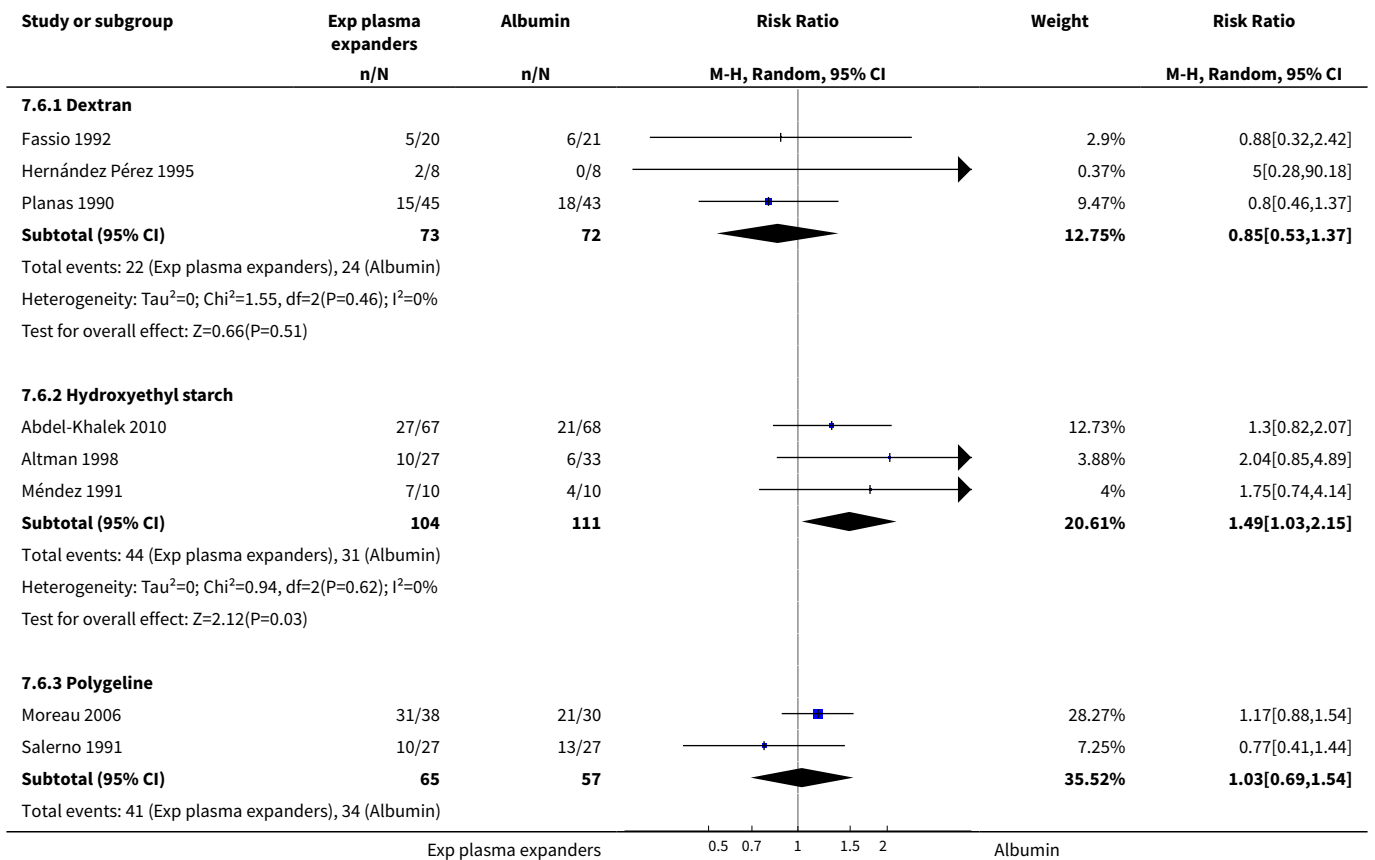


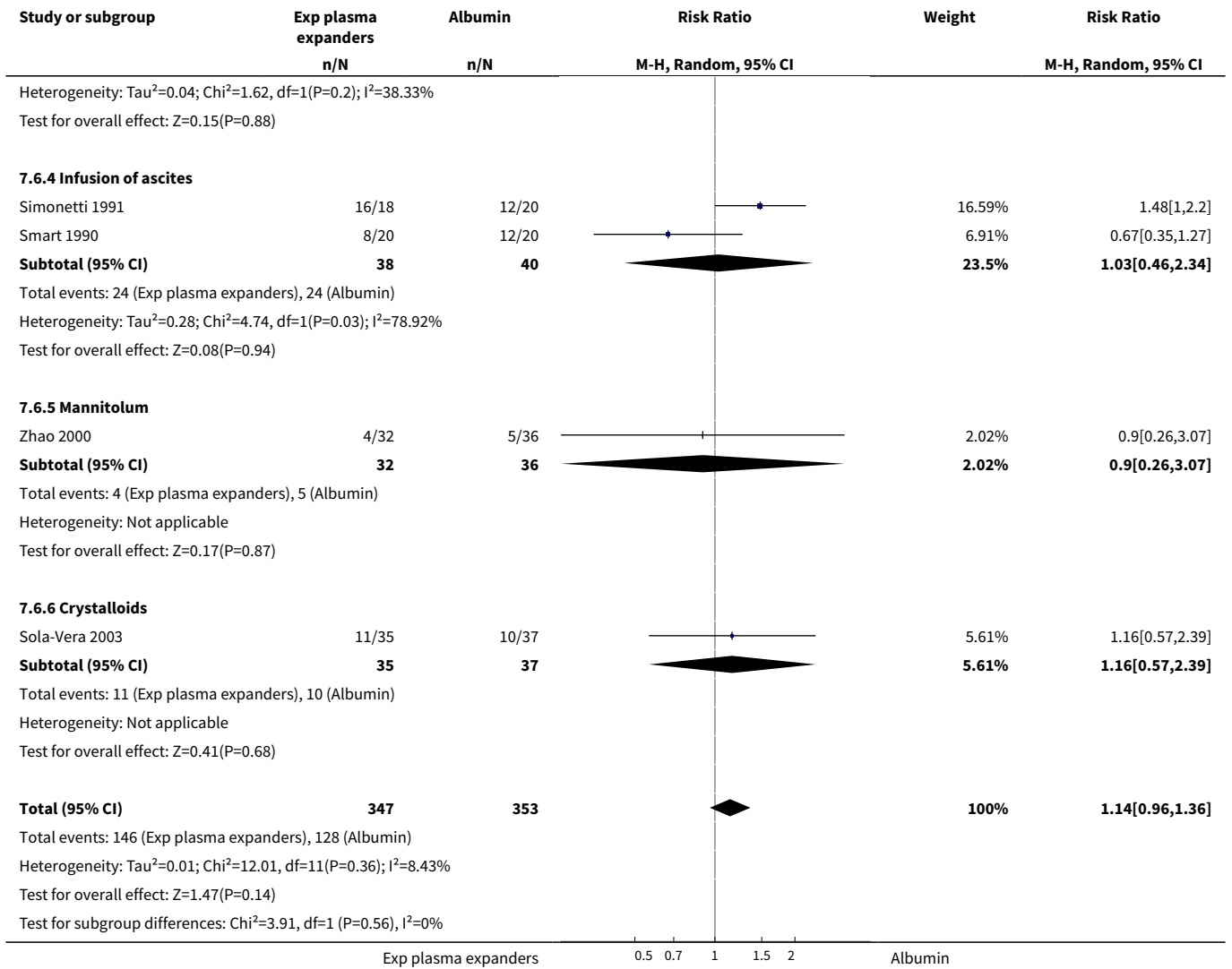
**Analysis 7.5. Comparison 7 Experimental plasma expanders versus albumin, Outcome 5 Non-serious adverse events.**



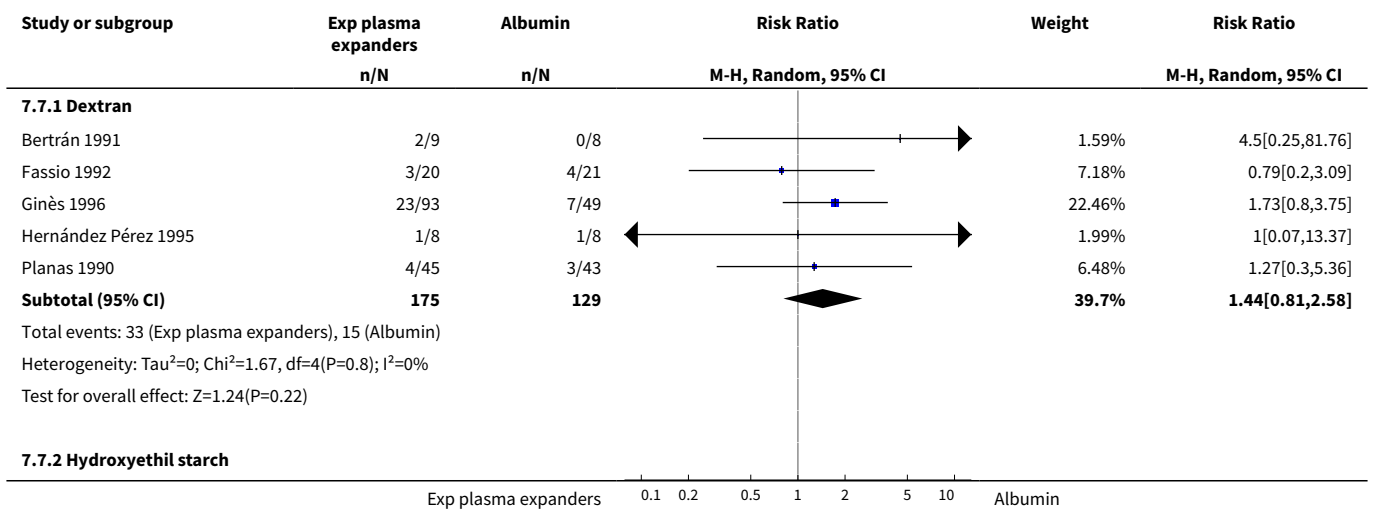


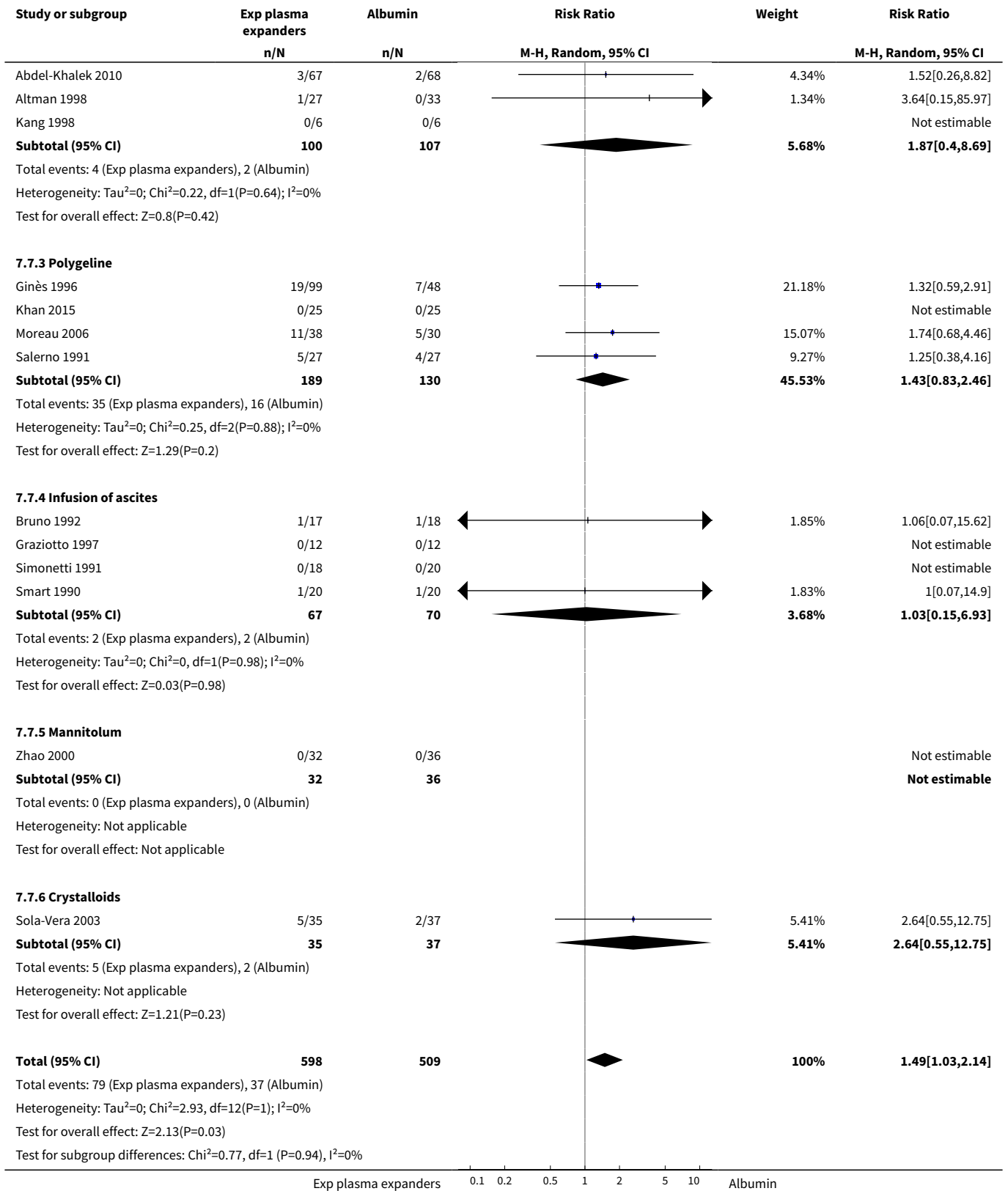
**Analysis 7.6. Comparison 7 Experimental plasma expanders versus albumin, Outcome 6 Recurrence of ascites.**



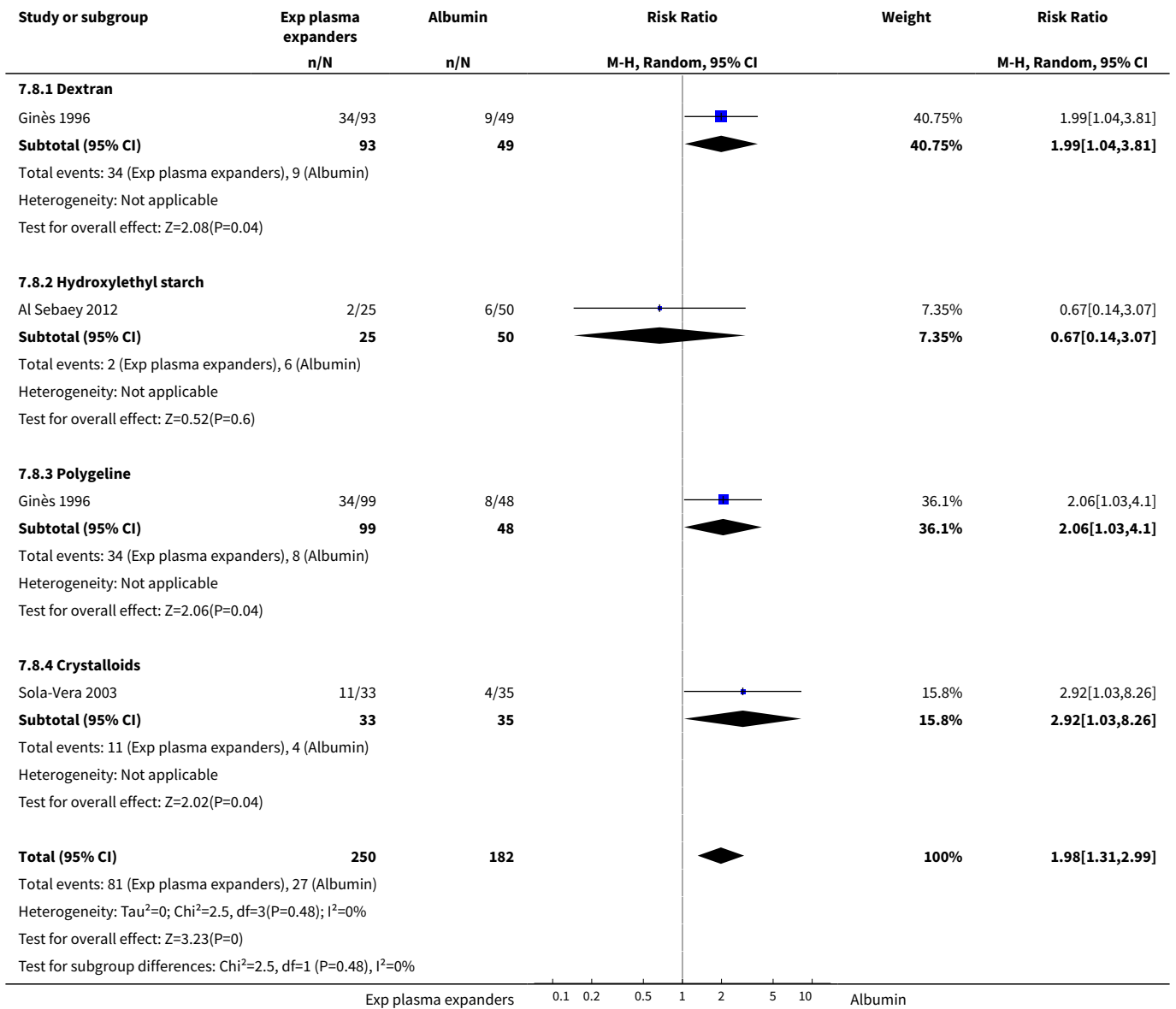


**Analysis 7.7. Comparison 7 Experimental plasma expanders versus albumin, Outcome 7 Hyponatraemia.**





**Analysis 7.8. Comparison 7 Experimental plasma expanders versus albumin, Outcome 8 Post-paracentesis circulatory dysfunction.**



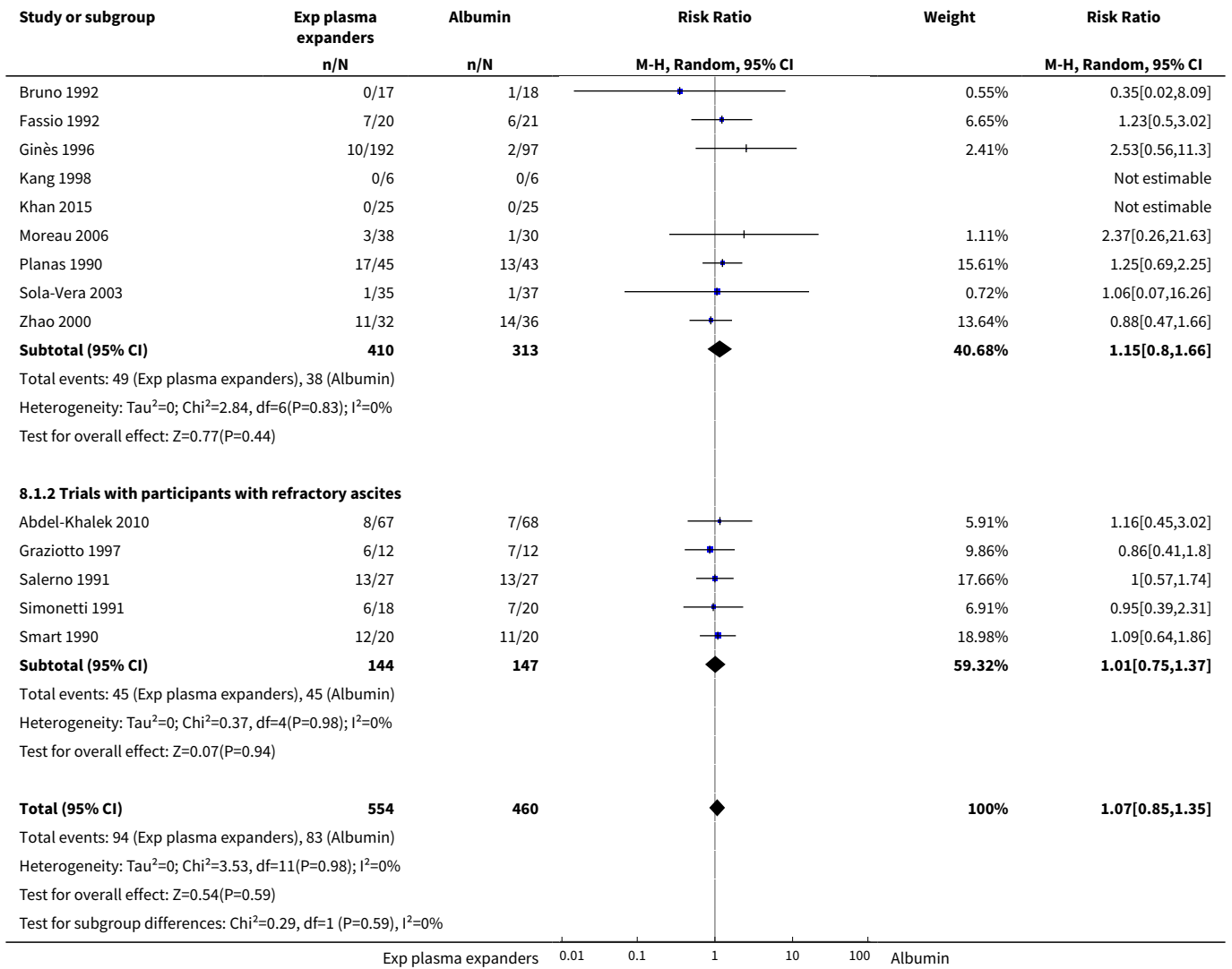
**Comparison 8. Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 All-cause mortality</a>	14	1014	Risk Ratio (M-H, Random, 95% CI)	1.07 [0.85, 1.35]
1.1 Trials with participants without refractory ascites	9	723	Risk Ratio (M-H, Random, 95% CI)	1.15 [0.80, 1.66]

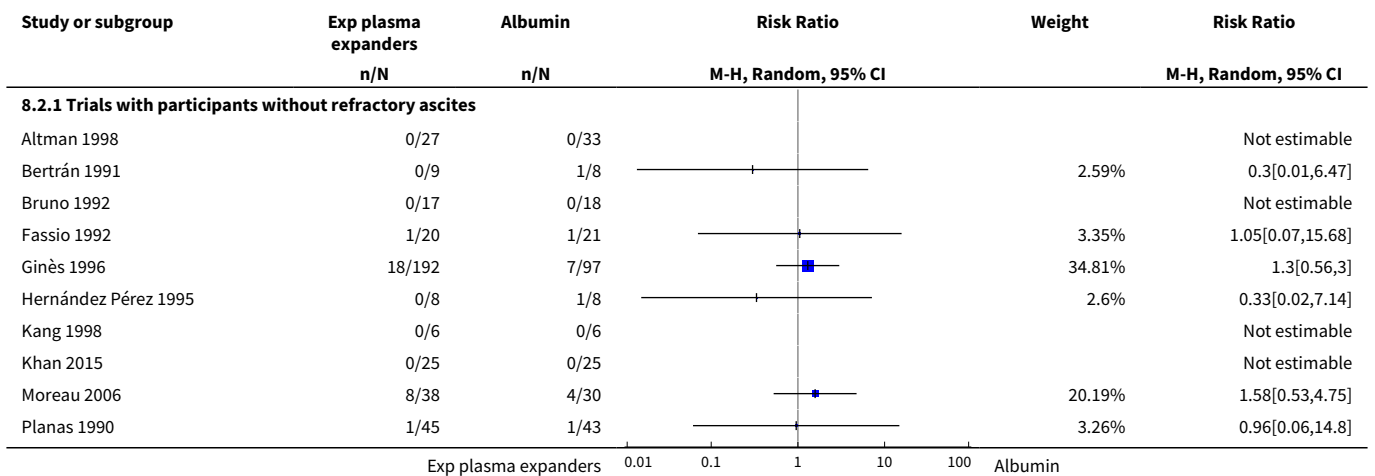
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 Trials with participants with refractory ascites	5	291	Risk Ratio (M-H, Random, 95% CI)	1.01 [0.75, 1.37]
<b>2 Renal impairment</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.17 [0.71, 1.92]
2.1 Trials with participants without refractory ascites	12	816	Risk Ratio (M-H, Random, 95% CI)	1.24 [0.70, 2.20]
2.2 Trials with participants with refractory ascites	5	291	Risk Ratio (M-H, Random, 95% CI)	0.98 [0.37, 2.65]
<b>3 Other liver-related complications</b>	15	1033	Risk Ratio (M-H, Random, 95% CI)	1.10 [0.82, 1.48]
3.1 Trials with participants without refractory ascites	11	766	Risk Ratio (M-H, Random, 95% CI)	1.36 [1.03, 1.80]
3.2 Trials with participants with refractory ascites	4	267	Risk Ratio (M-H, Random, 95% CI)	0.44 [0.16, 1.21]
<b>4 Non-serious adverse events</b>	14	977	Risk Ratio (M-H, Random, 95% CI)	1.37 [0.66, 2.85]
4.1 Trials with participants without refractory ascites	9	686	Risk Ratio (M-H, Random, 95% CI)	1.47 [0.49, 4.36]
4.2 Trials with participants with refractory ascites	5	291	Risk Ratio (M-H, Random, 95% CI)	1.30 [0.49, 3.47]
<b>5 Recurrence of ascites</b>	12	722	Risk Ratio (M-H, Random, 95% CI)	1.14 [0.97, 1.34]
5.1 Trials with participants without refractory ascites	9	487	Risk Ratio (M-H, Random, 95% CI)	1.10 [0.90, 1.35]
5.2 Trials with participants with refractory ascites	4	235	Risk Ratio (M-H, Random, 95% CI)	1.19 [0.86, 1.66]
<b>6 Hyponatraemia</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.14]
6.1 Trials with participants without refractory ascites	12	816	Risk Ratio (M-H, Random, 95% CI)	1.53 [1.03, 2.27]
6.2 Trials with participants with refractory ascites	5	291	Risk Ratio (M-H, Random, 95% CI)	1.29 [0.51, 3.26]

**Analysis 8.1. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 1 All-cause mortality.**

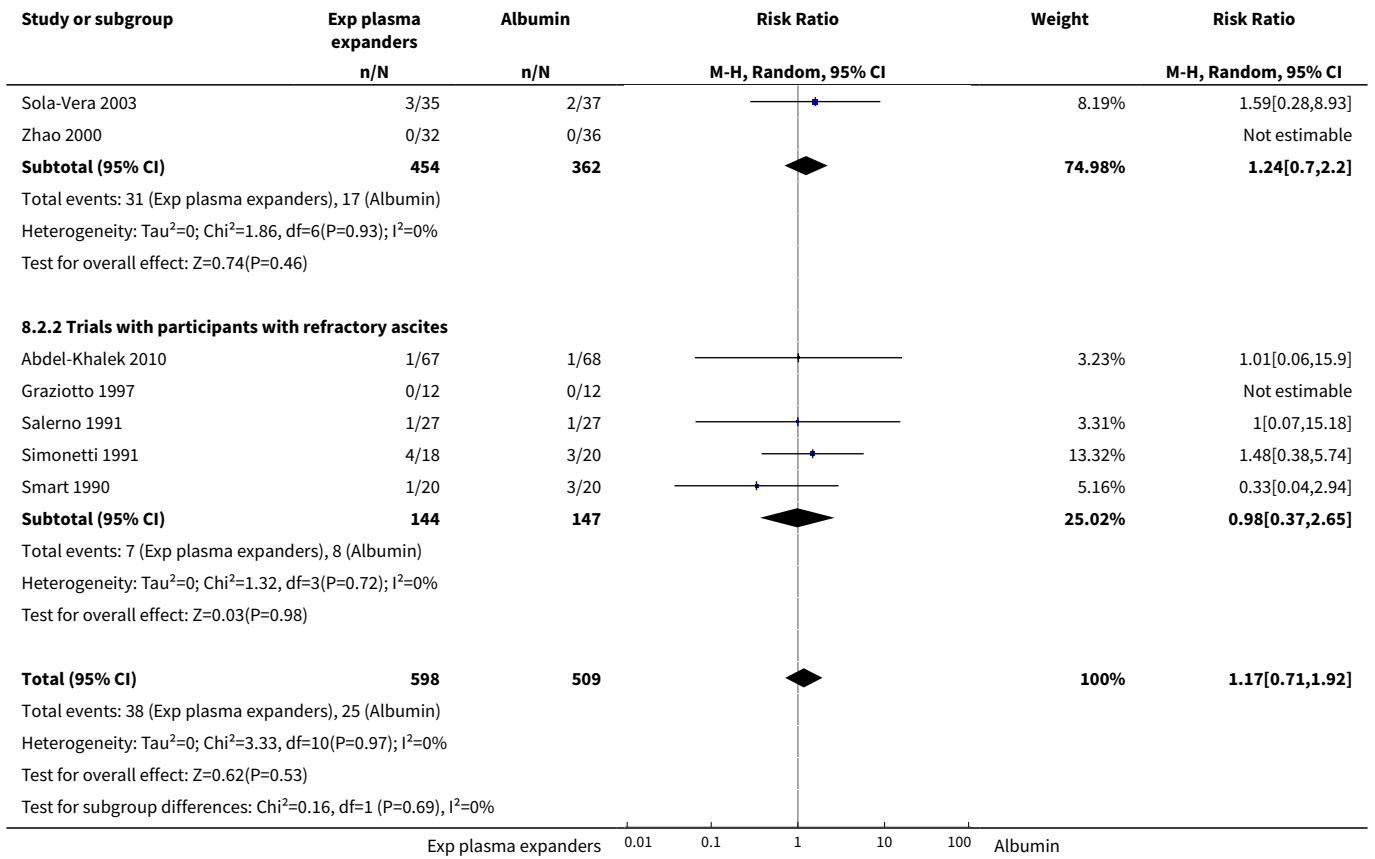
Study or subgroup	Exp plasma expanders	Albumin	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Random, 95% CI		M-H, Random, 95% CI
<b>8.1.1 Trials with participants without refractory ascites</b>					
	Exp plasma expanders	Albumin	0.01 0.1 1 10 100		



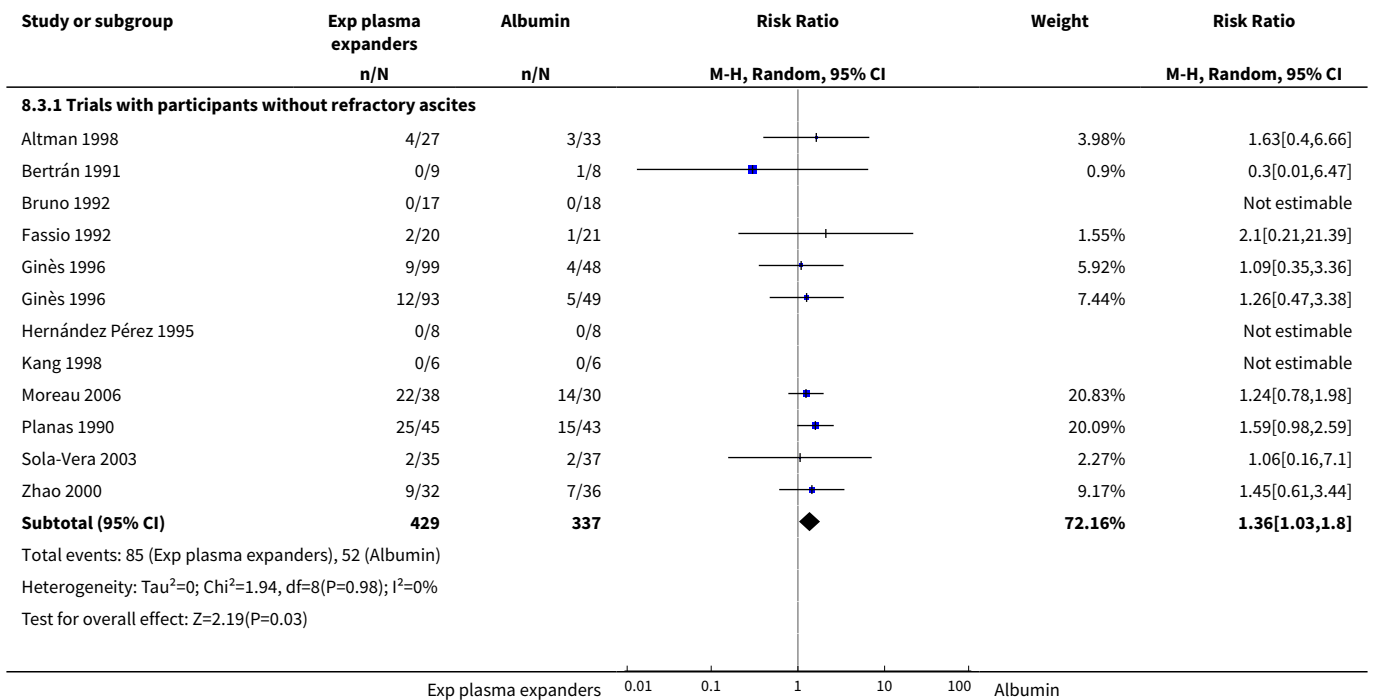
**Analysis 8.2. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 2 Renal impairment.**

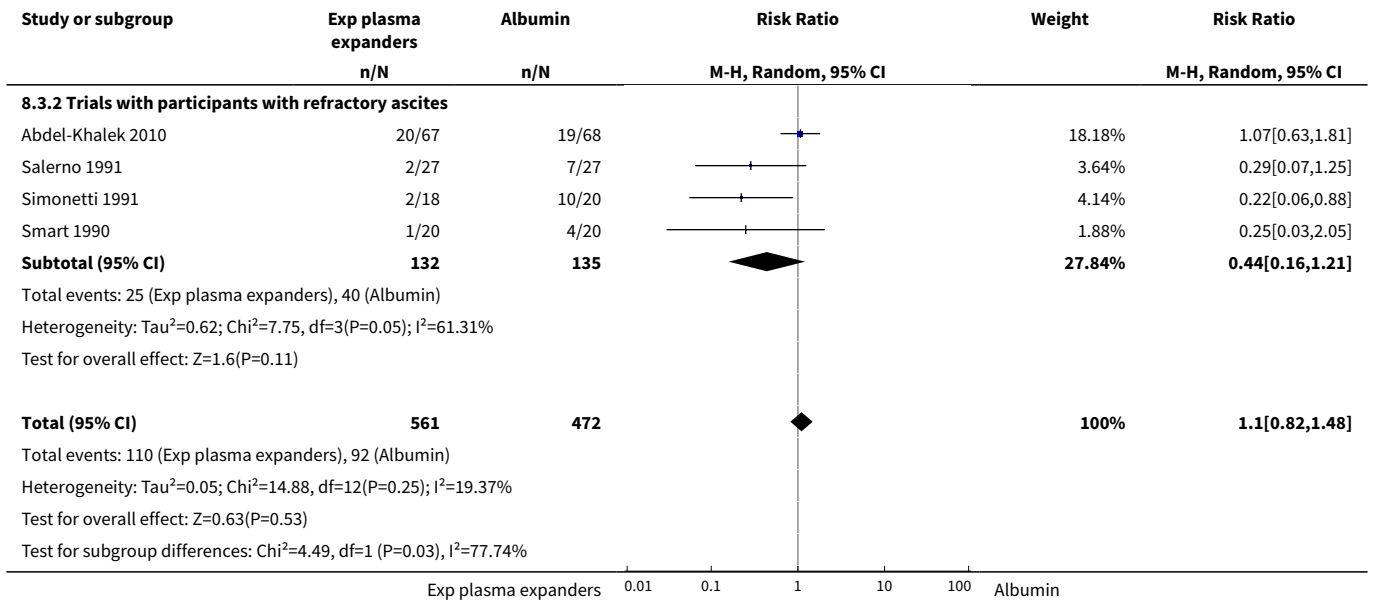




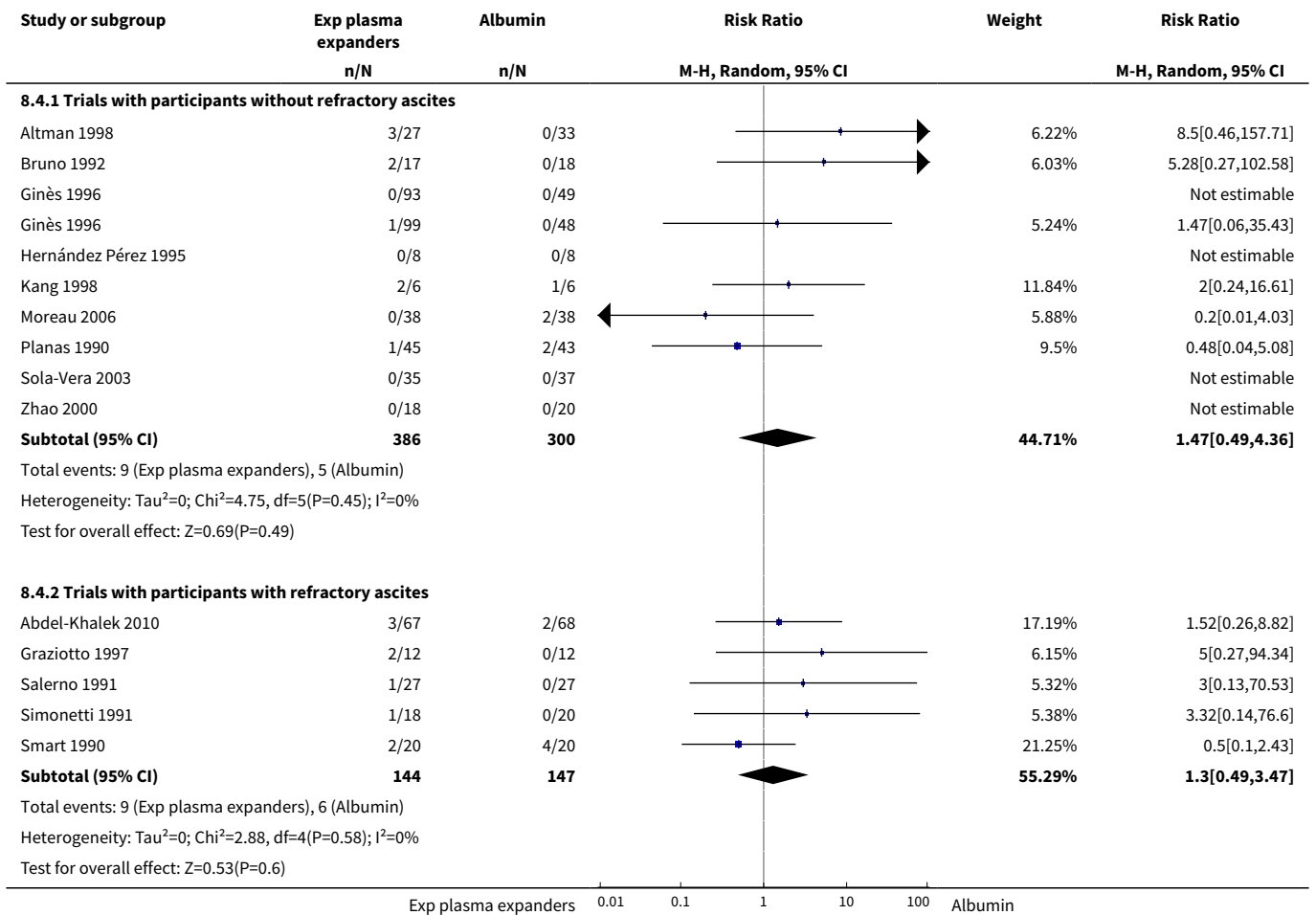


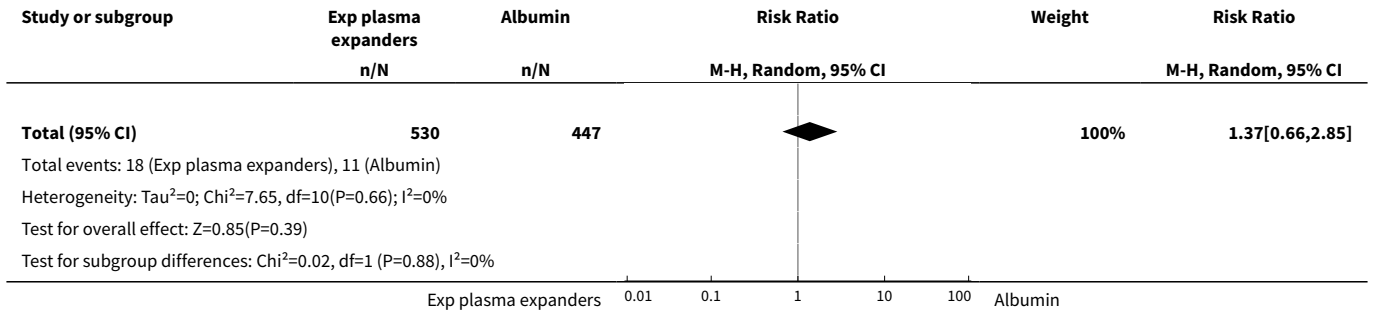
**Analysis 8.3. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 3 Other liver-related complications.**



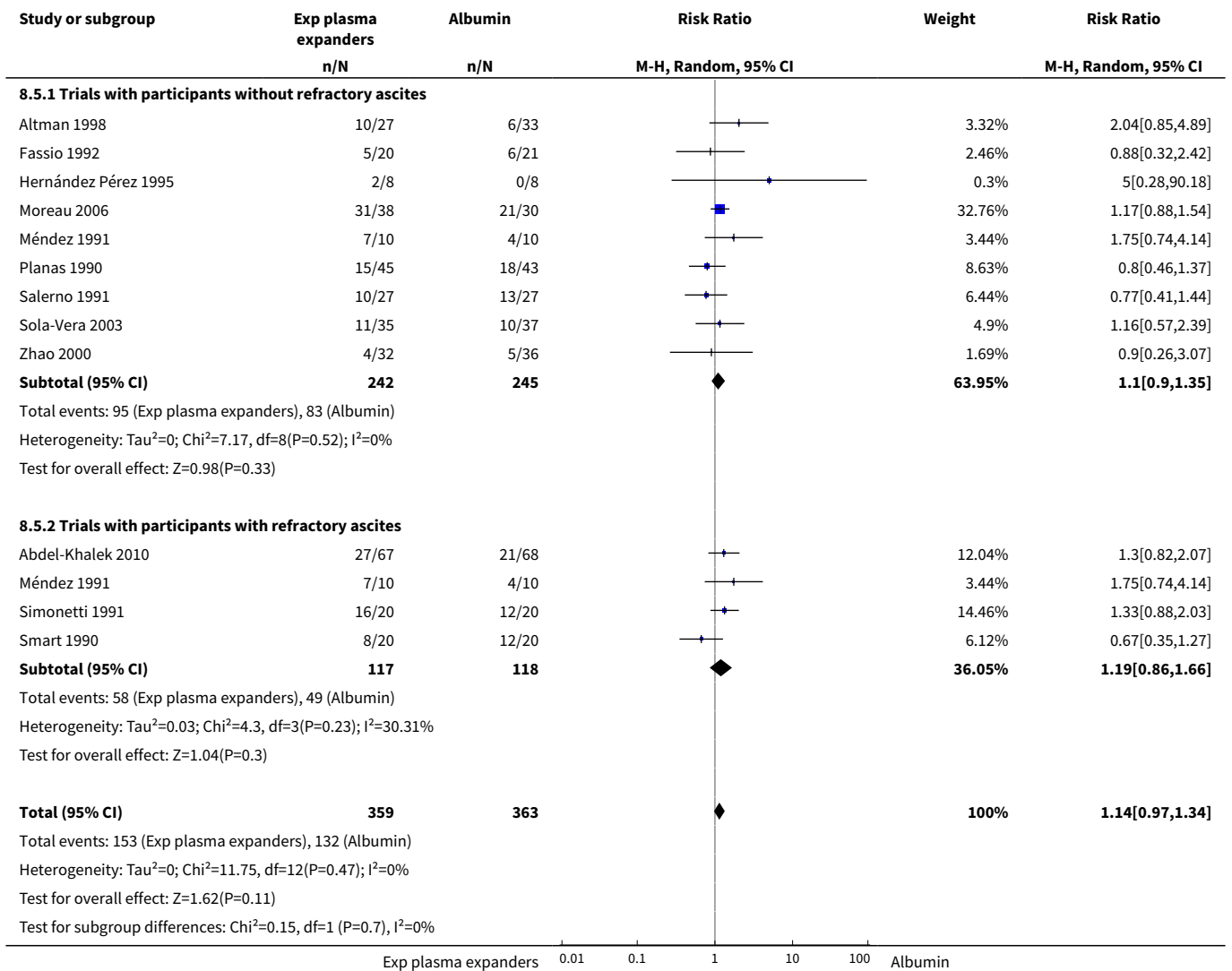


**Analysis 8.4. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 4 Non-serious adverse events.**

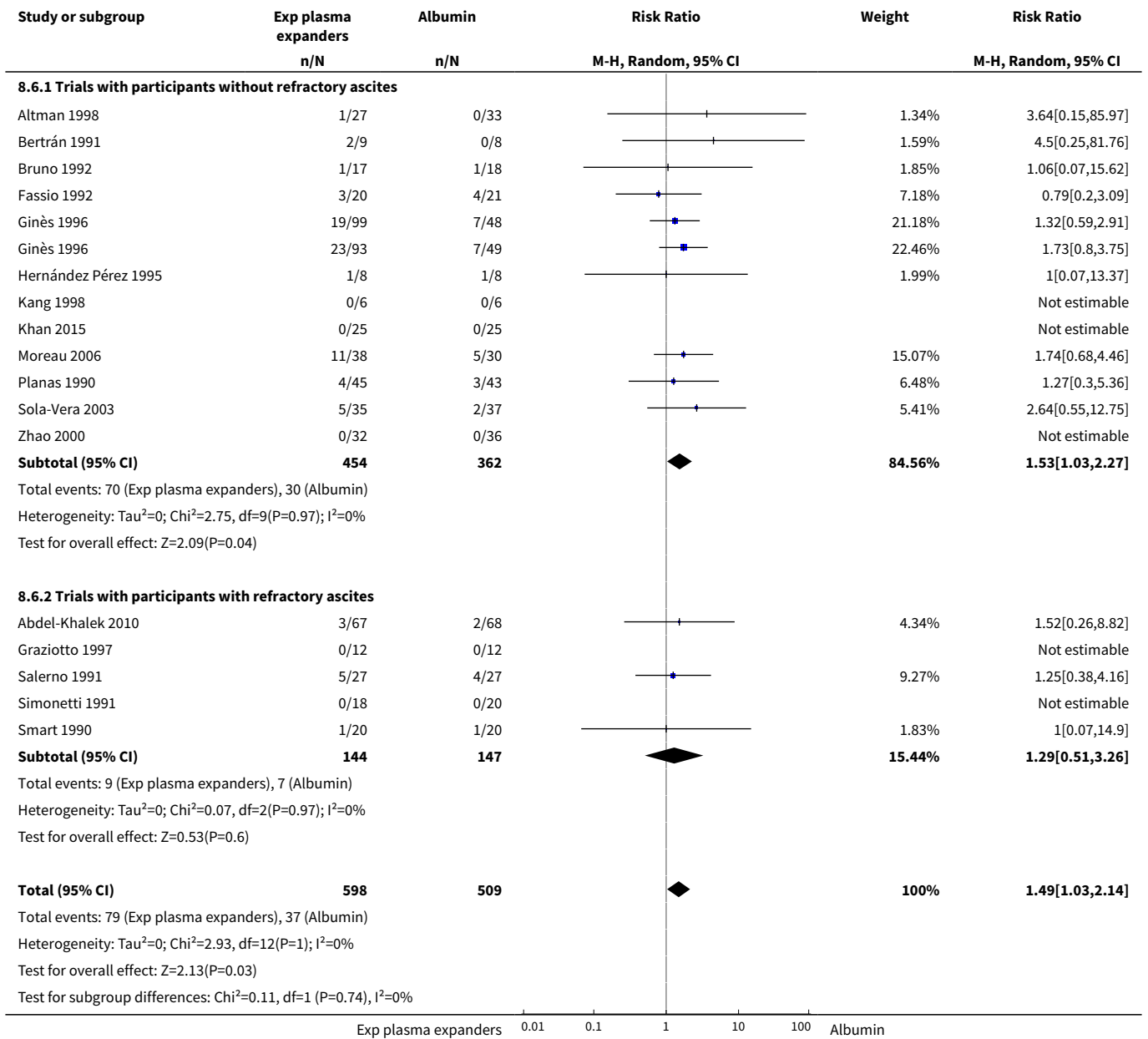




**Analysis 8.5. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 5 Recurrence of ascites.**



**Analysis 8.6. Comparison 8 Subgroup analysis of experimental plasma expanders versus albumin regarding presence or absence of refractory ascites, Outcome 6 Hyponatraemia.**

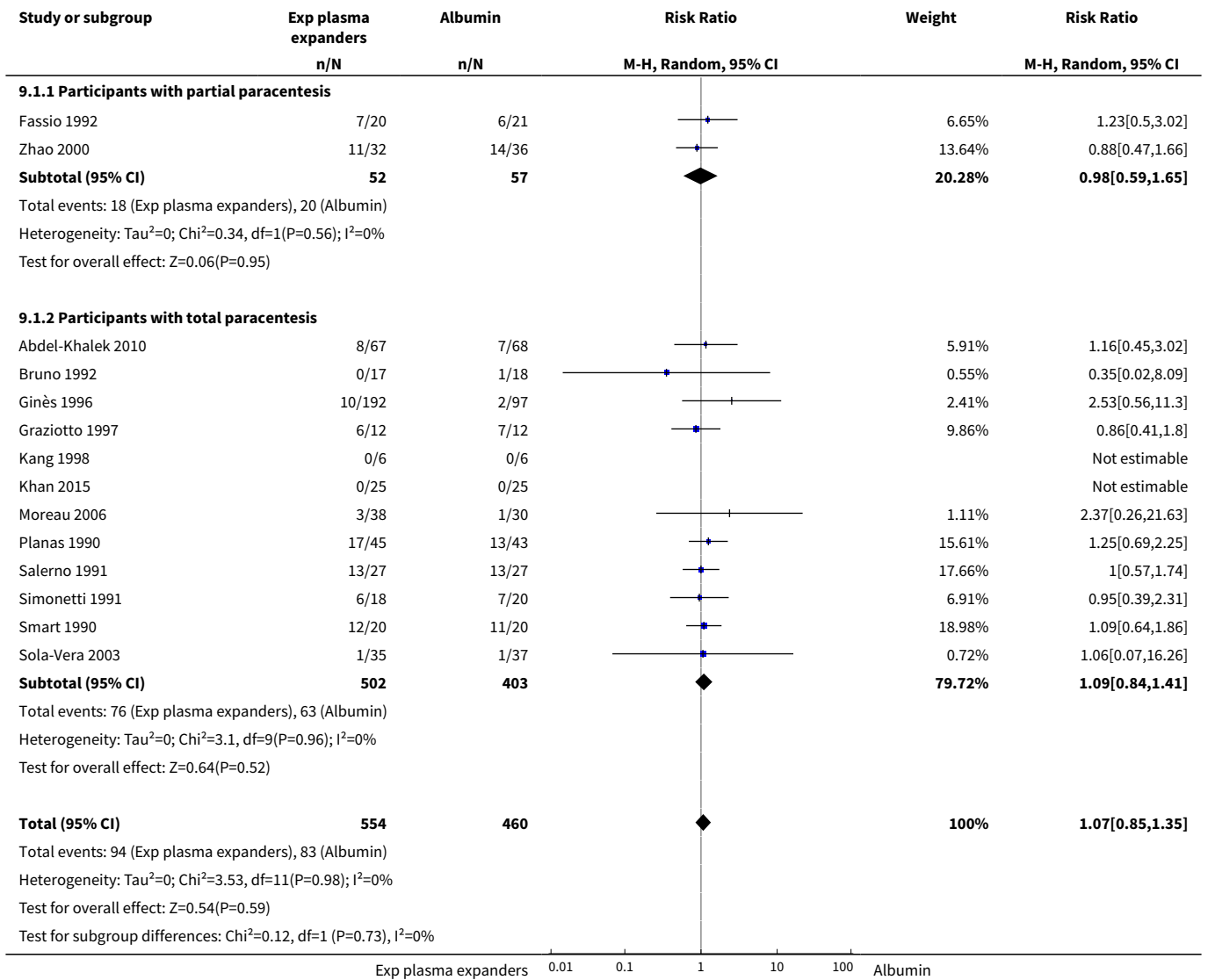


**Comparison 9. Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis**

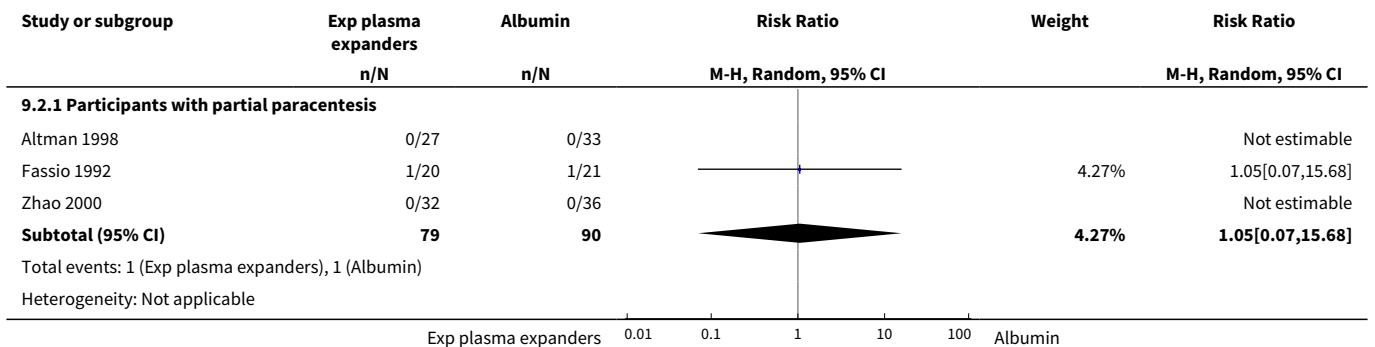
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	14	1014	Risk Ratio (M-H, Random, 95% CI)	1.07 [0.85, 1.35]

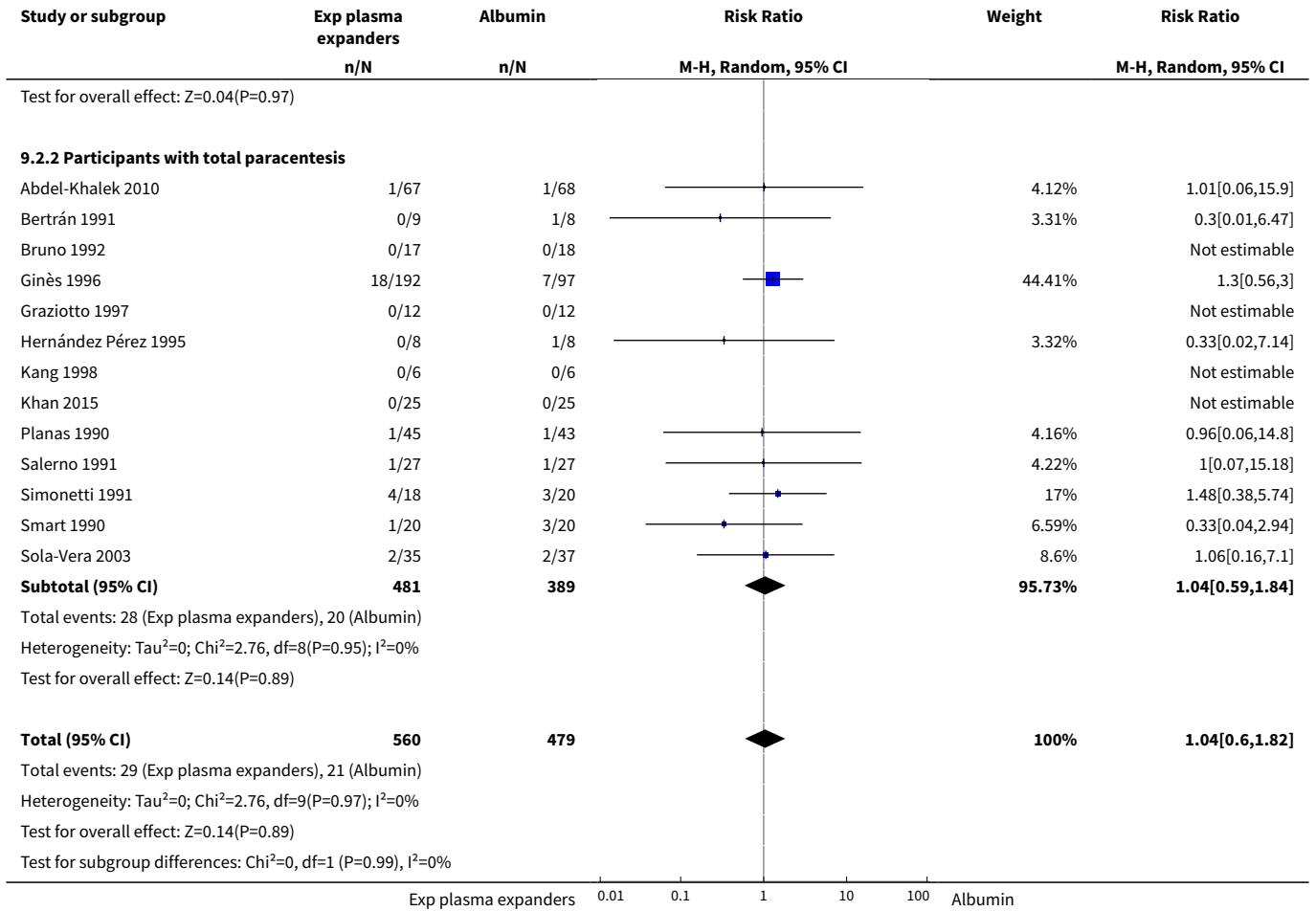
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 Participants with partial paracentesis	2	109	Risk Ratio (M-H, Random, 95% CI)	0.98 [0.59, 1.65]
1.2 Participants with total paracentesis	12	905	Risk Ratio (M-H, Random, 95% CI)	1.09 [0.84, 1.41]
<b>2 Renal impairment</b>	16	1039	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.60, 1.82]
2.1 Participants with partial paracentesis	3	169	Risk Ratio (M-H, Random, 95% CI)	1.05 [0.07, 15.68]
2.2 Participants with total paracentesis	13	870	Risk Ratio (M-H, Random, 95% CI)	1.04 [0.59, 1.84]
<b>3 Other liver-related complications</b>	15	1033	Risk Ratio (M-H, Random, 95% CI)	1.10 [0.82, 1.48]
3.1 Participants with partial paracentesis	3	169	Risk Ratio (M-H, Random, 95% CI)	1.54 [0.76, 3.11]
3.2 Participants with total paracentesis	12	864	Risk Ratio (M-H, Random, 95% CI)	0.98 [0.67, 1.42]
<b>4 Non-serious adverse events</b>	14	977	Risk Ratio (M-H, Random, 95% CI)	1.37 [0.66, 2.85]
4.1 Participants with partial paracentesis	2	98	Risk Ratio (M-H, Random, 95% CI)	8.5 [0.46, 157.71]
4.2 Participants with total paracentesis	12	879	Risk Ratio (M-H, Random, 95% CI)	1.22 [0.57, 2.58]
<b>5 Recurrences of ascites</b>	12	702	Risk Ratio (M-H, Fixed, 95% CI)	1.11 [0.93, 1.32]
5.1 Participants with partial paracentesis	3	169	Risk Ratio (M-H, Fixed, 95% CI)	1.28 [0.72, 2.26]
5.2 Participants with total paracentesis	9	533	Risk Ratio (M-H, Fixed, 95% CI)	1.09 [0.91, 1.30]
<b>6 Hyponatraemia</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.14]
6.1 Participants with partial paracentesis	3	169	Risk Ratio (M-H, Random, 95% CI)	1.00 [0.29, 3.51]
6.2 Participants with total paracentesis	14	938	Risk Ratio (M-H, Random, 95% CI)	1.54 [1.05, 2.26]

**Analysis 9.1. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 1 All-cause mortality.**

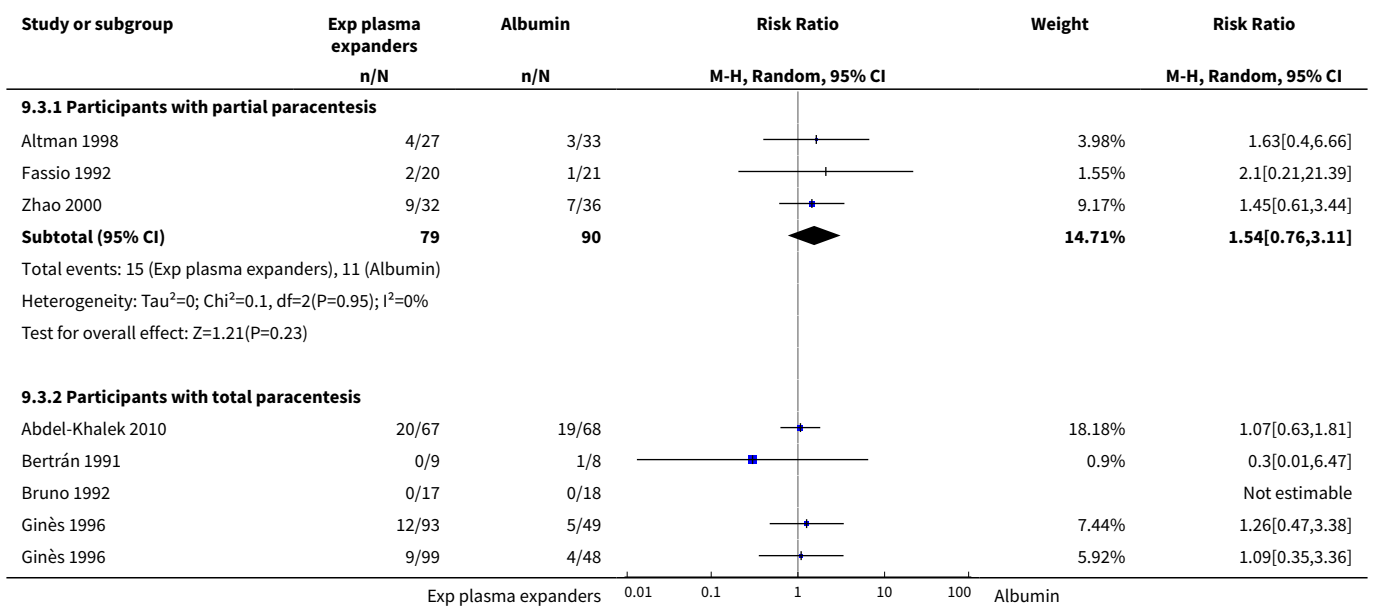


**Analysis 9.2. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 2 Renal impairment.**

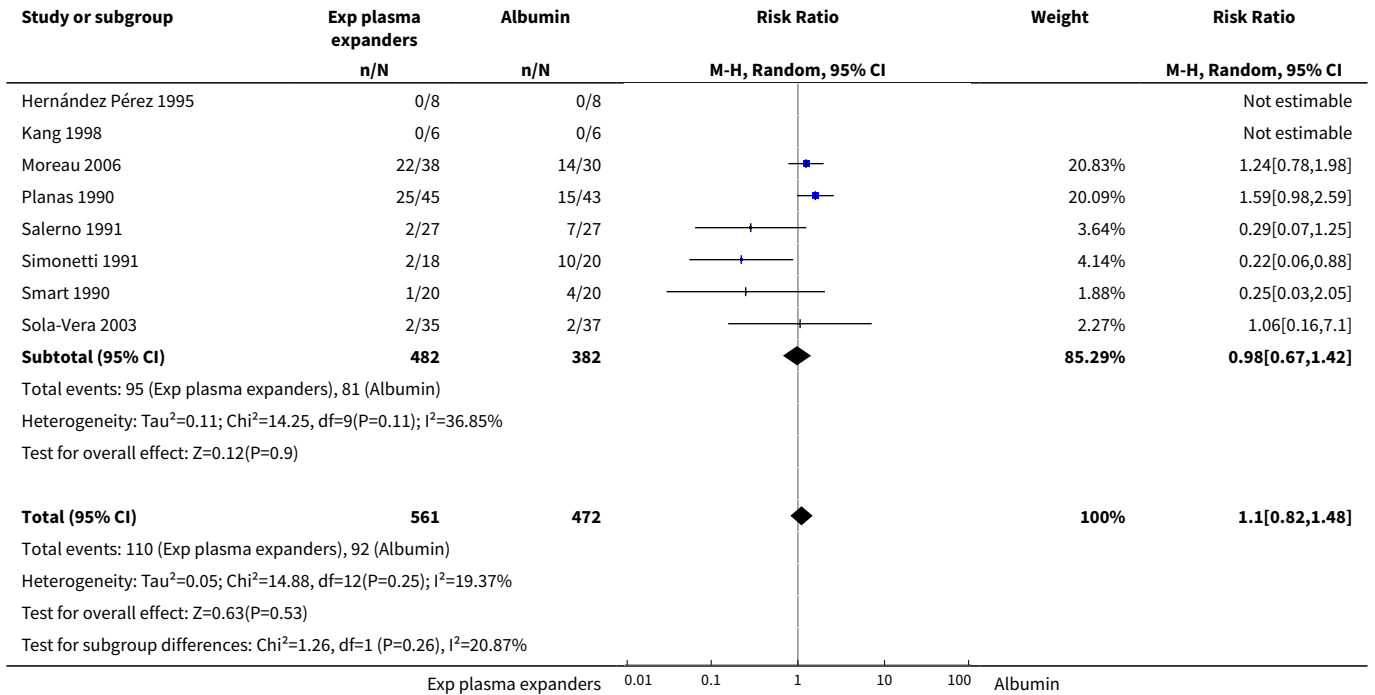




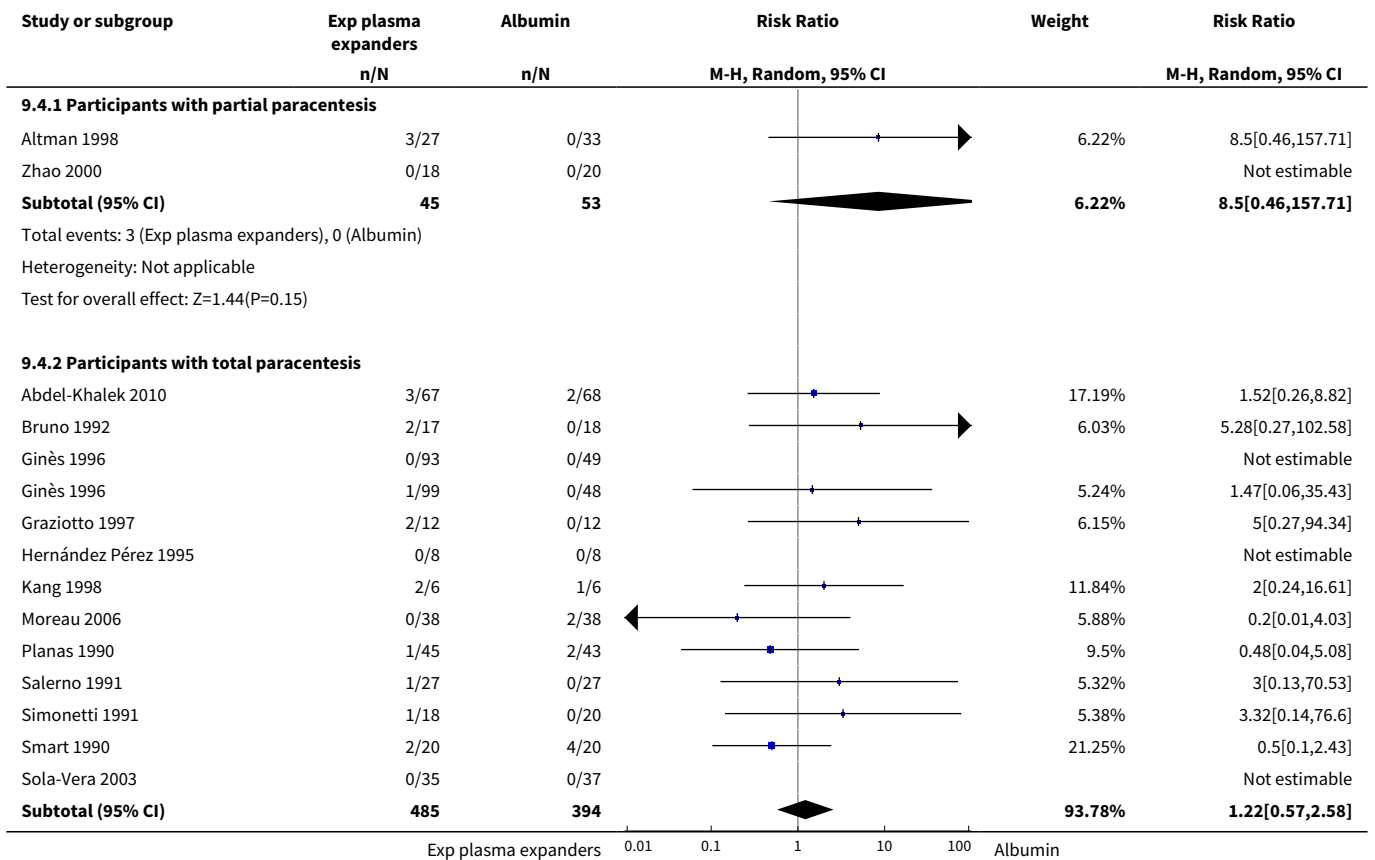
**Analysis 9.3. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 3 Other liver-related complications.**

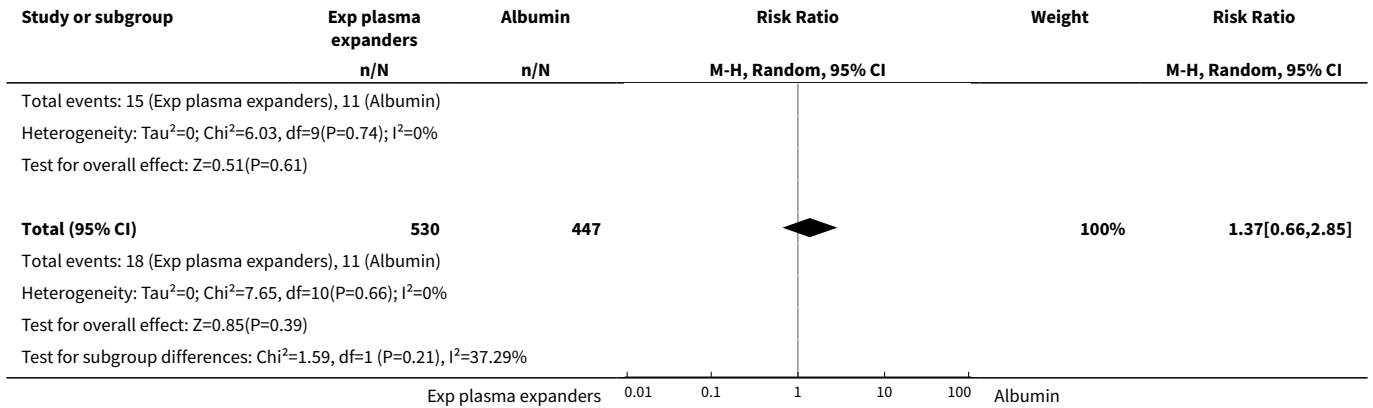




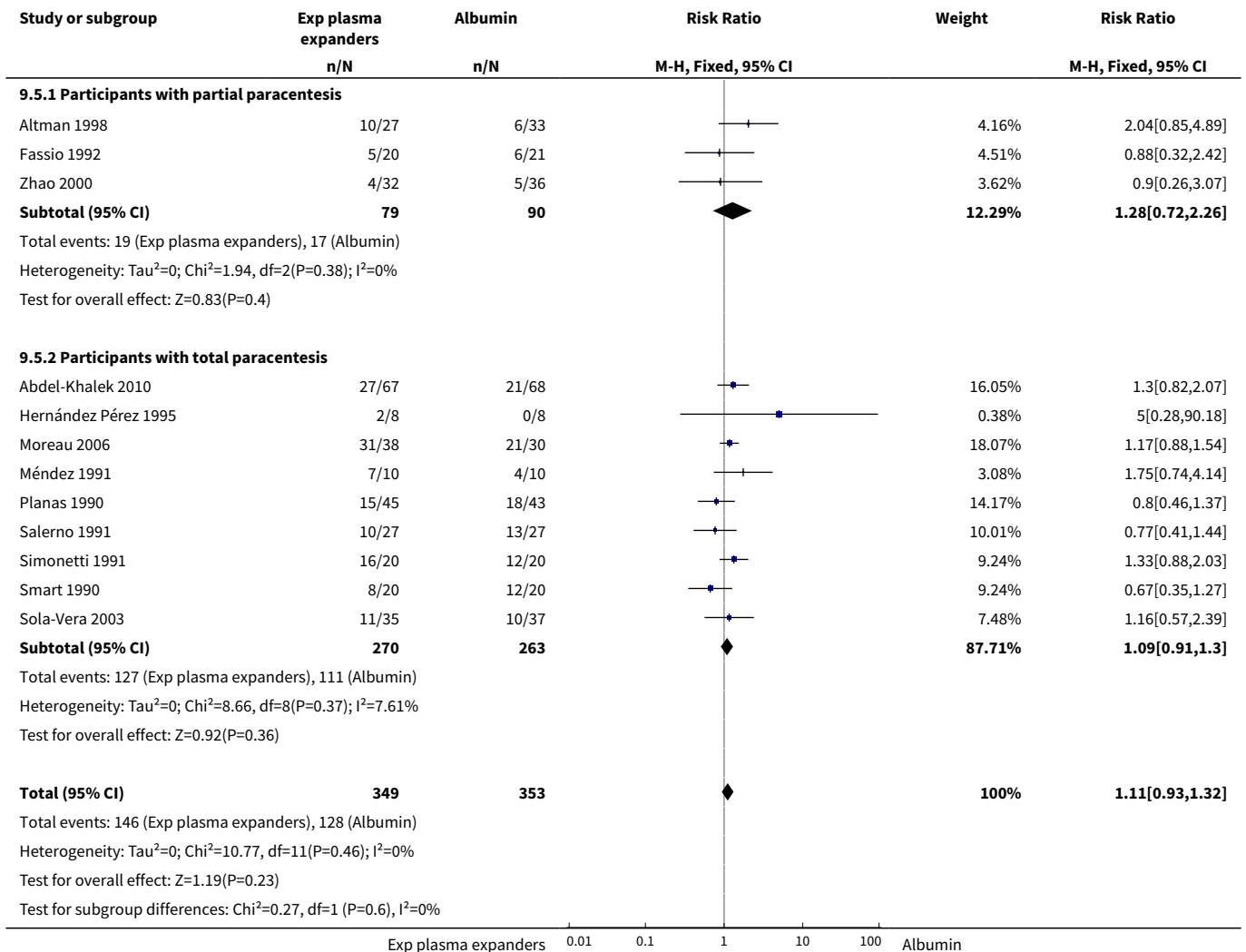


### Analysis 9.4. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 4 Non-serious adverse events.

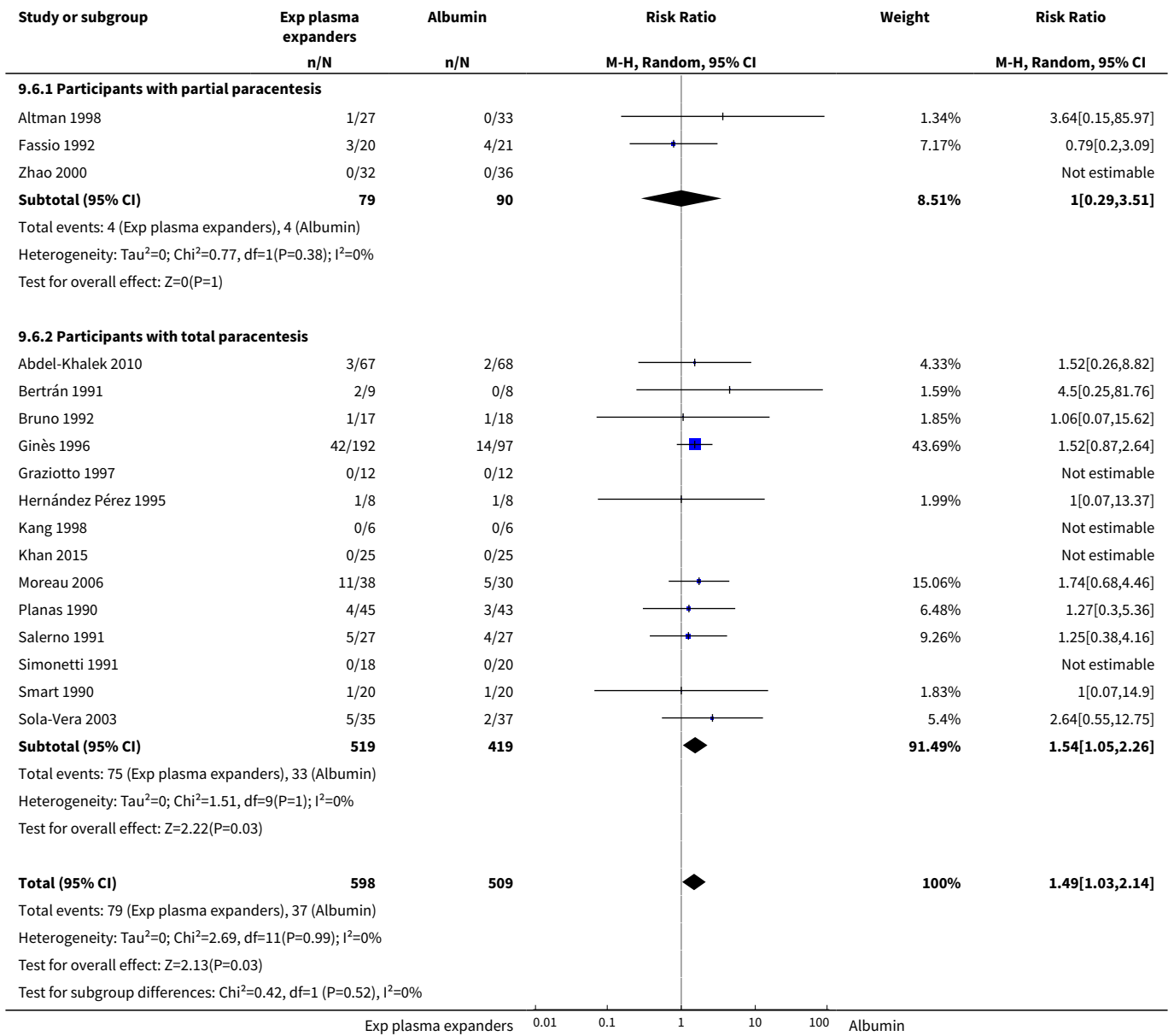




**Analysis 9.5. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 5 Recurrences of ascites.**



**Analysis 9.6. Comparison 9 Subgroup analysis of experimental plasma expanders versus albumin regarding modality of paracentesis, Outcome 6 Hyponatraemia.**

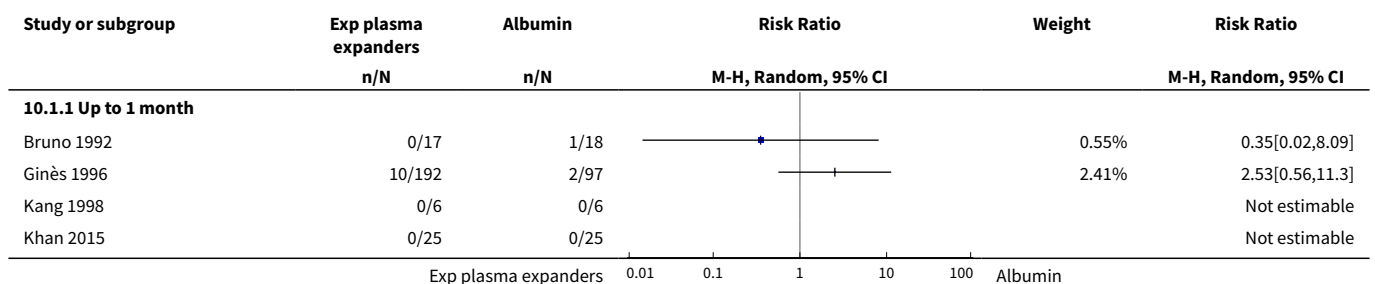


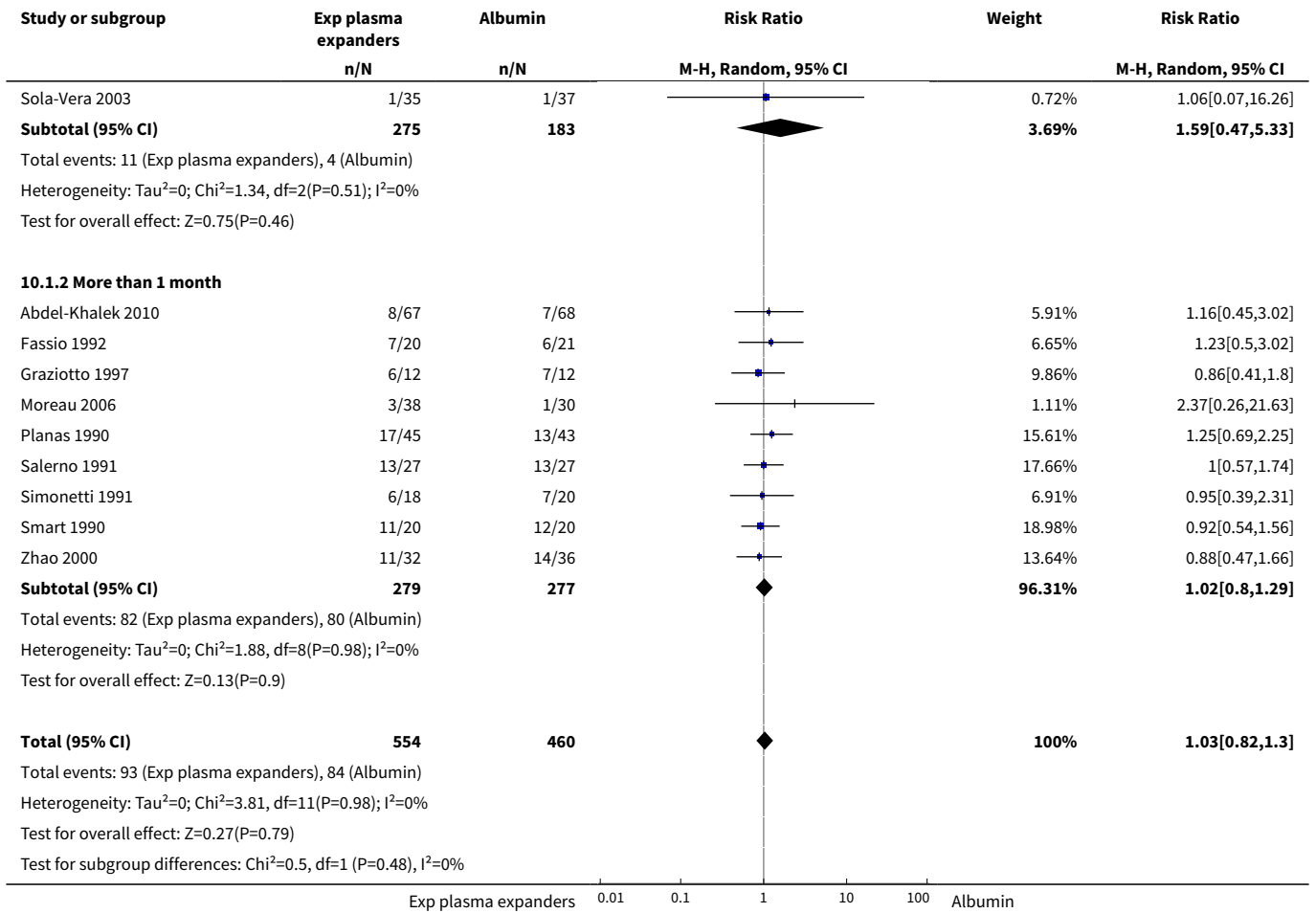
**Comparison 10. Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	14	1014	Risk Ratio (M-H, Random, 95% CI)	1.03 [0.82, 1.30]
1.1 Up to 1 month	5	458	Risk Ratio (M-H, Random, 95% CI)	1.59 [0.47, 5.33]

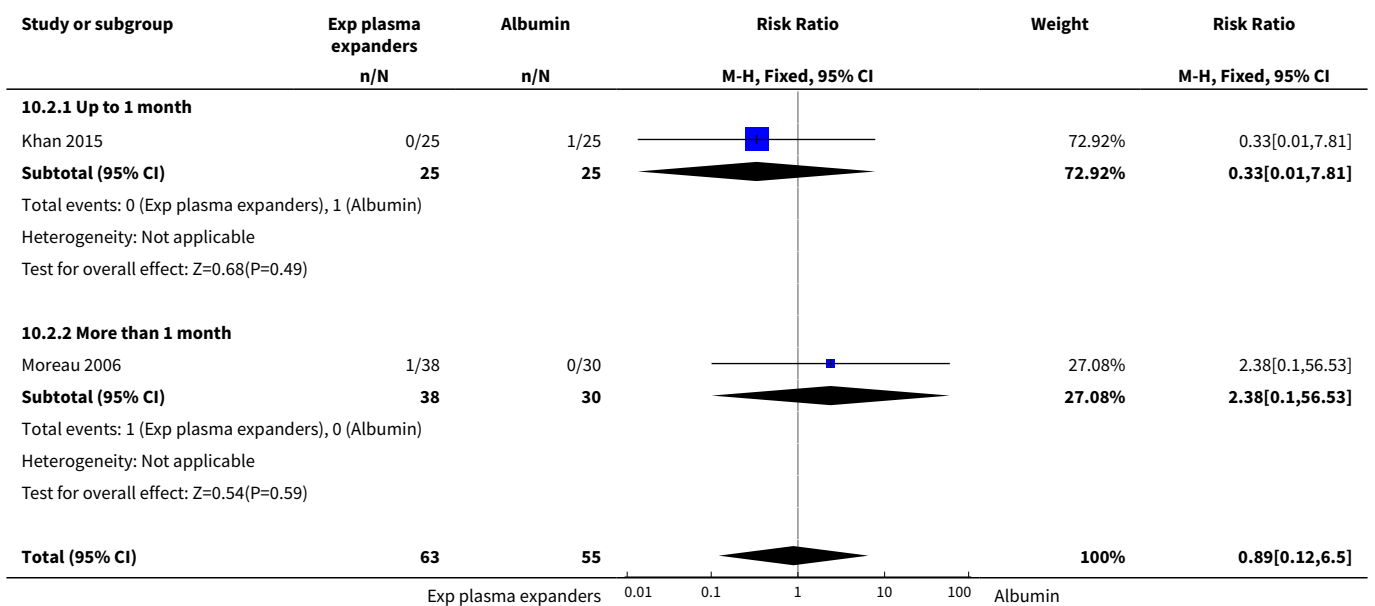
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 More than 1 month	9	556	Risk Ratio (M-H, Random, 95% CI)	1.02 [0.80, 1.29]
<b>2 Serious adverse events</b>	2	118	Risk Ratio (M-H, Fixed, 95% CI)	0.89 [0.12, 6.50]
2.1 Up to 1 month	1	50	Risk Ratio (M-H, Fixed, 95% CI)	0.33 [0.01, 7.81]
2.2 More than 1 month	1	68	Risk Ratio (M-H, Fixed, 95% CI)	2.38 [0.10, 56.53]
<b>3 Renal impairment</b>	17	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.70, 1.83]
3.1 Up to 1 month	8	551	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.56, 2.25]
3.2 More than 1 month	9	556	Risk Ratio (M-H, Fixed, 95% CI)	1.14 [0.58, 2.22]
<b>4 Other liver-related complications</b>	15	1033	Risk Ratio (M-H, Random, 95% CI)	1.08 [0.79, 1.48]
4.1 Up to 1 month	7	501	Risk Ratio (M-H, Random, 95% CI)	1.17 [0.64, 2.16]
4.2 More than 1 month	8	532	Risk Ratio (M-H, Random, 95% CI)	0.99 [0.65, 1.53]
<b>5 Non-serious adverse events</b>	14	977	Risk Ratio (M-H, Random, 95% CI)	1.33 [0.67, 2.63]
5.1 Up to 1 month	6	484	Risk Ratio (M-H, Random, 95% CI)	2.20 [0.73, 6.59]
5.2 More than 1 month	8	493	Risk Ratio (M-H, Random, 95% CI)	0.97 [0.41, 2.32]
<b>6 Recurrence of ascites</b>	12	702	Risk Ratio (M-H, Fixed, 95% CI)	1.11 [0.93, 1.32]
6.1 Up to 1 month	3	96	Risk Ratio (M-H, Fixed, 95% CI)	2.07 [1.12, 3.83]
6.2 More than 1 month	9	606	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.86, 1.24]
<b>7 Hyponatraemia</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.14]
7.1 Up to 1 month	8	551	Risk Ratio (M-H, Random, 95% CI)	1.64 [1.01, 2.68]
7.2 More than 1 month	9	556	Risk Ratio (M-H, Random, 95% CI)	1.31 [0.76, 2.28]

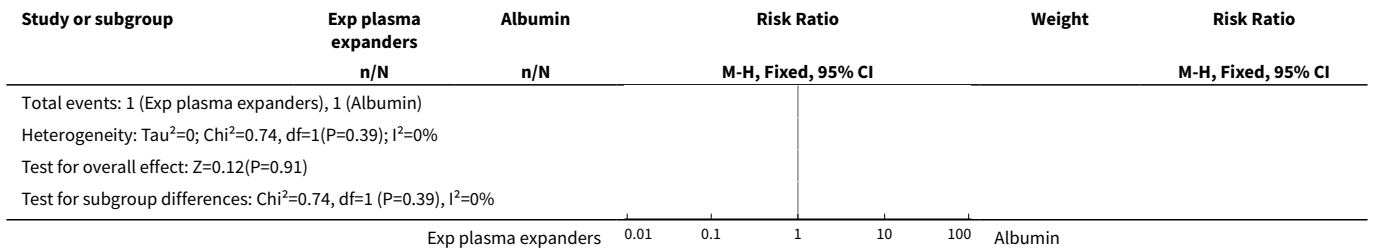
**Analysis 10.1. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 1 All-cause mortality.**



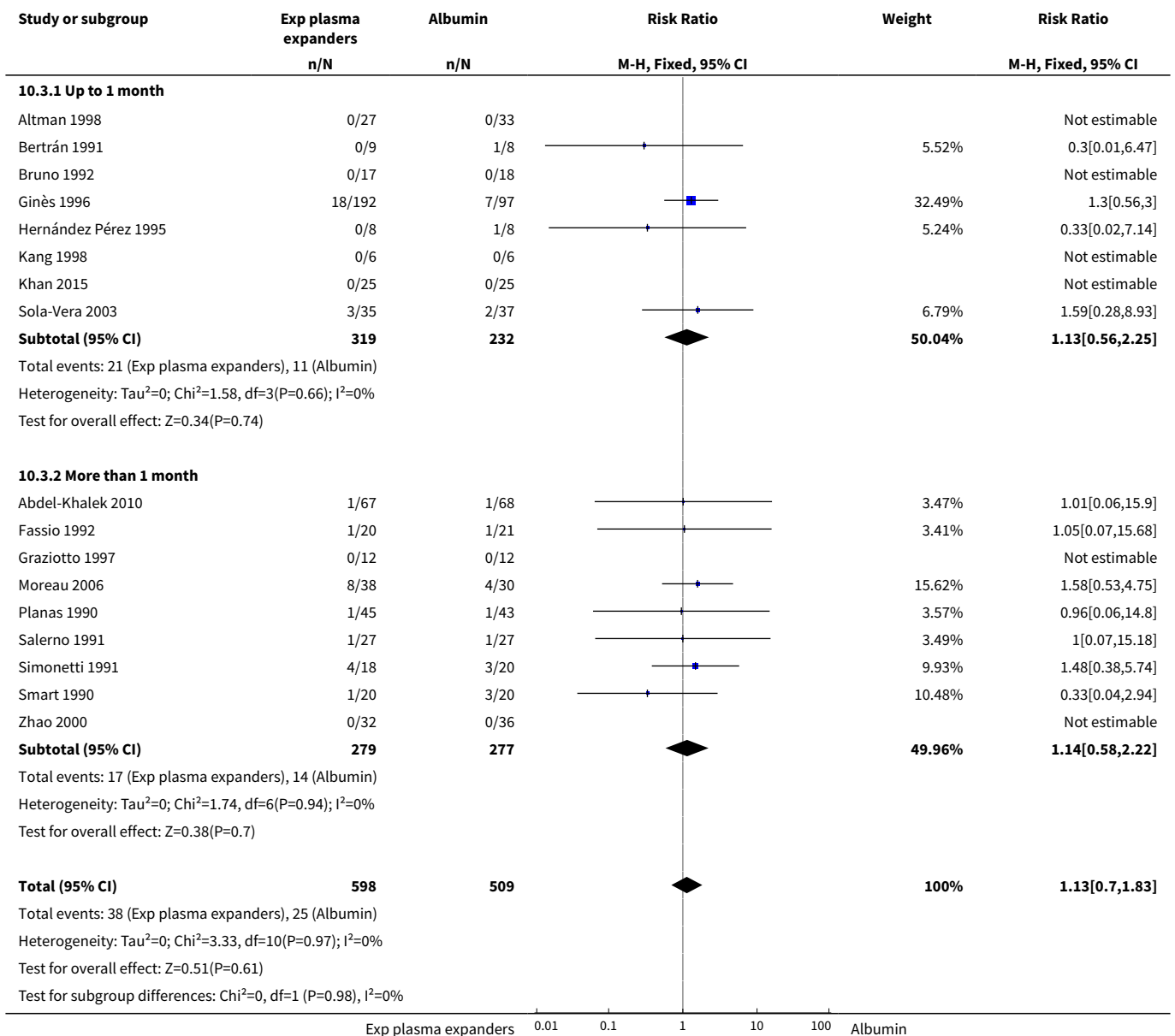


**Analysis 10.2. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 2 Serious adverse events.**

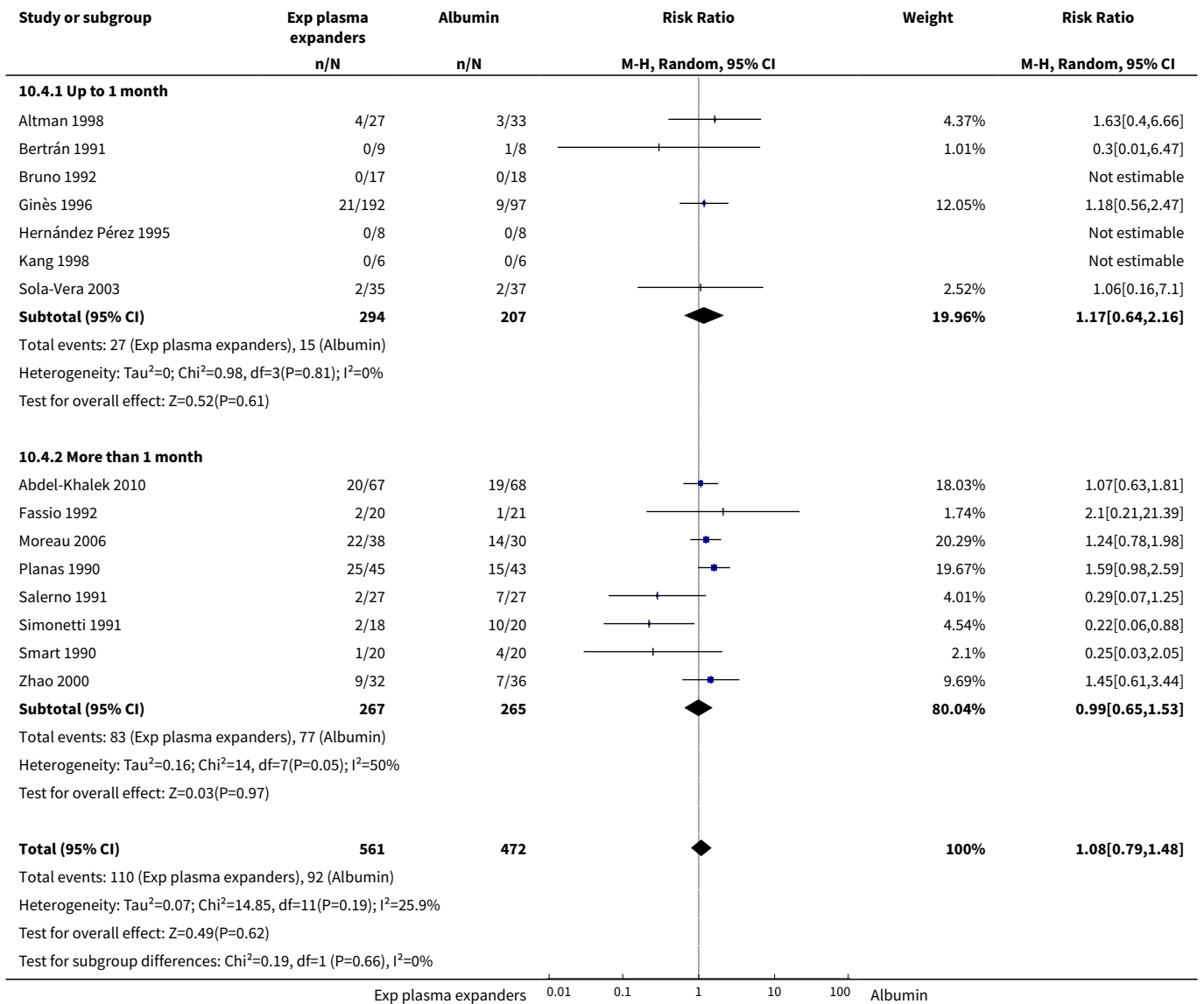




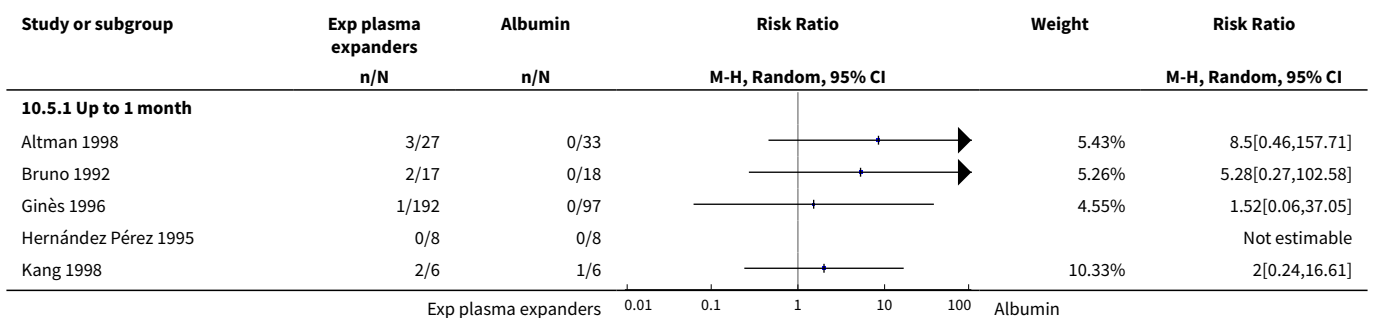
### Analysis 10.3. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 3 Renal impairment.



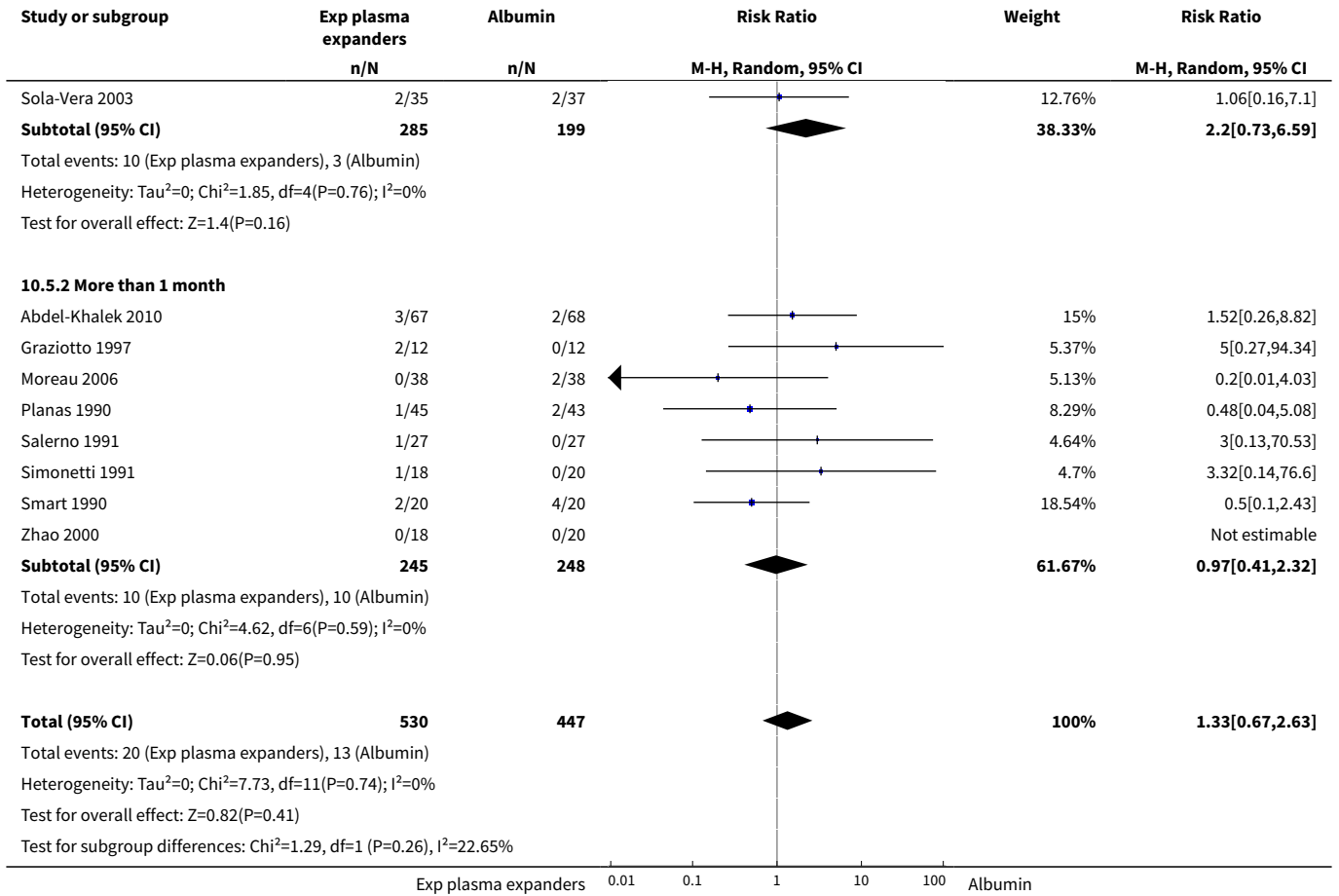
**Analysis 10.4. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 4 Other liver-related complications.**



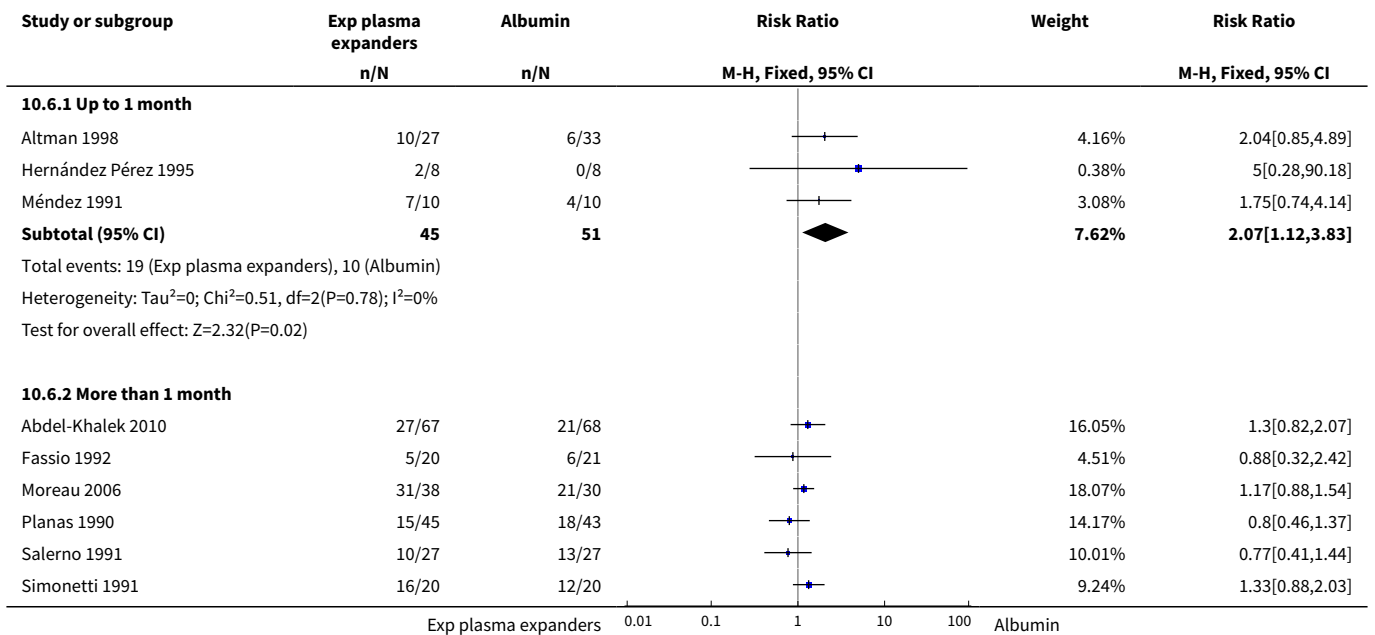
**Analysis 10.5. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 5 Non-serious adverse events.**

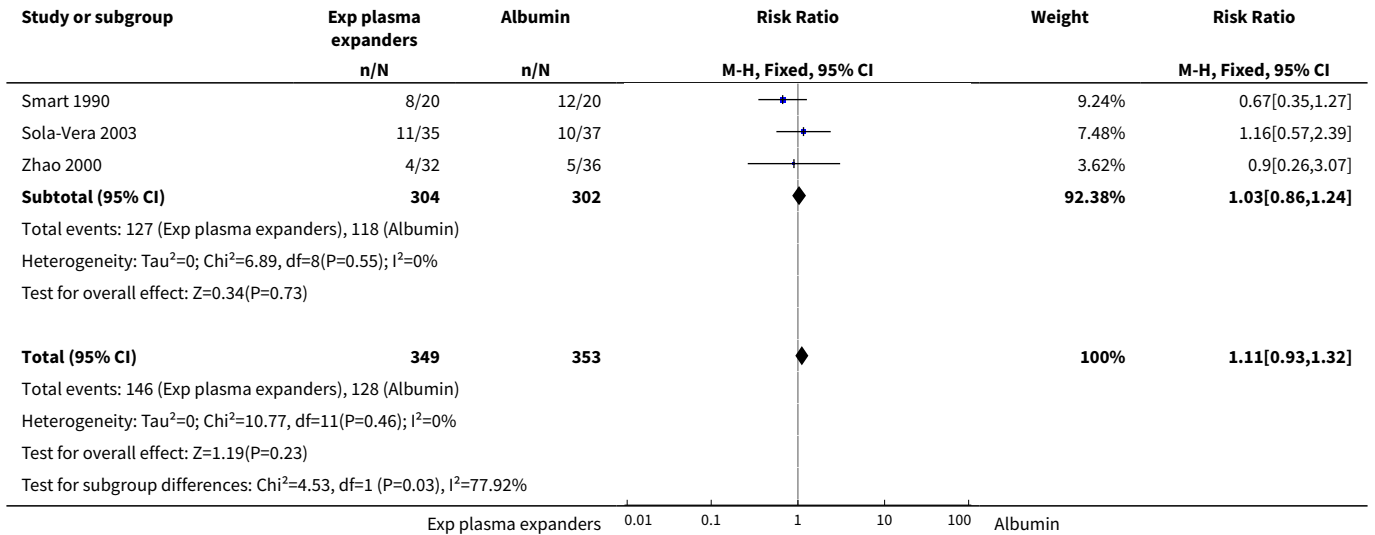




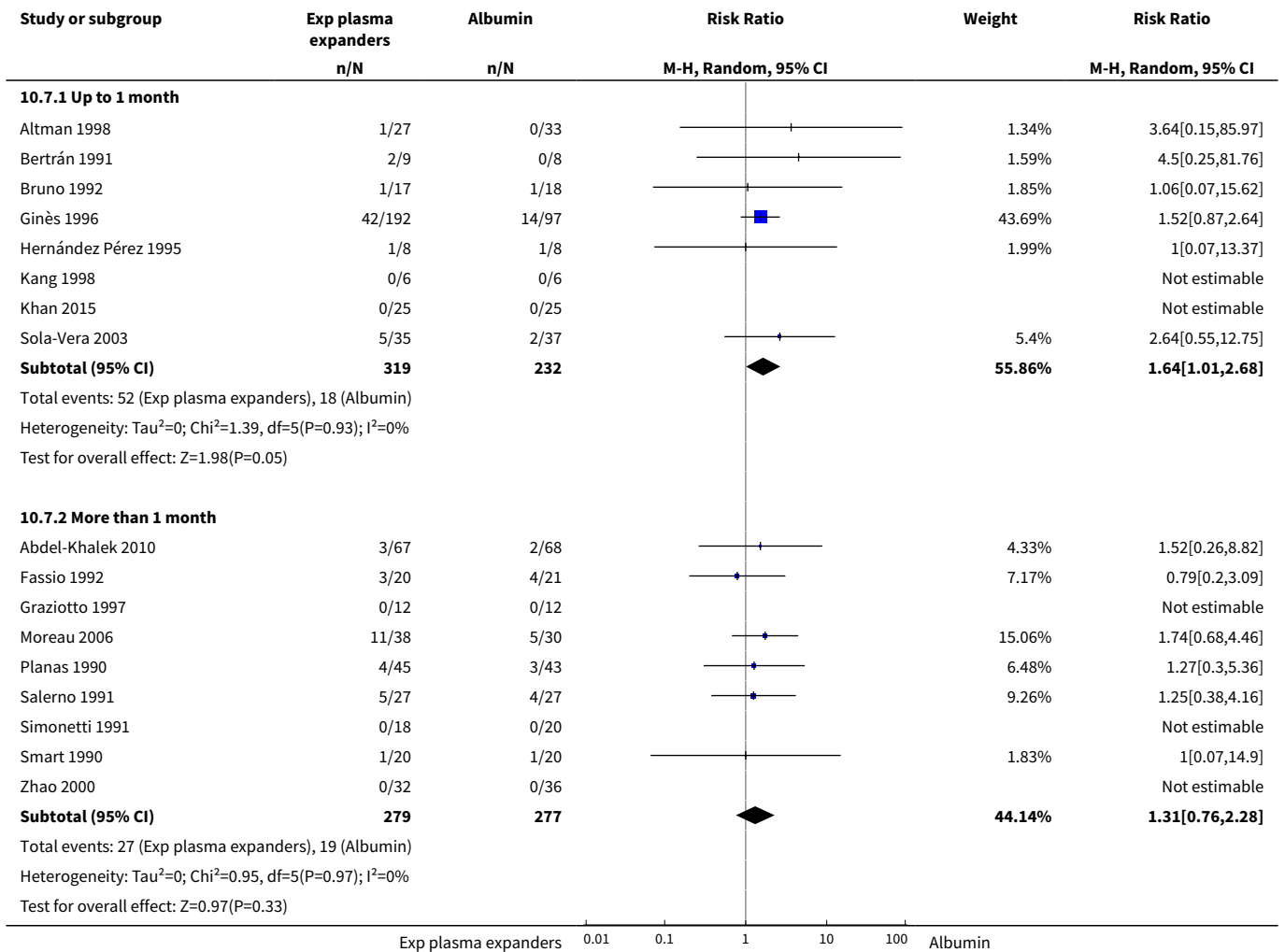


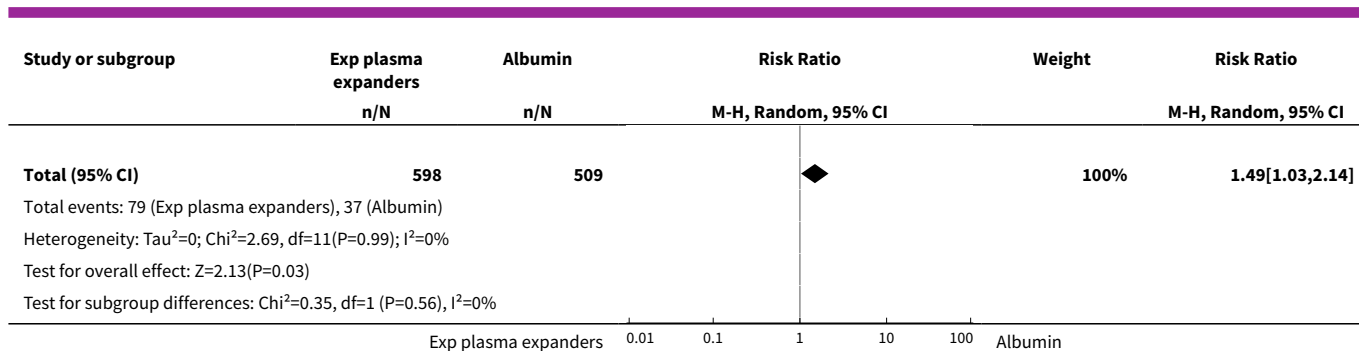
**Analysis 10.6. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 6 Recurrence of ascites.**





### Analysis 10.7. Comparison 10 Subgroup analysis of experimental plasma expanders versus albumin regarding duration of follow-up, Outcome 7 Hyponatraemia.



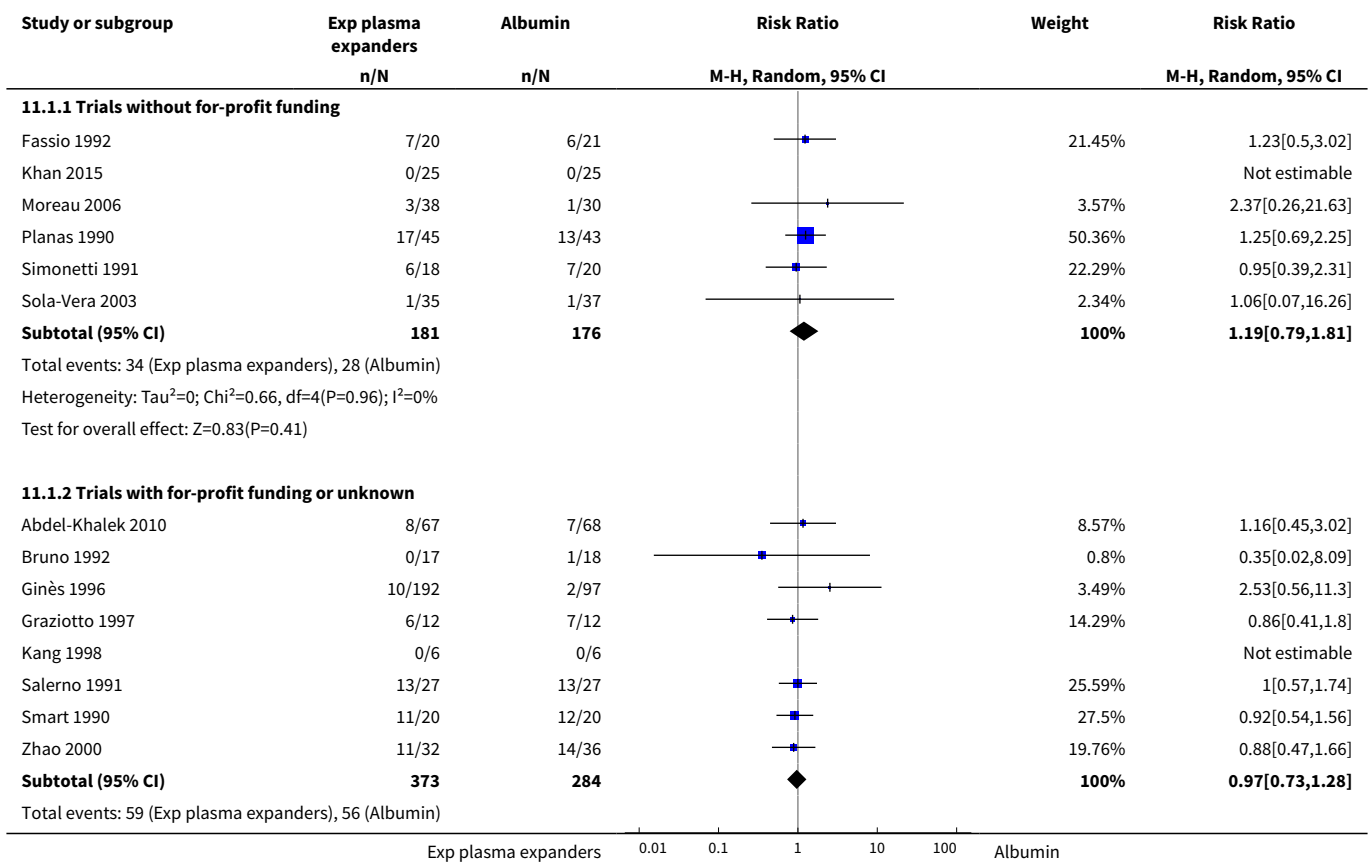


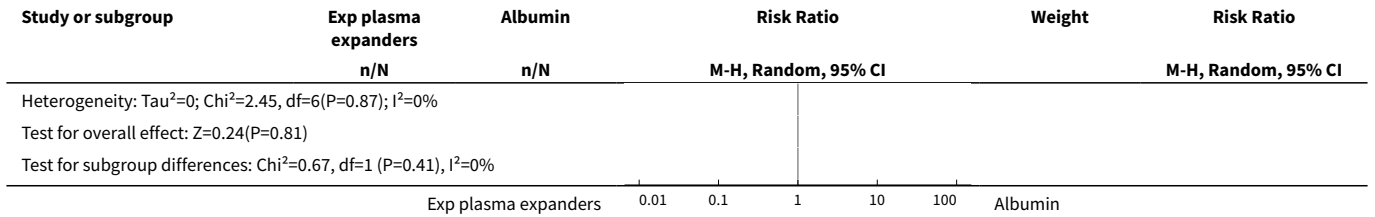
**Comparison 11. Subgroup analysis of experimental plasma expanders versus albumin regarding funding**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 All-cause mortality</b>	14		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Trials without for-profit funding	6	357	Risk Ratio (M-H, Random, 95% CI)	1.19 [0.79, 1.81]
1.2 Trials with for-profit funding or unknown	8	657	Risk Ratio (M-H, Random, 95% CI)	0.97 [0.73, 1.28]
<b>2 Renal impairment</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.17 [0.71, 1.92]
2.1 Trials without for-profit funding	6	357	Risk Ratio (M-H, Random, 95% CI)	1.46 [0.72, 2.97]
2.2 Trials with for-profit funding or unknown	11	750	Risk Ratio (M-H, Random, 95% CI)	0.95 [0.48, 1.90]
<b>3 Other liver-related complications</b>	16	1083	Risk Ratio (M-H, Random, 95% CI)	1.23 [0.97, 1.56]
3.1 Trials without for-profit funding	6	357	Risk Ratio (M-H, Random, 95% CI)	1.42 [1.03, 1.97]
3.2 Trials with for-profit funding or unknown	10	726	Risk Ratio (M-H, Random, 95% CI)	1.02 [0.69, 1.50]
<b>4 Non-serious adverse events</b>	14	977	Risk Ratio (M-H, Random, 95% CI)	1.38 [0.66, 2.85]
4.1 Trials without for-profit funding	4	274	Risk Ratio (M-H, Random, 95% CI)	0.62 [0.12, 3.05]
4.2 Trials with for-profit funding or unknown	10	703	Risk Ratio (M-H, Random, 95% CI)	1.70 [0.75, 3.85]
<b>5 Recurrence of ascites</b>	12	700	Risk Ratio (M-H, Random, 95% CI)	1.14 [0.96, 1.36]
5.1 Trials without for-profit funding	5	307	Risk Ratio (M-H, Random, 95% CI)	1.16 [0.96, 1.42]

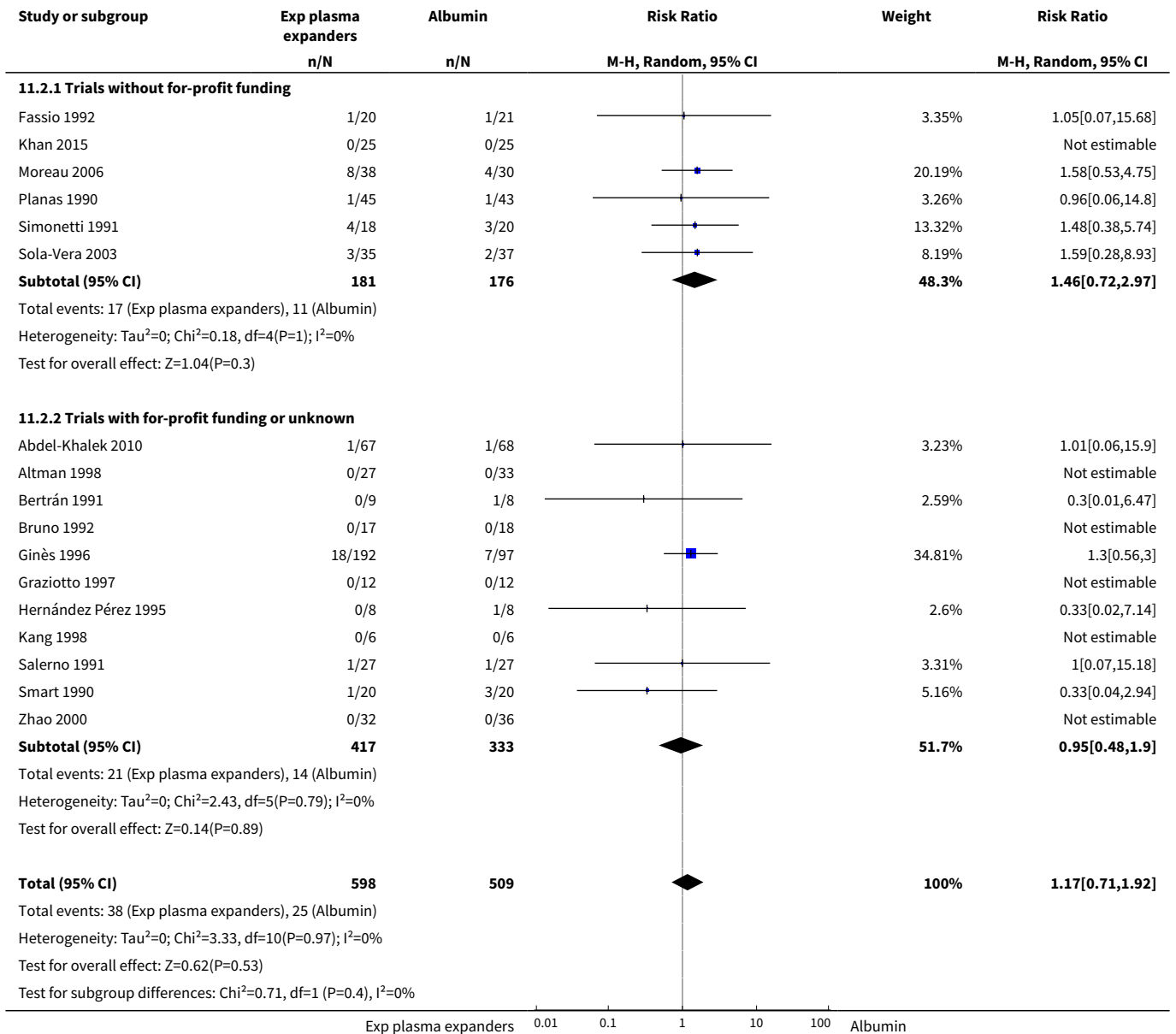
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
5.2 Trials with for-profit funding or unknown	7	393	Risk Ratio (M-H, Random, 95% CI)	1.13 [0.79, 1.60]
<b>6 Hyponatraemia</b>	17	1107	Risk Ratio (M-H, Random, 95% CI)	1.49 [1.03, 2.14]
6.1 Trials without for-profit funding	6	357	Risk Ratio (M-H, Random, 95% CI)	1.48 [0.79, 2.77]
6.2 Trials with for-profit funding or unknown	11	750	Risk Ratio (M-H, Random, 95% CI)	1.49 [0.95, 2.34]
<b>7 Post-paracentesis circulatory dysfunction</b>	3	432	Risk Ratio (M-H, Random, 95% CI)	1.93 [1.12, 3.32]
7.1 Trials without for-profit funding	2	143	Risk Ratio (M-H, Random, 95% CI)	1.56 [0.37, 6.51]
7.2 Trials with for-profit funding or unknown	1	289	Risk Ratio (M-H, Random, 95% CI)	2.02 [1.26, 3.24]

**Analysis 11.1. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 1 All-cause mortality.**

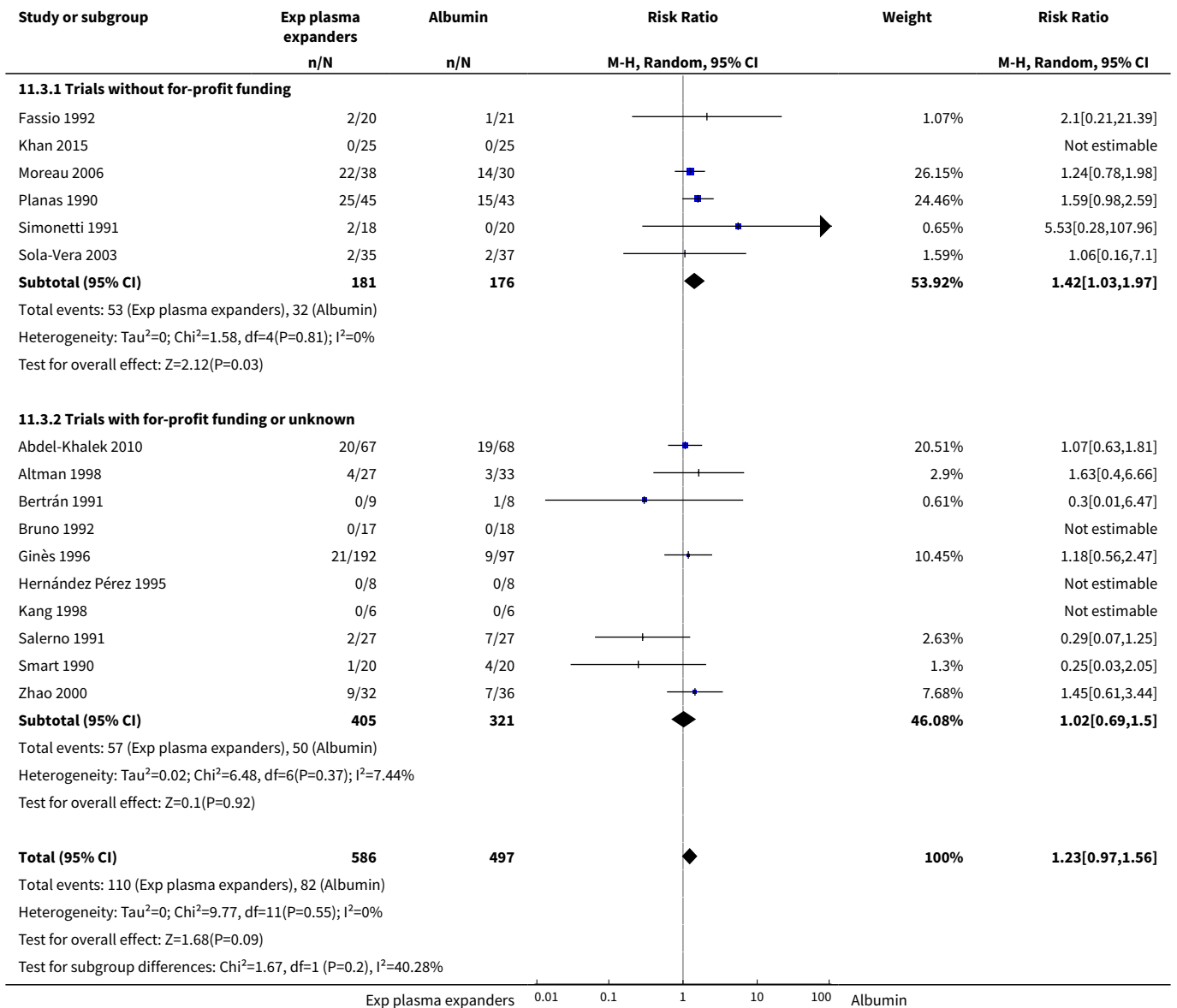




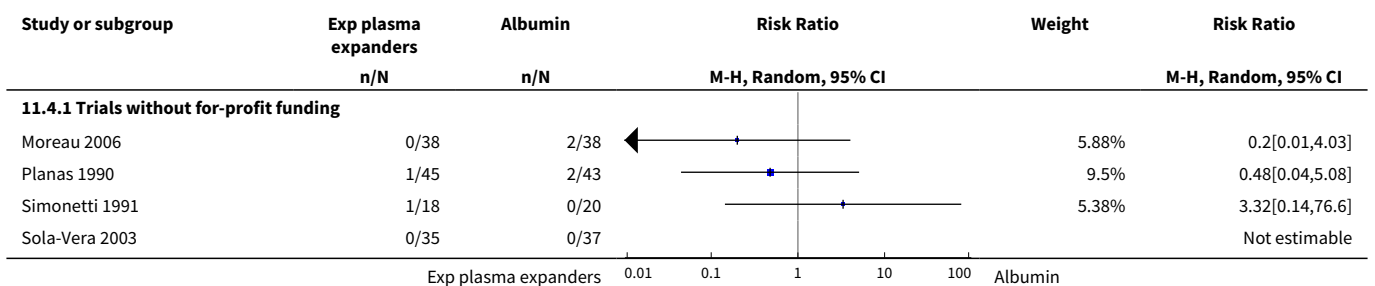
**Analysis 11.2. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 2 Renal impairment.**

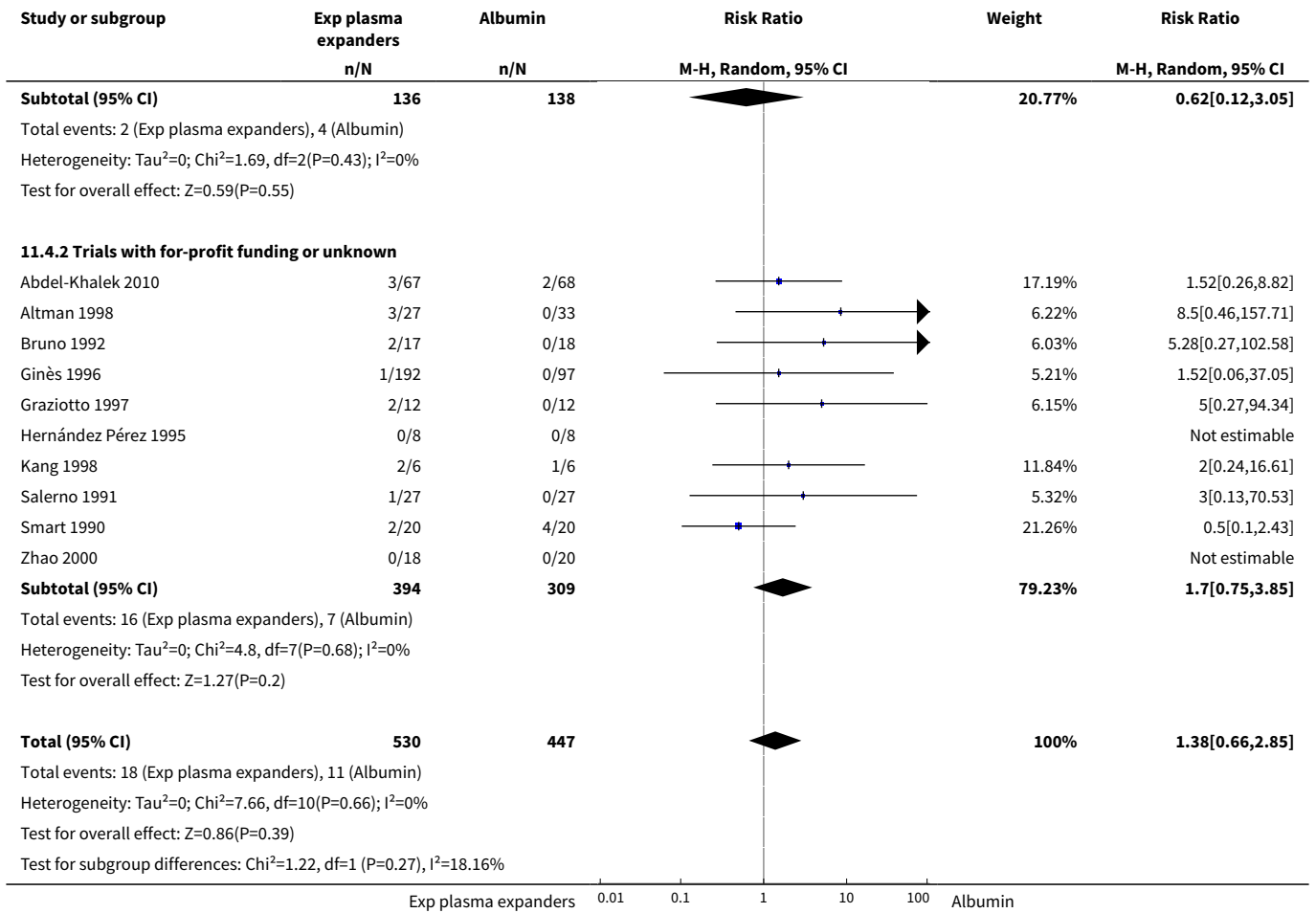


**Analysis 11.3. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 3 Other liver-related complications.**

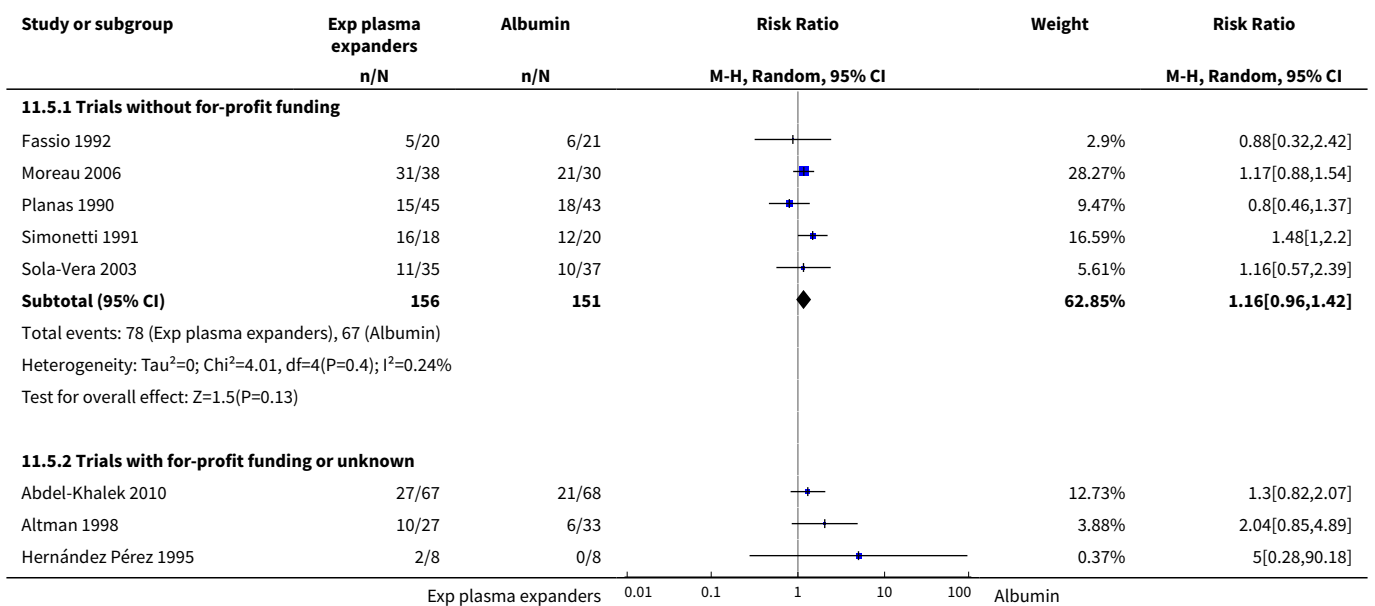


**Analysis 11.4. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 4 Non-serious adverse events.**

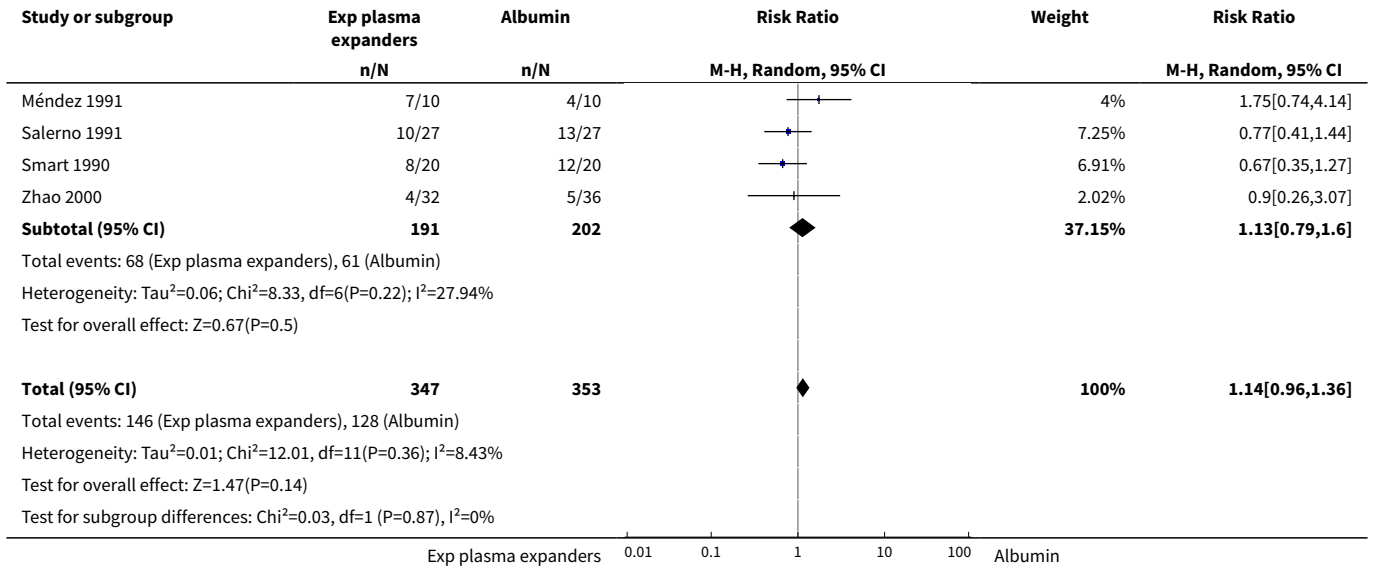




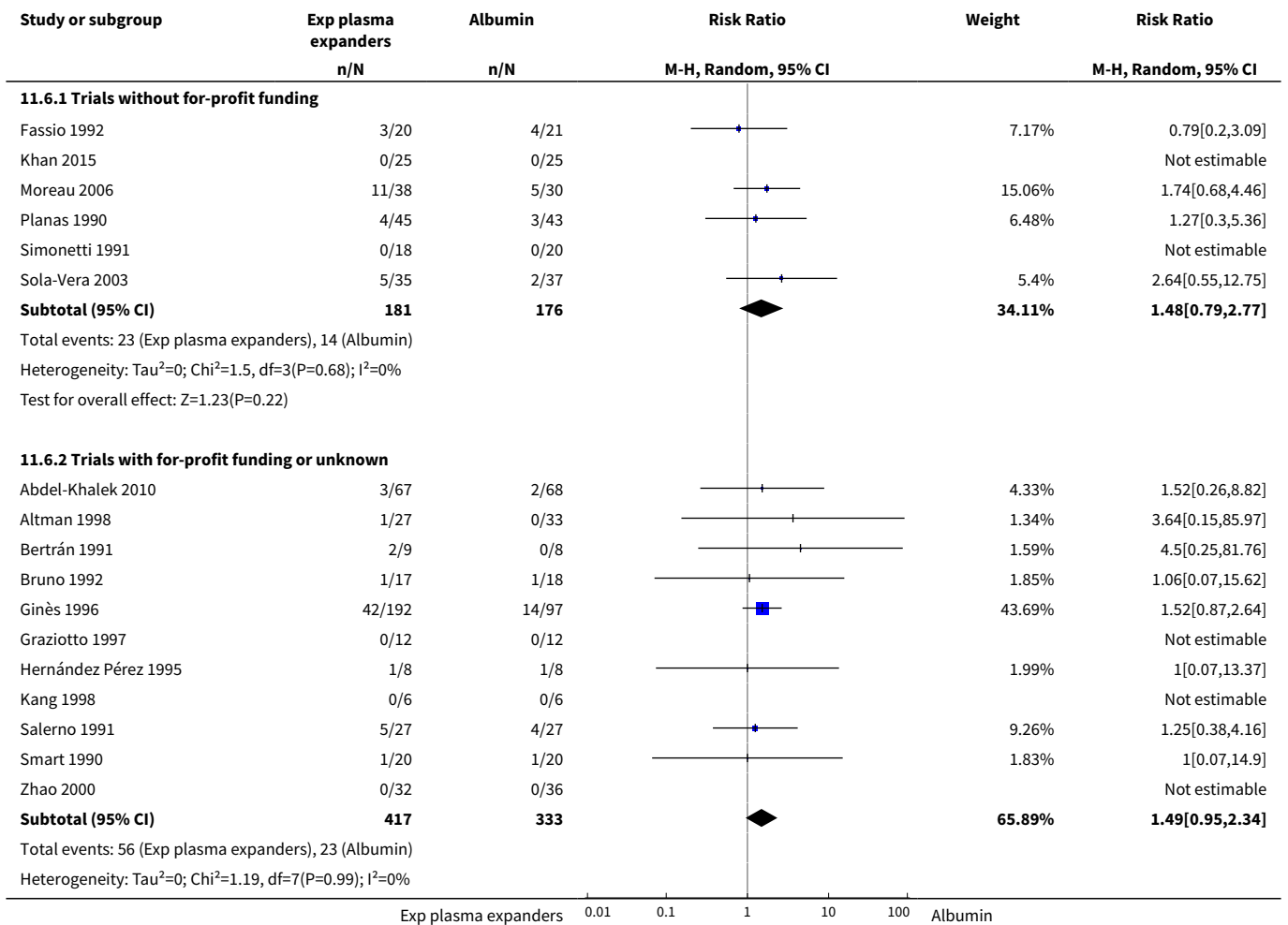
**Analysis 11.5. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 5 Recurrence of ascites.**

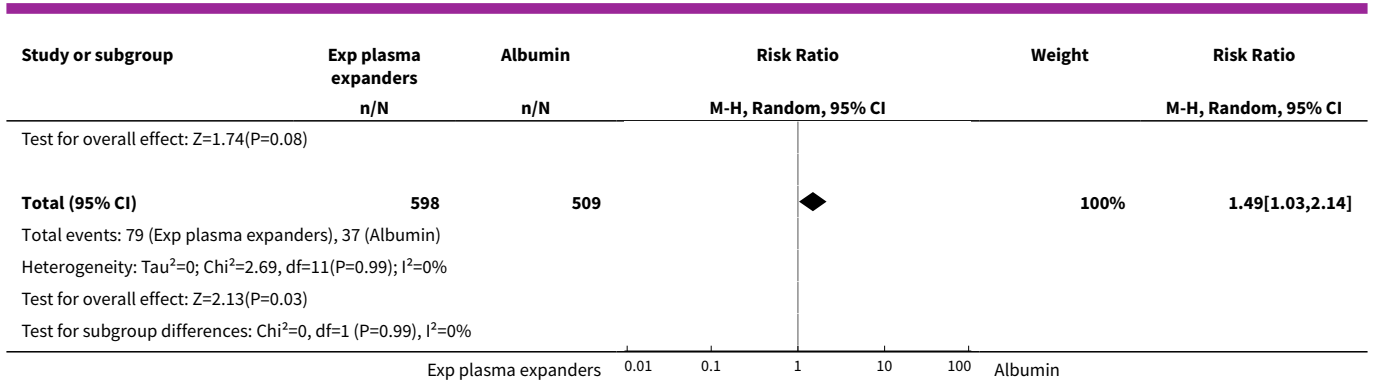




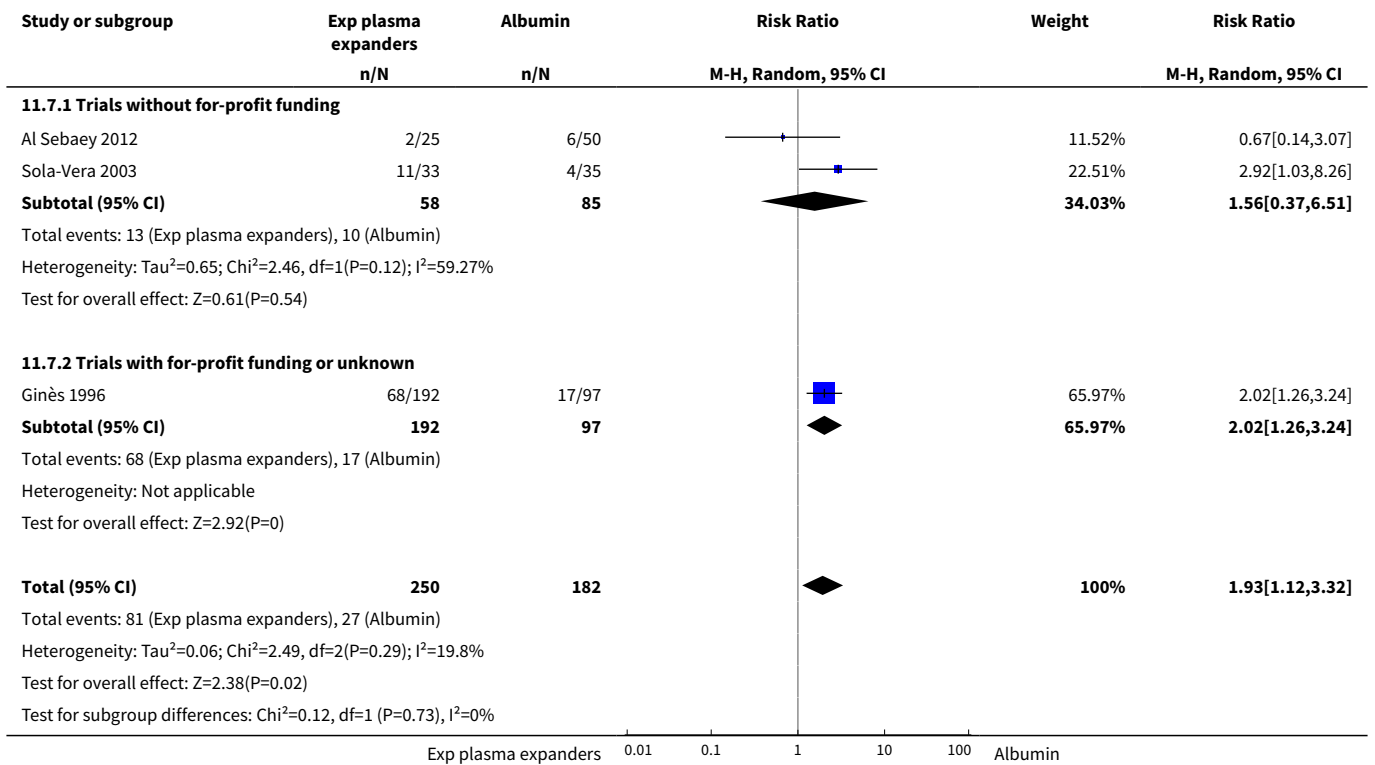


**Analysis 11.6. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 6 Hyponatraemia.**





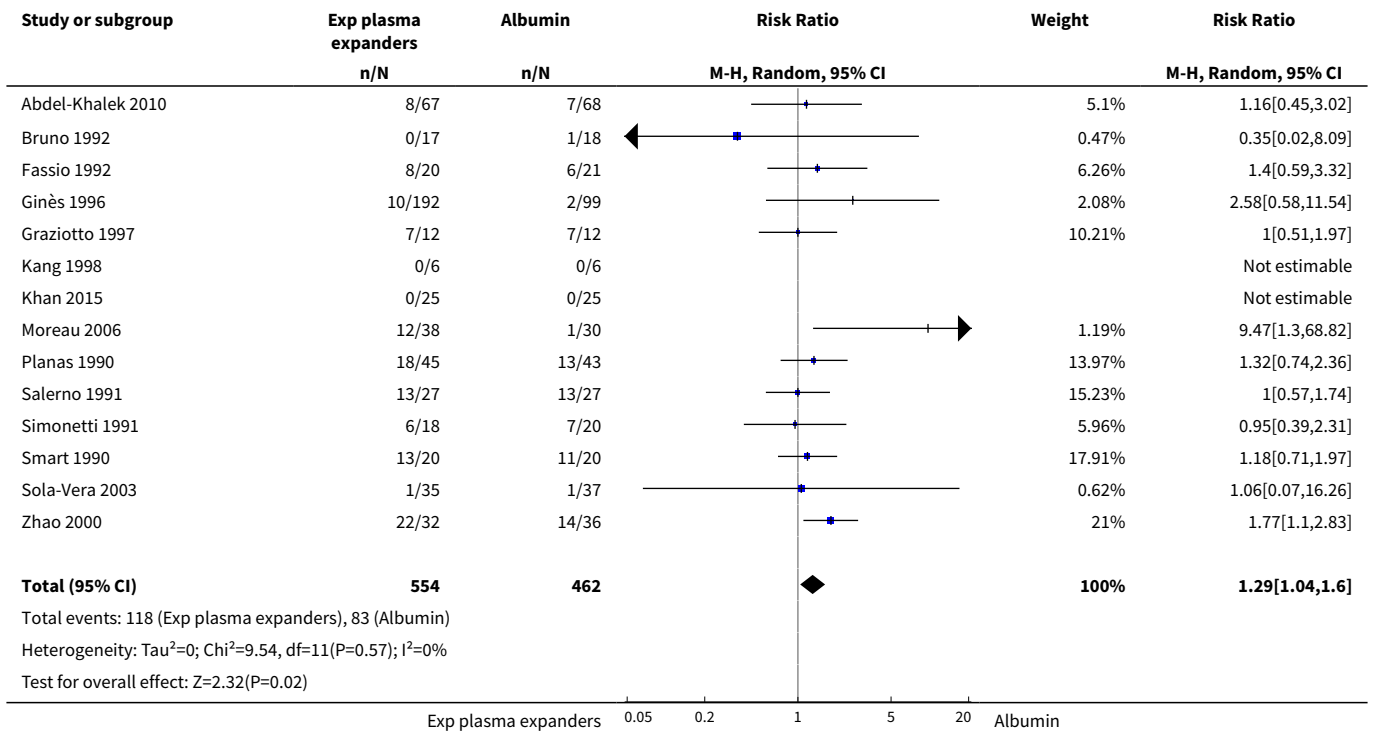
**Analysis 11.7. Comparison 11 Subgroup analysis of experimental plasma expanders versus albumin regarding funding, Outcome 7 Post-paracentesis circulatory dysfunction.**



**Comparison 12. Experimental plasma expanders versus albumin - best-worst case scenario**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	14	1016	Risk Ratio (M-H, Random, 95% CI)	1.29 [1.04, 1.60]

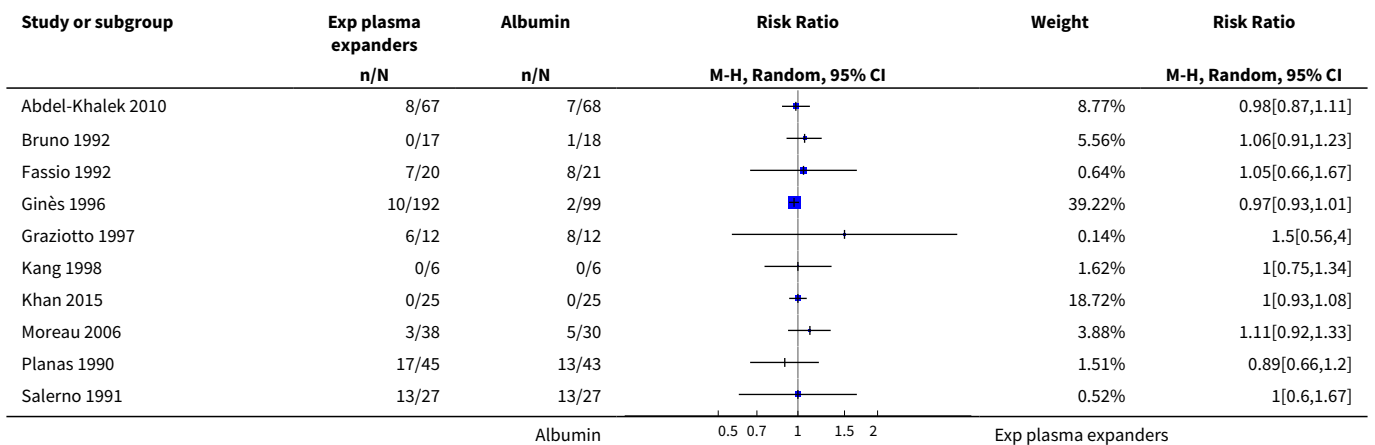
**Analysis 12.1. Comparison 12 Experimental plasma expanders versus albumin - best-worst case scenario, Outcome 1 All-cause mortality.**

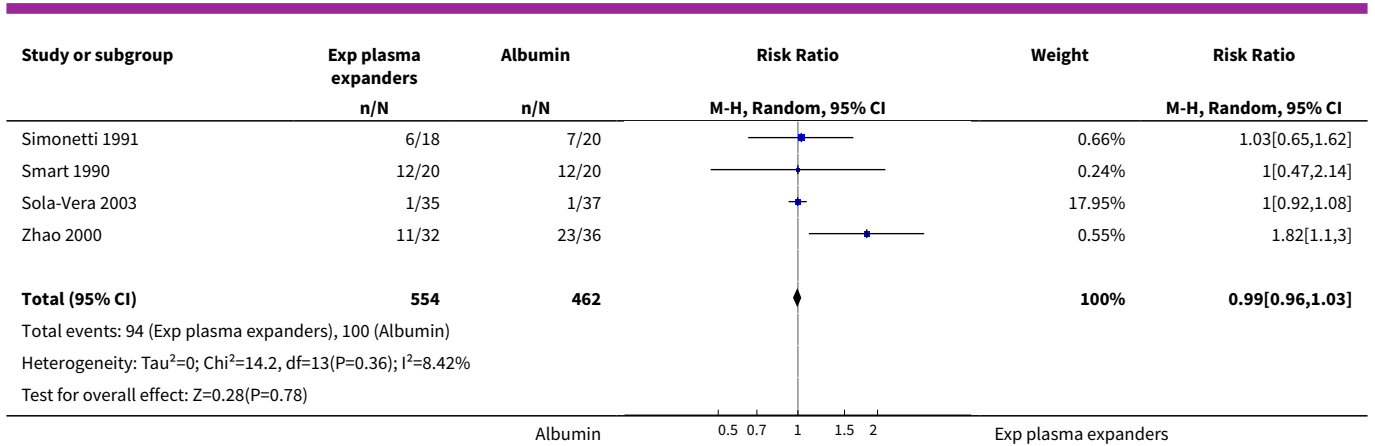


**Comparison 13. Experimental plasma expanders versus albumin - worst-best case scenario**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 All-cause mortality	14	1016	Risk Ratio (M-H, Random, 95% CI)	0.99 [0.96, 1.03]

**Analysis 13.1. Comparison 13 Experimental plasma expanders versus albumin - worst-best case scenario, Outcome 1 All-cause mortality.**

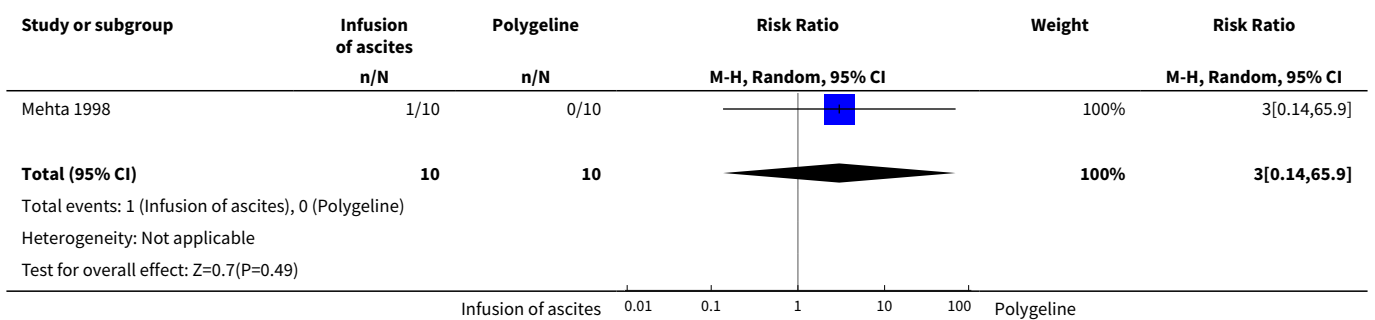




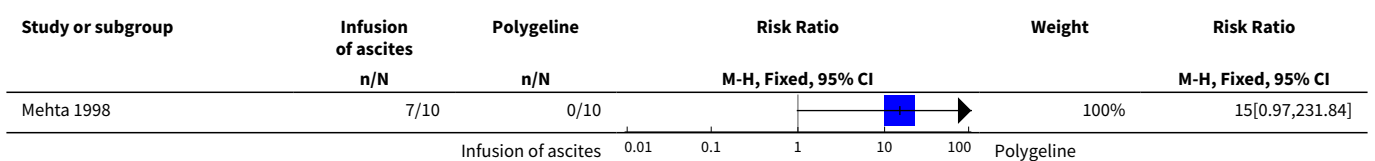
**Comparison 14. Intravenous infusion of ascites versus polygeline**

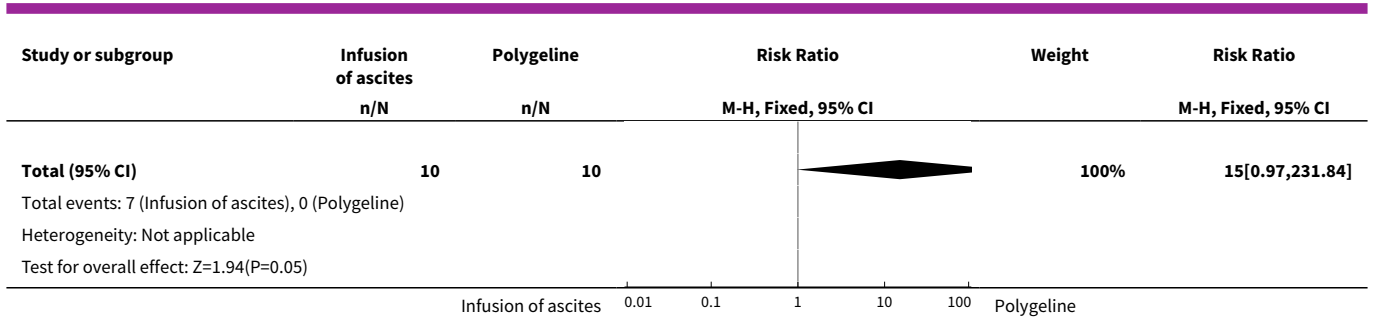
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Other liver-related complications	1	20	Risk Ratio (M-H, Random, 95% CI)	3.00 [0.14, 65.90]
2 Non-serious adverse events	1	20	Risk Ratio (M-H, Fixed, 95% CI)	15.0 [0.97, 231.84]
3 Recurrence of ascites	1	20	Risk Ratio (M-H, Random, 95% CI)	0.90 [0.69, 1.18]

**Analysis 14.1. Comparison 14 Intravenous infusion of ascites versus polygeline, Outcome 1 Other liver-related complications.**

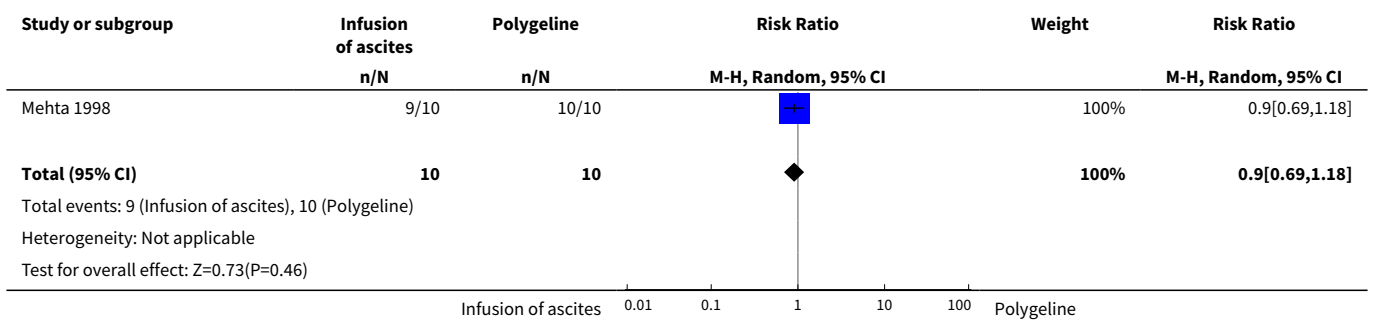


**Analysis 14.2. Comparison 14 Intravenous infusion of ascites versus polygeline, Outcome 2 Non-serious adverse events.**





**Analysis 14.3. Comparison 14 Intravenous infusion of ascites versus polygeline, Outcome 3 Recurrence of ascites.**



**ADDITIONAL TABLES**



**Table 1. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of primary and secondary outcomes in the comparison of plasma expanders versus no plasma expander**

Comparison of imprecision evaluation with GRADE based on the GRADE Handbook, with GRADE based on authors' choice of plausible relative risk reduction and multiplicity correction, and according to our Trial Sequential Analysis with a similar choice of plausible relative risk reduction and multiplicity correction, in addition to considering the choice of meta-analytic model and diversity							
Outcome	Proportion in control group	Relative risk reduction	Alpha	Beta	Diversity	Required information size (OIS or DARIS)	Downgrading of evidence for imprecision based on required information size
All-cause mortality -- GRADE Handbook	18%	25%	5%	20%	Not used	2056	One level
All-cause mortality -- GRADE plausible RRR	18%	10%	2.5%	20%	Not used	16,634	One level
All-cause mortality -- TSA	18%	10%	2.5%	20%	88%	143,664	One level
Serious adverse events -- GRADE Handbook <b>(1)</b>							
Serious adverse events -- GRADE plausible RRR <b>(1)</b>							
Serious adverse events -- TSA <b>(1)</b>							
Health-related quality of life -- GRADE Handbook	No data						
Health-related quality of life -- GRADE plausible RRR	No data						
Health-related quality of life -- TSA	No data						
Refractory ascites -- GRADE Handbook	No data						
Refractory ascites -- GRADE plausible RRR	No data						
Refractory ascites -- TSA	No data						
Renal impairment -- GRADE Handbook	9.8%	25%	5%	20%	Not used	4100	One level

**Table 1. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of primary and secondary outcomes in the comparison of plasma expanders versus no plasma expander** (Continued)

Renal impairment -- GRADE plausible RRR	9.8%	10%	2.00%	20%	Not used	35,290	One level
Renal impairment -- TSA	9.8%	10%	2.00%	20%	0%	35,293	One level
Other liver-related complications -- GRADE Handbook	9%	25%	5%	20%	Not used	4498	One level
Other liver-related complications -- GRADE plausible RRR	9%	10%	2.00%	20%	Not used	38,750	One level
Other liver-related complications -- TSA	9%	10%	2.00%	20%	0%	38,752	One level
Non-serious adverse events -- GRADE Handbook	6.25%	25%	5%	20%	Not used	6670	One level
Non-serious adverse events -- GRADE plausible RRR	6.25%	10%	2.00%	20%	Not used	56,464	One level
Non-serious adverse events -- TSA	6.25%	10%	2.00%	20%	0%	56,467	One level

(1) Serious adverse events: 0/68 in plasma expander group and 0/40 in no plasma expander group, RR 1.00 (95% CI 0.00 to 217...)

OIS: optimal information size; DARIS: diversity-adjusted required information size; RRR: relative risk reduction; TSA: Trial Sequential Analysis



**Table 2. Plasma expanders versus no plasma expander for people with cirrhosis and large ascites treated with abdominal paracentesis: exploratory outcomes**

**Plasma expanders versus no plasma expander for people with cirrhosis and large ascites treated with abdominal paracentesis: exploratory outcomes**

**Patient or population:** cirrhotic participants with large ascites treated by paracentesis

**Settings:** specialised units in an intensive or semi-intensive setting

**Intervention:** plasma expander

**Comparison:** no plasma expander

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	No plasma expander	Plasma expander				
<b>Recurrence of ascites</b> mean follow-up 126 days (30-222)	<b>Medium risk population</b>		<b>RR 1.30</b> (0.49 to 3.42)	195 (2)	⊕⊕⊕⊕ <b>very low<sup>1</sup></b>	
	<b>155 per 1000</b>	<b>201 per 1000</b> (76 to 529)				
<b>Hypotension</b> follow-up 2 days	<b>See comment</b>	<b>See comment</b>		23 (1)		There was a single trial with 0 events in each group.
<b>Hyponatraemia</b> mean follow-up 57 days (1-222)	<b>Medium risk population</b>		<b>RR 0.53</b> (0.05 to 5.65)	181 (4)	⊕⊕⊕⊕ <b>very low<sup>2</sup></b>	
	<b>130 per 1000</b>	<b>69 per 1000</b> (7 to 734)				

\* **Assumed risk** is the risk in comparison group. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio

GRADE Working Group grades of evidence

**High certainty:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low certainty:** We are very uncertain about the estimate.

<sup>1</sup> Downgraded 3 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE not reached (-1 levels)

<sup>2</sup> Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); high heterogeneity (67%) (-1 level); imprecision: the required information size as calculated by GRADE was not reached (-1 level)



**Table 3. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of exploratory outcomes in the comparison of plasma expanders versus no plasma expander**

Comparison of imprecision evaluation with GRADE based on the GRADE Handbook, with GRADE based on authors' choice of plausible relative risk reduction and multiplicity correction, and according to our Trial Sequential Analysis with a similar choice of plausible relative risk reduction and multiplicity correction, in addition to considering the choice of meta-analytic model and diversity

Outcome	Proportion in control group	Relative risk reduction	Alpha	Beta	Diversity	Required information size (OIS or DARIS)	Downgrading of evidence for imprecision based on required information size
Recurrence of ascites -- GRADE Handbook	15.5%	25%	5%	20%	Not used	2444	One level
Recurrence of ascites -- GRADE plausible RRR	15.5%	10%	2%	20%	Not used	20,980	One level
Recurrence of ascites -- TSA	15.5%	10%	2%	20%	51%	43,013	One level
Hypotension -- GRADE Handbook <sup>(1)</sup>							
Hypotension -- GRADE plausible RRR <sup>(1)</sup>							
Hypotension -- TSA <sup>(1)</sup>							
Hyponatraemia -- GRADE Handbook	13%	25%	5%	20%	Not used	2996	One level
Hyponatraemia -- GRADE plausible RRR	13%	10%	2%	20%	Not used	25,712	One level
Hyponatraemia -- TSA	13%	10%	2%	20%	10%	28,526	One level

<sup>(1)</sup> There was a single trial with 0 events in each group

OIS: optimal information size; DARIS: diversity-adjusted required information size; RRR: relative risk reduction; TSA: Trial Sequential Analysis

**Table 4. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of primary and secondary outcomes in the comparison of plasma expanders versus albumin**

Comparison of imprecision evaluation with GRADE based on the GRADE Handbook, with GRADE based on authors' choice of plausible relative risk reduction and multiplicity correction, and according to our Trial Sequential Analysis with a similar choice of plausible relative risk reduction and multiplicity correction, in addition to considering the choice of meta-analytic model and diversity

**Table 4. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of primary and secondary outcomes in the comparison of plasma expanders versus albumin** (Continued)

Outcome	Proportion in control group	Relative risk reduction	Alpha	Beta	Diversity	Required information size (OIS or DARIS)	Downgrading of evidence for imprecision based on required information size
All-cause mortality -- GRADE Handbook	18.2%	25%	5%	20%	Not used	2030	One level
All-cause mortality -- GRADE plausible RRR	18.2%	10%	2.5%	20%	Not used	16,415	One level
All-cause mortality -- TSA	18.2%	10%	2.5%	20%	0%	16,415	One level
Serious adverse events -- GRADE Handbook	1.8%	25%	5%	20%	Not used	24,032	One level
Serious adverse events -- GRADE plausible RRR	1.8%	5%	2.5%	20%	Not used	809,313	One level
Serious adverse events -- TSA	1.8%	5%	2.5%	20%	0%	809,313	One level
Health-related quality of life -- GRADE Handbook	No data						
Health-related quality of life -- GRADE plausible RRR	No data						
Health-related quality of life -- TSA	No data						
Refractory ascites -- GRADE Handbook	No data						
Refractory ascites -- GRADE plausible RRR	No data						
Refractory ascites -- TSA	No data						
Renal impairment -- GRADE Handbook	5%	25%	5%	20%	Not used	8404	One level
Renal impairment -- GRADE plausible RRR	5%	10%	2.00%	20%	Not used	72,650	One level
Renal impairment -- TSA	5%	10%	2.00%	20%	0%	72,651	One level
Other liver-related complications -- GRADE Handbook	18.5%	25%	5%	20%	Not used	1986	One level
Other liver-related complications -- GRADE plausible RRR	18.5%	10%	2.00%	20%	Not used	16,990	One level

**Table 4. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of primary and secondary outcomes in the comparison of plasma expanders versus albumin** (Continued)

Other liver-related complications -- TSA	18.5%	10%	2.00%	20%	0%	16,992	One level
Non-serious adverse events -- GRADE Handbook	2.5%	25%	5%	20%	Not used	16,904	One level
Non-serious adverse events -- GRADE plausible RRR	2.5%	10%	2.00%	20%	Not used	148,922	One level
Non-serious adverse events -- TSA	2.5%	10%	2.00%	20%	0%	148,925	One level

OIS: optimal information size; DARIS: diversity-adjusted required information size; RRR: relative risk reduction; TSA: Trial Sequential Analysis

**Table 5. Plasma expanders versus albumin for people with cirrhosis and large ascites treated with abdominal paracentesis: exploratory outcomes**

Plasma expanders versus albumin for people with cirrhosis and large ascites treated with abdominal paracentesis: exploratory outcomes						
<b>Patient or population:</b> cirrhotic participants with large ascites treated by paracentesis						
<b>Settings:</b> specialised units in an intensive or semi-intensive setting						
<b>Intervention:</b> all plasma expanders except albumin						
<b>Comparison:</b> albumin						
Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Albumin	Experimental plasma expanders				
<b>Recurrence of ascites</b>	<b>Medium risk population</b>		<b>RR 1.14</b> (0.96 to 1.36)	700 (12)	⊕⊕⊕⊕ <b>very low<sup>1</sup></b>	
mean follow-up 169 days (5-638)	<b>363 per 1000</b>	<b>412 per 1000</b> (348 to 493)				
<b>Hypotension</b>	<b>88 per 1000</b>	<b>239 per 1000</b> (100 to 573)	<b>RR 2.71</b> (1.13 to 6.50)	135 (1)	Certainty of the evidence not assessed <b>2</b>	
<b>Hyponatraemia</b>	<b>Medium risk population</b>		<b>RR 1.49</b> (1.03 to 2.14)	1107 (17)	⊕⊕⊕⊕ <b>very low<sup>3</sup></b>	
mean follow-up 174 days (3-638)	<b>73 per 1000</b>	<b>108 per 1000</b> (75 to 155)				
<b>Post-paracentesis circulatory dysfunction</b>	<b>Medium risk population</b>		<b>RR 1.98</b> (1.31 to 2.99)	432 (3)	⊕⊕⊕⊕ <b>very low<sup>4</sup></b>	
mean follow-up 100 days (6-288)	<b>148 per 1000</b>	<b>294 per 1000</b> (194 to 443)				

\* **Assumed risk** is the risk in comparison group. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

**CI:** Confidence interval; **RR:** Risk ratio

GRADE Working Group grades of evidence

**High certainty:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low certainty:** We are very uncertain about the estimate.

<sup>1</sup> Downgraded 3 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: required information size as calculated by GRADE not reached (-1 level)

<sup>2</sup> Not evaluated because there was only one trial

<sup>3</sup> Downgraded 4 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level); publication bias(-1 level)

<sup>4</sup> Downgraded 3 levels because of within study risk of bias: all trials were at high risk of bias (-2 levels); imprecision: the required information size as calculated by GRADE was not reached (-1 level)



**Table 6. Comparison of imprecision by GRADE and Trial Sequential Analysis for the evaluation of exploratory outcomes in the comparison of plasma expanders versus albumin**

**Comparison of imprecision evaluation with GRADE based on the GRADE Handbook, with GRADE based on authors' choice of plausible relative risk reduction and multiplicity correction, and according to our Trial Sequential Analysis with a similar choice of plausible relative risk reduction and multiplicity correction, in addition to considering the choice of meta-analytic model and diversity**

<b>Outcome</b>	<b>Proportion in control group</b>	<b>Relative risk reduction</b>	<b>Alpha</b>	<b>Beta</b>	<b>Diversity</b>	<b>Required information size (OIS or DARIS)</b>	<b>Downgrading of evidence for imprecision based on required information size</b>
Recurrence of ascites -- GRADE Handbook	36.3%	25%	5%	20%	Not used	824	One level
Recurrence of ascites -- GRADE plausible RRR	36.3%	10%	2%	20%	Not used	6882	One level
Recurrence of ascites -- TSA	36.3%	10%	2%	20%	3%	7104	One level
Hypotension -- GRADE Handbook	8.8%	25%	5%	20%	Not used	4608	One level
Hypotension -- GRADE plausible RRR	8.8%	10%	2%	20%	Not used	39,712	One level
Hypotension -- TSA (1)							
Hyponatraemia -- GRADE Handbook	7.3%	25%	5%	20%	Not used	5602	One level
Hyponatraemia -- GRADE plausible RRR	7.3%	10%	2%	20%	Not used	48,618	One level
Hyponatraemia -- TSA	7.3%	10%	2%	20%	0%	48,620	One level
Post-paracentesis circulatory dysfunction -- GRADE Handbook	14.8%	25%	5%	20%	Not used	2584	One level
Post-paracentesis circulatory dysfunction -- GRADE plausible RRR	14.8%	10%	2%	20%	Not used	22,144	One level
Post-paracentesis circulatory dysfunction -- TSA	14.8%	10%	2%	20%	0%	22,146	One level

(1) TSA non calculated because there was only one trial  
OIS: optimal information size; DARIS: diversity-adjusted required information size; RRR: relative risk reduction; TSA: Trial Sequential Analysis



## APPENDICES

### Appendix 1. Search strategies

Database	Search date	Search strategy
Cochrane Hepa-to-Biliary Group Controlled Trials Register	January 2019 (86 hits)	((volume OR plasma) AND expan*) OR diuretic* OR albumin* OR colloid* OR dextran OR h*mac*el OR polygeline OR reinfusion* OR hydroxy starch) AND paracentesis AND ascit* AND cirrho*
The Cochrane Central Register of Controlled Trials (Central)	January 2019, Issue 1 (146 hits)	#1 MeSH descriptor: [Plasma Substitutes] explode all trees #2 MeSH descriptor: [Diuretics] explode all trees #3 MeSH descriptor: [Albumins] explode all trees #4 MeSH descriptor: [Colloids] explode all trees #5 MeSH descriptor: [Dextrans] explode all trees #6 MeSH descriptor: [Polygeline] explode all trees #7 MeSH descriptor: [Ascitic Fluid] explode all trees #8 (((volume or plasma) and expan*) or diuretic* or albumin* or colloid* or dextran or haemacel or haemacel or hemacel or hemacel or polygeline or reinfusion* or (hydroxy next starch)) #9 #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 #10 MeSH descriptor: [Paracentesis] explode all trees #11 paracentesis #12 #10 or #11 #13 MeSH descriptor: [Ascites] explode all trees #14 ascit* #15 #13 or #14 #16 MeSH descriptor: [Liver Cirrhosis] explode all trees #17 cirrho* #18 #16 or #17 #19 #9 and #12 and #15 and #18
MEDLINE (Ovid SP)	1946 to January 2019 (98 hits)	1. exp Plasma Substitutes/ 2. exp Diuretics/ 3. exp Albumins/ 4. exp Colloids/ 5. exp Dextrans/ 6. exp Polygeline/

(Continued)

7. exp Ascitic Fluid/
8. (((volume or plasma) and expan\*) or diuretic\* or albumin\* or colloid\* or dextran or h\*mac\*el or polygeline or reinfusion\* or "hydroxy starch").mp. [mp=title, original title, abstract, name of substance word, subject heading word]
9. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8
10. exp Paracentesis/
11. paracentesis.mp. [mp=title, original title, abstract, name of substance word, subject heading word]
12. 11 or 10
13. exp Ascites/
14. ascit\*.mp. [mp=title, original title, abstract, name of substance word, subject heading word]
15. 13 or 14
16. exp Liver Cirrhosis/
17. cirrho\*.mp. [mp=title, original title, abstract, name of substance word, subject heading word]
18. 16 or 17
19. 18 and 9 and 12 and 15
20. (random\* or blind\* or placebo\* or meta-analysis).mp.  
[mp=title, original title, abstract, name of substance word, subject heading word]
21. 19 and 20

Embase (Ovid SP)	1974 to January 2019 (234 hits)	<ol style="list-style-type: none"> <li>1. exp Plasma Substitute/</li> <li>2. exp Diuretic Agent/</li> <li>3. exp Diuretic Therapy/</li> <li>4. exp Albumin/</li> <li>5. exp Colloid/</li> <li>6. exp Dextran/</li> <li>7. exp Ascites Fluid/</li> <li>8. (((volume or plasma) and expan*) or diuretic* or albumin* or colloid* or dextran or h*mac*el or polygeline or reinfusion* or "hydroxy starch").mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]</li> <li>9. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8</li> <li>10. exp Paracentesis/</li> <li>11. paracentesis.mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]</li> <li>12. 11 or 10</li> <li>13. exp Ascites/</li> </ol>
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(Continued)

14. ascit\*.mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]
15. 13 or 14
16. exp Liver Cirrhosis/
17. cirrho\*.mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]
18. 16 or 17
19. 18 and 9 and 12 and 15
20. (random\* or blind\* or placebo\* or meta-analysis).mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name]
21. 19 and 20

LILACS (Bireme)	1982 to January 2019 (21 hits)	((volume or plasma) and expan\$) or diuretic\$ or albumin\$ or colloid\$ or dextran or h\$mac\$el or polygeline or reinfusion\$ or hydroxy starch) [Words] and paracentesis and ascit\$ and cirrho\$ [Words]
Science Citation Index Expanded	1900 to January 2019	#7 #6 AND #5
Conference Proceedings Citation Index – Science (Web of Science)	1990 to January 2019 (212 hits)	#6 TS=(random* or blind* or placebo* or meta-analysis) #5 #4 AND #3 AND #2 AND #1 #4 TS=cirrho* #3 TS=ascit* #2 TS=paracentesis #1 TS=(((volume or plasma) and expan*) or diuretic* or albumin* or colloid* or dextran or h*mac*el or polygeline or reinfusion* or hydroxy starch)
CNKI	1979 to August 2015 (154 hits)	Liver Cirrhosis AND Ascites AND paracentesis, exact search in title OR key words, respectively.
VIP	1989 to August 2015 (88 hits)	Liver Cirrhosis AND Ascites AND paracentesis, exact search in title OR key words, respectively
Wanfang	1990 to August 2015 (40 hits)	Liver Cirrhosis AND Ascites AND paracentesis, exact search in title OR key words, respectively

## Appendix 2. Definition of for-profit funding

Without for-profit funding: The trial appeared to be free of industry sponsorship or other type of for-profit support that may manipulate the trial design, conductance, analysis, or reporting of trial results (industry-sponsored studies overestimate the efficacy by about 25%) (Lundh 2017).

Unknown for-profit funding: No information on clinical trial support or sponsorship was provided.

With for-profit funding: The trial is sponsored by the industry or received any other type of for-profit support.

## CONTRIBUTIONS OF AUTHORS

RGS drafted the protocol, extracted the data, performed the analysis, and drafted the review.  
 GP extracted the data, participated in the analysis, and revised the review.

CG and DN revised the protocol and the review.  
GB revised the review.  
All authors approved the published review.

## DECLARATIONS OF INTEREST

RGS: nothing to declare  
GP: nothing to declare  
CG: nothing to declare  
DN: nothing to declare  
GB: nothing to declare

## SOURCES OF SUPPORT

### Internal sources

- The Copenhagen Trial Unit, Copenhagen, Denmark.
- Azienda Ospedaliera "Vincenzo Cervello", Palermo, Italy.

### External sources

- The Copenhagen Hospital Corporation's Medical Research Council Grant on Getting Research into Practice (GRIP), Denmark.
- The Danish Medical Research Council Grant on Getting Research into Practice (GRIP), Denmark.

## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

The protocol part of the review was updated according to updated Cochrane and CHBG methodology and requirements and GRADE methodology.

We analysed other plasma expanders as experimental treatments and albumin as the control treatment despite the fact that we found no evidence that albumin provided any benefits.

According to suggestions of CHBG, we included quasi-randomised trials, which were originally excluded for consideration of harms. This is because adverse events may be not caught in small or even large randomised clinical trials. We excluded observational studies.

Trials in people with spontaneous bacterial peritonitis (SBP) and acute-on-chronic liver failure (ACLF) are now excluded. Both conditions, the latter defined only recently, have peculiar pathophysiological, clinical, and prognostic features which could require a separate evaluation.

The types of plasma expander included have been increased. For example, mannitol and fresh frozen plasma are now included, because some trials using these treatments were retrieved by the systematic search.

In the definition of serious adverse events, we have excluded those for which definition of other liver-related complications can be applied, and this outcome is now independently evaluated. In this way, we classified as independent outcomes (secondary and exploratory) renal impairment, recurrence of ascites, hypotension, hyponatraemia, and post-paracentesis circulatory dysfunction. Moreover, we have changed 'renal failure' to 'renal impairment', because the latter term is commonly used by the trials' authors. Renal impairment was defined more than 30 years ago, by a serum creatinine value greater than or equal to 1.5 mg/dl because this value was considered an index of glomerular filtration rate lower or equal to 40 mL/min

The number needed to treat for an additional beneficial outcome (NNTB) was chosen in the protocol to aid interpretation of the results. Considering the very low certainty of the evidence according to GRADE assessment, we abstained from calculating an adjunctive measure of effect.

According to CHBG, we planned to conduct Trial Sequential Analyses as a sensitivity analysis of our GRADE imprecision assessment.

To answer the specific questions regarding the effect of the plasma expanders in trials with or without refractory ascites, with different types of plasma expanders, modality of paracentesis, length of follow-up, etc. we performed the subgroup analysis instead of a sensitivity analysis to obtain and compare the effect estimates in each subgroup.

## INDEX TERMS

### Medical Subject Headings (MeSH)

\*Ascites [etiology] [therapy]; \*Liver Cirrhosis [complications]; \*Paracentesis; \*Plasma Substitutes [therapeutic use]; Quality of Life; Randomized Controlled Trials as Topic

**MeSH check words**

Humans